

Children Cry for Fletcher's

# CASTORIA

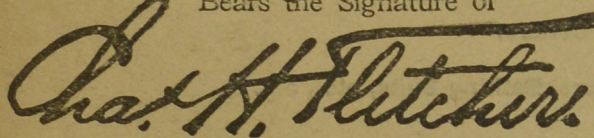
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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TELEPHONES:  
Residence . . . . . 348-41  
Office . . . . . 418-11

**DR. GERRARD**  
OFFICE:  
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**ARTIFICIAL TEETH and**  
**GOLDWORK a Specialty**

Superior Conveniences for Chloroform administration.  
Telephone 574.

**W. J. IRVINE,**  
**DENTAL SURGEON**  
Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,  
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REGENT STREET

Best and Most Modern Funerals  
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**LT. COL. W. J. OSBORNE,**  
After four years of war service in England, Belgium, France and Canada, has again taken over the management of the

**FREDERICTON**  
**BUSINESS COLLEGE**

FREDERICTON, N. B.,  
The College will be kept open all through the summer.  
FALL TERM begins September 2nd.  
Write for full particulars.

**E. ALLISON MACKAY**  
**BARRISTER, NOTARY, ETC.**  
**INSURANCE**

CHESTNUT BUILDING,  
FREDERICTON, . . . . . N. B.

**CLOTHES CLEANED**

**PRESSED and REPAIRED**  
for Ladies and Gentlemen.  
**W. E. SEERY**  
251 George Street.

## OF INTEREST TO WOMEN

WHITEN YOUR BATHTUB.

Have You Given Up in Despair Trying to Keep the Bathtub Clean?

Have you come to the place where you don't know what you are to do to make your bathtub as snowy white as when you first got it? Have you scrubbed it and scrubbed it and still are unable to take off that yellow stain that comes from the pipes? And have you just about given up?

Well, don't.

Get a small bottle of muriatic acid at the drug store. It costs but a few cents. Don't get it on your hands, but apply it to your tub by means of a rag tied to the end of a stick. It will eat away all stains and leave your tub as white as pure driven snow. You will marvel at the whiteness, and it will only take you eight or ten minutes to get this result.

IRONING LINEN.

The appearance of linen will be improved if it is ironed the same day it is ironed the same day it is washed and without hanging it out to dry.

Rinse it thoroughly, wring dry and roll the linen articles in a dry sheet. Let them lie for a time and iron dry with a hot iron. This saves the wear and tear of fine linen of whipping on a clothesline, and gives an additional stiffness and lustre, especially to cheap linen and well worn articles.

RANDOM REMINDERS.

When electric light sockets become loose have them repaired at once.

The wetter clothes are ironed, the more glossy and starchey they will look and this is the way sheer collars and lingerie blouses should look.

After you empty the wash boiler, rinse it with clear hot water and while still warm rub the inside with soap. This prevents it from rusting and on next washday it will be there to serve as suds.

An excellent furniture polish can be made by mixing two parts of castor oil and one of vinegar. Rub over the furniture with a soft rag and polish with a duster.

To mend broken glass and china, melt a little alum over the fire and apply to the broken edges. When dry the articles can be washed in hot water and the cement will not melt.

A good method of washing windows is to use two or three pieces of lump starch dissolved in the water. Let it dry and polish with a dry cloth.

Vinegar and a small quantity of sugar added to stove polish will give additional and more lasting lustre.

## LABELS FOR PRESERVING

Cut these out and use for labelling your bottles of preserves. This list will be printed every day for a while and thus afford a good supply of labels.

STRAWBERRY  
RASPBERRY  
BLACK CURRANT  
RED CURRANT  
GOOSEBERRY  
BLUEBERRY  
RHUBARB  
PEACH  
PLUM  
CHERRY  
GREEN GRAPES  
GRAPES  
CRANBERRY  
SPICED JELLY  
JELLY  
BLACKBERRY  
CRABAPPLE  
CHOW-CHOW  
MIXED PICKLES  
MUSTARD PICKLES

DATE BREAD.

Half cup brown sugar, quarter cup molasses, two cups graham flour, one cup white flour, one and a half cups of sour milk, 1 tablespoonful good shortening, 1 teaspoonful soda, to teaspoonful salt, 1 small package stone dates cup up. Mix as you would cake. Pour into a buttered bread pan and bake in a slow oven.

STRAWBERRY SAUCE.

To make a few berries go a long way, make sauce to serve over plain pudding or fresh sponge cake. Cream together one cupful of sugar and one half cupful of butter. Add the white of one egg, beaten stiff, and one cup of chopped fresh strawberries. Chill thoroughly and serve. This sauce is delicious over ice cream.

FAMOUS WORDS OF FAMOUS WOMEN.

"Once in a great while; just for the cherry."

IF YOU ARE INTERESTED IN

## LOWER INSURANCE RATES

Than You are Now Paying, Consult

## CRUIKSHANK & BOX

BROKERS

Insurance, Real Estate, Stocks and Bonds,  
Queen St., opp. Post Office, Fredericton, N. B.

## 'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of **Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants.** Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Belhel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

**ST. JOHN VALLEY NURSERY** BURTON,  
N. B.



## Everybody's Paradise

YOUR IDEA OF A PERFECT VACATION may be the full indulgence of your favorite sport—golf, tennis, riding, hiking, climbing, canoeing, fishing for the gamey mountain trout, hunting with the camera, studying big game in its natural environment, camping, or dancing and dining at leisure amid delightful surroundings—whatever it is, you will find your enjoyment enhanced by the grandeur of the

## Canadian Pacific Rockies

An Alpine Fairyland where all your vacation dreams come true—peaks and crags and valleys that need no moonlight to turn them into magic—iridescent glaciers and opalesque lakes—waterfalls—forests—big game preserves—camp life, cabins or metropolitan accommodations in

Spacious Canadian Pacific Hotels and Mountain Chalets at

Banff, Lake Louise, Emerald Lake, Glacier and Sicomous.

At Banff, for example, you play golf on bunkers "5,000 feet high," swim in a warm sulphur pool—drive or ride ponies over excellent mountain trails. At Lake Louise the chateau whose windows "frame million dollar pictures"—close to the glacier's edge—easy trails through flower-filled forests to a panorama of lakes, glaciers, waterfalls and snow-peaks—a Switzerland glorified. Guides are available at all Canadian Pacific Rocky resorts.



N. R. DesBRISAY, D. P. A., St. John, N. B.

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The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and  
be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up  
No. 67. We will do the Rest.

**The Mail Printing Company**

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Cook's Cotton Root Compound.

For the relief of the following ailments, sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$5 per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly H. J. Cook)

