

Children Cry for Fletcher's

CASTORIA

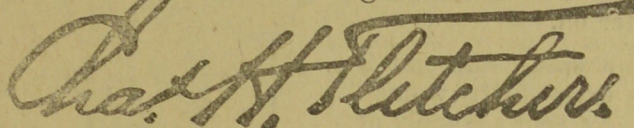
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience Against Experiment.

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OF INTEREST
TO WOMEN

TAKE UP THE CARPETS.

The Tacked Down Carpet is Now a Rare Thing—Almost as Rare As a Feather Bed.

Do you still have any tacked down carpets? Probably not, for in the average home the tacked down carpet is almost as unusual as the feather bed. Occasionally in a house furnished by a very up-to-date interior decorator there are tacked down carpets, which supposedly give a more finished appearance to the floors, but this is an extremely new, up-to-date idea, quite different from the tacked down carpet left over from your mother's generation.

Now in some houses it is possible there are tacked down carpets that have laid for years perhaps for generations. In one house the writer has in mind such carpets cover all the floors downstairs and they give the house the dingiest, most untidy appearance, just because they are old, faded and worn.

The mistress of the house, when asked why she did not take up the carpets and have bare floors with rugs, said she couldn't afford to do it.

But she could, if she only knew how. Here is what she could do. She could have the carpets taken up and the floors scrubbed—a process she goes through with at least once a year and sometimes twice. Then, when the floors, well cleaned, were thoroughly dry she could paint them or stain them. If they were in good condition she could simply put on two or three coats of a good floor stain. If in bad condition she could go over them with a floor filler first and then with a stain or paint. The result, if the work were carefully done, would surely be attractive. If she wanted further finish she could wax the floors occasionally, although this is not necessary and is hard work.

As for rugs, she didn't have any—no. But she could have rugs made of her old carpets at a relatively small cost. The cheapest rugs are double rag rugs. There are also fibre rugs of Japanese make that are inexpensive and very attractive.

WASHING SILVER

Fill a tallish graniteware pitcher nearly full of lukewarm water, stir in a teaspoonful of soap powder and immerse in that all the knives, forks and spoons, handles up. They will wait then till the last dish is out of the way. When the last dish is clean and back on the dinner tray ready to be put away, give the pitcher a quick shake or two, turn off the water and soap powder (using the dish mop to keep the silver from coming in contact with the alkali) and fill the pitcher with boiling water. Wiped out of that the silver will be clean and white, cleaner than when it is allowed to knock about in the bottom of the dishpan and treated to a hasty rub with the dish mop. Silver washed in this way rarely has to be polished.

THE MARCH OF PROGRESS.

Give you the old life garden??
Hedged by its fringe of gold,
The play-spot of my fancy
In the long sweet days of old.

Give on the old life garden?
Sentiment won't stay put!
That play spot sold last August
For ninety-five bones a foot!

CHILDHOOD CONSTIPATION

Constipation—that disordered state of the digestive tract which is nearly always caused by improper feeding—can be readily regulated by the use of Baby's Own Tablets. These Tablets are a mild but thorough laxative. They are easy to take and are absolutely free from injurious drugs. Concerning them Mrs. Joseph Dion, Ste. Perpetue, Que., writes: "I have nothing but praise for Baby's Own Tablets. When my baby was three months old he was terribly constipated but the Tablets soon set him right and now at the age of fifteen months he is a big healthy boy and this good health I attribute entirely to the use of the Tablets." They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

HER SONG ENDED.

"Oh, Oswald is my darling boy,"
Then she met him with another
And she isn't singing now.
Sang the maiden before the row;

JAZZ.

We hate the sound
Of any moan
Unless it's from
A saxophone.

Old Man Ivorydome says he now takes gas when he has his shoes repaired—so the bill won't hurt.

THESE DAYS.

No matter where you chance to go.
You've got to spend a wad of dough.
When we have paid our monthly rent
Said Tutt, it leaves us badly bent.

