

Children Cry for Fletcher's

CASTORIA

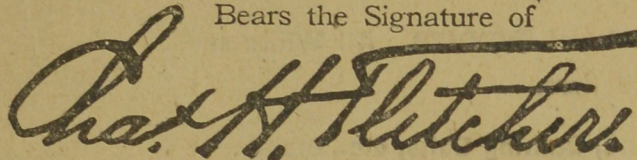
Fletcher's Castoria is strictly a remedy for Infants and Children. It is specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

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Cook's Cotton Root Compound.



—A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor)

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- 14 Corner Brunswick and Smythe Streets.
- 16 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

OF INTEREST TO WOMEN

THE BERRY SEASON

Berry Papovers.

One egg, well beaten, one cupful of milk, one cupful of flour, a little salt and about one-fourth cupful of blueberries. Beat egg well and add half of the milk and the flour, beat thoroughly again and add rest of milk. Beat again and lastly add the berries. Use the Dover egg beater for mixing. Instead of a spoon. Bake in well-buttered, deep gem pans in a hot oven.

Berry Griddle Cakes.

One pint sour milk, with one teaspoonful of soda dissolved in it. Beat until it foams; add half a teaspoonful salt, one tablespoonful sugar, a tablespoonful melted shortening and enough flour to make of right consistency to drop. Then add from one-half to three-fourths of a cupful of floured berries.

Old Time Blueberry Pudding.

To one pint of buttermilk or sour milk (if you use the latter add a tablespoonful of melted butter or two tablespoonfuls of finely chopped suet), add one teaspoonful salt and the same amount of soda dissolved in a tablespoonful of water. Beat into milk until it foams. Add enough flour to make a stiff batter and mix in one cupful of blueberries before all of the flour is used. Put in a buttered brown bread mold and steam about two hours and serve with a hot liquid sauce.

Pineapple Whip.

Beat together white of one egg, one-half cup of sugar, one cup chopped pineapple (or other canned or fresh fruit) until stiff enough so bowl can be turned without mixture spilling. This can be used for frosting for large sponge cake or will serve eight persons if used with desserts.

FASHION'S FANCIES.

Chemises are very tight fitting.

A dainty blouse of white batiste features Grecian scalloped collar and cuffs.

More lace is being used on common underclothes than for a long time.

Scarf collars of self material still are seen on the voluminous wraps of today.

The indispensable top coat may be made of homespun with a big wrapped collar.

Directoire revers are shown on some of the smartest suits, and closed in double-breasted fashion.

Taffeta hats in small models are shown extensively in dark colors, hand embroidered in wool and silk floss, or both in bright colors.

New York reports that some of the midsummer hats have low crowns encircled with white feather breasts and a long white cock feather streams down behind over the brim to the shoulder.

HIS POINT OF VIEW.

"Did you know you were behind in your board?" asked the keeper of the prunes.

"No, I didn't," replied the boarder.

"You owe me for a month."

"Oh, I knew that, but I considered I was just that much ahead."



I was cured of terrible lumbago by
Minard's Liniment
—Rev. Wm. Brown.

I was cured of a bad case of earache by
Minard's Liniment
—Mr. S. Kaulbach.

I was cured of sensitive lungs by
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Manufactured by the
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A FRIEND OF THE POLICEMAN

Continually on their feet, the "Peelers" are invariably troubled with corns and bunions—but not for long, because they know of a quick cure, Putnam's Corn Extractor; it cures painlessly in 24 hours; try "Putnam's" 25c. at all dealers.

HAIL STORM NEAR HALIFAX

Halifax, July 29.—A hail storm devastated the country around Sackville, ten miles from here, at half-past one today. The stones, which were more than an inch in diameter, shattered the windows, ruined crops, killed poultry and even damaged wood-work. A high wind preceded the storm and many roofs were torn off.

DISAGREES WITH THEM ALL.

"What are your politics?"

"I dunno," replied Farmer Contesel. "Things has worked around to such a mixup that there isn't anybody I don't disagree with on some point or another."

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Orders should now be placed for early May delivery. We make a specialty of **Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants.** Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

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YOUR IDEA OF A PERFECT VACATION may be the full indulgence of your favorite sport—golf, tennis, riding, hiking, climbing, canoeing, fishing for the gamey mountain trout, hunting with the camera, studying big game in its natural environment, camping, or dancing and dining at leisure amid delightful surroundings—whatever it is, you will find your enjoyment enhanced by the grandeur of the

Canadian Pacific Rockies

An Alpine Fairyland where all your vacation dreams come true—peaks and crags and valleys that need no moonlight to turn them into magic—iridescent glaciers and opalesque lakes—waterfalls—forests—big game preserves—camp life, cabins or metropolitan accommodations in

Spacious Canadian Pacific Hotels and Mountain Chalets at

Banff, Lake Louise, Emerald Lake, Glacier and Sicamous.

At Banff, for example, you play golf on bunkers "5,000 feet high," swim in a warm sulphur pool—drive or ride ponies over excellent mountain trails. At Lake Louise the chateau whose windows "frame million dollar pictures"—close to the glacier's edge—easy trails through flower-filled forests to a panorama of lakes, glaciers, waterfalls and snow-peaks—a Switzerland glorified. Guides are available at all Canadian Pacific Rocky resorts.



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The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

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be Convinced.

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If You have a Job of Printing, Call Up
No. 67. We will do the Rest.

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