

## WOMEN AS BRAVE AS THE MEN

**Their Struggle Shows a Remarkable Spirit.**

Talk of the bravery of men, but where can you find a finer spirit than among the half-sick women who are fighting and struggling to do their duty against the terrible odds of ill-health, and who will not give up.

One woman in every three is struggling against weakness. Most of them are not exactly sick, but oh, how miserable!

The burden and misery of it all has its foundation in the blood which is thin and watery. The red cells are too few. The very stream of life is reduced in vitality. Weakness and inevitable ill-health are the certain result.

Every ailing or weak woman can quickly regain her health in this very simple way. By filling the system with the nutrition that comes from rich red blood, a quick change for the better will result. To accomplish this, take two chocolate coated Ferrozone Tablets after each meal. You'll feel better immediately for the simple reason that Ferrozone renews the system very quickly.

You'll feel like new all over once you get Ferrozone working through your blood. It puts color into faded cheeks, brightens the eye, quickens the step, brings back that wonderful feeling of youth.

One of the finest things Ferrozone does is to make you eat lots and digest it well. With keen appetite, sound sleep, strong nerves and lots of nourishing blood, you're bound to regain robust health. Any sickly girl or ailing woman that Ferrozone won't make well must be incurable. There is a secret power in Ferrozone and it is worth a trial at all events. Fifty cents per box, six for \$2.50. At all dealers in medicine, or by mail from The Catarh-ozone Co., Kingston, Ont.

## SUGAR DOWN TO TEN CENTS

Montreal, Dec. 21—Another drop in the price of sugar was registered today when one of the leading wholesale sugar firms in the city cut their prices for granulated from eleven to ten cents flat. This is taken to mean that the sugar war has broken out afresh after a quiescence of some weeks. The firm in question declare they are able to sell sugar at ten cents flat and not lose money.

## PRACTICAL PROFIT SHARING

The directors of the Amalgamated Cotton Mills Trust, Limited, which controls about 15 cotton-spinning and manufacturing concerns in Lancashire, and employs over 15,000 persons, have decided upon a scheme whereby the workpeople may participate in profits. The decision of the directors is that everyone employed by any firm in the Amalgamated may have the opportunity of investing their savings in a loan, which will carry a minimum interest of 5 per cent. per annum, free of income-tax, and will also participate in profits.

Generally, the amount of subscription will be limited to £200, with a minimum of £1, and the money must be the savings of the individual employee. Such interest will be paid that after deduction of income tax a clear 5 per cent. per annum is paid on all money, and such interest will accrue from the last day of the month in which the money is deposited. This interest will be credited to the depositor on December 1st each year, or upon the date which the loan is withdrawn.

Provided that a dividend of more than 5 per cent. per annum, free of income tax, is paid on the ordinary shares of the Amalgamated, a further interest will be paid on all money which has been invested in the loan before the last day of any December and has remained on deposit for a period of twelve months. This interest will be at such a rate as will increase the 5 per cent., free of income tax, allowed above, to a rate equal to that declared by the company on the ordinary shares in that company for a full year, and such interest will be paid from December 1st in each year. Money will be collected weekly under arrangements made by the managing directors, and loan books will be issued to all subscribers. When a depositor ceases to be employed by any firm of the Amalgamated, the loan will be repaid to the depositor with interest at 5 per cent. per annum, free of income-tax to date, but where the depositor has been employed for more than ten years the managing director has the right to allow the depositor's money to remain on loan after the depositor leaves the employment of the firm.

FOR SALE—1 car dry hardwood, four feet. T. W. Fulton, 'phone 308-32.

## THE SALMON INDUSTRY

The first salmon canned on the Pacific coast were put up at New Westminster in 1863 by a Mr. Anandale. His operations that year, however, were on a very limited scale. In 1864 he became associated with Mr. Alexander Ewen, who, from that date till his death in 1907, was the recognized leader in the salmon industry in British Columbia.

