

Exact Copy of Wrapper.

CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

**Always
Bears the
Signature**

of

Chas. H. Fletcher.

**In
Use**

For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

CELESTIAL CAFE

75 Regent Street.

STERLING F. LINT, Prop.

Lunches Served at All Hours

MEAL TICKETS FOR SALE

EVERYTHING IN SEASON

NEWSPAPER ADVERTISING IS THE BEST

ALL THE BEST AUTHORITIES AGREE that the most profitable form of advertising is through the daily newspapers. People who have goods to sell must get the fact to the public the quickest and surest way. Local advertisers show their confidence in the Mail and we have every reason to boast that our advertising service is reliable and valuable. A word to the wise.

DENTISTS

DR. J. B. CROCKER,
DENTIST

FREDERICTON N. B.

TELEPHONES

Residence 349-41

Office 419-11

DR. GERRARD,
DENTIST

571 King St., - Fredericton

'Phone :

Office 574 Residence 796

W. J. IRVINE,
DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street

OFFICE HOURS—10 a.m. to 1 p.m.
2 p.m. to 5 p.m.
'Phone—338-11.

DR. G. R. LISTER,
DENTIST

Tel. 232-41. Burchill-Wilkinson Bldg. Below Regent

J. A. McADAM,
UNDERTAKER

REGENT STREET

Best and Most Modern Funerals
Equipment in the City.

Residence Telephone 70-41

Business Telephone 118-41

YORK HOTEL

S. HOWARD YOUNG, Proprietor
Cor. Westmorland and King Streets
Good accommodation and service.
Coach and Auto Service to all towns
and boats. Stable in connection.

CLOTHES CLEANED

for Ladies and Gentlemen.
W. E. SEERY
54 George Street.
FREESSED and REPAIRED

BARRISTERS

E. ALLISON MACKAY
BARRISTER, NOTARY, ETC.

INSURANCE

CHESTNUT BUILDING,

FREDERICTON, N. B.

J. BACON DICKSON,
LL. B.,
BARRISTER, ETC.

332 Queen Street, Fredericton, N. B.
'Phone 561. Box 863.

F. M. O'NEILL, LL. B.
BARRISTER, NOTARY, ETC.,
Insurance

N. B. TELEPHONE BUILDING,
GAGETOWN, N. B.

MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General will be received at Ottawa until noon on Friday, the 19th November, 1920, for the conveyance of His Majesty's mails on a proposed contract for four years, 3 times per week on the Millville R. R. No. 4, from the 1st April, 1921, next.

Printed notices containing further proposed contract may be seen and blank information as to conditions of forms of tender may be obtained at the post offices of Millville and Norton-dale, and at the office of the Post Office Inspector, St. John, N. B.

H. W. WOODS,

Post Office Inspector.

Post Office Inspector's Office,
St. John, N. B., Oct. 5, 1920.

NEWS AGENTS IN CITY.

THE DAILY MAIL IS ON SALE
in the City of Fredericton at the
places of business of the follow-
ing:

D. LENIHAN, 522 King St.

D. H. CROWLEY, 612 Queen St.

MISS QUINN, 147 Westmorland St.

ALONZO STAPLES, 100 York St.

E. A. EARDLEY, 704 King St.

A. J. HANLON, 83 Regent Street.

OF INTEREST TO WOMEN

"MAKE A NOTE OF IT."

To fry hash or lyonnaise potatoes, slice the onion into the frying pan first and let it get quite brown while you are slicing the potatoes. Add cooked meat last to avoid its frying hard. A little cream is the best wetting for hash.

Never extend rugs under the beds, as it complicates cleaning.

Pour cold water on grease spilled on the floor. It hardens the grease and it can be scraped off with a knife, then wash the spot with cold soap suds.

Butter should be kept closely covered, as it absorbs odors.

Shrimps are delicious cooked in parsley butter for about ten minutes and served on toast.

Potatoes soaked fifteen minutes in cold water before boiling are mealy.

TOMATO BOUILLON

To one quart of thick canned tomato pulp add six cups of well seasoned chicken or beef stock (from which all fat has been removed), two table-spoons of chopped onion, one-half of a small bay leaf, four cloves, one half cup of chopped celery or one-half teaspoon of celery seed and one-half teaspoon of peppercorns. Turn into a stew pan, bring to the boiling point and let boil thirty minutes. Strain, cool season with salt (if needed), then clear. Reheat and serve in warm bouillon cups. Serve with bread sticks.

