

Wholesale Dry Goods and Woolens

House Furnishings
For Everybody

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cottons and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS AND WOOLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

FEEDS

Shorts, Bran, Oat Feed, Mixed Scratch
Hen Feed, Corn Chop, Corn Meal, Cracked
Corn

At lowest market rates.

G. W. HODGE

SWEET PEAS

CANNAS

PAEONIES

ROSES

Our list of the above embraces the finest named varieties in cultivation. A postal will bring our descriptive price list by return mail.

Farm and Garden Service

LEONARD C. BOX, F. R. H. S. - - - - - Manager
P. O. BOX 937, FREDERICTON, N. B.

Wood's Phosphodine.

The Great English Remedy.
Tones and invigorates the whole
nervous system, makes new blood
in old veins, cures Nervous
Debility, Mental and Brain Worry, Im-
punity, Loss of Energy, Palpitation of the
Heart, Failing Memory. Price \$1 per box, six
for \$5. One will please, six will cure. Sold by all
druggists or mail in plain pkg. on receipt of
price. New pamphlet mailed free. THE WOOD
MEDICINE CO., TORONTO, ONT. (Inventor, Canada.)

WANTED—Two or more rooms suit-
able for bachelor chambers for a gen-
tleman. Address "D," care the Daily
Mail.

WANTED A GUARANTEE.

Aviator—Come up with me, old chap
—a ride in an airplane is a thing to
remember.

Friend (cautiously)—Very well, if
you guarantee that I shall remember.

FOR SALE—An Eastman folding cam-
era, 4x5, in good condition; will be sold
at a bargain. Apply at the Mail Office.

TABLE OF WEIGHTS AND
MEASURES.

4 teaspoons of a liquid equal 1 table-
spoon.
4 tablespoons of a liquid equal 1/2 gill
or 1/4 cup.
1/2 cup equals 1 gill.
2 gills equal one cup.
2 cups equal 1 pint.
2 pints (4 cups) equal 1 quart.
4 cups of flour equal 1 pound, or 1
quart.
2 cups of butter, solid, equals 1 lb.
1/2 cup of butter, solid, equals 1/4 lb.
or 4 ounces.
2 cups of granulated sugar equal 1 lb.
2 1/2 cups of powdered sugar equal 1 lb.
1 pint of milk or water equals 1 lb.
1 pint of chopped meat equals 1 lb.
10 eggs, shelled, equal 1 pound.
4 tablespoons of flour equal 1 ounce.
8 eggs with shells equal 1 pound.
2 tablespoons of butter equal 1 ounce.
2 tablespoons of granulated sugar
equal 1 ounce.
4 tablespoons of butter equal 2 ounces
or 1/4 cup.
4 tablespoons of coffee equal 1 ounce.
1 tablespoon of liquid equals a half-

TIME FOR BAKING.

Beans—8 to 10 hours.
Beef—Sirloin, rare, per lb., 8 to 10
minutes; well done, per lb., 12 to 15
minutes; rolled rib or rump, per lb.,
12 to 15 minutes; long or short fillet,
20 to 30 minutes.
Bread—Medium loaf, 40 to 60 min.
Cake—Plain, 20 to 40 minutes.
Biscuit—10 to 20 minutes.
Sponge Cake—45 to 60 minutes.
Chicken—3 to 4 lbs weight, 1 to
one and a half hours.
Cookies—10 to 15 minutes.
Custards—15 to 20 minutes.
Duck (stuffed)—40 to 60 minutes.
Fish—6 to 8 lbs., 1 hour.
Gingerbread—20 to 30 minutes.
Graham Gems—30 minutes.
Lamb—Well done, per lb., 15 min.
Mutton—Rare, per lb., 10 minutes,
well done, per lb., 15 minutes.
Pie crust—30 to 40 minutes.
Pork—Well done, per lb., 30 min.
Potatoes—30 to 45 minutes.
Pudding—Bread, rice and tapioca,
1 hour; plum, 2 to 3 hours.
Rolls—10 to 15 minutes.
Turkey—70 lbs., 3 hours.
Veal—Well done, per lb., 20 minutes

BRIEF BUT USEFUL RECIPES.

