OVERLAND MODEL 90 THE THRIFT

BEST VALUE IN THE MARKET IN MEDIUM PRICED CAR-You See the NEW CHALMERS ENGINE with the "Hot Spot?" The car that holds the world's records. Come in and look

them over. FREDERICTON MOTOR SALES CO.,

Wholesale Dry Goods and Woolens

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Lace Curtains Serim Curtains Curtain Muslip and Draperies of all kings Cretunites and Casement Clocks White Bed Spreads Towels, Napkins and Table Linens Olicioths and Lincleums Carpets, Rugs and Squares

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Vassie & Company, Lt.

WHOLESALE DRY GOODS AND WOOLENS ST. JOHN. N. B.

Our Motto: Promptness, Acouracy, Courtesy, Care.

For Light and Power

Telephones, Bells, Watchmen's Clocks, Annunciators, Burglar Alarm Systems, etc. Lighting Plants Installed in Isolated Places. We carry a large assortment of Electric Fixtures and Heating Appliances.

20

Estimates submitted without charge.

W. Allen Staples

634 Queen St. Opp. Court House

Shock Left Her Weak and Nervous HUNS

COULD NOT SLEEP.

When the system receives a shock of any kind, the heart becomes weakened the nerves unstrung, the appetite poor faint and weak feelings come over you you can't sleep at night, and you won der if life is worth living.

To all those who suffer from ner-yous shock we would recommend Milburn's Heart and Nerve Pills as the best remedy to tone up the entire system and strengthen the weakened or

Mrs. J. J. Bunyan, Pilot Butte, Sask writes: "I have used Milburn's Heart and Nerve Pills, after having suffered from a terrible shock to my whole sysem. I was so utterly weak and ner-ous I could not sleep at night, and my appetite was very poor. I could herbert Corey in Morning Chronicle years," said he.

I had hot flushes and fainting spells. When I was on the second box of your Heart and Nerve Pills, I began to

store, as it was about the only remedy always recommend it to other suffer-

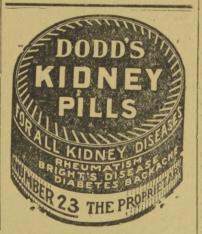
Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

A TORONTO LANDMARK

The "Salada" Tea Co. have surren-

We do not suppose there is a residoes not know the "Salada" warehouse at any one of the table d'hote meals as he ever could. We were invited to used to have such bad figures," one and many of us who have visited Toronto by boat will remember the large Electric Sign flashing over the bay the six letters automatically spelling the word-"S-A-L-A-D-A"

This will be missed by hundreds of thousands, as it had become to be looked upon as a 'Beacon Light', but the premises had become altogether turbance throughout his stay. Eyre too small to handle the immense business of the Salada Tea Co. Twentyone years ago they moved from Front Street East to their Yonge Street place and after three or four years' occupancy the volume of their trade increasing, compelled them to put on three extra stories thus making the building a sixty-story one.



"THAT'S ME ALL OVER, MABLE"

Here's the immortal Bill and "Still the Same Old Bill." It is even more humorous than "Dere Mable" and it will without a doubt be the best selling book for the year] Over 150,000 copies sold in the first month.

The McMurray Book & Stat'y Co., Ltd.

Booksellers, Stationers and Printers

and bearing the and bearing the and bearing the and bearing the and bearing the

Newspaper Correspondent Tells of His Experience and Compares Prices in Germany With Those Which Prevailed Early in the War-Eggs Scarce at Thirty Cents Each-Butter an Unknown Quantity.

Never in my life did I spend so By the time we reached Berlin we

much money for food as during the had discovered something about the two weeks I spent in Germany. luxurious food we were eating. That This was particularly a jolt to me was that it was largely goose. For feel that they were doing me good, so I kept on until I had used six boxes, when I felt like a different person.

