

## Children Cry for Fletcher's

## CASTORIA

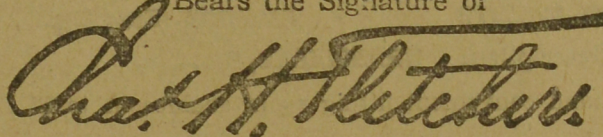
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

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Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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## CLOTHES CLEANED,

PRESSED and REPAIRED  
for Ladies and Gentlemen.  
W. E. SEERY,  
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FLOWERS IN  
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FUNERAL DESIGNS A  
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CUT FLOWERS AND  
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FIRE ALARMWhen You Hear the Alarm, Look for  
the Location in the Daily Mail.

- 6 Shoe Factory.
- 12 Corner Westmorland and Aberdeen Streets.
- 13 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 15 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

OF INTEREST  
TO WOMEN

## SOME METHODS OF ECONOMY

When your kiddies wear out the legs of their winter drawers, cut the legs off at the worn places, take the sleeves of yours or your husband's old cast off undershirts and sew them to the children's drawers at the place where you cut off the worn legs. Have the cuff part of the sleeve as a finish.

Another good way to use one's old flannel shirts that are worn out at the neck and sleeves beyond wearing, is to take the bottom part of the shirt and cut it out as a nice little warm petticoat for your little girl.

## Repairing Curtains.

If you have scrim curtains that need mending, dip a piece of scrim in starch and water, being sure that the starch is not too thick; then place this piece of scrim on the underside of the torn scrim and iron on the right side. In ironing men's shirts, a patch may be applied in the same manner.

When your sheets get thin and worn in the centre, tear open before they go into holes and sew the two selva edges together and then hem the sides. It will save the wear of your sheets very much if, when on the line, they are folded together and fastened with the hems over the line. It is also easier to take them from the line.

When mending small holes in lace curtains, darn them before the curtain is washed, but when there is a hole that requires a patch, wash the curtain first, stretch and dry, then cut a piece off the top with which to make the patch. Trim off all frayed edges round the hole, dip the patch in raw starch and press it over the hole.

## Buttonholes That Fray.

In making a buttonhole in serge material it often frays badly at the cut edges. To avoid this make a mark to show the exact size and position of the hole by means of a tacking thread. Then stitch around the thread on the sewing machine. Now cut the hole between the stitching and work the hole over the machine stitching.

## RANDOM REMINDERS.

Apples stuffed with raisins and chopped nuts, then baked, are a delicious novelty.

Fastening clothes on the line by the corners is the surest way of tearing them.

In washing real lace rinse finally in skim milk, which gives it a soft and creamy tone.

Dull velvet frocks are relieved by jackets of gold and blue brocade.


To clean rusty and blackened steel knives, use half a raw potato dipped in one of the scouring powders or brick.

A few drops of oil of lavender scattered through a bookcase will save the books from mold in damp weather.

When creaming butter for cake, just try pressing it through the potato ricer and much time will be saved.

A little vinegar poured over fresh fish before boiling will help to keep it whole.

When baby gets a bruise rub butter on at once and the bruise will not turn black and blue.



**MINARD'S**  
"KING OF PAIN"  
LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

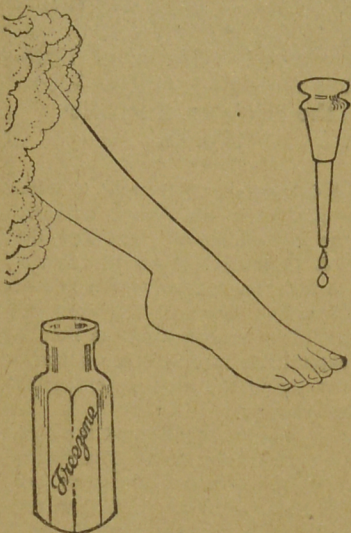
Mr. A. E. LAUNDY, EDMONTON, writes:—  
"I fell from a building and received what the doctor called a very bad sprained ankle, and told me I was not to walk on it for four weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co., Limited  
Yarmouth, N. S.

