

Fletcher's Castoria is strictly a remedy for Infants and Children. boods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

### What is CASTORI

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

### GENUINE CASTORIA ALWAYS

Bears the Signature of Use For Over 30 Years

# ADVERTISE ON THIS PAGE OF

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has comselled the propie to seek all the information possible before buying



**OF INTEREST** \*\*\* TO WOMEN WHAT NURSE SAYS.

All Dishes Used to Prepare Baby's Meals Should be Kept by Themselves.

There should be a dish kept just to sterilize his bottles and his cereal should be made in a double boiler used for nothing else. This is one of the little things that keep away the big things-little precautions that prevent big illnesses.

Baby's orange juice or broth should be strained through gauze. Be sure to have a separate piece of gauze for the different purposes and to boil it thoroughly before using and to wash it out thoroughly after using each day. When baby gets old enough to eat vegetables and other foods, you should have for him a feeding plate. Hot water held in the bottom of the plate keeps the food hot and wholesome throughout his feeding. Tell some member of the family who is always bringing baby useless toys about this plate. It would make a nice present.

For the Wriggler. by a sort of heavy muslin belt that ed in advices received here today. may be made by folding a baby's napkin four times lengthwise. Fasten

this belt through the pad, rubber and mattress by means of two strong big safety pins, and then when baby is put down, draw the belt about comfortably under the arms and fasten it se- Parish Church will hold a Harvest curely by means of two smaller safety Supper in the Parish Hall, Devon,

Baby will likely go to sleep sooner 7.30, p. m.. if he finds that he is unable to thrash about or to stand up. For the pins to fasten the belt to the mattress you will find blanket pins best because



RAILWAYS

Day in the Week.

Victoria.

In Effect October 5th.

adian National route is famous

WANTED

THE EMPLOYMENT SERVICE

OF CANADA

70 York Street.

"No charge to Employer or

Applicant.

General laborers, 45 cents per

Carpenters, 55 cents per hour,

10 hour day. Free bed, meals \$5.75 per week.

hour

National System of Railways.

## The Fruit Medicine

R. R. No. 1. LORNE, ONT. "For over three years, I was confined to bed with Rheumatism. I treated with doctors, and tried nearly everything without benefit. Finally, I tried "Fruit-a-tives". Before I had used half a box I saw improvement; the pain was easier and the swelling started to go down I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place".

ALEXANDER MUNRO. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

APTURED

London, Oct. 15-General Denekine's anti-Bolsheviki army has captured the If baby is a "wriggler" you will find important city of Orel, together with it convenient to fasten him in his crib. thousands of prisoners and enormous Nurse says that it is best to do this quantities of material, it was announc-

The Talent Chapter of St. Mary's Thursday, October 16th., from 5.30 to

PRICE 50 CENTS

YORK HOTEL



## **AUCTION SALE**

We will sell at Public Auction on SATURDAY, OCTOBER the 18th at o'clock p. m. the building and lot at DURHAM BRIDGE formerly used as a Public Hall. Size of lot 110 feet by 40 feet. Property will be sold to the Highest Bidder for Cash.

MICHAEL MCNEIL GECRGE MCLEAN

ODBUR COWPERTHWAITE, Trustees.

Durham Bridge, Oct. 3rd., 1919.

Wood's Phosphodine. he Great English the price. New par phlat mailed i ree. THE WOOD MEDICINE C ( ... TOPONT ). ONT. (Farmari, #lada.)

Mail and get results

D J. SHŁA

PAGE SEVEN

eipt of pric 54 Gas House. THE COOK MEDICINE CO. 55 Intercolonia, Railway Station.

YORCHIG. ONT. (Farmer'y Hindson) 53 Lansdowne and Waterloo Row ful.

with natural talent of a high order, have combined to make him success