



**Cascarets**  
CANDY CATHARTIC.

THEY WORK WHILE YOU SLEEP

Complexion Rosy!  
Headache Gone!  
Tongue Clean!  
Breath Right!  
Stomach, Liver and  
Bowels Regular!

## SALT HERRING IN POOR DEMAND

Halifax, N.S., May 6.—The market for pickled herring at Halifax is absolutely demoralized. Vessels are loaded up with heavy stocks purchased at high prices and the export market is down to a figure that is ridiculously low. As high as \$14.00 a barrel was paid for herring the average for the whole stock of more than 30,000 barrels was \$10, while today as low as \$4 a barrel is all that is being offered.

Most children have a little snobbery in their systems, and many of them never outgrow it.

## THE GROWING OF TOMATOES

Where growers of tomatoes have a suitable place for starting plants it is recommended that they should grow their own stock. By careful selection from individual plants from year to year a variety may be much improved from the standpoint of earliness, uniformity and productiveness. When sown in greenhouses, in a sunny window, or in a hot-bed the seed should be sown in boxes or flats containing three or four inches of soil. The seed is us-

## GAME IS UP WHEN THE BLUFF IS CALLED

(Chicago News.)  
"Boldness and aggressiveness are great factors in success," said the company clerk, daintily putting the finishing touches to a perfect aggregation of fingernails. "The willingness to take a chance has been the making of many a man."

"In other words," said the mess sergeant, "a little bluff goes a long way sometimes. Sometimes it fails, or, technically speaking, is called, and the bluffer gets what a friend of mine got. The summary court thought his bluff was worth about sixty days and

usually sown in rows about four inches apart from one-quarter to one-half inch deep, the soil firmly pressed down with the hand and made moist but not wet. When the rough leaves appear the little plants are transplanted into other flats or hot-beds about two inches apart each way. Further transplanting to about six inches apart is recommended as soon as the plants commence to crowd each other. This information is taken from Pamphlet No. 22 of the Central Experimental Farm which is available from the Publications Branch of the Department of Agriculture at Ottawa. The pamphlet deals not only with tomato culture, but mushroom culture and the forcing of rhubarb during the winter season. The soil and planting for tomatoes are fully described as well as treatment for diseases, training to the centre stem and other useful information.

two months' pay, which was extracted on the instalment plan.

"It was during the early days after we had gone over there and we were waiting for our turn to make it possible that democracy might walk abroad at midnight in perfect safety. Food was not plentiful and it was only once in a while that our diet became visible to the naked eye. It was on one of these occasions that this sergeant friend of mine had his bluff called."

"His outfit was billeted in one of those dilapidated old chateaux and a temporary kitchen had been erected just in back of the building. It was raining as usual, and, driven to desperation by hunger and imagination, he slipped out to see if he could not acquire a bit of fresh meat left over from supper, or perhaps a bit of bread and jam. The darkness and rain favored him and his hunger made him reckless. Besides, it was late and there was little likelihood that he would be disturbed."

"He slipped between the sentries without trouble and it was no more trouble for him to get into the kitchen. He rummaged about a bit and was enjoying his first course, which was a sandwich of roast beef, and looking forward to a slab of bread, thickly spread with raspberry jam which had tickled his palate at supper—just tickled it and nothing more. He was sitting on the edge of the plank which was the serving table and also the boundary of the kitchen precincts. He was swinging one foot quite contentedly, when he kicked one of the props from under the plank. The plank tipped up gently and in his efforts to save himself he rather shattered the stilly night."

"To say he made a lot of noise does not quite express what happened. He pushed that plank off its props some way and when it hit the floor it made a noise like a French 75. In falling this plank knocked something else over and in a second it sounded like a full grown barrage."

"W—who's that?"  
"He was startled by a voice close at hand, for he had felt blissfully isolated in the darkness. But the situation called for quick thinking, and the evident hesitation in the voice led him into grave error. A little bluff, he felt, would save the day."

"Never mind who it is," he shouted. "I've been laying for you fellows who come out here at night and help yourselves. What's your name?"

"Well, it was the officer of the day. The summary court did the rest, after my friend had spent a couple of days in the hoosegow, meditating on the error of his way, and he still owes me about 50 francs that I had to lend him to tide him over."

### TIME FOR BAKING.

Beans—8 to 10 hours.  
Beef—Sirloin, rare, per lb., 8 to 10 minutes; well done, per lb., 12 to 15 minutes; rolled rib or rump, per lb., 12 to 15 minutes; long or short fillet, 20 to 30 minutes.  
Bread—Medium loaf, 40 to 60 min.  
Cake—Plain, 20 to 40 minutes.  
Biscuit—10 to 20 minutes.  
Sponge Cake—45 to 60 minutes.  
Chickens—3 to 4 lbs weight, 1 to one and a half hours.  
Cookies—10 to 15 minutes.  
Custards—15 to 20 minutes.  
Duck (stuffed)—40 to 60 minutes.  
Fish—6 to 8 lbs., 1 hour.  
Gingerbread—20 to 30 minutes.  
Graham Gems—30 minutes.  
Lamb—Well done, per lb., 15 min.  
Mutton—Rare, per lb., 10 minutes, well done, per lb., 15 minutes.  
Pie crust—30 to 40 minutes.  
Pork—Well done, per lb., 30 min.  
Potatoes—30 to 45 minutes.  
Pudding—Bread, rice and tapioca, 1 hour; plum, 2 to 3 hours.  
Rolls—10 to 15 minutes.  
Turkey—70 lbs., 3 hours.  
Veal—Well done, per lb., 20 minutes.

