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If one is not in good health, life is not what it should be. We do not claim Vital Tablets will bring a dead person to life, but we do claim that if you take them for a time you will be a different person. You will live and enjoy life as you are not doing now. They are a wonderful tonic. You will be surprised at yourself. Get a box from your druggist. Price 50c a box or 6 for \$2.50 at all drug stores, or by mail from The Scobell Drug Co., Montreal.

Paris, Aug. 12.—Otto H. Kahn, of New York, is one of the members of the Society Optorg, which has purchased the Mumm champagne properties for \$5,000,000 francs, according to the French newspapers. Mr. Kahn's associates include the heads of cloth mills in Northern France, who, despite the fact that their properties were ravaged by the German advance in

FAMOUS WORDS OF FAMOUS WOMEN

I admit I weigh more than she does, but I don't look as large.

the European war, apparently still possess their fortunes.

The activities of the Society Optorg will not be confined to the operation of the one time Mumm champagne properties, as its charter provides for "commercial, industrial and financial operations in all countries, especially in European and Asiatic Russia, as well as the States bordering thereon."

NO MAN'S LAND IS GROWING CALIFORNIA BEANS

(New York Sun)

California beans are growing in No Man's Land. The ground over which the grim tragedy stalked a few years ago has resumed the pastoral aspect of rural France before the war and America is helping the indomitable plow to turn his sword into a ploughshare. The reclamation of the agriculture regions of northern France is described in a letter just received by Ralph Peters, president of the Long Island Railroad Company, from Hal B. Fullerton, the company's director of agricultural development, who is now in France.

Last March Miss Annie Morgan, vice president of the American Committee for Devastated France, asked Mr. Fullerton to go to France and establish a demonstration farm similar to that conducted by the Long Island Railroad at Medford, L. I.

Accompanied by his daughter Eleanor, who is acting in a secretarial capacity, Mr. Fullerton sailed April 21. He took over many kinds of Yankee labor saving agricultural implements,

realizing that there would be a scarcity of farm labor.

Among the many voyagers Mr. Fullerton met on board ship was Maurice Maeterlinck, the noted Belgian author, and his wife.

Arrived During Rail Strike

Describing his arrival in France, the ride to Paris and his observations in the devastated regions Mr. Fullerton writes:

"We reached Harve at the zenith of the railroad strike on May 3. My insignia as 'chief grub scout' and Eleanor's comite uniform carried us, typewriter, suitcase, weed killers, cameras, films and all, through the custom house without inspection, while other typewriters, cameras, films were not passed at all. We hired a plow and market garden cart and reached a station a mile or so from the dock, where it was rumored a special train, manned by volunteers and soldiers, would soon leave for Paris. We arrived at the capital the next morning. On the way we had observed sta-

THE TORTURES OF RHEUMATISM

Happily Stopped When He Began To Take "Fruit-a-tives"

3 Ottawa St., Hull, P. Q.

"For a year, I suffered with Rheumatism, being forced to stay in bed for five months. I tried all kinds of medicine without relief and thought I would never be able to walk again. One day while lying in bed, I read about 'Fruit-a-tives' the great fruit medicine; and it seemed just what I needed, so I decided to try it.

The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me."

LORENZO LEDUC
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

tions, bridges and sidings heavily guarded by soldiers. Apples and pears were in full bloom some places, fruit set in others and cherries half grown; fields of grain and alfalfa and vegetables of all sorts; no signs of war except U. S. A. engines such as I saw on Pennsylvania Railroad tracks during war time. American uniforms in full or in part, overseas caps and puttees, principally officers, quite common in Normandy and Paris. They say the planting season is two weeks ahead of time—fully five weeks ahead of us. Early flowers gone, roses in bloom, trees full leaved, even the few oaks I have seen, and early vegetables plenty in Paris.

