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THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

GETTING RID OF THINGS.

In practically every home there is a closet or dresser drawer or trunk in which is hoarded an accumulation of things that serve no purpose except to clutter up space that is needed for useful things. It is easy to thrust a worn Gorgelette waist into a drawer with a half-meant promise to utilize its unworn portions later. And it is equally easy to continue to give space in one's dresses to stockings that are quite useless as stockings but would do excellent service as dust cloths.

Whenever a change of season comes there should be a merciless inspection of the contents of all receptacles where miscellaneous articles have been hastily thrown. There will be found some that with careful mending or combining may be brought to a state of usefulness and others that may be passed on to somebody who can make use of them. And the space occupied by these motley articles will be a joy to the housekeeper who acquires it for other uses.

These accumulations of discards are continually in process in the family's wearing apparel household linens, kitchen equipment and reading matter. And they not only clutter up needed space, but they are on the mind of the housekeeper in a subtly irritating way until she musters the determination to put them to a ruthless test of their usefulness. By making this test a regular feature of her season-end house inspection she will dispose of the task without that long preliminary of evasive dreading that she experiences when she waits until desperation drives her into ridding her home of these things that clutter it up.

CABBAGE SALAD

Remove the outer leaves from one very small, firm head of white cabbage; cut in quarters and remove the hard stalk and finely shred crosswise there should be two cups. Add an equal measure of celery cut in thin slices crosswise. Pass one mild red pepper through the meat chopper after discarding seeds and white portion. Add to cabbage with one medium sized white onion, finely chopped. Mix well and moisten generously with cooked salad dressing. Chill and serve in individual nests of well bleached chicken.

GRANDMOTHER'S APPLE PIE.

(With sweetened cream)
Line a large deep pie pan with rich pastry. Fill pan heaping full with pared, cored and thinly sliced tart apples (cooking apples). Sprinkle lightly with a few grains of salt, add three tablespoons of sweet cider (cold water may be used in the absence of cider). Spread over a top crust in which several openings have been made. Do not flute or pinch the rim of this pie. Bake twenty-five to thirty minutes in a hot oven. Remove from oven and with a thin, sharp knife carefully remove the top crust. Sprinkle over apples one cup of sugar two and one-half tablespoons of butter cut in small bits and one-eighth teaspoon of nutmeg or one-fourth teaspoon of cinnamon; stir carefully so as not to injure the bottom crust. Spread evenly and replace top crust. Serve hot with sweetened cream flavored with nutmeg.

A TASTE FOR COCKTAILS

(London Daily Mail and C. A. N. S.)
London, Nov. 4.—(By Mail)—London women have acquired the taste for cocktails. At luncheon or dinner look around any restaurant that has an American bar, and women's partiality for a cocktail will be seen. Quite often a woman will refuse wine with her meal, taking only water, but the cocktail will have gone before. One woman about town explains her preference in this respect. "It is very rarely one has a poor cocktail served. You can't say that about wine in these days." Most women like sweet cocktails.

SECOND HAND

WANTED—Ladies and gentlemen's cast off clothing, boots, fur coats, gowns, furnishings stoves and all kinds of second hand goods. Goods called for. Apply or write, Uncle Sam's Exchange, 106 Regent street, Grievous Building.

NEWS AGENTS IN CITY.

THE DAILY MAIL IS ON SALE in the City of Fredericton at the places of business of the following:

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D. H. CROWLEY, 612 Queen St.
MISS QUINN, 147 Westmorland St.

ALONZO STAPLES, 100 York St.
E. A. EARDLEY, 704 King St.
A. J. HANLON, 83 Regent Street.

FOR SALE—Second-hand Crown Jewell Stove, but little used; hot water tank in connection; will be sold at a bargain. Apply at the Mail Office.

WOOD'S PHOSPHODINE.
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"SALADA"

Over a quarter of a Century in the Public Service

You'll
Like the
Flavor

THE MANNEQUINS HAVE GRACE, BEAUTY AND CHARM

The Secret Regarding Their Composition is Out at Last --- They are Made, Not Born --- Superb Creatures Who Float in and Out of Dressmaking Establishments.

Special to Daily Mail. Copyright 1920 by Cross Atlantic News Service. (By Lydia Kingsmill Commander)

London, Nov. 7.—Mannequins, unlike poets, are made, not born. No, I'm not talking about the ones manufactured of composition and wax, whose steady set smile is seen in every great shop window. I mean the real live mannequins that float across polished floors and Persian rugs, clothed in lovely creations and who look like nothing on earth, but extremely like something from heaven. Ordinary people, "just folks", gaze at those ethereal beings and wonder where they come from. But the secret is out now—they are made. The raw material is just girl, and very ordinary girl sometimes.

