

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Dr. H. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Dr. H. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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Best and Most Modern Funera Equipment in the City.

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L. COL. W. J. OSBORNE,

after four years of war service in England, Belgium, France and Canada, has again taken over the management of the

FREDERICTON BUSINESS COLLEGE

FREDERICTON, N. B.,

The College will be kept open all through the summer.

FALL TERM begins September 2nd. Write for full particulars.

CLOTHES CLEANED

PRESSED and REPAIRED for Ladies and Gentlemen.

W. E. SEERY

251 George Street.

OF INTEREST TO WOMEN

THE DESSERT PROBLEM.

A Good Dessert Cook Rarer Than a Good Meat and Vegetable Cook.

It is the sweet course in our dinner that falls short of our hopes oftener than the other courses.

The only remedy for this is to have a good recipe book and to read it, or keep on the lookout for dessert recipes in the magazines and newspapers. Once in a while you will find one that will seem on perusal to be something that would serve your purpose. Make it, and if the people for whom you cook or plan don't like it, don't, for pity sake, make it again next week. Keep the recipe and have it perhaps two weeks from now or a month, and then save the recipe for future use. Meantime try something else.

An ordinary cook should know how to make at least forty desserts. This does not mean that she should have these down by memory, for she is never so situated that she cannot refer to a note book. And it does not mean that they should be absolutely different. Five out of the forty may be based on a plain boiled custard. Five can be various sorts of creams, based on the combinations of gelatine and whipped cream with some sort of flavoring. Five can be kinds of pie, five can be ice creams or desserts made with the addition of a very little ice cream. Then there are all the fruit desserts and pudding and cake desserts—it isn't hard to find forty.

Especially trying is the dessert problem for the one who cooks for a family of but two or three. There are not so many things that will do for just two. Most recipes are written for six or more portions. However, it is possible to work out these recipes for two in most cases and it is a good plan to do this on paper and then to save the paper for future reference every time you want to have that dessert.

GINGER CAKE

One cup molasses, six tablespoons of brown sugar, six tablespoons shortening, one egg. Cream well together. Add two and three-quarter cup flour, two level teaspoons baking soda dissolved in three-quarters cup of sour milk, one tablespoon cocoa, two teaspoons cinnamon, one teaspoon ginger, one-half teaspoon cloves. Beat to mix, pour in a well greased and floured pan and bake in moderate oven forty minutes.

TAILOR MADE WHIMISIES.

When a tailor made costume has whimsies, depend upon it you are in for something of more than average attractiveness. Certainly there is a great deal more than just the average attractiveness to this suit.

To begin with, it has a collar that attracts instantly, simply because you had expected it to be the usual strictly tailored notched affair. Then, instead of the conventional straight belt buttoning into place, this one swings off after the graceful way of the girle. And last of all, instead of the sort of pockets that usually come with the tailored suit this bit of smartness prefers a deceiving simulation of the patch variety. Yet withal, it remains tailored unmistakably. Black and white shepherd's check it is, as are so many of the season's suits.

TABLE OF WEIGHTS AND MEASURES.

4 teaspoons of a liquid equal 1 tablespoon.
4 tablespoons of a liquid equal 1 gill or 1/4 cup.
1/2 cup equals 1 gill.
2 gills equal one cup.
2 cups equal 1 pint.
2 pints (4 cups) equal 1 quart.
4 cups of flour equal 1 pound, or 1 quart.
2 cups of butter, solid, equals 1 lb.
1/2 cup of butter, solid, equals 1/4 lb. or 4 ounces.
2 cups of granulated sugar equal 1 lb.
2 1/2 cups of powdered sugar equal 1 lb.
1 pint of milk or water equals 1 lb.
1 pint of chopped meat equals 1 lb.
10 eggs, shelled, equal 1 pound.
4 tablespoons of flour equal 1 ounce.
8 eggs with shells equal 1 pound.
2 tablespoons of butter equal 1 ounce.
2 tablespoons of granulated sugar equal 1 ounce.
4 tablespoons of butter equal 2 ounces or 1/4 cup.
4 tablespoons of coffee equal 1 ounce.
1 tablespoon of liquid equals a half-ounce.

Lima Bean says the important thing to know is how to be happy though alive.

FASHION'S FANCIES

Crystal beads adorn frocks of chiffon.

Bright foulard lines the graceful coat cape.

Suits show bone buttons and round buttonholes.

Fine white beadings in lacy designs are used profusely.

Cream color and black is a first choice in color combinations.

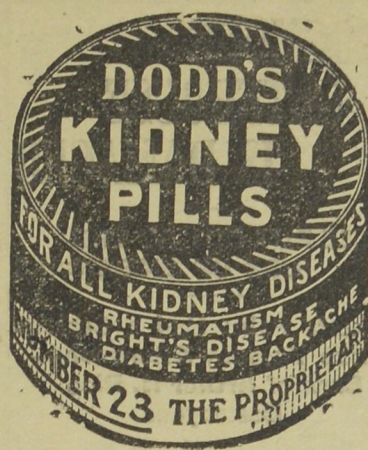
Embroidery appears in the most unlikely places on suit coats.

Box effects are not only seen in coat suits, they are also favored in the newest blouses. This blouse is belted in front and hangs loose behind.