CREOLE SAUCE.

Cook two tablespoons of chopped onion and one-fourth cup of chopped green pepper in two tablespoons of butter five minutes; add two medium sized tomatoes cut in small pieces (or one-half cup of thick tomato puree), one-fourth cup of sliced mushrooms and eight stoned and chopped olives; continue cooking three minutes. Have ready one and one half cups of plain brown sauce; add the first mixture. Bring to boiling point, season with salt and pepper and pour around broiled fillet of beef or sirloin steak.

GRAPE SHERBET.

Make a syrup by boiling four cups of water and two cups of sugar fifteen minutes; add two cups of grape juice three-fourths cup of orange juice and one-fourth cup of lemon juice. Freeze to a mush (allowing three measures of crushed ice to one of rock salt). Then fold in the whites of two eggs beaten until stiff; continue freezing. Serve in sherbet glasses.

POTATOES AU GRATIN.

Cook potatoes in their "jackets" in boiling salted water until tender; drain, and when cool, peel and cut in one-fourth inch cubes; there should be three cups. Pour over two and one-half cups of thin white sauce to which has been added one-half tablespoon of finely chopped parsley, one table-spoon (or more) of finely chopped onion and from one-third to one-half cups of grated Parmesan or Swiss cheese. Mix well and turn into a well greased baking dish, having a layer of sauce on top; cover with buttered crumbs and bake in a hot oven until crumbs are brown. Crumbs may be omitted and the surface browned like a custard.

THIN WHITE SAUCE.

Melt one-third cup of butter in a saucepan add onion and stir and cook five minutes without browning; add three and three-fourths table-spoons of flour, mixed with one and one-fourth teaspoons of salt, and one-eighth teaspoon of pepper, stir until well blended, then pour on slowly while stirring constantly two and one half cups of hot milk, stir until smooth, add parsley and cheese; continue stirring until well mixed, then pour over prepared potatoes.

A bride doesn't want to take a honeymoon where she has to do the cooking for fear it will spoil everything.

Get this. The popular mind rarely becomes inflamed. It is the unpopular mind that encourages the hungry squirrels.

One reason so many people are disappointed with matrimony is that it is hard to make human nature, masculine or feminine, jump through a hoop.

Cook's Cotton Root Compound

A large, reliable, and lasting medicine. Sold in three doses of strength—No. 1, \$1. No. 2, \$2. No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlets. Address: THE "COOK MEDICINE CO." 308-310, Q. ST. (Formerly Walker).

SAYS QUEBEC PROVINCE HAS A WONDERFUL FUTURE

**Provincial Secretary David Speaks Before the Empire Club at
Toronto—Tells of Great Natural Resources of His Province
—Has Millions of Horsepower in Unharnessed Streams
Waiting for Development.**

Toronto, Nov. 1.—Speaking before the Empire Club at a luncheon recently, Hon. Athanase David, Provincial Secretary of Quebec, in an address extolling the extensive resources and great future of that province, explained in detail the spirit of co-operation between capital and labor, made possible through the enactment of sane legislation by a far-seeing government, which, he declared, will soon justify Quebec's pretension of being the first province of the Dominion.

Political Entity.

"We of Quebec constitute something like a nation that is a 'political entity' said Mr. David, "and 'political' does not mean any of those ephemeral questions which might from time to time, retain the attention of the professional but rather the more noble and lofty work of guiding the destiny of a young people, of assuring the survival of such a people tenaciously clinging to the rock of convictions that has firmly and decidedly established itself upon."

The speaker then pointed to the economic side of Quebec, emphasizing that its resources are unequalled anywhere, with millions of horsepower in unharnessed streams. "This very fact allows us to defy and mock a bit the big stick which an American senator said had to be hidden behind their back when they talked conciliation to us over here," he declared.

Great Resources.

Mr. David painted a glowing picture of the red sands of Berthier to the iron of the north, with the gold mines of Abitibi and the asbestos mines of Thetford, stating that the province furnished 85 per cent of the entire world production of the latter mineral.

