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Thirty Years

## CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

### OF INTEREST TO WOMEN

WHEN SLEEVES GROW SHORT.

Well and Good if You Have Comely Elbows.

But for the woman with arms that are to thin or too round or too brawny too downy, or not white enough, this vogue from Paris of wearing sleeves that terminate somewhere midway between the shoulder and the elbow is not quite as welcome as it might be. And it does not always happen that the girl with the ankles that have made the recent fashion for abbreviated skirts a pleasure to her and her beholders, will have arms that will make these much abbreviated sleeves a pleasure.

This fashion is not one that could have originated in America, though America has been doing rather more style originating of late than we ever thought was possible. A good many authorities on the subject of dress have predicted that the abbreviated sleeve would never be entirely popular here—not nearly so widely worn as it is in Paris. To be sure, American women have gone sleeveless in the evening—but evening lights are far kinder to defects of modelling than the lights of day, and the abbreviated sleeve of course is worn at all hours by the Parisian. Moreover, she wears it with gloves that terminate at the wrist; she removes the gloves when she takes off her wrap.

Reached High-water Mark.

Now one explanation has been given for the fact that this sleeve has already reached the high-water mark of popularity in Paris and will probably be worn only by the few in this country. One suggestion is that the French woman has rather better arms.

Surely they are usually more shapely either than the American or English woman's arms. Furthermore, in some ways the French woman does not care so much for details as the American. If her arms were not so white and smooth as she might wish; if the effect was good and in the mode, the French woman would not be downhearted, whereas the American woman would not feel herself well dressed if the arms revealed beneath these shorter sleeves were not fairly good looking.

Gymnastics are Vain.

No doubt some women will take to drastic gymnastic exercises in the vain belief that muscles neglected for a life time can be built up in a few weeks. Others no doubt will have resort to skin foods, so called, but to what end? Has not Dr. Wiley assured us that there is no such direct way of feeding our flesh?

The sad thing about it is that the woman who might best afford to reveal the curves or lack of curves of her arms is the very woman who will be least tempted to do so.

The very best way to produce comely elbows is in that complex and complicated occupation known as housework. The woman who does her own work, the woman who makes beds and who kneads bread, rubs clothes up and down on the washboard and beats puddings and cakes with a batter spoon, does just the right sort of exercise to keep her arms in good proportions.

But this very exercise keeps her from troubling herself much about the fine points of fashion.

After success comes the constant struggle to keep out of the has-been class.



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## BISCUIT TINS USED TO MAKE CAMP BED

Saloniki, Greece, June 14—Some of the more amusing "human interest" incidents of the activities of the American Red Cross nurses and field workers during the repatriation of Greeks deported into Bulgaria during the war are related by Lieut. A. S. Bedell, in charge of the American Red Cross relief stations in Macedonia and Bulgaria.

"We came into Bulgaria on a German freight car," says Lieut. Bedell in his report. "This Red Cross car was the first car of the first train that ran from Serres to Saloniki after the armistice, and it was with the Red Cross from the time we entered Bulgaria until we returned to Greece."

"On the trip out to Bulgaria we had one iron bed and two camp cots. One Red Cross man slept on a crate of biscuit tins, the bed being demountable to furnish five chairs by day. The Red Cross man turned over frequently in the night, bringing discord from the tins, but despite our protests at his noisy mode of sleeping he declared he had a 'rattling good bed.'"

Lacked Liquor Food.

"Fire wood was obtainable along the route and we were able to use our wood stove after cutting a hole in the side of the car for the stove pipe. Liquid food proved our only difficulty. It was impossible to boil even half an inch of water on the stove when the car was in motion. We had a real American coffee grinder. The coffee beans were put in a clean sock and one of the men would crush the beans with a hammer."

"When chicken was wanted for dinner one of the party would go out with half a cup of sugar in hand. The native woman who made the most outcry was presumed to be the owner and usually was glad to accept the half cup of sugar in exchange. Our much maligned ration of 'bully beef' proved to be acceptable also."

Bartering Common.

"Bartering was the order of the day at all stations. A slice of bread would obtain three shines, fill a large water jar or attract a carriage of supplies. During our last afternoon in Dedegatch, on the Aegean sea, we had the use of a horse and wagon all afternoon for the payment of one tin of 'bully beef.'"

"The fame of American Red Cross relief stations spread throughout Bulgaria to such an extent that other Red Cross workers and British and French officers, including two French generals sought us out in passing to replenish depleted rations."

Until recently we did not realize that idealism was three-fourths stubbornness.

Nothing but a surgical operation will bring out the best there is in some men.

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**LOCATION OF**  
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When You Hear the Alarm, Look for  
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- 6 Shoe Factory.
- 12 Corner Westmorland and Aberdeen Streets.
- 12 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 16 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

Let's not jump to any rash conclusions because some of the German people seem to want the old Kaiser back home. They may desire to throw decayed vegetables at him.

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