

## Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over, thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,  
DENTIST

FREDERICTON, N. B.

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Best and Most Modern Funera  
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610 Queen Street.

Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

THE WINTER TERM  
OF THE  
FREDERICTON  
BUSINESS COLLEGE

Open on MONDAY, January 13, 1919.  
Descriptive literature of our courses  
of study will be sent to any address  
on request.

Address FREDERICTON BUSINESS  
COLLEGE, Fredericton, N. B.  
The only School in N. B. affiliated  
with the Business Educators' Association of Canada.

OF INTEREST  
TO WOMEN

STYLES TO AVOID.

The Narrow Skirt is Not the Thing to  
Wear About House.

There are always pitfalls and snares for the housewife in the new fashions and unfortunate is the housewife who in the name of fashion and in the hope of appearing smartly dressed gets a frock that proves to be ill suited to the work she has to do at home.

Just at present perhaps the housewife's greatest mistake in the way of the new styles is the extremely narrow skirt. No matter how patient you are you simply cannot hobble and do housework at the same time. Either you get the better of the hobble and there is a rip and a rent at the side seam of the skirt or the hobble gets the better of you, and after attempting to navigate about your home upstairs and downstairs in a skirt that measures scant a yard and a half about the ankles, you give up in tears. The tears simply are an indication that the constraint caused by the hobble has put too great a strain on your nervous system.

But you can still be in the fashion and still have a hobble, for there are skirts that appear to be scant about the ankles and are not. Some of these have skillfully arranged slits and others are simply draped so as to conceal a portion of the fullness.

Don't get the kind of sleeves that are bound to dangle and trail into whatever housework you undertake. Even the frock in which you receive guests, if you have no maid, should be so constructed that the sleeves either are out of the way above the wrists or are capable of being pushed back without hurting them. So avoid the open flare cuff that never was designed for the women who uses her hands.

## CHEESE CROQUETTS

With a little flour, butter and a cup of milk and some American cheese make a few tiny cheese rissoles in this manner: Place two level tablespoonfuls of butter in a little saucepan over the oil stove with the flame turned quite low. Watch the butter and when it just melts take the pan from the heat and adding the flour (three level tablespoonfuls) stir together till very thick and smooth. Now place on the stove again and, adding the milk stir with the flame a little higher till you have a remarkably rich, smooth, white croquette sauce. At this stage stir in about a half cup of grated American cheese, and cook—simmering—for three minutes. Let it cool. Divide into spoonfuls on a floured board and make into tiny balls the size of a quarter and then flatten them like marshmallows. Brush with a very little beaten egg and then toss carefully in dried bread crumbs. Brown in deep fat, very hot using a wire croquette basket. Serve with crisp slices of tender bacon and slender sandwiches of trimmed white bread and butter.

## AID FOR MRS. NEWLYWED.

"I wish to get some soot stains off a tablecloth, but do not care to wash the whole of it," remarked Mrs. Newlywed.

"Ground rice is excellent for cleaning white cloth. It should be applied with a piece of clean white flannel, left for two or three hours and then well brushed and shaken," responded Mrs. Neighbor.

At 30 a woman looks back on her 20-year-old illusions about men, and weeps; a man looks back on his 20-year-old illusions about women—and laughs.

BURTT & CATERER  
Wagons and Sleds Made and  
Repaired.

T. J. BURTT. H. CATERER  
All Kinds of Jobbing Repairs.  
281 KING STREET

## CLOTHES CLEANED,

PRESSED and REPAIRED  
for Ladies and Gentlemen.  
W. E. SEERY,  
251 George Street.

## Cook's Cotton Root Compound.

For reliable regulation of the bowels. Sold in large doses of strength—No. 1, \$1 No. 2, 50¢ No. 3, 25¢ per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly "Vindict")

## Collecting Justice

Amounts collected up to eighty dollars. Business solicited.

GEO. W. KIMBALL,  
R. F. D. No. 1,  
Oromocto.

## Notice of Legislation

Notice is hereby given, that application will be made to the Legislative Assembly of New Brunswick, at the next session thereof, for the passing of an Act to incorporate the Heron Lake Water Company, Limited, with power to supply water for domestic manufacturing and other purposes to the Town of Marysville and the inhabitants thereof, and with power to expropriate lands and other property for the purposes of the Company, and to excavate streets, ways and places for pipe lines, reservoirs and other works of the Company in the Town of Marysville, and connecting with Heron Lake, so called, in the County of York, with a capital stock of one hundred thousand dollars.