Restore Gilt Frames.—Rub with a
sponge moistened with turpentine.
Drive Away Ants.—A little quick
lime placed in the infested places.
Remove Tar from Cloth.—Rub it
well with turpentine till every trace
is removed.
Make Leather Waterproof.—Satur-
ate it with castor oil; to stop shoes
squaking, drive a peg into the middle
of the sole.
Clean the Hair.—Wash well with a
mixture of soft water, 1 pint; sal soda
1 ounce; cream tartar 1/4 ounce.
Egg Stains on Spoons.—Rub with
common salt.
Clean Gloves.—Pour a little ben-
zine into a basin and wash the gloves
in it, rubbing and squeezing them un-
til clean. If much soiled, they must
be washed again through clean ben-
zine and rinsed in a fresh supply.
Hang in the air to dry.
Clean Hair Brushes.—Dissolve a lit-
tle soda in warm water and pour in a
small amount of ammonia. Hold the
brushes with the bristles downward
and avoid wetting the back as far as
possible; shake until the grease is
removed; then rinse in cold water and
put in the air to dry.
Remove Mildew from Cloth.—Put a
teaspoonful of chloride of lime into a
quart of water, strain it twice, then
dip the mildewed places in this weak
solution and lay in the sun. If not ef-
fective the first time repeat.
How to Remove a Rusty Screw.—
Apply a red hot iron to the head for
applied immediately while the screw
is hot.
Cure Mosquito Bites.—Put ten drops
of refined carbolic acid into an ounce
of rose water; shake well and apply
(if you hold your breath while a mos-
quito has its bill in you it cannot
withdraw it until you breathe again).
ounce.

YORK HOTEL

G. HOWARD YOUNG, Proprietor.
Corner Westmorland and King Sts.
Good accommodation and service.
Coach and Auto Service to all trains
and boats. Stable in connection.

GOOD FORM

When you make a call by letter, it should get the same
care you would give to a personal call. You dress correctly
yourself, and courtesy requires the same formal correctness
in your writing paper.

CRANE'S LINEN LAWN
CRANE'S HIGHLAND LINEN
CRANE'S EARLY GEORGIAN
CRANE'S QUARTERED OAK

Either of the above Writing Papers will properly repre-
sent you on any occasion.
We invite you to come and inspect our extensive display
of these elegant papers.

The McMurray Book & Stat'y Co., Ltd.

GLOUCESTER
FISHERMEN TO
COME HOME

Strikers Will Join Lunenburg
Fleet in Large Numbers—
Co-operation a Great
Attraction.

(Boston Globe)

Five hundred striking fishermen of
the Gloucester (Mass.) fleet are re-
ported to be going back to the Prov-
inces. Most of them voice the inten-
tion of shipping out of Lunenburg.

The United States is generally re-
garded as the land of opportunity. It
is of considerable interest to know
what draws these fishermen away.

When a lad in Lunenburg County is
old enough to earn his living he ships
for the Grand Banks as cabin boy. The
pay is not much, but he is learning his
trade. It is an apprenticeship. After
two or three years of this he becomes
a full-fledged fisherman. After one or
two years more he is able to invest
his savings in shares of the Lunen-
burg schooners. It thus happens that
a Lunenburg schooner often carries a
crew of her own shareholders, and
the skippers are particularly anxious
to have such crews, as it insures the
upkeep of the vessel. At the end of the
season these toilers of the sea are
paid not in wages, but dividends.

The sequel is one of those "live
happily ever after" affairs. Lunenburg
County is sprinkled with men who
have been able to retire from fishing
in middle life, and there are other
points about the scheme. One of them
is particularly striking. No cleaner,
better kept fishing schooners sail the
Western Ocean than those out of
Lunenburg. They glisten with paint.
The owners who man them see to that
A 12 o'clock whistle philosophy can-
not seduce them.