"There lies the economic strength of Quebec," he continued, "a strength of which we have but the barest outlines. The primary element in a consideration of the economic strength of a people is a complete exhaustive inventory of its natural resources. It is not exaggeration to say that this inventory is going on, and all that we need is the co-operation of industrial pioneers to transform the national riches into national wealth."

"That is why we hail our manufacturers and industrial men as a force for good which, enlisted in the service of this transformation (profitable to them, of course), of our natural resources, will secure to Quebec a more lively prosperity."

No Labor Troubles.

The speaker here dwelt on the unanimity in Quebec between capital and labor, and explained his reasons for declaring it was not dangerous to advocate industrial expansion because of the thorny labor problems. He declared that there was no division as existed in other parts, that conflict between the two great economic forces had been avoided through enlightened and progressive legislation enacted by a far-seeing government.

It is because the worker, as well as the agriculturist, the laborer on the farm as well as the man in the shops, and like the brain-worker too, have all understood with Gabriel Hanotaux that there is no such thing as degrading labor, that in fact there are no categories of labor at all; manual labor, intellectual labor, practical labor, everything that means assiduity, tension and victory over matter is upon the same plane.

Industry and agriculture ought to go hand in hand, in harmonious cooperation Mr. David declared, emphasizing the fact that in these times of democratic awakening a workman requires to have the product of his labor measure up to his ordinary needs, and that it is a good thing that agriculture should permit him to obtain his daily food requirements which will prevent him from indulging in recrimination or in incessant demands for increase in wages.

"These two mighty factors, if they know how to discover the useful things in each other, will unite instead of fighting and thereby could do more towards abolishing misery upon the face of the earth than any amount of social legislation," he declared.

The best trick in the love game is blase indifference.

THOSE NASTY LITTLE PIMPLES

**That Come on the Face Are
Caused by Bad Blood.**

Many an otherwise beautiful and attractive face is sadly marred by the unsightly pimples and various other skin troubles, caused wholly by bad blood.

Many a cheek and brow cast in the mould of beauty have been sadly defaced, their attractiveness lost, and the possessor of the "pimpley face" rendered unhappy for years.

Their presence is a source of embarrassment to those afflicted as well as pain and regret to their friends.

There is an effectual remedy for these facial defects and that is Burdock Blood Bitters, the old reliable medicine that has been on the market for over 40 years.

It drives out all the impurities from the blood, and leaves the complexion clear and healthy.

Mrs. James Williams, Waterford, Ont., writes: "My face was covered with pimples for nearly a year. I used different kinds of remedies to get rid of them and finally thought there was no relief. A friend dropped in one day and told me I should try Burdock Blood Bitters. I did so and used three bottles, and found the pimples were all disappearing from my face, and now I have a clear complexion again."

B. B. B. is manufactured only by the T. Milburn Co., Limited, Toronto, Ont.

Agirl in an evening gown is a work of art. A man in a night shirt is a comic strip.

When a girl stenographer is out eating lunch she gets an idea that there are 75 minutes in an hour.

When a girl weighing 180 pounds answers to the name of "Birdie" or "Daisy," the eternal fitness of things gets an awful jolt.

A Kidney Remedy

Kidney troubles are frequently caused by badly digested food which overtaxes these organs to eliminate the irritant acids formed. Help your stomach to properly digest the food by taking 15 to 30 drops of Extract of Roots, sold as Mother Seigel's Curative Syrup, and your kidney disorder will promptly disappear. Get the genuine.

PALMER'S ELK-O BRAND DRY CHROME MID-SUMMER FOOTWEAR

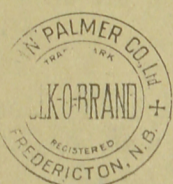


Here is a Boot for Mid-Summer Wear that will give you real Foot Comfort.

Is not oil-tanned, but made from dry Chrome leather. Colors Smoked Pearl and Dark Brown.

An ideal boot to wear about town, or on a camping trip, the farmer, or the man working out-of-doors, will find this boot just the thing he has been looking for. You see it not only looks well but is light and serviceable.

Your Dealer carries them in stock. Ask to see them.
Or you can write us direct for Catalogue and prices.



JOHN PALMER CO., Ltd.
FREDERICTON, N.B.