Dated January 10th, A. D. 1919.  
GREGORY & WINSLOW,  
Solicitors for Applicants.

## Notice of Legislation

Notice is hereby given, that application will be made to the Legislative Assembly of the Province of New Brunswick, at the next session thereof, for the passing of an Act to authorize the Nashwaak Pulp & Paper Company, Limited, to construct a dam or dams in the Nashwaak River, at or near the Town of Marysville, and to acquire by purchase or expropriation lands and property for such purpose and for flowage or storage of water, and to build or extend railway lines and for other purposes.

Dated January 14th, A. D. 1919.  
GREGORY & WINSLOW,  
Solicitors.

## Notice of Legislation.

Notice is hereby given that the Town of Marysville will, at the next session of the Legislature of New Brunswick, make application for the passing of an Act to fix the valuation for assessment on the Nashwaak Pulp and Paper Company, Limited, in the Town of Marysville, in the event of such Company establishing a Pulp or Paper Industry at Marysville, at a sum not exceeding fifty thousand dollars, for a period of twenty years.

Dated January 10th, A. D. 1919.  
(Signed) A. D. MACPHERSON,  
(L.S.) Town Clerk.



## MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General will be received at Ottawa until noon on FRIDAY, the 28th February, 1919, for the conveyance of His Majesty's Mails, in a proposed Contract for four years, 6 times per week on the Mouth of Keswick Rural Route No. 1 and Mouth of Keswick Rural Route No. 3, commencing at the pleasure of the Postmaster General.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of tender may be obtained at the post office of Mouth of Keswick and at the office of the Post Office Inspector.

H. W. WOODS,  
Post Office Inspector.  
Post Office Inspector's Office,  
St. John, N. B., January 17, 1919.

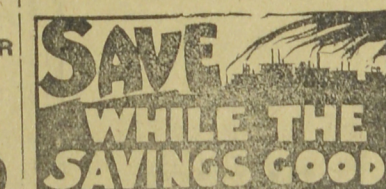


## MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General will be received at Ottawa until noon on Friday, the 21st February, 1919, for the conveyance of His Majesty's Mails on a proposed Contract for four years, 3 times per week on the Nashwaak Bridge Rural Route No. 1, commencing at the pleasure of the Postmaster General.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Nashwaak Bridge and at the office of the Post Office Inspector.

H. W. WOODS,  
Post Office Inspector.  
Post Office Inspector's Office,  
St. John, N. B., Jan. 7, 1919.



Ivorydome says he don't think much of these fancy poultry show birds; give him the common old biddy that lays around the henhouse.

WAR SAVINGS  
STAMPS GOOD  
INVESTMENT

Make Saving Easy and Pay the  
Investor Over 4½ per cent  
Interest, Compounded  
Half-yearly.

The paying of \$4 now for a War Savings Stamp and getting \$5 for it from the government in January, 1924, is a method of investing that appeals quite strongly to the average person. Nor is this surprising, for the money thus invested yields a little over 4½ per cent., compounded half-yearly. With a War Savings Stamp goes a War Savings Certificate to which the stamps are attached.

Obviously this is an excellent return when the nature of the security is taken into account. There is nothing safer in the world than Canada, and these stamps are backed by all the resources of the Dominion.

A person does not need to have \$4 in cash in order to take the first steps towards purchasing a War Savings Stamp. Thrift Stamps, which sell at 25 cents each, have been provided. When 16 of these have been purchased they may be exchanged for a War

CONSTANT PAIN  
AFTER EATING

The Tortures of Dyspepsia  
Corrected by "Fruit-a-lives"

ST. MARTIN'S, N.B.

"For two years, I suffered tortures from Severe Dyspepsia. I had constant pains after eating; pains down the sides and back; and horrible bitter stuff often came up in my mouth.

I tried doctors, but they did not help me. But as soon as I started taking 'Fruit-a-lives', I began to improve and this medicine, made of fruit juices, relieved me when everything else failed."

MRS. HUDSON MARSHBANK.  
50c. a box, 6 for \$2.50, trial size 25c.  
At all dealers or sent postpaid by  
Fruit-a-lives Limited, Ottawa.

