

CASTORIA

For Infants and Children.

Mothers Know That
Genuine Castoria

Always
Bears the
Signature
of

Chas. H. Fletcher

In
Use

For Over
Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

CELESTIAL CAFE

75 Regent Street.

STERLING F. LINT, Prop.

Lunches Served at All Hours

MEAL TICKETS FOR SALE

EVERYTHING IN SEASON

NEWSPAPER ADVERTISING IS THE BEST

ALL THE BEST AUTHORITIES AGREE that the most profitable form of advertising is through the daily newspapers. People who have goods to sell must get the fact to the public the quickest and surest way. Local advertisers show their confidence in the Mail and we have every reason to boast that our advertising service is reliable and valuable. A word to the wise.

DENTISTS

DR. J. B. CROCKER,
DENTIST

FREDERICTON N. B.

TELEPHONES
Residence 349-41
Office 419-11

DR. GERRARD,
DENTIST

571 King St., - Fredericton

'Phone :
Office 574 Residence 796

W. J. IRVINE,
DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street

OFFICE HOURS—10 a.m. to 1 p.m.,
2 p.m. to 5 p.m.
'Phone—338-11.

DR. G. R. LISTER,
DENTIST

Tel. 232-41. Burchill-Wilkinson Bldg.
Below Regent

J. A. McADAM,
UNDERTAKER

Best and Most Modern Funerals
Equipment in the City.

Residence Telephone 70-41
Business Telephone 118-41

YORK HOTEL

S. HOWARD YOUNG, Proprietor
Cor. Westmorland and King Streets
Good accommodation and service.
Coach and Auto Service to all trains
and boats. Stable in connection.

CLOTHES CLEANED

For Ladies and Gentlemen.
W. E. SEERY
254 George Street
PRESSING and REPAIRED

BARRISTERS

E. ALLISON MACKAY
BARRISTER, NOTARY, ETC.

INSURANCE

CHESTNUT BUILDING,
FREDERICTON, N. B.

J. BACON DICKSON,
LL. B.,
BARRISTER, ETC.

832 Queen Street, Fredericton, N. B.

'Phone 561. Box 863.

F. M. O'NEILL, L.L.B.
BARRISTER, NOTARY, ETC.,
Insurance

N. B. TELEPHONE BUILDING,
GAGETOWN, N. B.



MAIL CONTRACT

SEALED TENDERS addressed to the
Postmaster General will be re-
ceived at Ottawa until noon on Friday,
the 19th November, 1920, for the con-
veyance of His Majesty's mails on a pro-
posed contract for four years, 3 times
per week on the Millville R. R. No. 4
from the 1st April, 1921, next.

Printed notices containing further
posed contract may be seen and blank
information as to conditions of pro-
forms of tender may be obtained at the
post offices of Millville and Norton-
dale, and at the office of the Post Of-
fice Inspector, St. John, N. B.

H. W. WOODS,
Post Office Inspector.
Post Office Inspector's Office,
St. John, N. B., Oct. 5, 1920.

NEWS AGENTS IN CITY.

THE DAILY MAIL IS ON SALE
In the City of Fredericton at the
places of business of the follow-
ing:

D. LENIHAN, 522 King St.
D. H. CROWLEY, 612 Queen St.
MISS QUINN, 147 Westmorland
St.
ALONZO STAPLES, 100 York St.
E. A. EARDLEY, 704 King St.
A. J. HANLON, 83 Regent Street.

OF INTEREST TO WOMEN

RICE AU GRATIN

Seam or boil one cup of well washed
rice, season while cooking with one
tablespoon of salt. If rice is boiled
drain well. Cover the bottom of a
well buttered pudding dish with layer
of rice, dot over with bits of butter,
sprinkle with grated cheese and pap-
rika; repeat until rice and one-half cup
of cheese and three tablespoons of but-
ter have been used. Pour on milk to
half the depth of rice mixture; cover
with buttered soft bread crumbs and
bake in a moderate oven until crumbs
are browned.

