

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

NEWSPAPER ADVERTISING IS THE BEST

ALL THE BEST AUTHORITIES AGREE that the most profitable form of advertising is through the daily newspapers. People who have goods to sell must get the fact to the public the quickest and surest way. Local advertisers show their confidence in the Mail and we have every reason to boast that our advertising service is reliable and valuable. A word to the wise.

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for CUT FLOWERS, ROSES, VIOLETS, CARNATIONS, SWIFT PEAS, etc.

Also a very fine variety in POTTED PLANTS, Ferns, Palms, Azaleas, Roses, Ramblers, Cyclamens, Primulas, Hyacinths, Dacodils, Tulips, Spireas, Easter Lilies and floral baskets.
Say it with flowers.

Lettuce.

ADA M. SCHLEYER,

Phone 271.

CLOTHES CLEANED

for Ladies and Gentlemen. W. E. SEERY

54 George Street
PRESSED and REPAIRED

OF INTEREST TO WOMEN

LEMON-APPLE PIE.

Grated rind of lemon.
2 tablespoons lemon juice.
2-3 cup sugar.
1-3 cup corn syrup.
1 egg yolk.
1 tablespoon melted butter substitute.
2 tablespoons corn flour.
¼ cup hot water.
2 apples, pared and grated.
1 egg white.

Mix grated rind of lemon, lemon juice, sugar, corn syrup, egg yolk slightly beaten, melted butter substitute corn flour and hot water. Then add apples which have been pared and grated. When well mixed fold in stiffly beaten egg white. Line pie plates with pastry, fill with lemon mixture, cover with pastry and bake.

USING UP LEFTOVER ROAST OR CORNED BEEF.

Here is a good way to use left over roast or corned beef: To about a pound of beef put through meat chopper add 2 onions chopped fine, 3 cold potatoes and 1 pepper (green). Put in frying pan on back of stove and cook slowly with cover on top till done. Stir once in a while to see that it does not burn. Put just a small piece of lard in pan to start it.

IF YOU HAVE BLACKHEADS.

Steaming is good for blackheads, but a quicker way to rid your face of so called 'blackheads' is to use a good liquid soap, rinsing the face thoroughly afterwards with hot, then cold water. This will refine the pores. You might also use one of the prepared skin tonics, all of which are more or less astringent.

HOW TO WAX THREAD.

The waxed thread which we all like so much to hem our table linen with is so expensive, just at this time, can be made very easily at home in the following manner. Remove the paper labels from both ends of your spool of thread, then immerse the spools in very hot paraffine wax.

The spools should be allowed to stay for at least 30 minutes or even more, being sure that the wax is kept very hot all of the time that the spools are in it. That is really the secret of the well waxed thread. At the end of this time take out the spools and rub them well with a soft clean piece of white cloth. That is to remove all superfluous wax.

The result will be as nicely a waxed thread can be bought at any of the stores. This waxed thread is especially good for sewing on buttons.

WORTH REMEMBERING.

Do not throw away handleless cups. They make excellent gelatin and custard molds.

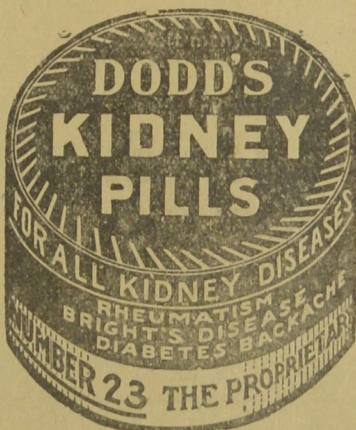
Old potatoes may be kept from sprouting by placing them in a wire basket and lowering them into boiling water for a couple of minutes. Dry and put them away in paper sacks.

Your lettuce will not wilt and therefore have to be discarded if you will wash it thoroughly and keep it in an earthen jar tightly covered.

An excellent table pad, which may be used in place of a flannel or asbestos silence cloth, may be made by sewing together 18 or 20 sheets of newspaper and covering them with heavy muslin.

Baking soda bought by the pound may be used in place of more expensive cleaning powder for removing stains from all kinds of white porcelain ware, baking dishes and granite ware and for cleaning combs and brushes.