Savings Stamp. With the first Thrift Stamp purchased goes a Thrift Card, to which the Stamps should be fixed as soon as received.

After the 16 Thrift Stamps have been exchanged for a War Savings Stamp, the person doing so should start in again to buy Thrift Stamps, and thus begin saving for the second War Savings Stamp.

RUSSIANS IN PARIS HAVE  
DRAWN UP A DECLARATION

Order in Russia Cannot be Founded on the Principles Which  
Formed the Basis of the Ancient Regime—Must be Based  
Upon the Sovereignty of the People—Many Problems are  
Awaiting a Proper Solution.

Paris, Jan. 29.—A declaration has been issued and delivered to the Allied governments by what in the document is called "a conference of Russian Ambassadors and business men in Paris." The declaration says the object of the conference was to defend the rights and interests of Russia by solemnly proclaiming, in the name and by the united governments of Russia, the principles by which the nation's policy will be inspired. "No matter when order is restored in Russia," the declaration continues, "this order cannot be founded on the principles which formed the basis of the ancient regime. It is hard to formulate precisely for the present what the actual constitution of Russia will be, but it is possible to formulate the principles which form the basis of the democratic organization of Russia.

## Sovereignty of the People.

These principles are:  
1. The new legal order must be founded on the sovereignty of the people, who will exercise their power through organizations of their choice, which will be responsible to the people and will guarantee to them the unalienability of their sovereignty.  
2. No difference is to be made between the people's prerogatives and class privileges. There will be equality for all in the eyes of the law, and free access to all the degrees of the political and social scale.

3. The rapid development of producing forces. The encouragement of all private initiative and all measures likely to attract capital into the country. At the same time the state must adopt all measures to safeguard for the laboring classes all the economic and social experience accumulated by international practice.

4. The most important questions must be the settlement of the agricultural problem which, to attain social peace, must be solved in the interest of the large masses.

5. During the revolution a disorderly movement occurred on the part of peasants who took possession of the land. This unusual situation demands exceptional means for dealing with it, but to return to the ancient state of affairs is impossible. Peasants must own more land than hitherto, but for the present state of anarchy there must be substituted some legal basis."

## Decent Realization.

The declaration continues by advocating "administrative decent realization," and recalls that after the revolution of 1917 the new Russia, proclaimed the independence of Poland

and revised the ties uniting Russia and Poland.

At that time, it is said, the autonomy of the Baltic peoples was urged and that "this work, interrupted by the Bolshevik movement, must be resumed."

The declaration further says: "New Russia must destroy at their origin the artificial causes of unhealthy separatism. She must cause the unity of the state to become organic by making the interests of the state, as a whole, correspond to the particular interests of each of the nationalities represented in the country."

The declaration concludes by saying "Russia pledged herself to fulfil all obligations arising from treaties she concludes, but claims the right to be indemnified by the enemy for damages sustained during the war, which caused her heavy sacrifices."

## MIGHT REDUCE ATTENDANCE.

Mrs. G. Renkeinf proposed the following resolution in the Forest Ave. church, Des Moines: "Because of the shortness and tightness of the skirts worn by the young women of today and the display of hosiery in the choir loft, I move that a 20-inch curtain be hung from a brass rod around the choir loft."

NO CONSTIPATION  
NO PILES

We think without a doubt, that constipation is the most prevalent and at the same time one of the greatest troubles human nature is afflicted with, and causes more sickness than anything else.

Unless a free action of the bowels occurs at least once a day, constipation is sure to ensue, then comes the sore and uncomfortable piles, sick and bilious headaches, coated tongue, obnoxious breath, sour stomach, heartburn, water breath, and many other ailments.

Milburn's Laxa-Liver Pills will regulate the flow of bile to act properly on the bowels, thus removing the constipation and its allied troubles.

Mr. Dan Doucette, Bel River Crossing, N. B., writes: "Having been troubled for years with constipation and trying everything I knew of, a friend advised me to use Milburn's Laxa-Liver Pills. I used four vials and am completely cured. I can gladly recommend them to anyone who suffers from constipation."

Milburn's Laxa-Liver Pills have been used with the best results by thousands of people in that time, and we have yet to hear of a complaint as to their curative powers.

Price 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto Ont.