At Lunenburg labor has a voice in
industry. We have yet to hear of a
strike in the Lunenburg fishing fleet.

VAGARIES
OF SIMPLIFIED
SPELLING

New York Sun

It was a happy noisy, family party
taking an outing on a Staten Island
ferryboat. The younger members of
the party were improving the time in
the consumption of huge sandwiches
and quantities of fruit—mostly ba-
nanas, while the grandfather, a vener-
able old man with long picturesque
white beard, was spelling out the
words of a big sign opposite him.

"D-o (do) n-o-t (not) t-h-r-o-w—
do not," repeated the old man, and
again "Do not," but the third word
baffled him, until the eldest grand-
child nonchalantly flicking a banana
skin to the floor, came grudgingly to
his aid.

"That word's 'throw,' grandpa."
"Another craziness in America! In
'trow dey need it an 'h' already. Such
a funny language!" And grandfather
with a disgusted shrug of his bent
shoulders, gave up the sign, and fell
to studying the accumulation of fruit
skins that surrounded the party.

"Aw, jes' 'cause grandpa can't read
English he's alltime kickin' 'bout
America."

The old man regarded his grand-
child with indulgent blue eyes.

"Rosie, you're a smart girl, ain't it?
Rosie her mouth filled to capacity
with half a thick Bologna sandwich,
could only nod in assent.

"Rosie, you graduated already, ain't
it?"
Rosie gave one long, heroic swallow
and managed to answer "Ya-a."

"Well den Rosie, if you're such a
smart girl an' you graduated already,
I want you should answer me one
question, Rosie."

Grandfather's meditative gaze trav-
elled to the banana skins at his feet
and bac kagain to the girl's anxious
face. "If America is such a fine lan-
guage, Rosie, why is it, Rosie, dey spell
'panama' mit a 'b'?"

MURDER AT
NIAGARA FALLS

Niagara Falls, N. Y., July 13.—Wal-
ter G. Squires, a construction engi-
neer who recently returned from service
in France as a lieutenant in the avia-
tion corps, was shot dead in sight of
a large crowd leaving a baseball park
here today. Joseph Numtatero, al-
leged to have fired the shot, was rough-
ly handled by the crowd and was taken
to police headquarters where he was
charged with first degree murder. He
said Squires had jostled him as they
were leaving the park. Squires was
getting into an automobile with his
fiancee when he was shot.

Man will want a heaven with a desk
or something to put his feet on.
A farmer's life would be ideal if only
it didn't involve work.

SOME OF THE SPECIAL FEATURES

— OF THE —

Policy Holders Mutual Life Insurance Co

1. It is classed by the Insurance Department as a Mutual
Life Insurance Company with Auxiliary Joint Stock. It has
therefore the advantages of the Mutual, with the guarantees of
a joint stock company.

2. Premium rates are lower than for corresponding poli-
cies in other companies.

3. The basis of profit distribution is fixed by its act of in-
corporation; each policy holder sharing in proportion to the
amount of the reserve to the credit of the policy.

4. Abstainers are placed in a separate class and receive in
dividends the benefit of their superior mortality.

5. Policy holders and stock holders vote on an equal basis,
the stock holder has one vote for each share of stock; the policy
holder one vote for each thousand dollars of insurance. The
policy holder has the further advantage and privilege of voting
by mail, ballot papers being furnished him which may be for-
warded to any general meeting.

6. Whenever a premium is due, the policy holder has the
privilege without notice to the company, of paying it monthly,
quarterly, semi-annually or annually, as best suits his conveni-
ence at the time.

7. Policy holders have the privilege of an annual medical
examination to be made by the company's medical officer.

8. The Company has made arrangements with a leading
accident company for the issuing of a supplementary policy at
a nominal figure, by which if the assured should die from an
accident, the amount of his insurance would be double that of
the amount of his life policy.

All of these advantages are not to be obtained in any other
one company. We make this statement over our signature.

THE POLICY HOLDERS' MUTUAL LIFE INSURANCE CO.

