

## NIGHT COUGHS PREVENT SLEEP

### WEAR OUT THE SYSTEM

The dry, hacking cough, day and night is very wearing on the system. The constant coughing disturbs the rest and keeps the lungs and bronchial tubes in such an irritated and inflamed condition they get no chance to heal.

You will find in Dr. Wood's Norway Pine Syrup a remedy without an equal for curing coughs and colds, soothing the lungs, loosening the phlegm, strengthening and healing the breathing organs and fortifying them against serious pulmonary disease.

Mrs. Fred Fairburn, Copper Cliff, Ont., writes:—"I caught a heavy cold got a sore throat and had a terrible hacking cough that I could not get rid of. I could not sleep at night. I had tried quite a few remedies, but they did not seem to do me much good until I took Dr. Wood's Norway Pine Syrup. By the time I had taken two bottles my cough was all gone."

It seemed to loosen the cough right away so that I could spit up the phlegm that gathered in my throat, and also took that hot, raw, burning fever out of my bronchial tubes. I feel that Dr. Wood's has no equal. Price 25 cts. and 50 cts. at all dealers. Put up only by the T. Milburn Co., Ltd. Toronto, Ont.

## A CARTOON IN WORDS

By Peter McArthur.

Scene: A sumptuous, gilded room, furnished with inviting couches and nice, kind upholstered chairs. A fine well-nourished, looking man labelled "Tory Party," is dandling on his knee a big bright boy, named "Protection."

Boy—But, daddy, is the story of the magic carpet true?

Daddy—Of course it is.

Boy—But how could a piece of cloth carry people like that?

Daddy—Ah, my dearest child, have you forgotten that other nice bright piece of cloth on which you and I used to ride to Ottawa and to power? If you are a good boy and save up your pennies for me, you and I will ride to Ottawa and to power again on "The Old Flag" some day soon.

## NEW BRUNSWICK AND P. E. I. WAITING A LEAD FROM N. S.

Rule of the Road in the Maritime Provinces Differs From That of the United States and Inland Canada—Uniformity in This Important Matter is Wanted as a Means of Encouraging Tourist Travel.

(Halifax Chronicle)

New Brunswick and Prince Edward Island are apparently waiting for "a lead" from Nova Scotia in the matter of the "Rule of the Road." As is generally known, the Rule of the Road in these provinces differ from the one universally followed in the United States and in all the other provinces of Canada, with the exception of British Columbia. Ours is the English rule inherited from our forefathers.

Originally it was undoubtedly the better rule in the conditions formerly existing. Highway traffic was then carried on exclusively by means of horses. The driver always sat at the

right-hand side of his vehicle and had to have his whip in his right hand or within easy reach of it. It was always essential that his right arm should always be unembarrassed and ready for prompt action. This would not have been possible had he sat to the left with a companion at his right on the same seat. When two vehicles were to meet it was highly desirable that their respective drivers should each have a clear view of the wheels of their approaching carriages, which might come into dangerous collision if not closely watched. To this end, the left turn was taken by both so that the drivers might pass shoulder to shoulder and eye to eye. This is the simple explanation of our Rule of the Road.

The reverse American and inland Canadian rule is said to have originated in New Zealand in ox-teaming days, before the advent of the horse. The ox-teamster as all may not know walks to the left of his team which he guides with a goad. In meeting another team, with its driver also to the left each would naturally have to push off to the right if they were not to lose sight of one another and run the risk of a collision between the loads at the side of possible contact, opposite to and out of sight of the teamsters. The right turn rule thus became universal among the pioneers. Before horses came it was established. After their advent it was adhered to and the custom soon spread with settlement to all parts of the continent with the exception of the more or less isolated maritime provinces.

The first important British settlement in these provinces was at Halifax. It was established under military auspices and horses came with it. Those from the Old Country who rode or drove them naturally followed the rule to which they had always been

## SLEEPLESS NIGHTS OVERCOME BY SAFE METHOD

SUGGESTIONS GIVEN WHEREBY INSOMNIA CAN BE SAFELY AND QUICKLY CURED.

Worry, overwork, overstudy and indigestion cause insomnia.

Healthy, natural sleep can't be produced by drugs.

First the blood circulation must be improved:

Congestion of blood in the head must be removed.

Irritation in the brain must be relieved.