The first salmon canning on what may be termed the commercial scale occurred, however, on the Sacramento River in 1864. The first pack of 2,000 cases was in cans soldered by hand. It sold for \$15 per case, but the high costs and the deductions for defective tins precluded any profits. In 1866, the operator, a Mr. Hume, transferred his activities to the Columbia River. He lived to see the pack in that district increase from his pack in 1864, 4,000 cases to 656,000 cases in the "banner" year, 1884.

In 1876 there were three canneries on the Fraser, and the combined pack was 9,347 cases. In 1901 there were 48 canneries on the Fraser and 25 in Puget Sound waters, canning Fraser River Salmon, or 73 in all. In the "banner" year, 1913, the total pack of the Fraser River sockeye was 2,392,000, or over 115 million pounds (57,600 tons). This represented 30 per cent. of the entire world's production of canned salmon in that year. At present prices it would be worth about \$50,000,000.

Owing to a disastrous rock slide in the Fraser River in 1913 and to the overfishing of the depleted "runs" of sockeye, the total pack of this fish in 1919 was only 74,000 cases, or 3½ million pounds.

Fishing on the Skeena River commenced in 1877. Today, owing to the eclipse of the Fraser fishery, it is the principal salmon river of British Columbia.

Commencing in 1878, with a pack of 8,159 cases by two canneries, the Alaska fishery increased till, in 1918 134 canneries put up 6,678,000 cases. Overfishing, however, has created a situation which demands drastic changes in the regulations.

Every snowflake is accompanied by a little Christmas spirit. That is what makes it sparkle, prouette and taffspin.



and the sealed air-tight carton keeps it "Good".

Red Rose Tea comes to you with all its original, rich strength and rare flavor fully retained.

Red Rose Coffee is as generously good as Red Rose Tea

## TRAFFIC TIED UP TO BREAK MIRROR

(New York Sun.)

"Traffic gets held up in queer ways," said a cop at Forty-second street and Fifth avenue. "It was only just the other day that we had a blockade that tied things up for half an hour."

"I noticed a young woman pounding something against the curb. Looked funny to me and I couldn't figure what it was. People passing by started to run, looked again and crowded around her. I headed for the middle of the bunch and saw she had busted open her package and was breaking a lot of mirrors on the sidewalk, one by one."

"What's all this about?" I asked.

"Oh, mister officer," she says. "I broke a mirror a while ago and if I don't break seven more right quick I'll have seven years bad luck. By rights they should be broken all at once, but I could only do it one at a time. And now, please, won't you help me get out of this crowd?"

## PLAIN RUGS ONLY FOR GOLFERS

(New York Sun.)

The stern looking shopper approached the clerk in the rug department of the big store.

"Young man," she said, "I want to look at some moderately priced plain rugs. I don't want a pattern."

"But we're having a sale of some particularly fine numbers with a design in the middle. They're very simple and plain and quite the latest thing," said the clerk knowing that all women have a weakness for a sale.

"Young man," she returned, "don't tempt me. If I get a rug with any sort of a pattern in it my husband will practise golf on it. He wore out my last one that way. He uses the pattern to aim at when he tries indoor putting—tries to get the ball in the centre."

### OUR DAILY SPECIAL.

When Desire and Conscience Have an Argument, Desire Usually Wins.

Patriotism and Politics have one thing in common. They both begin with the same letter of the alphabet.

A clever girl studies men. But a pretty girl keeps men busy studying her.

A wife doesn't seem to understand that giving her husband a piece of her mind won't add to his peace of mind.

A man would rather let a strange woman have his handkerchief to rub the dust off her shoes than let his wife have his handkerchief to rub the shine off her nose.

After all the political arguments we've had to listen to in the past two months you'll never get us to believe that the country is facing a shortage of Natural Gas.

### HOORAY.

Dr. Feltwell is pathologist in the Presbyterian Hospital, Pittsburg Penn.

The people who followed the time honored custom this season and did their Christmas shopping early got stung for the luxury tax.

### STERILIZED KISSES.

"Among new inventions is a kissing screen, a small contrivance which every sanitary lover is expected to carry in his pocket."

There is great danger in the kiss; There has been and will ever be.

The game with any pretty miss That has no danger's not for me.

From kisses I have caught with ease A dozen kinds of heart disease.

