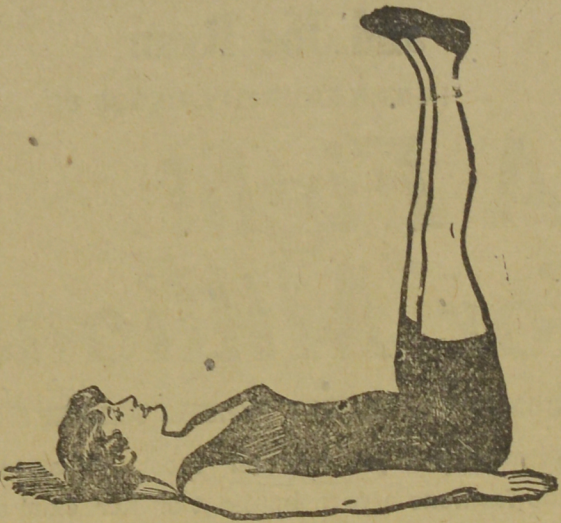


## Do This Each Morning, You Won't Need Cascarets

Great exercise! Keeps Stomach, Liver and Bowels active. Nothing like it! Splendid!

But if you insist upon taking your exercise in an easy chair you simply must take a Cascaret occasionally. The very, very best laxative is Cascarets—10 cents a box. "They work while you sleep."



Nothing else works the bile, sour fermentations and poison from the liver and bowels like harmless Cascarets. When Headachy, Bilious, Constipated or if Breath is Tainted, Complexion Sallow, Stomach Sour, just take a Cascaret at night. Wake up next morning looking rosy and feeling fine. Cascarets never gripe or sicken. Cause no inconvenience!

## AND SHE A MARRIED WOMAN

The kitchen was tiny, and the chops broiling in the gas stove, had filled it with smoke. So the Modern Young Person, owner of the bachelor apartment, opened the window into the court, and cut the bread, while the Woman Who Saw made French dressing for the endive. Suddenly the court was filled with sounds of weeping, mingled with reproaches. "My neighbor upstairs," explained the owner of the apartment, "indulging in one of her periodic fits of hysteria. I certainly pity that woman's husband." So apparently did someone else, for a voice could be heard imploring the wailing one to remember that Jim would be home soon, and what would he say? More hysteria and louder weeping followed this suggestion. "I'll shut out that noise in a minute," remarked the Young Person, "but first I want you to hear the epilogue. It

## RECRUITING A NEW ARMY

London, Feb. 19.—Speaking here today, Right Hon. Winston Churchill said:

"We are recruiting a new army for two and three years' service at the rate of over a thousand daily. It was essential in order to disarm Germany and secure the reparation which we are determined to get, to maintain a strong and well disciplined army on the Rhine. There was no intention of sending a large British force to Russia, Mr. Churchill added. If Russia is to be saved it must be by her own exertion.

"never fails." Silently they waited, and then in a hush came the voice of the reproachful one. "If you are my daughter, I'm ashamed of you! To carry on like this for nothing, and you a married woman—married woman!" Smothering her laughter at the expected climax the Young Person closed the window. "Funny, isn't it? But I'm glad that spinsters have one prerogative I want you to hear the epilogue. It

## SOME WAR PHRASES THAT ARE NOT LIKELY TO BE FORGOTTEN

Many Might Well be Soon Forgotten—Some, Like "Camouflage," "Strafe," and "Doing Your Bit" are Overworked—But "Hun" and "Carry On" are Destined to Live.

The Buffalo Express appeals for a new vocabulary. It cites six phrases in common use and declares that they have been used to so much that they mean nothing. It demands that writers cudgel their brains to find new phrases to take their places.

Here are six phrases that have occasioned this attack.

"Hun," "drive," "over the top," "doing your bit," "carry on" and "strafe."

Though possibly all of these words—and to them should have been added "Boche" and "camouflage" at least—are being overworked, there is much to be said in their behalf, and most of them doubtless will stick till, in the natural and unpremeditated course of word manufacture, new ones develop to take their place, the Duluth Herald observes.

