

Children Cry for Fletcher's

CASTORIA

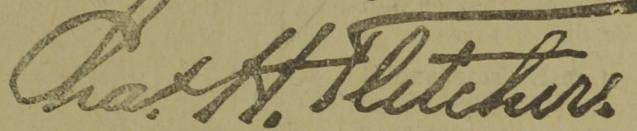
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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FREDERICTON, N. B.

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Office 419-11

DR. GERRARD

OFFICE: 571 KING STREET, FREDERICTON

ARTIFICIAL TEETH and
GOLDWORK a SpecialtySuperior Conveniences for Chloroform administration.
Telephone 574.

W. J. IRVINE,

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Opp. Soldiers' Barracks and Next Door to Bank of N. B. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.

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Below Regent

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Best and Most Modern Funerals
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CHARLOTTE STREET

SWEET PEAS,

ROSES,

CARNATIONS

A splendid assortment of
Ferns.Bridal Bouquets a specialty.
Phone 271.

CLOTHES CLEANED

DRESSED and REPAIRED
for Ladies and Gentlemen.
W. E. SEERY
251 George Street

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532 Queen Street, Fredericton, N. B.
Phone 561. Box 863.

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BARRISTER, NOTARY, ETC.,
Insurance

N. B. TELEPHONE BUILDING,
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INSURANCE NOTICE

I wish to announce to my friends and the public generally that I have accepted the agency for the CANADA LIFE INSURANCE COMPANY.

This is a high class Canadian Company which has long carried a large amount of insurance in this province. I have several attractive propositions to offer and those who contemplate taking on insurance will find it to their advantage to consult me.

JOHN S. SCOTT,
Charlotte Street - Fredericton
Telephone 112.

TO BE ABLE TO SAY

I received my training at the

**FREDERICTON
BUSINESS COLLEGE**

MEANS A GREAT DEAL to a young man or woman when looking for an office position.

Those who expect to enter this school for the WINTER TERM opening JANUARY 5th, should write for full particulars NOW.

Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

YORK HOTEL

H. HOWARD YOUNG, Proprietor
Corner Westmorland and King Sts.
Good accommodation and service.
Coach and Auto Service to all trains and boats. Stable in connection.

Cook's Cotton Root Compound

Cook's Cotton Root Compound
For the cure of all
coughs, colds, whooping
cough, croup, asthma,
bronchitis, etc.
Solely all
preparation
of
the
compound

OF INTEREST
TO WOMEN

HAVE NICE HANDS.

With Care You Can Have Them, No
Matter What Kind of Work
You Have to Do.

A three minute oatmeal and lemon juice bath twice a day will keep your hands always in good condition. Take a small cheesecloth bag about three inches square and fill it with oatmeal. Have a basin of warm, not hot, water at hand. Make a milky liquid by squeezing the meal bag in the warm water. When it is thoroughly wet, squeeze the bag into the palm of the hand with the juice of half a lemon.

The milky liquid tends to soften the skin, while the lemon juice cuts any soil or discoloration that may be on the skin or lodged beneath the nails of the fingers. After this bath the hands will be soft and white, and the skin, especially, will appear quite velvety.

A cold cream bath is also very good but often the friction and heat tends to grow hairs and for this reason the treatment is not very popular. The matter of manicuring the nails is really a simple undertaking, if one understands the principles of the operation. The first thing necessary is to have the skin, under and about the nails, in a soft, manageable condition.

The orange stick will dislodge all dead flesh and at the same time push the cuticle back. Very fine manicure scissors may be used to cut away the dead skin, leaving the remainder about the nail trim and beautiful and better looking.

By rubbing your nails with a buffer every day you will require no other polish. It is regularly that counts.

BROWN BETTY PUDDING.

Three medium sized tar apples, 1 cup stale bread crumbs, quarter cup of butter, quarter cup of sugar, half a teaspoon cinnamon, juice and rind of half a lemon and quarter cup of boiling water.