## LIFT OFF CORNS!

Doesn't hurt at all and costs only  
a few cents



Magic! Just drop a little Freezone on that touchy corn, instantly it stops aching, then you lift the corn off with the fingers. Truly! No humbug!

Try Freezone! Your druggist sells a tiny bottle for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezone is the discovery of a noted Cincinnati genius.

MRS. FAIRBANKS  
GETS DIVORCE

New York, March 6.—Supreme Justice Young of White Plains today signed a final judgment of divorce in favor of Mrs. Douglas Fairbanks against her husband, the movie star. The papers mentioned a co-respondent as an unknown woman. Testimony was given by two friends of the actor.

Under the terms of the decree the custody of the son, Douglas Fairbanks Jr. is given to the mother, but the father under an agreement, will be allowed to see his son at frequent intervals.

The final judgment was submitted by G. Henry Mahlstadt, whose wife is a sister of Mrs. Fairbanks. The interlocutory decree in favor of Mrs. Fairbanks was filed Nov. 29, 1918, and three months had to elapse before the final decree could be entered.

## HOUSEHOLD WISDOM.

Gasoline will remove gum from rugs or polished floors.

If your glove splits at the thumb or near the seam, a sure and permanent way to repair it is to buttonhole the kid on either side of the split. Then sew the edges together. The result will be a new firm seam that will never tear again. When buttonholing, be sure and take a good hold of the kid, so the stitches will not pull out.



**Cook's Cotton Root Compound.**  
A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per bottle. Sold by all druggists, or sent prepaid on receipt of note. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

TO ADVERTISE  
THE PROVINCE

The New Brunswick Tourist Association is asking for the co-operation of all sections of the Province, in a plan to make the Province better known, by a general Forward Co-Operative Movement this year; in which special emphasis would be laid upon the opportunities for Tourists, Sportsmen and Hunters, as well as on the business opportunities contained in its Forests, Mines and Farms.

It is proposed early in May to hold a convention at a point to be decided upon, where the time would be devoted to the inspection of local attractions, to displaying moving pictures of Forest, and Hunting scenes, as well as of farming, Lumbering, and Mining; to talks by outstanding men, and to a banquet at which there would also be stimulating addresses. The plan has the approval of the Provincial Authorities, who have promised to assist with screens covering the above resources.

The various boards of trade, Tourist Associations, and kindred organizations throughout the Province, are being asked to co-operate in the movement, the intention being to hold these meetings yearly at different points.

## TABLE OF WEIGHTS AND MEASURES.

- 4 teaspoons of a liquid equal 1 tablespoon.
- 4 tablespoons of a liquid equal 1/2 gill or 1/4 cup.
- 1/2 cup equals 1 gill.
- 2 gills equal one cup.
- 2 cups equal 1 pint.
- 2 pints (4 cups) equal 1 quart.
- 4 cups of flour equal 1 pound, or 1 quart.
- 2 cups of butter, solid, equals 1 lb.
- 1/2 cup of butter, solid, equals 1/4 lb. or 4 ounces.
- 2 cups of granulated sugar equal 1 lb.
- 2 1/2 cups of powdered sugar equal 1 lb.
- 1 pint of milk or water equals 1 lb.
- 1 pint of chopped meat equals 1 lb.
- 10 eggs, shelled, equal 1 pound.
- 8 eggs with shells equal 1 pound.
- 2 tablespoons of butter equal 1 ounce.
- 2 tablespoons of granulated sugar equal 1 ounce.
- 4 tablespoons of flour equal 1 ounce.
- 4 tablespoons of coffee equal 1 ounce.
- 1 tablespoon of liquid equals a half-ounce.