And the main thing to be said for them is that they are very useful, because every one of them expresses poignantly an important thought. The purpose of language is to convey thought. Language that conveys a thought most effectively to the most people, especially at a time when clearness and definiteness of thought are so important as now, is the best language to use.

"Hun" isn't likely to go out of use so long as Americans remember Belgium and northern France and the

bombing of cities and the destruction of churches by long-distant guns and the work of the submarine. Not to speak of the rare availability of the word for the uses of head writers, who have helped to make it common, the connotations of the word fit so accurately the common opinion of the character of the Germans as developed in this war that there is small chance for its retirement.

"Over the top," has been worked hard in the same connection, used after a quota has been filled; and in that sense weariness of it has led to its gradual disuse. Moreover, there is likely to be less trench warfare and more war in the open henceforth, and as "over the top" means a leap of the attacking force out of its trench this is the phrase most likely to be dropped. Yet its significance in stout-hearted valor and daring among those who have gone "over the top" is so deep that it will never be forgotten by them or by us.

"Doing your bit" it is well enough to retire, not because it has been overworked, but because it has been misunderstood. In Britain, where it started, it means not only doing your share, but doing all you can. But our sense of the word having that large difference, it isn't a good phrase for us to use, and we should retire it on a pension and substitute "do your utmost."

"Carry on," another British phrase, is splendidly and nobly Anglo-Saxon and should not be sacrificed for any consideration. When the British at Mons and after were overpowered and overwhelmed and outnumbered and all but crushed by the enemy's superiority in strength and equipment they simply "carried on" and so made the reversal at the Marne possible. Whatever betides, however, black the hour may grow however hopeless the outlook may seem, it is the Anglo-Saxon habit to "carry on" and the courage and persistence it stands for have plucked victory out of any defeat.

"Carry on" will have won this war; so let us, who share the same spirit with our British cousins, never forget the word and the spirit it stands for.

"Strafe," being German, we could spare readily enough, as well as the spirit of venom and hate that it signifies.

Words don't win or lose wars. Let us launch our "drive" "over the top," each man "doing his bit," and let us "carry on" until we "strafe" the Huns forevermore.

## SINN FEINERS WILL CANVASS PRES. WILSON

Dublin, Feb. 20.—Speaking at a demonstration here in connection with the arrival of Mrs. Thomas Clarke, released from Holloway prison because of ill health, Harry Boland, M. P., secretary of the Sinn Fein Association, said that although they had been told they could not get to the peace conference, they had three men in Paris now. He said that President Wilson had gone to the United States but that Ireland would be stuffed down his throat from time they landed there until back to Paris again. He declared that they were going to let it be known that there would no league of nations and no Anglo-American alliance until Ireland had a place on the same plans as every other nation of the world.

The late Sir Wilfrid Laurier represented Quebec city in parliament for forty-two years without a break, which of course constitutes a record. The late Sir John A. Macdonald represented Kingston constituency for thirty years, while Sir Charles Tupper was for thirty years the member for Cumberland, N.S. In the last parliament Sir Wilfrid Laurier sat for two constituencies, while in a previous election he was returned for both Ottawa and Quebec.

Revised Fairy Tales: And so Prince Charming abdicated and bought Cinderella a washing machine, and they lived happily forever after upon her slender earnings.

### WHAT SHE HAD.

Daisy (earnestly)—No, she isn't exactly pretty, but she has that indefinable something—

Harold (impatiently)—Yes, I know, My girl's old man has piles of it, too—Till-Bits.

### HE OUGHT TO KNOW.

"You say this picture you bought so cheaply is worth \$10,000?"

"Yes."

"Who told you that?"

"The artist."—Kansas City Journal.

## GRAFONOLAS

YOU MUST HAVE MUSIC IN YOUR HOME CHRISTMAS. Why not call and look over our complete line of Machines, also COLUMBIA RECORDS? You will never make a mistake by buying at the earliest possible date.

**E. O. MacDonald**  
Music Store 560 Queen Street

## SPECIAL SALE

Starting Saturday, February 15 and Ending Saturday, February 22.