This was particularly to the day some reason goose is not covered by to my last previous visit. On the day the meat cards, so that the hungry I kept on until I had used six boxes, when I felt like a different person.
I am never without them in the house, and highly recommend them to all who suffer with their heart."
Milburn's Heart and Nerve Pills are 50c a box at all dealers, or mailed di-Germany was rapidly starving to fifteen marks. Toward the last, how death. The British papers said so ev- ever, it ceased to be a luxury and be

the kept, and I can certainly say that I was more than pleased with the iesults, as I got better right away. I will I was disbelieved. But here is what I had happened in on a meatless week, bought for two marks-nominally fifty cents.

> A rich soup, three heavy meat coures, two vegetables and a dessert. I pensive there are no rich sauces. In did not touch the third meat course at Berlin we were served with the hor-plenty of fairly good Dutch cigars in all because I sat down and had eaten rible soft fleshed fresh water fish of the shops, however at very deceint in the belief that I could have but two Germany. Boiled fish, eaten with salt prices. We did not see sugar all the meats. When the third course was as the only relish and with boiled pobrought on I was gasping. A canary tatoes on the side, inevitably loses the Thanksgivink dinner. seed would have suffocated me. charm. One always has boiled potat-

Conditions Greatly Changed

oes, for any other way would consume it is thought that Germany true to luncheon at the Hotel Bristol I had better. Less potato flour and more dered their building at 32 Yonge Street her policy of falsehood has deceived the very smallest lamb chop I have rye is being used. But the staple food to the Bank of Montreal, the purthe world about her food supplies, ever seen plus the boiled fish, and a on every dinner table is some turnip chasers, and are moving out to 459. that luncheon could not be bought at soup made of some sort of soup meat or white beets or cauliflower. Even 467 King Street West—a few doors any price in any public place in which rasped the throat and made us those who hate cabbage eat cabbage West of Spadina Avenue on the South Germany. It could be obtained in a cough and a lethery cake. private room at an exorbitant price, but the price would be bankruptcy. It wealth who is willing to part with it dent in Toronto or neighborhood who is not possible to get enough to eat can live almost as well in Berlin now has lost flesh. "The German ladies

> our party. Lyon declared he felt weak good Americans. Our host of the ever people and babies suffered most. and tired and at every opportunity ning is very wealthy and for weeks crawled into bed and went to sleep. had been buying and bribing in prepar Smith suffered from an intestinal disand I both lost flesh. Yet our lunches cost us from four to six dollars and key, mashed potatoes, pumpkin pie our dinners averaged eight dollarsfor food alone.

ation for Thanksgiving dinner.

Smuggling and Bribery

and coffee, and wound up with ice

cream made with real sugar and

cream. It was unbelievable. The other

in from Holland. The cost was mon-

The coffee one drinks in Germany

strous and absurd

We were served with oysters, tur-

This condition in Berlin came as a shock to us. When we crossed the line guests were likewise morooned Amat Treves, we got a very satisfactory erirans, and all exclaimed in ecstasy luncheon for five marks. It comprised at this startling food. After dinner the soup and a good meat course. At Col- host took us somewhat behind the gan as Elizabeth Bird of Harrison The growth of the demand contin-ogne we were able to live well and at scenes. The oysters were legitimately county, near Paris, Ky. Her first venuing, their warehouse again became Frankfort almost luxuriously. At Cas-bought in the open market, but the ture outside of the home nest was congested which necessitated them sel our table was well set, but there turkeys had been smuggled in, each at when she married Bud Martin. When erecting a new warehouse in Montreal Eyre and I lapsed into sybaritism and a price that should buy an ostrich. The Mr. Martin died she married Edward corner St. Paul and St. Sulpice Streets extravagannce. We wanted eggs for sugar had been obtained by shameless Crow, a farmer. When the time came

> Eggs Thirty Cents Each waiter at Cassel, very firmly ."We never have eggs."