"Paris—the Paris of the books—is clean, neat, substantial and beautiful, gay and luxurious, but leaving the beautiful tree arched roads of Paris environs one sees destruction everywhere—orchards cut down by saw; great rolls of barbed wire line the roads, also shells of all calibre are piled up like cordwood; forests are mere stumps and sticks; little hamlets isolated, huts blown to pieces by dynamite, not by shell fire, and for no possible military reason; fruit and forest trees carefully girdled. Certainly this proves wanton destruction, for these trees still stand and their destruction was not 'to make unobstructed vision.'

Return to Farm

"To the piles of stone destroyed trees and little farms, whose recorded titles and even boundary stones are missing, the owners are slowly returning. Sometimes the family comprises a woman and a young girl; sometimes a father and son, only both lacking something; sometimes merely a young girl whose father and brothers were killed in the fighting, and the mother just died in Germany from cruelties. Yet they are slowly pulling out barbed wire, carefully digging out shells and grenades and painfully filling up shell holes, living in a pile of stone with a piece of corrugated iron or a few limbs of trees for a roof.

"Some of the farms least injured, nearest Paris, are showing good crops, and some of the little places in the worst region are being planted by seed sent from America. Great areas present an engineering problem sorely, as I figured. Nature has proved here as at the Long Island Railroad demonstration farms, that the theory regarding under surface soil is erroneous, and my trip to the famous plateau at Auxillon, near Anizy, with the Director of Agriculture of the Aisne resulted in an about-face absolutely, so the work will not be abandoned, as was almost decided upon early this year."

FAMOUS WHOPPERS

Not guilty, judge.

A woman is apt to call a man a flatterer if he says she is handsome; but she gets mad if he doesn't.

Cook's Colman Root Compound

My reliable remedy for all ailments. Sold in three degrees of strength—No. 1, \$1.00; No. 2, \$2.00; No. 3, \$5.00 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Widdows)

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You say, "It's hard to find?"

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Try our "CAPITAL BRAND" ICE CREAM—it's rich in flavor, and our price is only 60 cents a quart.

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—that shows weakness, and suggests you need Hall's Wine.

Take a short course of Hall's Wine and your whole system will be so renourished and strengthened that not only will you escape these constant colds and chills, but you'll find yourself putting more life and go into everything you do, without any of that exhaustion that you felt before.

As a tonic for men and women whose nervous or physical strength has been depleted, Hall's Wine is unexcelled. It renews health and has marvellous restorative powers. Wherever there is weakness, whatever the cause, Hall's Wine most quickly restores your strength—indeed, your outlay is refunded if Hall's Wine fails.

Prepared from the prescription of a member of the Royal College of Surgeons, London, England, you may take Hall's Wine in perfect confidence.

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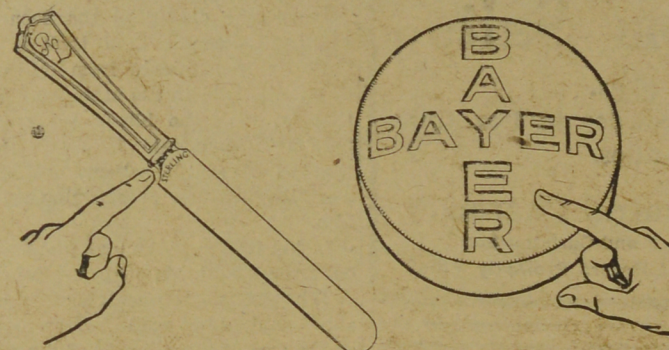
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There is only one Aspirin—Bayer—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

SUMMER CAMP FOR LAKE WINDERMERE

A rustic cabin camp will be established this summer on the shore of Lake Windermere, which should help to popularize one of the most beautiful districts in British Columbia. From the site of the Camp, roads and trails radiate to the Canyons formed by the creeks, which in turn are fed from the icefields capping the surrounding mountains. From this centre it will be comparatively easy to visit the spectacular Horse Thief Glacier with its great ice cave, and the still more spectacular Lake of the Hanging Glaciers, where five great ice rivers melt into one marvellous lake.