SWEET POTATO CROQUETTES

To three cups of hot rice sweet
potatoes add three tablespoons of but-
ter, one-half teaspoonful salt, a few
grains of pepper and one-third cup of
blanched and chopped almonds; add
one egg well beaten; stir until thor-
oughly blended. Spread on a plate
to cool; shape in cones, roll in flour
egg, and fine bread crumbs. Fry in
deep hot fat and drain on soft brown
paper. If the potato mixture appears
to dry add a very little hot milk or
cream to slightly moisten. Insert a
small sprig of parsley in the tip of
each croquette.

GREEN CORN PUDDING

Melt one tablespoonful of butter, add
two tablespoons of flour, stir until well
blended, then pour on slowly while
stirring constantly one cup of milk;
bring to the boiling point, add two
cups of cooked green corn cut from
the cob and finely chopped, or one can
of corn, one and one-fourth teaspoons
of salt, one-eighth teaspoon of pepper,
one teaspoon of sugar, the yolks of two
eggs beaten until thick, and lemon
tinted; then fold in the stiffly beaten
whites of two eggs. Turn into a well
buttered pudding dish and bake twenty
five minutes in a moderate oven. Serve
at once in the dish in which it was
baked.

CAULIFLOWER SALAD

Separate the cluster of flowerettes
of a cooked cauliflower that has been
drained and chilled. Arrange them
in individual nests of crisp lettuce
heart leaves, or well bleached chickery
leaves and pour over Roquefort cheese
salad dressing. Sprinkle with paprika

ROQUEFORT SALAD DRESSING

Mash one-half cup of lightly crum-
bled Roquefort cheese; rub to a cream
and gradually add six tablespoons of
olive oil, one-half teaspoon of salt, one-
fourth teaspoon paprika, a few grains
of cayenne and two tablespoons of
vinegar; beating constantly. If a
rich dressing is desired add two table-
spoons of rich cream, omitting two
tablespoons of the olive oil. This
dressing is particularly tasty when
served with all varieties of lettuce,
tomatoes, cauliflower, cucumbers, etc.
But should not be served with meat,
shell fish, crustaceans or fish salads.

WHIPPED CREAM SAUCE

Whip one cup of tripple cream until
stiff, add gradually one-half cup of
sifted confectioners' sugar. Flavor
with essence of nutmeg or one-half tea-
spoonful of vanilla. For use with the
peach cake, I would suggest nutmeg.

BARE NECKS TO DISAPPEAR

Paris, October 15: (By Mail)—No
more bare necks is the decree of many
Paris dressmakers, according to their
exhibitions of winter fashions. Skirts
are shown sometimes slightly longer
at the back like a mantle and some-
times lower in front. Wing-like cloaks
are another novelty.

At one display was a grey dress of
silver tissue with a bright yellow
mantle, the ends of which were fas-
tened to the arms. Another black
velvet mantle had ropes of jet attach-
ed by bracelets to the wearer's wrists.
It produced a bat-like impression.

SIGN OF PROSPERITY

"So you regard the advance in rail-
way rates as a sign of prosperity?"
"Assuredly," answered Dustin Stax.
"A public hat can afford to pay the
new charges cannot possibly be other
than prosperous"

Cook's Cotton Root Compound

2 size, reliable, safe, taking
no medicine. Sold in three de-
grees of strength—No. 1, 2 & 3.
No. 2, 25¢. No. 3, 50¢ per box.
Sold by all druggists, or sent
prepaid on receipt of price.
Free pamphlet. Address:
THE COOK MEDICINE CO.
2020-2, QNT. (Formerly Windsor)

LUXURIES FOR CONVICTS IN LODDON JAILS

Special to Daily Mail, Copyright 1920
by Cross Atlantic News Service.

London, October 20—Recent discov-
eries in London's chief penitentiaries
have resulted in a Home Office order
for close investigation throughout.
For some time the authorities have
had reason to suspect that luxuries
and dainties at various times were
being smuggled into certain London
jails.

Detectives were introduced into the
buildings, and the result of a close
watch was the discovery the other
day of whiskey, chocolate and cigar-
ettes in a room where many of the
prisoners are employed during the day.
Several warders have been suspended,
and the drastic investigation is going
on.

