

THE DAILY MAIL

Published every afternoon (except Sunday) at 327-329 Queen Street, Fredericton, by THE MAIL PRINTING COMPANY. Subscription Price, \$4 per year by carrier; \$3 per year by mail. Telephone 67.

London Office: Cross Atlantic House, 184 Fleet Street, E. C.

WEDNESDAY, DECEMBER 15, 1920

A USEFUL PLANT

Man has long recognized the service that the little yeast plant performs in leavening bread and in making that universal food more palatable and more digestible. Now scientific men have discovered that it has an absolute value of its own both as a food and as a medicine.

The experiments that led to that conclusion were made at the Jefferson Medical College in Philadelphia. One of them consisted in feeding certain animals on a kind of synthetic milk that contained all the known ingredients of real milk in the proper proportions. On that diet the animals thrived poorly, but as soon as a little compressed yeast was added to the artificial milk they began to increase rapidly in strength and size. The only reasonable explanation of those facts is that yeast contains a quantity of the mysterious vitamins, which we have learned are essential to bodily growth and vigor. After that experiment the physicians tried another on human subjects. For two weeks they fed a number of men almost entirely on yeast-cakes and they found that the men were as well-nourished as if they had eaten meat and wheat bread every day. Yeast is almost half protein which is the chief body-building element in food, and, since it has been proved to be rich in vitamins also it is clearly possible to use it as an article of diet. Dried and powdered and mixed with wheat flour or with milk or fruit juices, it is a still more practicable food.

The doctors have also discovered that yeast cakes are good medicine—not a specific for any disease, but of real value in cases of skin troubles of the digestive tract. A great many people who have eczema or chronic boils have been helped by eating a yeast cake or two every day. Intestinal catarrh and constipation are often benefited by the same treatment.

So much has been made of the malignant, disease-producing bacteria that float invisible in the air that it is a pleasure to call attention to the modest virtues of one of the most prolific of bacteria. Of course bacteria do vastly more good than harm—indeed human life would be almost impossible without them—and our little friend the yeast plant is one of the most kindly of them all.

HOSPITALITY PAYS

North Platte, Nebraska, which is on the Lincoln highway, that heavily traveled transcontinental roadway for motorists which is increasing in popularity each year, has discovered a way to make hospitality pay. For the convenience of automobile tourists the town has established a free camp ground where automobile parties are welcome and where water, baths, fire and cooking facilities can be had for the taking. Motorists find that the rigors of traveling are greatly lightened as a result of this thoughtfulness and are not slow to take advantage of the conveniences offered them. North Platte has become a stopping point for most motor parties and merchants have found the tourists to be profitable customers. The arrangement combines hospitality and business in very agreeable proportions and other communities, too many of which look upon the coming of tourists as a nuisance, would do well to follow North Platte's example.

A number of Adirondack lumberjacks went to Long Island some weeks ago to cut a right of way through Queens county. Most of the men were from Lewis and Hamilton counties and they are beginning to return full of the impressions of the metropolitan district. "The people must have thought we were some sort of freaks down there," declared one "for they took our pictures and watched as though we were going to steal something. When the men were working, cutting timbers, there was hardly a day passed but what some cars were out to watch us. The folks down there was a lot more interested in us than we was in them."—Potsdam Courier Freeman.

The State of New York is all done with daylight saving and the act will be repealed at the coming session of the Legislature. Daylight saving was one of the most

potent issues of the late campaign and Gov. Smith said after an up State tour that he knew he was done for when he told the farmers he would not sign a repeal of the bill. Gov. Miller has sympathized with the stand of the farmers, who argued that daylight saving for them meant that they would have to get up an hour earlier and work an hour later, as a farmer never calls a halt until the light is gone. He had to get up earlier to catch the milk trains. The repeal of the act will be a great victory for the farmers.

The congregation of a church at Passiac, New Jersey, at a business meeting last week dealt with an elopement case in which the pastor was involved. It seems that the pastor had skipped out with a young girl and after an absence of several days abandoned her and returned to his flock. The congregation decided that the blame rested with the parents of the girl and a resolution was adopted removing them from the roll of church membership.