Housecleaning is inevitable, of course, but man gets considerable satisfaction when it is postponed from time to time on account of the weather.



NERVES ALL GONE TO PIECES

"Fruit-a-tives" Conquered Nervous Prostration

R. R. No. 4, GILBERT PLAINS, MAN.
"In the year 1910, I had Nervous Prostration in its worst form; dropping from 170 to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take "Fruit-a-tives".

I began to mend almost at once, and never had such good health as I have enjoyed the past eight years. I am never without "Fruit-a-tives" in the house". JAS. S. DELGATY.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

MR. COPP SPEAKS IN MONTREAL

Montreal, April 25—A. B. Copp, M. P. for Westmorland, speaking at the weekly luncheon of the Reform Club here on Saturday attributed the cause of the present unrest to the defeat of Sir Wilfrid Laurier and his party in 1911, and the reason why there was less unrest in Quebec province than elsewhere in the dominion, according to the speaker, was because the Liberal party had not lost its grip over the people of the province.

Mr. Copp in the course of his address brought to public notice for the first time what had taken place at the Liberal caucus when it had been agreed to let the government carry off without elections in 1916. Sir Wilfrid had said that he would abide by the expressed wish of his followers and allow an extension of life to the government, but the old leader had added: "I think it would be much safer to stand on the solid bed rock of the constitution and to have elections when the time for them has come."

In allowing the extension of term, Mr. Copp said that the Liberal party was voting itself out of office for an indefinite period.

DIAMOND DYE IS AID TO FASHION

Old, Faded Apparel Can Be Recolored and Made Over, Stylish, New.

Use "Diamond Dyes" guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods.—dresses, blouses, stockings, skirts, children's coats, feathers, draperies, coverings.

The Direction Book with each package tells plainly how to diamond dye over any color that you can not make a mistake.

To match any material have the drug list show you "Diamond Dye" Color Card.

HIGH COST OF LIVING MAKING SUPER-WOMEN

The coming generations of New York women will be entirely different from the present if the high cost of living continues at the rate it has been going for the last year, according to a widely known Bronx physician.

So many women of New York, both middle class and poor are devoting every moment of their spare time to home work of some sort that this forced industry cannot help but come out during the next generation, and the manner in which it will show itself will be by thousands more women in business and commercial life than now he asserts.

The majority of these women have found during the last year that the salary of the husband is not sufficient to keep up with the increasing cost of everything and they have been forced to seek jobs. Some of them obtain work which they can do at home, while others are spending three to four hours a day or night in factories.

The result is that home life is fast disappearing in The Bronx, and in other sections of the city as well. The women take care of the house and children during the day until the man of the house comes home then she goes out to her extra work in the factory. In some instances the children have been boarded out and the mother and father have given up their home and taken furnished rooms near their places of employment, which is often in different sections of the city.

"The next generation will be much

TEACHERS AS LOBBYISTS

Albany, April 26—Leaders in the Legislature have become provoked by the insistence of the teachers' lobby upon the last penny of their salary demands and as a result are seriously considering throwing out both the Sage and Lockwood bills providing increases.

In all night conference the leaders agreed on amendments affecting the New York city schools, only to discover that the teachers' representatives here were as far from being satisfied as ever. The Legislators then lost all patience and are now talking of adopting the original plan to impose a one mill tax which would raise a \$350 bonus for every teacher in the State. This would be in the form of an emergency measure. A committee would be appointed to make a scientific study of the question and recommend a permanent plan for providing teachers' salary schedules to the next Legislature.

The teachers declare that this increase will not be sufficient to keep members of their profession from leaving their positions for other work. Senator Sage, however, takes the position that in the closing days of the session the Legislators have not the time properly to consider intricate salary schedules and that the only equitable and satisfactory solution can come from a careful study of the question.

more independent," this physician says. "Many of these women who are now performing men's work all because their husbands cannot make enough to pay the bills, have never done anything more strenuous than housework before. I believe it will reflect in their children and their children's children, and we will see a race of superwomen who will wield as much influence in the life of the city as men do now."

