

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

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Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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OF INTEREST TO WOMEN

SEASONABLE RECIPES.

Meat Patties.

Roll rich paste not quite one-fourth of an inch thick and cut in rounds. Prepare a meat filling of any remnant of cold meat, such as chicken, tongue, game or veal. Mince the meat fine and season it well, then moisten it with gravy, or, if none is on hand, use hot water or milk. Put a spoonful of this on half the rounds and wet the edges; then cover with the remaining half, first cutting one or two gashes in the centre that the steam may escape. Press the edges well together and bake in a hot oven until well browned.

Cream Pie.

Bake three nine-inch circular pieces of pastry and put together with cream filling. For filling mix seven-eighths cupful of sugar, one-third cupful flour and one-eighth teaspoonful salt and pour on one and one-half cupfuls of scalded milk. Cook in double boiler for 15 minutes. Add yolks of two eggs and cook two minutes. Cool, add one-half cupful cream beaten stiff, and vanilla.

Coffee Cabinet Pudding.

Two cups milk, 1 cup strong coffee, 2 eggs, one-third teaspoon salt, half tablespoon melted butter, one-third cup sugar, 1 teaspoon powdered cinnamon, 1 cup chopped dates, two cups stale bread crumbs or cake crumbs.

Beat the eggs, add the sugar and spices and pour in the milk and coffee which should be heated together, add the butter. Thoroughly oil a mould and sprinkle it with the dates, which must be chopped quite fine, and put in a layer of the crumbs. Strew over this a few more of the dates, continuing in this way until all have been used and the mould is three-fourths full. Pour the egg mixture over this, cover and bake for half an hour. Serve with whipped cream or caramel sauce.

RANDOM REMINDERS.

Peanut butter may be used with chopped raisins or dates for sandwiches.

Whole wheat bread and butter and a good salad makes a wholesome luncheon.

When you set dishes on the ice in the refrigerator, place under them a rubber ring, such as is used on fruit jars. This will prevent their slipping as the ice melts.

When canning fruit the jars should be sealed immediately; if they stand they may cool so quickly that bacteria might light and cause the fruit to spoil.

To prevent an unpleasant odor from developing in the vases in which cut flowers stand, change the water daily and put a tiny piece of charcoal in the bottom of the vase.

Vinegar works like a charm when it comes to cleaning dirt and smoke from walls and woodwork. Wet a flannel cloth with it and rub.

Salt may be prevented from lumping by mixing with it a small amount of cornstarch. Allow one teaspoonful of cornstarch to six teaspoonfuls salt.

DOUBLE CROSSED.

"Were you annoyed because I sharpened a pencil with your razor?"

"Yes, twice," replied the patient husband. "After I had given up trying to shave I tried to write with the pencil."

HALIFAX LADY WILL COMPETE

Montreal, Sept. 17.—With a record entry the Ladies' championship competition of the royal Canadian Golf Association was resumed, when the qualifying round was played over the course of the Beaconsfield Golf Club yesterday, the play starting early in the morning, and continuing until darkness was falling as the last pair approached the final green. The outstanding feature of the day was the play of Miss Nesbitt and Mrs. Hope Gibson, both playing as representatives of the Hamilton Golf Club. Both turned in cards of 88 for the 18 holes, which is eight above par for course. Miss Bauld, of Halifax, with a total of 101-35 out 56 in and 6 handicap is among the sixteen ladies who will compete for the championship. Miss Bauld was in tenth place.

Mrs. McG. Mitchell, of Halifax, in sixth-third place, totalled 119-61 out 58 in and 16 handicap.



Wrapped to insure its perfect condition in all climates and seasons. Sealed tight — kept right. The perfect gum in the perfect package.

After every meal

The flavour lasts



Necessity knows no law," quoted the Wise Guy. "But it is generally on intimate terms with the lawyers," replied the Simple Mug.

Satin and serge frocks are showing cutout embroideries in large, splashy designs.

An interesting jumper blouse which recently was shown combined grenadine colored chiffon velvet with tulle and margo lace sleeves.

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