Pare, quarter, core and slice the apples. Melt the butter and pour it with the lemon juice over the crumbs. Mix the cinnamon, grated lemon rind and sugar together. Butter a baking dish, put in alternate layers of apple and bread crumbs, sprinkling the apples with sugar mixture, making the last layer of crumbs. Pour the water on before adding the last layer of crumbs; cover and bake for thirty minutes or until the apples are soft, then uncover and brown the crumbs. Serve with cream.

SOME SATISFACTION, ANYWAY.

The greatest pleasure I can get
In reading railroad ads, et cet,
Is thinking that the liar who
Contrived the dope and put it through
Who penned the lines on "summer
sun,"

The "smiling slopes" and "sunny
hills,"

Has had to pen it, ten to one,
While shivering with the northern
chills.

A TONIC FOR THE NERVES

The Only Real Nerve Tonic is
a Good Supply of Rich,
Red Blood.

"If people would only attend to their blood, instead of worrying themselves ill," said an eminent nerve specialist, "we doctors would not see our consulting rooms crowded with nervous wrecks. More people suffer from worry than anything else."

The sort of thing which the specialist spoke of is the nervous run-down condition caused by overwork and the many anxieties of today. Sufferers find themselves tired, morose, low-spirited and unable to keep their minds on anything. Any sudden noise hurts like a blow. They are full of groundless fears, and do not sleep well at night. Headaches, neuritis and other nerve pains are part of the misery and it all comes from starved nerves.

Doctoring the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich red blood. Therefore to cure nervousness and run-down health Dr. Williams' Pink Pills should be taken. These pills actually make new, rich blood which strengthens the nerves, improves the appetite, gives new strength and spirits, and makes hitherto despondent people bright and cheerful. If you are at all "out of sorts" you should begin curing yourself today by taking Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brickville, Ont.

WANTED—Girl to assist at general housework where other help is kept. Apply to Mrs. G. N. C. Hawkins, 811 Charlotte street.

We sigh too much instead of sing—
Bells toll too oft that ought to ring—
Folks weep too much who ought to laugh—
We lose the best of life by half.

NEWS AGENTS IN CITY.

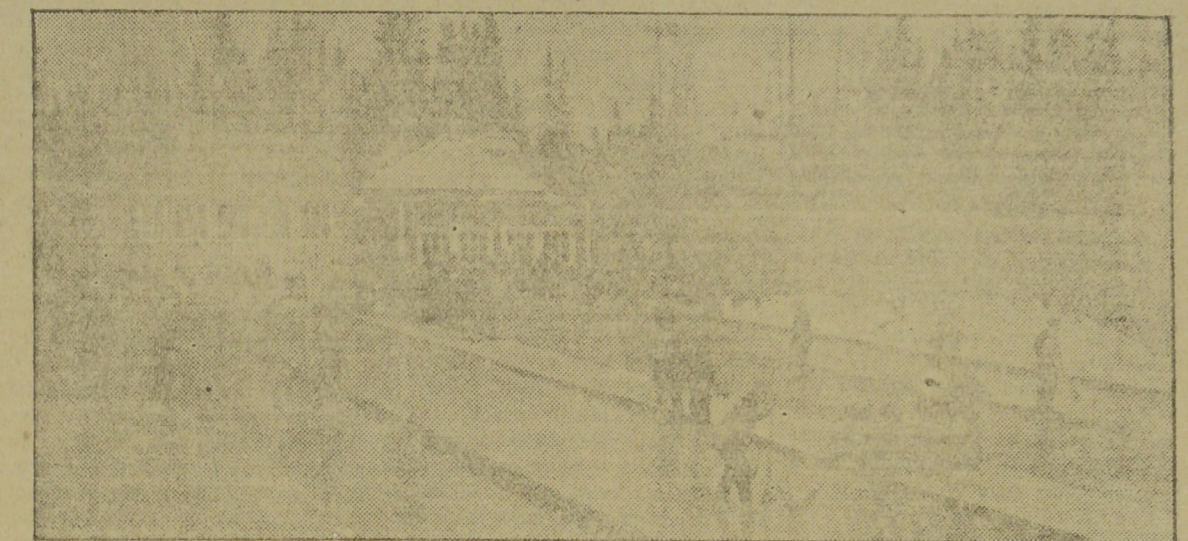
THE DAILY MAIL IS ON SALE in the City of Fredericton at the places of business of the following:

D. LENIHAN, 522 King St.
D. H. CROWLEY, 612 Queen St.
ALONZO STAPLES, 100 York St.
MISS QUINN, 147 Westmorland St.
E. A. EARDLEY, 704 King St.