MACKINAWs, both lined and unlined; all sizes different styles.

MEN'S FUR COATS in Raccoon, Wombat, Dog and China Beaver.

MEN'S FUR LINED COATS.

LADIES' FUR COATS in Muskrat, Marmot, Muscova Pony, Dog, etc.

LADIES' NECK FURS in Red Fox, Natural and Black Wolf, etc.

Special price on all above goods.

**J. Clark & Son Ltd.**

## TAPLEX POCKET STOVE

Keeps you warm, Something new, price 50 cents  
**C. FRED CHESTNUT** THE QUALITY DRUG STORE  
572 Queen Street.

## Custom Tailoring

The New Importations for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

We are also prepared to fill all orders entrusted to us for MILITARY CLOTHING at a reasonable price. We are sole agents for the Crown Tailoring Company, of Toronto, the largest Military Tailoring Company in Canada.

**WALKER BROS. MERCHANT TAILORS**  
QUEEN STREET, WEST END

TUESDAY, FEBRUARY 25

## DOLLAR DAY

You'll find here a store full of bargains that will appeal to the Thrifty buyers who are looking for staple goods of standard quality at SPECIAL REDUCED PRICES for this annual affair.

WATCH THIS SPACE for further announcements. We intend to live up to our record of the past Dollar Days and give GENUINE BARGAINS IN EVERY DEPARTMENT.

MEMBERS OF THE RETAIL MERCHANTS' ASSOCIATION

## LAWLOR & CAIN

During January and February this Store will not be open on Saturday Evenings.

## MIXED HEN FEED

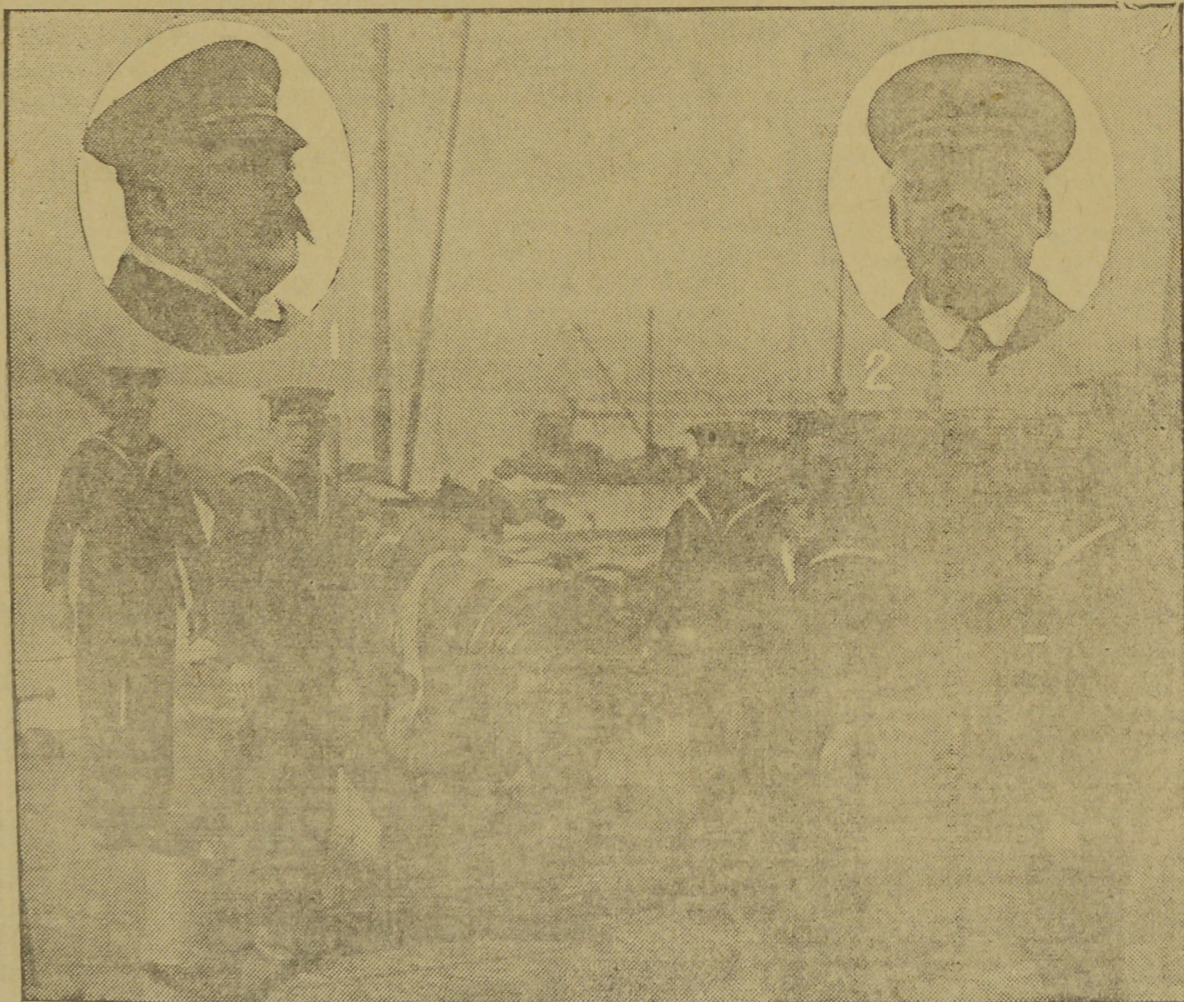
Comprising Whole Corn, Whole Barley, Whole Buckwheat, and Oats.