Between the main line of the Rockies and the subsidiary but equally spectacular Selkirk Range lies a long and beautiful Valley traversed by two rivers, the Columbia and the Kootenay, which eventually after curious turns and twists unite their streams far to the south. In this Valley half way between Golden on the main line of the Canadian Pacific Railway and Cranbrook on the Crow's Nest Branch lies Lake Windermere, a warm water lake over ten miles in length and from one to three miles in breadth. The lake is surrounded by bench land, much of which has recently been transformed into irrigation into good farm land; behind the benches are the foothills and then the towering, jagged mountains typical of this region. Through a gap such as that of Horse Thief Creek one sees the peaks capped by eternal snow, and with the aid of auto and pony one can drive and ride on the same day from a fertile summerland to the foot of immense glaciers. Radiating from the lake into the surrounding mountains are creeks which have carved out Canyons for themselves through rocky precipices, and along these canyons are mountain roads and trails made to the silver and lead mines of the Selkirks, or for the hunter and tourist over the passes of the Rockies. Two interesting hot springs are within easy access—Fairmont to the south, and Sinclair Hot Springs in the Sinclair Canyon, to the north. At the Sinclair Hot Springs a concrete swimming bath has been built which attracts many visitors in the summer season on account of the curative properties of the water.

The peninsula on which Lake Windermere Camp has been located has already a well established nine hole golf course, and owing to its pleasant terraces of shady trees and its sandy beaches is ideally situated for a summer vacation. In addition to golf, bathing and boating, mountain ponies of local breed are available for riding the trails, and the neighboring village of Invermere has a garage with a fleet of automobiles



Rustic Cabin Camp being built to open up a new tourist resort in the Canadian Rockies at Lake Windermere, B.C.

for the excellent roads of the Valley. In several of the creeks and smaller lakes within easy reach good trout fishing in season may be had. The water of Lake Windermere itself is too warm for trout, though it contains countless spawn fish, many of large size.

Among the many expeditions easy to accomplish are those up Toby Creek, Sinclair Canyon and Horse Thief Creek. Nine miles up the Canyon Toby Creek is spanned by a spectacular bridge three hundred feet above the bed of the stream, uniting roads on either side so that a highly interesting round trip ride of eighteen miles can be made from Lake Windermere Camp. Beyond the bridge the road leads in the direction of Earl Grey or Wells Pass to Kootenay Lake with the well known silver-lead Paradise Mine at an elevation of 8,000 feet on the right.

Horse Thief Creek is an easy gateway to a very interesting glacier country. One can drive by auto for eighteen miles, after which there is

a pony trail leading direct up towards Horse Thief Creek with a new trail to the wonderful Lake of the Hanging Glaciers. Or one can branch up Mackenzie Creek to Iron Cap, where on a ridge at an elevation of 10,000 feet one has a magnificent panorama of 100 miles of snowclad peaks. Such trips of course imply the necessity of camping out for a night or two.

Sinclair Canyon can be reached by automobile, being about 18 miles by road from Lake Windermere Camp. Here there is a popular hot springs swimming pool, with pronounced curative qualities. The Banff-Windermere road has now been built through the Iron Gates (ironstained cliffs of enormous size) to the Summit of the Brisco Range, where there is excellent fishing in season at Miriam Lake.

Very interesting are the Hot Springs at Fairmont, bubbling up on a rocky terrace in an amphitheatre of mountains. South west of Lake Windermere, the road to Fairmont passes through an Indian Reserve

consisting of prosperous farms.

For bathing and boating, the waters of Lake Windermere are ideal. The summer temperature averages about 68° and the water is crystal clear. There are several islands in the Lake, each tempting the explorer. The Columbia River itself is full of charm, winding through a maze of forest at the base of the mountains.

The fishing in the lakes and streams is best in Spring or early Summer or in the Fall. The surface water of the lakes is apt to be too warm in July for fly fishing, and the streams are muddy with melting snow. In season, however, there is excellent trout fishing for instance at Fish Lakes or in Dutch Creek, while Premier Lake to the south is remarkable for landlocked salmon which have been caught up to 14 pounds in weight.

Lake Windermere Camp is on the shores of a promontory which was a four year old golf club, the course of which is available for visitors to the Camp.