H. E. BEYEA, Provincial Manager, St. John, N. B.
HEAD OFFICE, - - 501-503 Temple Bldg., Toronto, Ont.
Local Representative—W. H. GRAY, Marysville, N. B.

WORKMEN'S COMPENSATION ACT, 1918

NOTICE TO EMPLOYERS OF LABOR.

Whereas on the 17th day of April, A. D. 1919, His Honor
the Lieutenant-Governor and Council did by Order-in-Council
bring within the scope of Part 1 of the "Workmen's Compens-
ation Act, 1918," from and after August 1st, 1919, the follow-
ing industries, viz.:

"Persons employed in the woods in logging, cut-
ting of timber, pulpwood, firewood, railroad ties or
sleepers, river driving, rafting, booming or the trans-
portation of logs, timber pulpwood, firewood or rail-
road ties or sleepers."

Notice is hereby given that all persons engaged in any of
the above mentioned industries are required to file a statement
of their estimated payroll from August 1st, 1919, to December
31st, 1919, inclusive, with the said Board, on or before the 1st
day of August, 1919.

And further notice, that any employer neglecting or refus-
ing to furnish such estimate or information is liable to a penalty
not exceeding \$20.00 per day for each day of such default, and
is further liable for damages, as provided by Part 2 of said Act,
in respect of any injury to any workman in his employ during
the period of such default.

Note.—Forms for furnishing such information will be sup-
plied on application.

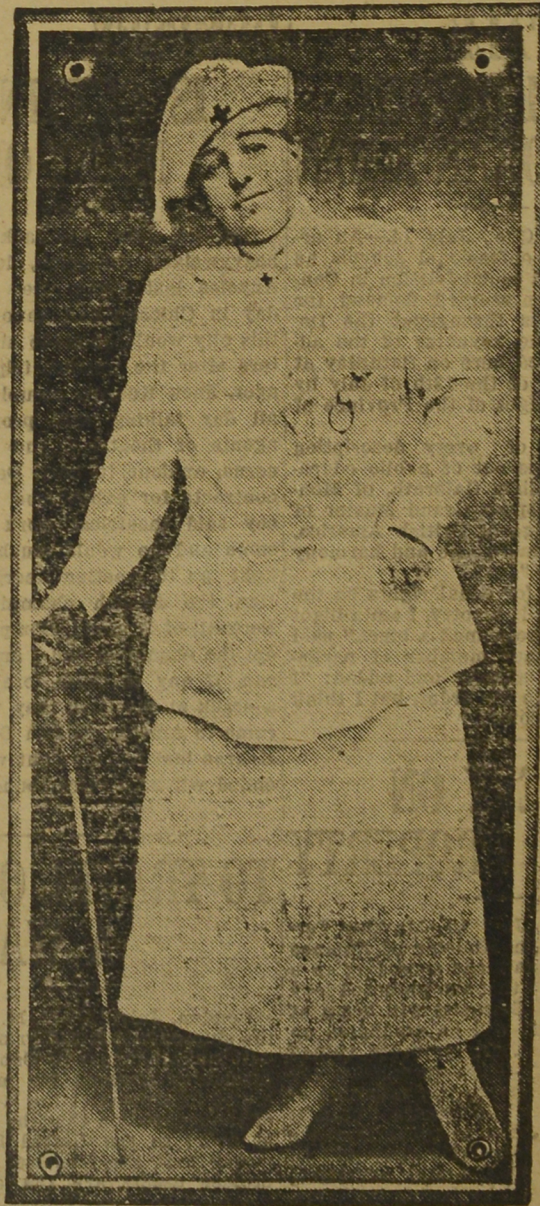
Also please take note of the following regulation passed by
the Board and coming into force on the 1st day of August, 1919:

First Aid Kit.—In an industry where ten or more persons
are employed, it shall be the duty of the employer to provide a
suitable FIRST AID KIT approved of by the Board and in charge
of a suitable person.

WORKMEN'S COMPENSATION BOARD.

JNO. A. SINCLAIR, Chairman.

P. O. Box 1318, St. John, N. B.



IDA McGLONE GIBSON,