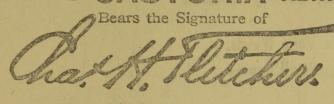
Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his per-Charff Flitchers sonal supervision since its infancy.
Allow no one to deceive you in this.
All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

What is CAS TORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE



In Use For Over 30 Years The Kind You Have Always Bought

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has comselled the people to seek all the information possible before buying

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SPECIALTY.

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16 Corner George and Northumber-

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46 Corner Charlotte and St. John

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UNDERTAKER 610 Queen Street.

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PRESSED and REPAIRED for Ladies and Gentlemen. W. E. SEERY, 251 George Street.

TO WOMEN

The Apple a Useful Ally of the Housekeeper, Especially at This Time of Year.

many months of the year.

Macaroni and Apple Pudding.

1 pound of apples 4 ounces of macaroni

1/2 lemon rind, grated

2 tablespoonfuls of sugar 4 tablespoonfuls of white bread-

1 tablespoonful of cream

1 teaspoonful of butter.

Cook the macaroni in boiling salted water for three-quarters of an hour. Drain well; butter a pie or pudding dish and line it with the macaroni; then sprinkle it with breadcrumbs. Pare the apples and slice them thin. Mix with the grated rind, cream and sugar. Fill the dish with the mixture, sprinkling crumbs on top. Then add a layer of material, cover with a plate and bake one hour. Turn out and serve with a white sauce.

Apple Corn Bread.

2 cupfuls of white cornmeal

1/2 teaspoonful of salt

3 tart apples

2 tablespoonfuls of sugar 1 teaspoon of cream tartar

1 and two-thirds cupful of milk

1 teaspoonful of soda.

mixture with the milk. Pour into a acres were planted in oats, 34,000 buttered, shallow pan and bake one- acres (or 200 per cent increase) in half hour in hot oven.

Apples and Oats.

6 large apples 1 cupful of cooked oats

11/4 cupfuls of sugar

1 quart of water.

and core the apples and cook in a during harvesting. Reference was syrup made of the water and sugar. made in our report last year to the Turn them frequently. When done, effort being made under government fill the centres with oats. Boil the ADA M. SCHLEYER, syrup down until thick and pour over the apples.

Apple Dumplings.

Sift one-half pint flour, saltspoon of salt, two level teaspoons baking pow butter; add slowly about half cup of milk. Roll out in sheet, apply saucer and cut out circles. Put in centre of each a small pared and cored tart ap ple. Fill cores with sugar and dash of nutmeg. Fold over crust and roll 12 Corner Westmorland and Aberdsen in hand till round. Make a gash on top. Bake in moderately hot oven for 13 Corner Northumberland and Saunhalf an hour. Serve with hard sauce 14 Corner Brunswick and Smythe made by heating a tablespoonful of butter and four tablespoonfuls pow 15 Corner Charlotte and Smythe dered sugar.

An Apple Pudding.

3 cupfuls of chopped apples

1/2 cupful of sugar

1/4 cupful of water

2 cupfuls breadcrumbs

24 Corner Queen and Westmorland 1/4 teaspoonful each of cinnamon and nutmeg 25 Corner Brunswick and Westmor-

½ lemon-juice and rind

2 tablespoonfuls of butter.

26 Corner Charlotte and Westmorland Mix the sugar and spices. Arrange one-half the crumbs in buttered pud-28 Corner Saunders and York Streets. ding dish. Place on them one-half the 31 Corner Queen and Regent Streets. apples, one-half the sugar and one-half 32 Corner Needham and Regent the lemon juice and one-half the butter. Then one-quarter of the breadcrumbs, remaining apples, sugar, le-35 Corner Brunswick and Carleton mon and melted butter. Pour water one-quarter breadcrumbs, and bake in 7 Corner George and Regent Streets. a moderate oven, covered until the ap-38 Corner King and Regent Streets. ples begin to get tender. Then remove 44 Corner Queen and St. John Streets 45 Corner Brunswick and St. John

WORTH KNOWING.