One of the best Scratch Feeds on the Market.

Only \$3.65 a Bag.

**G. W. HODGE**

## EMPRESS'S WAR RECORD



(1) Captain Geo. S. Webster, R.N.R., of the "Empress of Britain."  
(2) Arthur E. Philp, Chief Engineer of the "Empress of Britain."  
(3) Six inch gun crew standing by the gun on the "Empress of Britain," at right Chief Officer F. H. Moore, who gave the gunners the range.

THE "Empress of Britain," which sailed from New York on Sunday afternoon with 150 officials of the British War Mission, Y.M.C.A. and Knights of Columbus workers, has already covered 173,130 miles since the outbreak of hostilities, when she was taken over by the British Government and has transported 110,000 troops overseas. She took thousands of Australians and Britishers to Gallipoli, and was one of the transports assigned to take them away. The Suez Canal being closed, she made a 16 months trip around the Cape of Good Hope with troops for German East Africa and also for Mesopotamia. She made eight trips with Canadian troops and for the first seven months of the war, patrolled the South Atlantic as an admiral's cruiser.

It was during one of the trips across the Atlantic with 5,000 troops

aboard, that a German submarine launched two torpedoes, one of which, true to a lucky zig-zag, missed the bow by three feet, and the other passed a dozen feet astern. At least a dozen attacks were made upon the "Empress of Britain" during the war, by U-boats.

Captain George S. Webster, R.N.R., who is the present commander of the "Empress of Britain," has made 37 trips across the Atlantic since the outbreak of the war. When the "Empress of Britain" reached New York last Tuesday, she had aboard 2,450 U. S. troops, including 400 sick and wounded heroes, and she is returning to Liverpool for more. When this work of repatriating U. S. troops is finished, she will return to her home port, St. John, New Brunswick.

During the war, the C. P. O. S. ships have transported over a million troops and passengers on war busi-

ness. Only eight soldiers were lost by enemy action. The "Empress of Russia," now in Liverpool, will take troops to Australia, and then return to her regular route across the Pacific from Vancouver to ports in the far east. The "Empress of Asia" will go back to Vancouver through the Panama Canal with Canadian troops enlisted in British Columbia.

Arthur Edward Philp, O.B.E., Chief Engineer of the "Empress of Britain" and Senior Chief Engineer of the Canadian Pacific Ocean Services, Ltd., has been on the Empress throughout the war and has never missed a trip. He was personally decorated by King George for his services and is an Officer of the Order of the British Empire. His services on transport's cover four wars, the Boer and Ashanti expedition, the South African war, and the present war. His fellow officers call him "Pa."