At Hazelton, Pennsylvania on last Wednesday, Jacob Tait, fifty-six years of age, was killed near his home by a bear which he had brought down with a rifle shot. Under the impression that the animal was dead, Tait had started to draw the bear's blood when it struck him down with a forepaw and sank its teeth into his face. The blow broke his neck. The bear died a few minutes later.

Olive Schreiner, the well known South African authoress, passed away recently. Her chief literary production was a book entitled "The Story of an African Farm", which was published during the Boer war, and attracted considerable attention because of severe criticism directed at the late Cecil Rhodes. Although the daughter of an English clergyman Miss Schreiner was pro-Boer in her sympathies.

More than one thousand persons attended the funeral of the Rev. Montague Haylar, Curate of Barton-in-Humber, Lines, Great Britain, recently. Mr. Haylar contracted a chill while attending a choir practice, and next day, despite threatened pneumonia—obeyed a summons to baptize a dying infant. Collapse followed, and death took place a week later.

Patrick H. Vaughan, of Harrisburg, Penn., known as the model landlord, who not only refused to raise rents of his numerous properties during the war period, but lowered them, has set aside in his will 10 of his houses in which the families of worthy blind may be permitted to live rent free.

It is reported by a friendly Ottawa correspondent that the Meighen Government is going to put off the General Election till 1922. Whereupon The Toronto Globe remarks that the condemned seldom wants to have an early date set for execution.

A substantial reduction in the price of cement, brick, lumber and other building materials is reported by the New York newspapers. The slackening in demand is assigned as the reason for the reduction.

BARGAINS IN STOCK

Won't interest the man who is nursing a bunch of sore corns. Give him a bottle of Putnam's Corn Extractor. It one day. Beware of substitutes for its painless, takes out the corn, cures in "Putnam's," it is the best. 25c. at all dealers.

THROUGH OUR SIEVE

A steel safe is getting to be no place in which to keep money.

Wives admire bay windows on their houses but not on their husbands.

When a lecturer announces that he will talk to women only he is assured a large audience.

One disadvantage of owning your own home is having to pay your own taxes.

Having adopted the twelve-hour work day—for others—Lenine proposes abolishing money. When do the Russians strike?

Butter drops, bread drops, meat drops, potatoes drop. But dropping eggs would be hazardous. They should be laid by expert hens.

Lime Beane says the world is becoming so accustomed to startling things that a man can reject a million dollar inheritance without being rushed off to an insane asylum.

According to a magazine writer, women are naturally more skeptical than men. But perhaps he's only been married just long enough to discover there are occasions when excuses don't go.

HAVE ROSY CHEEKS! LOOK PRETTIER! FEEL BETTER!

Simplest Thing in the World to Do at the Small Cost of a Quarter.

You seldom see a woman who is pale, dull-eyed, thin-cheeked, and utterly worn-out, who doesn't suffer more or less from headache and constipation. Her poor looks are more largely due to neglect than anything else.

Most women can have sparkling eyes and rosy cheeks if they will but use regularly a blood cleansing and laxative medicine like Dr. Hamilton's Pills. Just follow these simple directions. Tonight take two Dr. Hamilton's Pills and note how much fresher you feel tomorrow morning. Your face will be clearer, your appetite better, your spirits brighter. Next night take one or perhaps two pills again. Gradually reduce the dose as mentioned in the company's directions.

Day by day you will note a steady gain. You'll quickly have back those happy girlish looks you once were proud to think about. No other medicine can do so much for you as Dr. Hamilton's Pills of Mandrake and Butternut. Sold everywhere in 25c. boxes.

THE ROLL TOP DESK GETTING OUT OF STYLE

(New York Sun.)

The old time roll top is now on its last legs, and office furniture dealers say the species will be extinct within five years. Remember the time when almost any business man peered at you over the familiar roll top, crouching down behind it in the event that he did not want to see you?

How many of these roll tops can you find in the modern business office today?

Of course, some of the business men of the "old school" insist on using their same old desk, but in the majority of offices the roll top desk flew out of the window when efficiency walked in at the door, for, according to these experts, the roll top desk is not only a hiding place for dirt, but it is also decidedly inefficient due principally to the fact that there are so many pigeonholes that the user is quite likely to forget where he put an important paper or memorandum.

The manager of an office fixture establishment is responsible for the assertion that the roll desk is slowly but surely disappearing from the market.