"I have a cake of chocolate for you been dried and made into small cubes the other birds. if you get us eggs," I said. "But the and then roasted. It looks like coffee eggs must be fresh. No ersatz egg, but does not taste like anything at mind you.

four eggs, fresh that morning and accoffee is put in this carrot concotion no confidence in claiming. tually fried in butter. The cost was but five marks only a trifle more than thirty cents an egg. They were ridic ulously cheap but then we had resort ed to shameless bribery. There are few people in Germany today who can resist the lure of chocolate. The headwaiter at Cassel told us he could sell the cake we gave him for twenty marks-nominally five dollars-but at that he would not.

"I haven't tasted chocolate for four

Previous to this a branch had been op ened in Buffalo, the business, however being handled from Toronto. A year or two afterwards a branch was open ed in Detroit: then one in Boston Chicago, New York and other points in the United States.

The Toronto warehouse not being able to handle this business, an eight story building, 100x81 feet, was erected at the corner of Berkeley and Stuart Streets, Boston, which is the headquarters in the United States

The new Toronto warehouse the 'Salada" Tea Company are now enering stands on a lot 100x431 the building having a 60 feet frontage or King Street by 300 feet deep and four stories and basement, thus giving about 70 thousannd square feet floor pace—one of the largest warehouses n the Dominion and by far the largest tea warehouse in America outside of the Boston premises of the same

In the new building there will be light from three sides and sufficient office accommodation to handle the head office business of the "SALADA"

or an obstinate sore that has defied medical treatment? If so, that is

a case for Zam-Buk.

Mrs. B. Ellis, of Castleton, Ont., writes: "My husband suffered intensely with a running sore on his foot. The sore penetrated to the bone, and the inflammation was so bad that he could not sleep at nights. After spending a lot of money and trying every remedy we heard of, with no result, I read of a cure which Zam-Buk had effected in a similar case, and got a box.

"Within two hours after the first application, the pain was essed."

"Within two hours after the first application the pain was eased; and with perseverance the inflammation was drawn out, the swelling reduced, and before long the sore was en'irely healed."

Zam-Buk also cures ulcers, abscesses, eczema, poisoned wounds, pimples cold sores characteristics.

pimples, cold sores, chapped hands

and chilblains.
50c. box, 3 for \$1.25, at all druggists, or Zam-Buk Co., Toronto.



to faintly flavor the brown liquid. Tea There is no butter to be had and is made of the leaves of a tree, because fats of any sort are very ex- though a little tea does trickle in through Russia at times. There are

Cabbage as a Filler

The war bread is better than it Nowadays, when in some quarters the precious fat. In a fifteen-mark was in 1915, because the mixture is in order to fill up. Once in a blue moon It is true however that the man of one can get a small bite of cheese.

take Thanksgiving dinner with an said to me. "So thick through the hips. In spite of the fact that we bought American family which for one reason No wall that surplus has been starved the best food we could buy, and all an another had remained in Berlin dur- off them." One continually met men of it we wanted the diet im Germany ing the war. I should say at this point and women whose clothes literally had its effect upon the members of that they seemed to be thoroughly hung about them in folds. The old

A SPECIES OF

Shelbyville Gazette: Mrs. Elizabeth Martin started out early in life to feather her nest, and has always had her eye on the main chance. She bebreakfast. Eggs are out of print in favoritism on the part of a high officto change nests again, she allied herial, and the coffee had been smuggled self with David Buzzard. To the Buztin and two little Crows. One little today is made of carrots that have Buzzard was already there to welcome

but does not taste like anything at all. It does not even taste like boiled covered that the oldest son of a family The man's eyes brightened. By and by he came into the dining room with marks for a demi-tasse, enough real and the sons in between, we violate

Conserving and Living Well

are both made possible and easy by the use of Grape: Nuts food as a daily ration.

This is a wonderful combination of our finest grains, rich in phosphates and calorie value's, and most delicious. It is abundantly sweet with its own grain sugar. Ready to eat. No waste. "There's a Reason" for

Grape: Nuts