At a recent meeting of the Evangelical Alliance at St. John the following resolution endorsing Inspector W. D. Wilson was adopted: "That the Alliance, having heard the inspector's story of recent temperance developments, express their complete satisfaction and rejoice that the position is occupied by a man of his capacity, honor and courage, and that we pledge him our sympathetic support."

Give your advice to young people after they have got into hot water, not before, if you want them to heed it—and then they don't need it.

It's a lucky man who discovers that his ideal woman is the one to whom he happens to be married.

## Banking Service

YOUR banking requirements may be entrusted to this Bank with every confidence that careful and efficient service will be rendered. Our facilities are entirely at your disposal.

## THE CANADIAN BANK OF COMMERCE

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FREDERICTON, DEVON AND STANLEY BRANCHES  
W. T. GERALD . . . . . Manager

## IMPORTANT POINTS ON THE HATCHING OF CHICKS

During the hatching season the poultry house and particularly the nest, should be kept clean. Clean water, and a supply of whole grain should be accessible to the sitters, and a dust bath should be provided also. If more than one hatch is being taken off, clean out and disinfect the nest after each hatch and put in new sod and fresh litter. Dust the hen with insect powder before putting her in the nest and again a day or two before leaving the nest with the chickens. It is a good plan to put into the dust bath a little dry sulphur or ground tobacco.

Be sure also that the house is free from mites. These little pests get into the cracks and corners of the building, and at night as the hens are resting, they come out of their hiding place, get on the hens and it does not take very many of them to make a hen so uneasy she cannot rest. In some cases the mites become so troublesome that they actually worry the hens to death.

### How to Get Rid of Mites.

Clean out the house and thoroughly sweep, not forgetting the windows, walls and ceiling. When this is all swept out clean, use a garden hose or a stiff brush and hot water. See that everything in the cracks and crevices is washed out. After this is done, allow the house to dry a while and if everything then appears to be clean, use a good disinfectant and be sure that the solution is forced by the spray or brush right into the cracks and crevices. If the mites are bad, use boiling water followed by coal oil and a liquid lice killed, or lice paint.

Be sure that this goes into cracks and crevices, and when you have gone over the house thoroughly according to the above treatment, in all probability the mites will be exterminated, but it is advisable in the course of three or four days again to inspect for the mites, and perhaps to repeat the dose once more.

### Natural Brooding.

Brooding with the hen need not be troublesome if a limited number of chicks are required, and proper ap-

pliances are provided. When large quantities are to be raised, however, artificial means must be employed.

In taking the hens off the nests, the aim is to give about twenty-five chicks to each hen. If more than one hen comes off at a time, and there is a laying colony house available, four hens and 100 chicks can be put in one of these houses. A little opening is left for the chicks to run out when large enough and there is ample room for them to scratch on the floor on wet days. If the hens are all put in the house at the same time there does not appear to be any serious trouble.

As soon as the hens can be removed they are put back into the laying house for the summer. The A-shaped house is also much used for the same purpose, except that but two hens and 50 chickens are put in one of these.

Small coops for individual broods are also used. These are made without bottoms and each coop is moved the width of itself each day or two.

## THROBBING HEADACHE MADE TO DISAPPEAR OVER NIGHT

Follow This Advice and You'll Get Relief Mighty Quick.

Headaches are caused by the accumulation of poisons in the blood. The cure is not difficult.

First, cleanse the entire intestinal tract.

Second, stimulate the action of the kidneys and liver.

Third, keep the pores of the skin open.

Lastly, regulate the bowels and avoid constipation as you would the plague.

The remedy is Dr. Hamilton's Pills, which cure the dizziest headache ever known.

In fact, people who use Dr. Hamilton's Pills never have headaches, because they regulate the system so thoroughly that no chance is given for a sick condition to develop.

Away with your headaches, be done with dizziness, languor and biliousness—use Dr. Hamilton's Pills and enjoy the health that they alone can bring. Contain nothing but vegetable extracts and juices, and are absolutely safe for children, women or men. Get the genuine Dr. Hamilton's Pills in yellow boxes. 25c. each.



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**WRIGLEY'S**

THE wax-wrapped sealed package with WRIGLEYS UPON it is a guarantee of quality.

The largest chewing-gum factories in the world—the largest selling gum in the world: that is what **WRIGLEY'S** means.

SEALED TIGHT—KEPT RIGHT

MADE IN CANADA

**The Flavour Lasts!**



William Fox presents THEDA BARA in the superb production CLEOPATRA at the Gem Theatre, Wednesday and Thursday, May 7 & 8