"The modern office manager, sitting in his glass enclosed office at the end of the floor, wants to be able to see the man at every desk," he said. "With all flat tops he is able to see just who is and who is not on the job."

"We still carry a few roll tops in stock, but I do not believe that the factories will make them much longer due to the fact that there is so little demand. Of course many which are now in use will be kept by the old timers as long as these old timers have their say about things, but the chances are ten to one that when the young efficiency manager or office executive takes charge the old timers will have to be satisfied with the slick businesslike flat top."

"Then they will have to find a new hiding place—many of them—to take the place of the convenient pigeon holes in the old roll top."

STYLE IN BILLBOARDS IS CHANGING

(New York Sun.)

Something new in the way of billboards has made its appearance in the upper part of the city and judging by the way the idea has caught on it will not be long before the old style billboard disappears.

The new idea has to do with the method of construction and not with the posters. Formerly it was the style to build the billboard parallel with the walk. The best that could be said for this method was that it hid vacant lots from view and sometimes prevented small boys from getting in to build fires and dugouts. It also encouraged the careless to throw refuse behind the fence, and this was one of the principal complaints against this style of billboard.

Instead of running parallel with the sidewalk the new billboards run at right angles to it and give the impression to any one directly facing the board that he is looking at the prow of a ship coming toward him.

Dr. J. B. M. Baxter, K. C., M. P. P. is at the Barker House.

CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Watson*

HOSIERY OFFERS A WEALTH OF SUGGESTIONS

One can do all one's Christmas shopping in the Hosiery section

and still have a widely diversified collection of gifts. Hosiery was

never more delightful to give or acceptable to receive. It ranges

from the practical to the beautiful and frivolous with much that

is smart and lovely in between. Sports hose makes particularly

fine gifts.

John J. Weddall & Son

Agent for Pictorial Fashions. December Review on Sale.

Looking Around For Christmas Gifts



Suppose you visit our store and allow us to offer you some tempting goods at reasonable prices. We beg to mention:

Silver Plated Casseroles, Cake Baskets, Bread Plates, Silver Tea Services, Butter Dishes, Silver Tableware (Community Plate) Carving Sets, Percolators, Safety Razors, etc. Skates, Boys' and Girls' Sleds, Doll Sleighs, Toboggans, Snowshoes, Pyrex and Aluminum Ware.

We have a beautiful line of Manicure Sets.

Come in and look around. We will be pleased to show you, whether you buy or not.

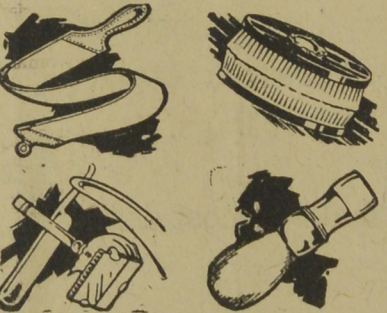
R. CHESTNUT & SONS LIMITED

53,000 Square Feet Floor Space in use supplying CHESTNUT'S HARDWARE SERVICE Store open at 8 a.m., closes 6 p.m. daily except Sat., open until 6 p.m.



OH, GIRLS, we have a Gift that never went wrong with men.

Put these articles on your Gift List now.



STAPLES' PHARMACY

ALONZO STAPLES, Prop.

Received Mother's Cross. Mrs. H. C. Rutter has received the Mother's Cross from Ottawa that decoration being awarded the mothers of men who gave their lives in the Great War. Her son Murray Rutter was killed August 28th, 1918 in the fighting about Cambrai. Lt. Col. A. E. G. Mackenzie officer commanding the 26th Battalion was killed in the same action.

AT THE GAIETY

WEDNESDAY—THURSDAY

PEARL WHITE

— IN —

'THE WHITE MOLL'

By Frank L. Packard

Also TOPICS OF THE DAY

4 Shows Daily—at 2.30, 3.45, 7.15 and 8.40.

Fri.—Bryant Washburn in "THE SINS OF ST. ANTHONY"

Rexall Rheumatic Compound

Not good for Rheumatism, but it is certainly good for you—for Chronic and Muscular Rheumatism.

Sold under guarantee. It costs you nothing if it doesn't do the work.

THE REXALL STORE DIBBLEE'S DRUG STORE Opp. City Hall.