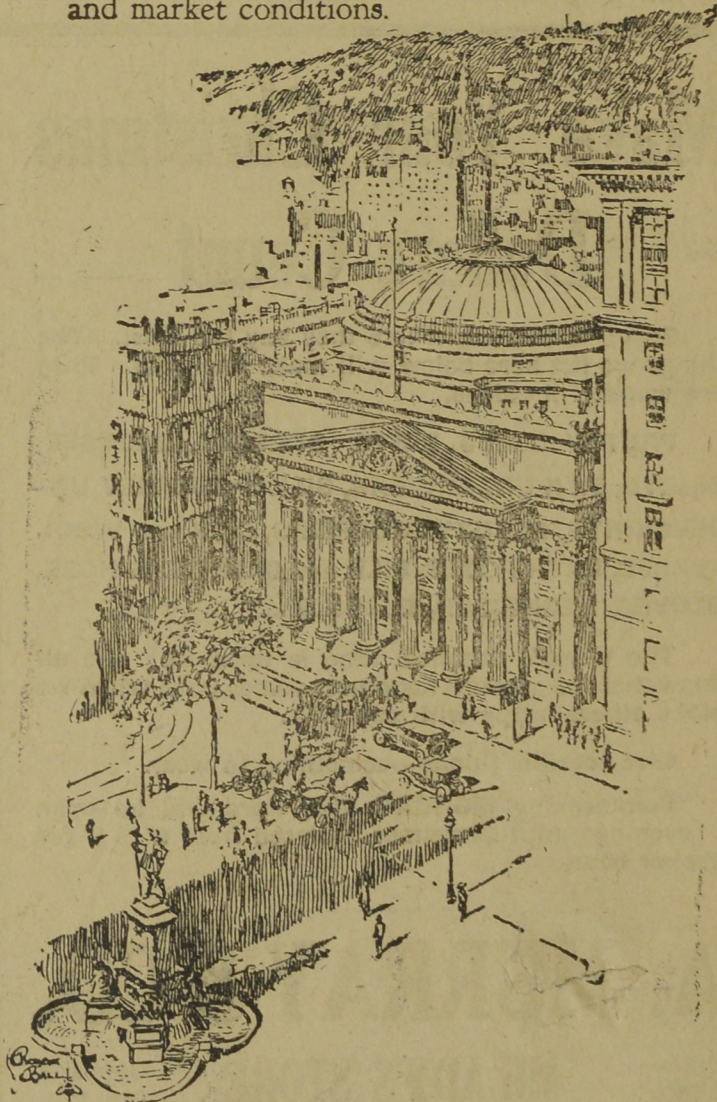
The kiss that has been sterilized Is rumless punch, a sexless dance, A saltless egg, a game devised With room for neither skill nor chance.

What's caught from kissing, bachelor Is something to thank Heaven for.

## At the Service of a Great Industry

The farmers of Canada are engaged in one of Canada's greatest industries and produce a large part of the Dominion's wealth.

THE banking requirements of this great industry are far-reaching and demand a nation-wide service—such a service as the Bank of Montreal affords with a branch in every important centre of Canada, each having an intimate knowledge of local agricultural and market conditions.



We invite farmers to talk over their banking problems with the manager in our nearest branch.

## BANK OF MONTREAL

Established over 100 years

Branches in all important centres in Canada. Savings Departments in all branches

TOTAL ASSETS in excess of \$500,000,000

# Say It With Flowers

## WHY NOT GIVE FLOWERS. EVERY ONE LOVES THEM

Flowers are the universally accepted gift. You may give flowers to the humble or present them to the rich—to the young folk or to their elders—all accept them with the fullest sense of heartfelt appreciation.

Flowering plants are popular because their beauty lasts throughout the entire holiday season and on through the dull months of gloom.

We have all the favorite Christmas flowering plants including azaleas, the first since 1914, and for those who prefer fresh cut flowers, nothing so beautiful as our gift box of Roses, Carnations, Violets and other mixed flowers.

Please order early, so we can reserve our best for you.

CELERY and LETTUCE.

# ADA M. SCHLEYER

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