The prison in question, Brixton jail
where the Lord Mayor of Cork is
hunger-striking, at present houses a
fair number of men with means. What
an inmate does when he wants things
from outside is this. He gives his ad-
dress to a man who is being released,
and who agrees to call and ask his
relatives to send money to the address
of a warder. The money is forwarded,
and with it an appeal to spend part of
it in comforts for Mr. So and So. Some-
times the warder "bites". Sometimes
he gives the prisoner away. It was as
the result of a latter incident that the
Home Office have instituted this en-
quiry.

WILL SEARCH FOR FIRST MAN

New York, Oct. 21—Roy Chapman
Andrews, associate curator of mam-
mals at the American Museum of Na-
tional History, announced yesterday
he would soon leave the United States
at the head of a scientific expedition,
through which he hopes to establish
the origin of man and locate the most
primitive human remains, the link be-
tween man and the ape. The ulti-
mate destination of the expedition will
be in Central Asia, where scientists
believe that man, as distinct from the
ape, originated.

"True Economy"

Is not so much what you pay for an
article, as what you get in return.

"SALADA"

Is worth every cent of its cost, as you
get Quality Value incomparable—

EGGS CAN BE PUT TO A GOOD MANY USES

Aside from employing eggs for
cooking there are many uses to which
they may be put.

An egg added to the morning cup of
coffee makes a good tonic.

A mustard plaster made with the
white of an egg will prevent a blister.

The white of a raw egg turned over
a burn or scald is soothing and cool-
ing. It can be applied quickly, and will
prevent inflammation besides relieving
the stinging pain.

The white of an egg beaten with
loaf sugar and lemon relieves hoarse-
ness. A teaspoonful taken once every
hour.

It has been said that a raw egg
swallowed at once when a fish bone
is caught beyond the reach of the
fingers will dislodge the bone and
carry it down.

The white of a raw egg makes a
satisfactory paste. When papers are to
be put over tumblers of jelly and jam,
a paste made of the white of an egg
will hold very securely and be air-
tight.

One of the best remedies in case of
bowel troubles is a partly beaten raw
egg taken at one swallow. It is healing
to the inflamed stomach and intestines
and will relieve the feeling of distress.
Four eggs taken in this manner in 24
hours will form the best kind of nour-
ishment as well as medicine for the
patient.

ENGLISH RUGBY BOOMING NOW AT M'GILL UNIV.

Montreal, Oct. 21—Following the
English Rugby game with M. A. A. A.
so much good Rugby material has ma-
terialized at McGill that it has been
decided to form a three club league
from among the students beginning
play next week. These will be com-
posed of a club from among western
students, one from maritime provinces
students and the third team to be
known as the imperial, composed of
overseas students registered at McGill.

A raw egg is one of the most nutri-
tious of foods, and may be taken very
easily if the yolk is not broken. A
little nutmeg grated upon the egg, a
few drops of lemon juice added, some
chopped parsley sprinkled over it or
some salt, and a dash of cayenne pep-
per vary the flavor and tend to make
it more palatable when taken as a
medicine.—Rocky Mountain Husband-
man.

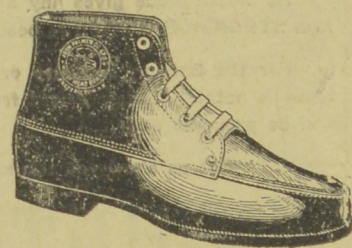
CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears
the
Signature of *Chas. H. Fletcher*

PALMER'S ELK-O BRAND 'DRY CHROME' MID-SUMMER FOOTWEAR

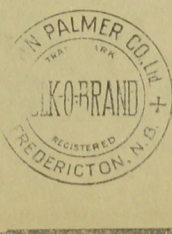


Here is a Boot for Mid-Summer Wear that
will give you real Foot Comfort.

Is not oil-tanned, but made from dry Chrome leather.
Colors Smoked Pearl and Dark Brown.

An ideal boot to wear about town, or on a camp-
ing trip, the farmer, or the man working out-of-doors,
will find this boot just the thing he has been looking
for. You see it not only looks well but is light and
serviceable.

Your Dealer carries them in stock. Ask to see them.
Or you can write us direct for a catalogue and prices.



JOHN PALMER CO., Ltd.
FREDERICTON, N. B.