Black Chantilly lace over straw is 52 Corner George and Church Streets smart for an afternoon hat. The edge 53 Corner Union and Church Streets. of the lace is allowed to fall over the brim like a canopy.

popular than ever for the coming sea-Moving to This City popular than ever for the coming sea-Mr. E. G. Merritt of Barker's Point son. Satin and taffeta will both be is removing to Fredericton having used for the afternoon frock. cwned by Miss Nellie Jarvis. Mr. Charles Bird of Marysville will occupy

Taffeta hats are quoted as the new est note in new millinery.

"In travelling through Belgium with the Belgian armies, I have been able DELICIOUS WAYS TO USE APPLES to see the country recently tenanted by the Bochs in the condition in which they left it, and never was there such desolation anywhere. One cannot get away from signs of destruction, no matter where one goes, along the country roads or in the city streets.

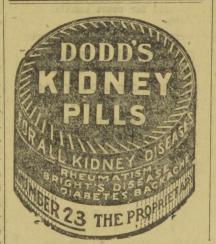
Not only has property been destroy The apple is perhaps the most useful ally of the housekeeper, in the way of fruit, as it is available during so tricts, have been left destitute both of home and food. We travelled twelve Why not use apples as the basis of what and as but one small instance of the solid food dishes as well as desserts? vast plundering of the Germans, let me state that in all twelve miles not one solitary live animal did we see and practically every tree had been folled, so you can imagine the dreary aspect of the scenery. All the peasant women and children

we met on our way, said a news correspondent, while they greeted us with cheers and received us into their homes with open arms, those that had homes, showed the greatest suffering from insufficient food and nourishment. They did not complain, but merely stated as a fact that they had not tasted meat for two months and had lived largely on soup and coffee The cry of the Belgians today is for food and clothing and those who would help, no matter how little, should send their contributions to their committee, or direct to the Cen tral Committee, Belgian Relief Fund 59 St. Poter street Montreel 59 St. Peter street, Montreal.

PROGRESS THE WATCHWORD

Sir Edmund Walker, President of the Canadian Bank of Commerce, in his annual address to the stockholders of that great financial institution, said

"Progress appears to be the watch word in New Brunswick. The Department of Agriculture has the whole hearted support of the Government, and is giving the farmers of the pro vince inspiring leadership. This is evidenced by a general increase in Mix together the corn meal, salt, production, the amount of land culti ugar, cream tartar and soda, pare vated in 1918 being 125,000 acres more and slice the apples and add to the than in 1917. Of this increase 33,000 wheat, and 13,000 acres in turnips and potatoes. The potato crop is estimat ed at 8,650,000 bushels, somewhat below the average, but 50 per cent. more than in 1917. The yield of hay was good and that of oats and wheat excellent, but of only fair quality owing Cook one cupful of rolled oats. Pare to the bad weather which prevailed



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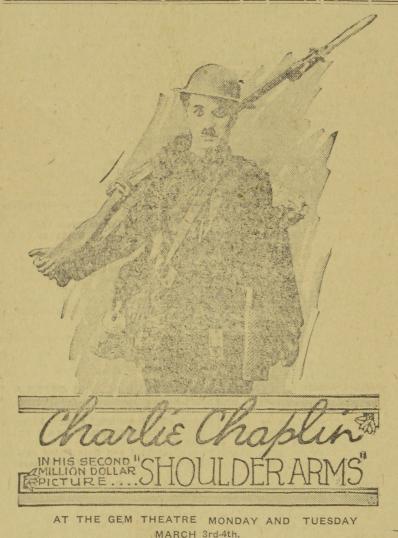
MR. NICKLE WILL AGAIN BRING MATTER OF TITLES IN HOUSE

OTTAWWA, Feb. 21.—Notices of motion are already piling up on the order paper of the House. W. F. Nickle, Kingston, intends during the session to bring up again the question of titles. He has given notice of motion for an address to the King, that "Your Majesty may be graciously pleased to refrain from conferring any titles upon your subjects domiciled or living in Canada, it being always understood that this humble prayer has no reference to professional or vocational appellants conferred in respect to commissions issued by Your Majesty to persons in the military or naval service of Canada, or to persons engaged in the administration of justice of the Dominion.'

Laugh and the world laughs with you-or at you-it's hard to tell which.

auspices to improve the quality and number of live stock. This policy has been continued, with specially good success in the case of sheep.'





Have Your Job Printing Done

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convince !.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and Cotton fabrics promise to be more we will do the rest.

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