It is hard to realize that the superb creatures who seem to float in and out of the rooms of our famous dress-making establishments, and make us all

feel like dowdy ill-conditioned, lumbering cart horses were once just as gauche and awkward as the least attractive members of their audiences.

The ethereal little Yvonne, for instance, exquisitely groomed from her coral-tipped fingers to her arched insteps and her shapely pale golden head, was probably just Molly Brown a few months ago, and, moreover, a young person who wore her shoulders round instead of flat, and trod down the heels of her shapeless shoes.

Molly Brown, alias Yvonne, started her career by answering an advertisement for mannequins which appeared in a newspaper. She was chosen out of six other applicants, not because she was any less dowdy, badly dressed and undistinguished-looking than the others, but because the keen eyes of the dress genius detected personality, beauty, and intelligence hidden be-

neath her uninteresting appearance. Then began a course of physical training, a diet of psychological and mental improvement for Yvonne. Her teeth were examined by the greatest of dentists and brushed and beautified by him. Her hair began to gain the pale, fairy gold lustre which was its right, by hard brushing, open air treatment, frequent egg shampoos and electric massage. Her diet was regulated to give her complexion the clear, transparent purity which meant health, and her slim little figure was rendered supple and exquisitely graceful by exercises and dancing. Her ankles grew trim with dancing and massage, and a specialist taught her the secret of arching insteps that were formerly flat and unshapely.

Then Yvonne who as Molly Brown had washed dishes and considered herself rather an ordinary girl was taught that she was the loveliest, daintiest, and most spirituelle creature in the establishment. Only frocks of elfin grace were given to Yvonne, because hers was the type of beauty that warranted fragile lace creations and tiny wreaths of French flowers to encircle her head. The heavier gowns were worn by stately, dignified beauties, but Yvonne, half sprite, half human, wore frocks of pale blue chiffon, sea green organies, foam-like in their fragility; silver embroidered laces and muslins so fine that they seemed too beautiful to be worn by a mortal girl. A good mannequin must have imagination and personality, besides grace, beauty, and charm. Although they are believed to earn fabulous salaries, the average dress model does not receive more than \$20 to \$25 a week. Six months' hard training and expert grooming are needed to create an expert mannequin.

FAR FETCHED.

"Say, dad," said persistent Percy, "who makes up the names for the railroad Pullman cars?"
"Somebody who lives in Poland I'd say after reading some of the recent war news," patiently answered dad.

THE OPTIMIST.

Though life may seem dread,
Devoid of all cheer,
It doesn't matter to wait;
Just summon a grin,
Determine to win,
And cut out that deadly word "fail."

Canadian Pacific Cars in Italy



(1) C. P. R. Observation Cars in Austria, 1913 (2) The same cars leaving Rome, August, 1920.

During the war the question was often raised—"What has happened to the Canadian Pacific Observation Cars on the Austrian State Railways?" On the cessation of hostilities it transpired that they had been used by the Austrian War Office as Red Cross Cars, and on the signing of peace they were handed back to the Canadian Pacific in fairly good shape. It will be remembered that before the war these Observation Cars were operated by the Canadian Pacific on the Express trains of the Austrian States Railways from the Arlberg to Vienna, and from Innsbruck to Trieste, where they were extremely popular, particularly with American

tourists visiting Tyrol. Owing to the internal conditions of the country, tourists travel in Austria has naturally disappeared for the time being, but Italy has been in different shape, and the Italian Government made an offer for these Observation cars which the Canadian Pacific accepted, with the result that they are now being operated by the Italian State Railways through the most picturesque districts of the Italian peninsula.

They were used for the first time for a party organized by the Moroli Company of Rome for the transportation in Italy of the delegates of the National Council of Women of the

United States proceeding to the International Feminist Meeting in Christiania. They left Naples on the 21st August, and proceeded via Rome to Florence, Venice and Milan to Geneva, where they arrived on the 28th August.

Naturally the operation of these observation cars for the first time on the Italian State Railways created a great amount of interest and aroused intense admiration on the part of the people and the Railway officials, whilst the delegates from the United States declared that these cars were as elegant and comfortable as they had ever travelled on.

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