It's because Ferrozone equalizes circulation, because it soothes the irritation, because it removes congestion that it does cure insomnia.

For building blood and nerve, for instilling force and life into overworked organs, for establishing strength and vitality, where can you find anything so efficient as Ferrozone?

Remember, sleep is just as important as food.

You must sleep, or break down, but if you'll use Ferrozone and thereby remove the conditions which now keep you from sleep, you'll get well quickly.

Ferrozone is not a narcotic, not a dope; it is a health-giving tonic that any child or delicate woman can use.

Absolutely safe is Ferrozone.

Take it for a month, take it for a year—no harm, but immeasurable good will result.

To sleep well, look well, feel well, to be free from depression, nervousness or blues—use Ferrozone. It's a food tonic, a healer to the weak and wretched, a boon to the sleepless—sold in 50c. boxes, six for \$2.50, at all dealers, or direct from The Catarthozone Co., Kingston, Ont.

accustomed. The practise easily spread to new settlements as they sprang up, most of the settlers being Old Country born. There was no need of any disturbing change until the motor car arrived, for foreign carriages were seldom if ever seen on our roads.

Conditions are now entirely different. Thousands of motor cars from the United States and the other provinces of Canada come to the Maritime provinces every year, and their numbers are rapidly increasing. The steering wheels of those cars are placed to the left for the right crossing, just as the carriage drivers seat was at the right, for the left crossing. It is only by special orders that motors for use under our rule can now be obtained.

In these circumstances would it not be better to bow at once to if not the inevitable, at least the highly advisable and change our rule to conform with the rest of the continent. If it is to be done there should be no unnecessary delay. The Old Home Summer of 1924 is not far off. An indefinite number of visitors accustomed to the American rule will unquestionably visit us coming from all parts of the United States and Canada. Very many of them will come in motor cars of high power and speed. They may quite possibly outnumber our local cars for the time being. With such an influx of foreign cars dashing along our narrow roads and streets, unaccustomed to our rule, there will be a serious risk and constant danger to life and property, which something should be done to avert.

Were the American rule put into force in the maritime provinces at once, our people would all have familiarized themselves with it in much less than three years, and we should be able to welcome our expected visitors without fear. Horse drivers may object that they still have to sit to the right, and therefore need to turn to the left; but they have little to fear from one another at any time. It is the motor-car which is the immediate menace on the road. No driver can avoid collision with one of them at close quarters. A horse cannot be made to move quickly enough. It is the motor car which in an emergency must avoid the carriage or cart and the car driver should be given every opportunity of doing his best. To this end should there not be one sure and definite rule of the road for all—motor cars for drivers and for walkers? It may cause temporary confusion, but in the end it will be best for all.

### STRONG ARGUMENT.

"I fear, doctor, I am not good enough to go to church."

"But, my dear madam, it isn't your goodness; it's your dress."

"But, doctor, 'I'm not good enough to have any dress.'"

THE AMATEUR GARDENER'S VIEW  
Destructive bugs and angleworms

I make no doubt are in convention, Debating each upon his side, On how their cohorts will divide The summer garden we intention.

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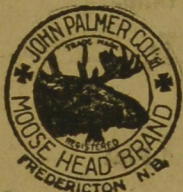
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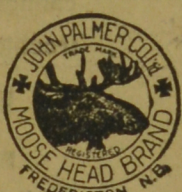
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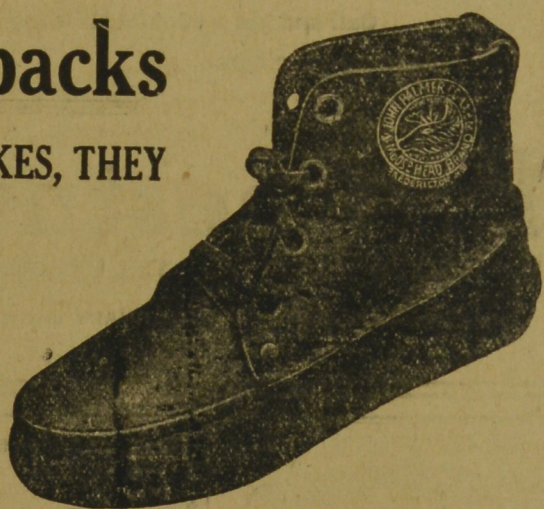
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John Palmer Co. Ltd. Fredericton, N. B.