This physician says that there will be little change in the coming male generation unless they will be more apt to take to home work and caring for the children.

"Women never knows just how much she can do until she is forced to do it," he continues. "This was proved during the war in Russia, for no one dreamed that any body of women could do the things the famous 'Battalion of Death' did. Neither did the average New York woman believe that she could go into the factory at night after doing her housework all day, but they are doing that thing by the hundreds now.

"True the majority of this work is not of the manual labor class but after all a day spent doing housework is a pretty good day's work and any woman who can do this prepare the dinner wash the dishes and then go to a factory and work four or five hours—well she possesses much more than she dreamed. And this cannot help but crop out in the coming generation and the women of the next generation, while they will be feminine throughout will be twice as strong will have much more confidence and stability and I am forced to say they will be much better citizens than the present generation are.

"There will be little society then, for by that time society as it is known now will be as undesirable as women working was a few short years ago.

"Not only will the girls and women of the coming generation inherit these traits, but the boys and the men will be just a little better in every way, so after all the high cost of living now cursed roundly by everyone, will have done something unexpected."

LIVER TROUBLE AND HEARTBURN

All liver diseases of whatever character are diseases of the highest importance and demand the most attention.

The liver is the largest and one of the most important organs of the body. Its duty is to prepare and secrete bile, and serve as one of the filters of the body, cleansing it of all impurities and poisons. Therefore when the liver gets out of order it is the starting of trouble in nearly every part of the body. Indigestion, constipation, flatulence, sick or bilious headaches, dull, yellow eyes, brown blotches, sallow complexion, coated tongue, jaundice, catarrh of the stomach, or the painful protruding internal or bleeding piles.

Mrs. John Kadey, Chipman, N. B., writes: "I have used Milburn's Laxa-Liver Pills for some time and can recommend them to any one suffering from heartburn and liver trouble. I tried other remedies but they only relieved me for a short time. I always recommend Laxa-Liver Pills to all sufferers as I think they are a valuable remedy."

Milburn's Laxa-Liver Pills are 25c. a vial at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

OFFICIALS MAY WEAR DENIM

Ottawa, April 24—Any fears being entertained in the minds of the thousands of civil servants in the Capital as to the attitude of the Civil Service Commission toward their contemplated participation in the "economy" or "old clothes" campaign here may be quickly dissipated. The committee came out quite frankly today with the assurance that "it is none of its business" what form of wearing apparel employees of the government appeared in at their offices. Moreover there is good reason to believe that the individual members of the Commission are completely in sympathy with the widespread movement, having as its object the cutting down of the high cost of living.

"We have not the first thing to do with the personal appearance of members of the civil service," said Hon. Dr. Roche, Chairman of the Civil Service Commission, when asked for the Commission's view upon civil servants adopting the regulation clothes of the "old clothes league."

Wood's Peppermint Cure
The Great English Remedy.
Tones and invigorates the whole nervous system, makes good food in old folks, cures nervous debility, mental and brain weakness, loss of energy, palpitation of the heart, fainting fits, etc. Price 21 per bottle, six for \$1.00. Sent by mail on receipt of price. Name of shipper must be given. THE WOOD MEDICINE CO., TORONTO, ONT. (Incl. Postage)

Removing to Moncton.
Ernest Doiron, well known in Fredericton through being reporter for the Appeal Division, Supreme Court, is about to remove from Chatham to Moncton where he will practice law. William H. Teed a U. N. B. graduate and also well known in Fredericton has taken over the practice left by Mr. Doiron.

Some parting guests, such as Old Man Winter, cannot be sped or their way.

Wives worry too much. Very few husbands are stolen, and the few who are were never worth worrying about. Like fish, the biggest opportunity

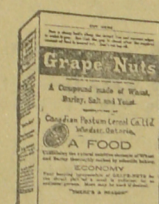
The Food You Eat Makes You What You Are

Let your choice of foods be pleasing to the taste but more than that have them building foods.

Among cereals,

Grape-Nuts

will delight your palate and give you healthful strength through nourishment.



Try Grape-Nuts at breakfast—It's worth while.

"There's a Reason"

Made by Canadian Postum Cereal Co., Ltd. Windsor, Ont.