## TIME FOR BAKING.

- Beans—8 to 10 hours.
- Beef—Sirloin, rare, per lb., 8 to 10 minutes; well done, per lb., 12 to 15 minutes; rolled rib or rump, per lb., 12 to 15 minutes; long or short fillet, 20 to 30 minutes.
- Bread—Medium loaf, 40 to 60 min.
- Cake—Plain, 20 to 40 minutes.
- Biscuit—10 to 20 minutes.
- Sponge Cake—45 to 60 minutes.
- Chickens—3 to 4 lbs weight, 1 to one and a half hours.
- Cookies—10 to 15 minutes.
- Custards—15 to 20 minutes.
- Duck (tame)—40 to 60 minutes.
- Fish—6 to 8 lbs., 1 hour.
- Gingerbread—20 to 30 minutes.
- Graham Gems—30 minutes.
- Lamb—Well done, per lb., 15 min.
- Mutton—Rare, per lb., 10 minutes; well done, per lb., 15 minutes.
- Pie crust—30 to 40 minutes.
- Pork—Well done, per lb., 30 min.
- Potatoes—30 to 45 minutes.
- Pudding—Bread, rice and tapioca, 1 hour; plum, 2 to 3 hours.
- Rolls—10 to 15 minutes.
- Turkey—70 lbs., 3 hours.
- Veal—Well done, per lb., 20 minutes.

Any Woman's Struggle  
For Good Health  
Quickly RewardedA SIMPLE HOME TREATMENT  
NOW ADVOCATED THAT GIVES  
FINE RESULTS

When a woman's face grows haggard and pale, when she is tired all day and ready to cry when night comes, she ought to know something is wrong.

Putting off only make matters worse. The best advice we can give any sickly woman is to test out the following treatment.

At the close of every meal, with a sip or two of water, take two chocolate-coated Ferrozone Tablets. This seems to be the best thing going for folks that are tired out, run-down and in need of a strengthening, building-up medicine.

Ferrozone's action aids the three principal functions of the body—digestion, assimilation, elimination.

By strengthening digestion it forms an abundance of rich, red blood—this gives good color.

By perfecting assimilation, Ferrozone supplies nutrition—this gives strength, vim, stability.

Elimination is assured because Ferrozone quickens the action of the liver, kidneys and bowels—this guarantees the maintenance of vigorous health.

Ferrozone puts you on the right road—the one that leads to health.

Not a man, woman or child needing blood, vigor, endurance—not a person who is weak, nervous or sickly, not a person in ill-health who won't receive immediate help from Ferrozone.

As a tonic and restorative, as a health-bringer and body-builder, Ferrozone is unrivalled. It cures because it feeds and nourishes, because it contains the elements that build up and strengthen. Try it yourself—sold everywhere in 50 cent boxes, 6 boxes for \$2.50, or by mail from The Ferrozone Co., Kingston, Ont.

WHY BELGIANS  
STILL NEED HELP

"In travelling through Belgium with the Belgian armies, I have been able to see the country recently tenanted by the Bochs in the condition in which they left it, and never was there such desolation anywhere. One cannot get away from signs of destruction, no matter where one goes, along the country roads or in the city streets.

Not only has property been destroyed and every means of livelihood taken away from the people, but the peasants, especially in the country districts, have been left destitute both of home and food. We travelled twelve miles yesterday through open country and as but one small instance of the vast plundering of the Germans, I state that in all twelve miles not one solitary live animal did we see and practically every tree had been felled, so you can imagine the dreary aspect of the scenery.

All the peasant women and children we met on our way, said a news correspondent, while they greeted us with cheers and received us into their homes with open arms, those that had homes, showed the greatest suffering from insufficient food and nourishment. They did not complain, but merely stated as a fact that they had not tasted meat for two months and had lived largely on soup and coffee.

The cry of the Belgians today is for food and clothing and those who would help, no matter how little, should send their contributions to their committee, or direct to the Central Committee, Belgian Relief Fund, 59 St. Peter street, Montreal.

Free speech is no excuse for talking too much.

A man isn't necessarily honest just because he is poor.

Have Your Job  
Printing Done  
At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

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