WANTED—Woman cook, married or single, good wages, permanent position. Apply Employment Service of Canada, 70 York street. No charge to employer or applicant.

FOR SALE—General Store Business. Good opportunity for man with small amount of capital. Particulars on application.

Carnival Spirit at Banff.



Banff is to have an elaborate winter carnival this year, and will be in full swing from February 2nd to the fourteenth inclusive. Situated as it is, in the Canadian Pacific Rockies and surrounded by the grandeur of Tunnel Mountain, Rundle Mountain, and Sulphur Mountain, Banff the national resort, is fast becoming the centre of winter sport in Canada, as Christiania in Norway. It is a perfect winter playground with its natural mountain slides and ideal skiing. The preparations for the carnival this year are on a larger and broader scale than previous years; the aim being to make Banff attractive in winter as it is in the summer. In one aspect the visitor will find combined summer and winter amusement in the hot sulphur springs, which give one the privilege of swimming out in the open with the thermometer above or even below zero, in not tepid but warm water.

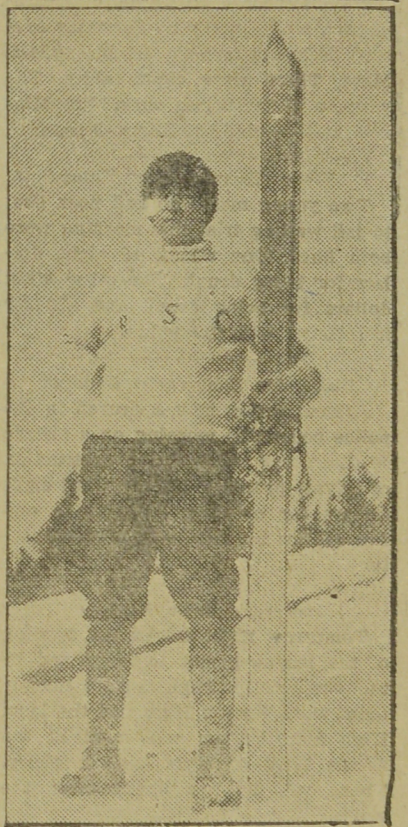
The spirit of the carnival will again have full sway throughout the town, and those who arrive at night will find themselves in a veritable fairyland. Colored lights are to be strung across the streets, down the famous toboggan slide, and on the rinks in thousands giving a great gala effect.

The list of amusements is a long one. There are hockey and curling matches, toboggan races, snowshoe and ski races. The ski jumping this year promises to be one of the big events, for a new jump has been built costing several hundred dollars, and some of the best skiers in Canada will take part in the competitions. The Pony ski races are on the programme, and will doubtless create much excitement. Snow shoe tramps have been planned and lunch will be served at the game warden's cabin. Those exhilarating tramps are conducted by men who

know every inch of the country. The carnival will be just one continued round of gaiety and anyone who imagines the world in the mountains to be dead in the winter will have a pleasant surprise. Rivers, brooks, cataracts and falls are all pursuing their merry course, as in the summer except in a few occasional spots. The animals are not huddled up inside their burrows or seeking shelter away from the world, but roam around as in summer.

The carnival will be opened by the Superintendent of the National Park, and a special programme has been arranged for each day and will conclude with a farewell ball and distribution of prizes. There are three comfortable hotels which remain open throughout the winter.

The carnival and bonspiel at Banff are becoming amongst the most important and widely known events of the Canadian Winter, and will attract thousands to see "Top of the World" in the winter. Nature in all the beauty of her winter garb is at her best at this time of the year. Instead of being dead Banff will be very much alive.

Have Your Job Work
Done at Home

The Mail now offers every facility for turning out High Class Job Printing Work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and
be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up
No. 67. We will do the Rest.

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