Wood's Phosphodine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins. Cures Nervous Debility, Mental and Brain Worry, Le-pendency, Loss of Energy, Palpitation of the Heart, Fainting Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail 1c. plain pkg. on receipt of price. Non-patented material free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly, Windsor.)



There is such a thing as luck—and it is unaccountable.

POINTED PARAGRAPHS.

Millionaires are always capital fellows.

The front doormat is frequently crossed in love.

All the pictures in the rogues' gallery are not steal engravings.

A father should always be known by the kind of company his daughters keep.

Corn in the field is shocked, but when it is made into whiskey it is shocking.

'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants. Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

ST. JOHN VALLEY NURSERY BURTON, N. B.

CANADA'S RAILWAY GIANT

A handsome tribute to Lord Shaughnessy was paid by the C.P.R. shareholders at the annual meeting to-day. Mr. Huntly R. Drummond moved the following resolutions:

Resolved:—That there be inscribed in the record of this meeting an expression of the appreciation of the shareholders of the great service rendered to the Company and to the Dominion of Canada by the Rt. Hon. Lord Shaughnessy who has recently retired from the Presidency and assumed the Chairmanship of the Company.

The outstanding position held by the Canadian Pacific Railway not only in the markets of the world but also in the respect and affection of the Canadian people provides the greatest of all tributes to the genius with which Lord Shaughnessy has directed the affairs of the Company, but the shareholders cannot let this occasion pass without their tribute of their thanks for the services he has rendered during the thirty-six years with which he has been associated with this enterprise.

Through Lord Shaughnessy's financial skill and executive ability, an immense transportation system has been built up and consolidated with such efficiency and economy that the Canadian people have enjoyed efficient service at moderate rates, have seen their resources developed beyond all expectation and have been encouraged during normal years by a steady flow of immigration, while the financial returns of the Company itself have amply justified the confidence placed by investors in Canadian industry and management.

It is particularly gratifying to the shareholders that under Lord Shaughnessy's Presidency the Canadian Pacific Railway Company should not only have rendered such signal services to the cause of the Allies during the recent Great War, but should also have maintained its efficiency and financial standing in the face of the difficult conditions created by that war. The shareholders consider it due largely to his far-sighted policy that under such circumstances the Canadian Pacific Railway Company should not only have required no assistance from the Canadian Government but should

actually from its reserves have been able to provide substantial aid to that Government in maintaining the high standard of Canadian credit.

The shareholders deeply appreciate and honour the spirit of self-sacrifice with which Lord Shaughnessy maintained the arduous duties of the Presidency during the anxious years of the war in spite of physical disabilities. They rejoice that these disabilities have been ameliorated and that with renewed vision he can once more enjoy the beauties of that Canadian landscape which the Canadian Pacific Railway has made accessible to the world.

When the prospect of peace enabled him to hand over the more active duties of the Presidency with clear conscience to a younger man, it was with genuine pleasure that the shareholders heard of Lord Shaughnessy's decision to remain as Chairman of the Company, not only because they realized that the Company would thereby continue to have the benefit of his counsel and advice, but also because they are proud to retain as their titular head one who is held in such universal honour.

The shareholders trust that the indomitable spirit which has been so characteristic of Lord Shaughnessy's whole splendid career will be rewarded with many years yet to come of health, prosperity and happiness.

Moved by: Huntly R. Drummond.

Seconded by: Colin Campbell.

Lord Shaughnessy replied:

I appreciate most heartily and thank you, Mr. President and fellow shareholders, for the complimentary remarks referring to myself in the President's address, and in the Resolution adopted by the meeting. I would be lacking in candour if I failed to admit great pride in the progress of the Company during my Presidency and in its present splendid position, physically and financially, and equal pride in the faith and confidence of the shareholders who, with marvellous unanimity responded to calls for new capital by subscribing for additional issues of stock, even on occasions when in deference to popular clamour the issue price was less favourable to the subscribers

than it might properly have been. My predecessors, Lord Mount Stephen and Sir William Van Horne, who carried the responsibilities of the Chief Executive through the periods of construction and the first few years of operation, had a most difficult task as is well-known to our senior colleagues on the Board of Directors, Mr. Angus, Sir Edmund Osler and Mr. Matthews, but it was my good fortune to become President just when the tide was turning and when Canada was coming into her own.

The expansion in the country's business and the consequent increase of traffic compelled capital expenditure on a large scale to furnish improved transportation facilities presently required and to anticipate the future, and the money for these purposes was provided year by year from 1900 to the outbreak of war.

The policy of your Directors was bold and forward.

There was never any hesitation, and looking back over that period they are justified in the conviction that few, if any mistakes were made, and that conviction is, I am sure, shared by the great body of the Canadian people and of the Company's shareholders.

It was fortunate indeed that when the time arrived to transfer the responsibilities of Chief Executive to younger and more vigorous shoulders your Directors had available for the post a man so capable, so energetic, so conscientious and so well versed in matters relating to the Company's policy as the new President, Mr. Beatty. I shall not hurl back at him such compliments as he paid me in great profusion, but I may be permitted to say that he enjoys the complete confidence and respect of the Directors and of the Canadian people. The shareholders' interests could not be in safer hands.

After so many years of business and personal association it was somewhat of a wrench to my fellow-Directors as it was to me to alter our relations by permitting me to retire from the Presidency, but they felt as I did, and as I hope you feel, that it was best for the future of the Company.

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The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

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