



CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Dr. H. H. Hatcher
In
Use
For Over
Thirty Years
CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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FREDERICTON, N. B.

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Office 418-11

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**ARTIFICIAL TEETH and
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Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

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**Best and Most Modern Funerals
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LT. COL. W. J. OSBORNE,
after four years of war service in England, Belgium, France and Canada, has again taken over the management of the

FREDERICTON BUSINESS COLLEGE

FREDERICTON, N. B.,
The College will be kept open all through the summer.
FALL TERM begins September 2nd. Write for full particulars.

E. ALLISON MACKAY BARRISTER, NOTARY, ETC. INSURANCE

CHESTNUT BUILDING,
FREDERICTON, N. B.

CLOTHES CLEANED

**PRESSED and REPAIRED
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W. E. SEERY
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Cook's Cotton Root Compound.

Cook's Cotton Root Compound
A pure, reliable remedy for all skin diseases. Sold in three degrees of strength—No. 1, \$1.00; No. 2, \$2.00; No. 3, \$3.00 per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Walker).

OF INTEREST TO WOMEN

YOUR HOUSEDRESSES

Start the Summer With Enough House Dresses.

To be sure, cottons are high priced, but if you make them yourself or buy them at a store where the prices are not exorbitant, the cost should not be prohibitive. If you buy them ready made do make sure to get them a size larger than your regular size. They are sure to shrink and it is almost never that the manufacturer shrinks the materials before the dresses are cut out.

If you make your own you have the advantage of being able to shrink it well beforehand. Even then you must remember that the goods will probably shrink a little more in the third and fourth washing so do not make them a bit scanty, but add a little for this later shrinkage.

There is one great advantage in the all white wash dress and that is that it can be boiled and dried in the sun without fear of losing color. How many dresses have you had to discard or have you wished that you could afford to discard because they have faded? You know what an unbecoming yellow green becomes toward the end of the season, and how brownish the most attractive violet and blue turns gray and gray turns brown.

White cotton materials dried in the sun and air only become the showier for frequent washings.

RANDOM REMINDERS

Many a cake has been spoiled by a too liberal quantity of butter. It is better to make it scant if in doubt as to exact amount required.

If you want the turnips to have a good flavor add a teaspoonful of sugar to the water when cooking them.

Cooks who use vinegar in preparing cabbage will find sour cream more delicious. Just before serving the cabbage add a scant half cupful of thick sour cream.

Try banana sandwiches for the children's noon meal. Bananas contain nearly the same nourishment as meat and children usually prefer them to meat.

In case you have over-salted the soup, slice a raw potato and boil it in the soup a few minutes. This will absorb most of the salt.

Biscuits should be handled as little as possible in mixing. If you like a crusty exterior, place them in the pan so they do not touch each other. They will look better if baked close together but they will not bake as quickly as they will if separated.

Potatoes are served with meat in order to neutralize the acids. One potato will neutralize the acids of two slices of roast beef. While rice is a substitute for potatoes it only provides the starch and in order to obtain the potassium necessary for neutralizing the acids you should include cabbage, beans, celery, milk, apples or prunes in the meal.

HE'LL NEVER BE AN EDITOR.

"Is there anything you can do better than anyone else?"

"Yes," said the small boy, "I can read my own writing."

MINARD'S "KING OF PAIN" LINIMENT

I was cured of terrible lumbago by
Minard's Liniment
—Rev. Wm. Brown.

I was cured of a bad case of earache by
Minard's Liniment
—Mr. S. Kaulbach.

I was cured of sensitive lungs by
Minard's Liniment
—Mrs. S. Masters

Manufactured by the
Minard's Liniment
Yarmouth, N.S.

SUNKEN EYES BRIGHTEN QUICKLY HEALTH RETURNS

In a Message to Ailing Women
Doctor Hamilton Tells
How It is Done.

In speaking of the ills from which women suffer, Dr. Hamilton points out that nine out of every ten women are by nature inclined to habitual constipation. Harsh purgatives are resorted to which only intensify the trouble. Although not generally known, it is a constipated condition of the bowels that causes half the sickness and tired weariness with which all womankind is so familiar. It was after long years of study that Dr. Hamilton perfected the pills which have been of such marvellous benefit to women the world over. In his pills of Mandrake and Butternut every sufferer will find an absolute specific for constipation, sick headache and biliousness. It is safe to say that Dr. Hamilton's Pills bring better health and keep the system in a more vigorous condition than any other medicine discovered. At all dealers, in 25c boxes.

A smile is appropriate for both summer and winter wear.
Religion that costs nothing is probably worth about that much.

IF YOU ARE INTERESTED IN

LOWER INSURANCE RATES

Than You are Now Paying, Consult

CRUIKSHANK & BOX

BROKERS

Insurance, Real Estate, Stocks and Bonds.
Queen St., opp. Post Office, Fredericton, N. B.

'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of **Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants.** Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

ST. JOHN VALLEY NURSERY BURTON, N. B.



Everybody's Paradise

YOUR IDEA OF A PERFECT VACATION may be the full indulgence of your favorite sport—golf, tennis, riding, hiking, climbing, canoeing, fishing for the gamey mountain trout, hunting with the camera, studying big game in its natural environment, camping, or dancing and dining at leisure amid delightful surroundings—whatever it is, you will find your enjoyment enhanced by the grandeur of the

Canadian Pacific Rockies

An Alpine Fairyland where all your vacation dreams come true—peaks and crags and valleys that need no moonlight to turn them into magic—iridescent glaciers and opalescent lakes—waterfalls—forests—big game preserves—camp life, cabins or metropolitan accommodations in

**Spacious Canadian Pacific Hotels and Mountain Chalets at
Banff, Lake Louise, Emerald Lake, Glacier and Sicamous.**

At Banff, for example, you play golf on bunkers "5,000 feet high," swim in a warm sulphur pool—drive or ride ponies over excellent mountain trails. At Lake Louise the chateau whose windows "frame million dollar pictures"—close to the glacier's edge—easy trails through flower-filled forests to a panorama of lakes, glaciers, waterfalls and snow-peaks—a Switzerland glorified. Guides are available at all Canadian Pacific Rocky resorts.

N. R. DesBRISAY, D. P. A., St. John, N. B.

Have Your Job Work Done at Home

The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and
be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up
No. 67. We will do the Rest.

The Mail Printing Company

327-329 Queen Street (Up Town)