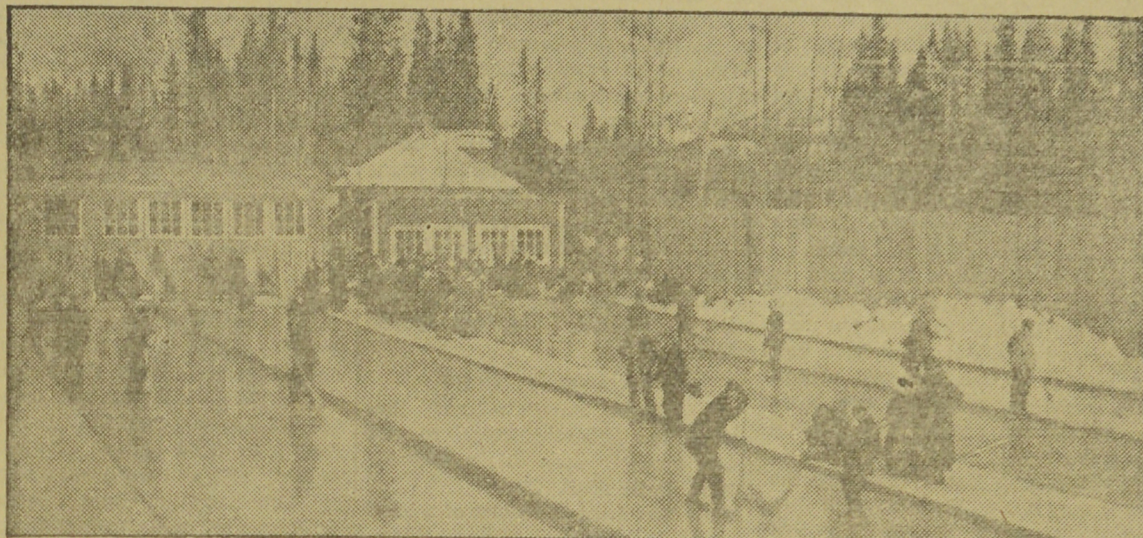
Lots of people like a dog—if it is enclosed in a pretty picture frame.

RECUPERATIVE POWERS.

Ed. Whiling was struck by the Lehigh express train Tuesday morning and did not get to work until nearly 11 o'clock—Fulton, Pa., correspondence.

All the world loves a winner—except the loser.

Carnival Spirit at Banff.



Banff is to have an elaborate winter carnival this year, and will be on foot from February 2nd to the fourteenth inclusive. Situated as it is in the Canadian Pacific Rockies and surrounded by the grandeur of Tunnel Mountain, Rundle Mountain, and Sulphur Mountain, Banff, the national resort, is fast becoming the centre of winter sport in Canada, as Christiania in Norway. It is a perfect winter playground with its natural mountain slides and ideal skiing. The preparations for the carnival this year are on a larger and broader scale than previous years; the aim being to make Banff attractive in winter as it is in the summer. In one aspect the visitor will find combined summer and winter amusement in the hot sulphur springs, which give one the privilege of swimming out in the open with the thermometer above or even below zero, in not tepid but warm water.

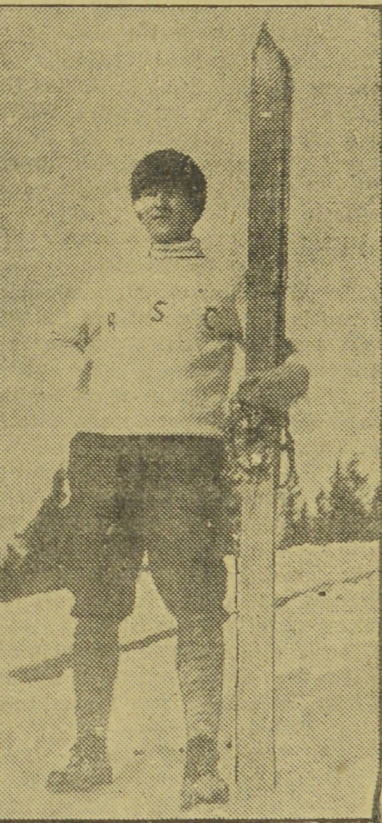
The spirit of the carnival will again have full sway throughout the town, and those who arrive at night will find themselves in a veritable fairyland. Colored lights are to be strung across the streets, down the famous toboggan slide, and on the rinks in thousands giving a great gala effect.

The list of amusements is a long one. There are hockey and curling matches, toboggan races, snowshoe and ski races. The ski jumping this year promises to be one of the big events, for a new jump has been built costing several hundred dollars, and some of the best skiers in Canada will take part in the competitions. The Pony ski races are on the programme, and will doubtless create much excitement. Snow shoe tramps have been planned and lunch will be served at the game warden's cabin. Those exhilarating tramps are conducted by men who

know every inch of the country. The carnival will be just one continued round of gaiety and anyone who imagines the world in the mountains to be dead in the winter will have a pleasant surprise. Rivers, brooks, cataracts and falls are all pursuing their merry course, as in the summer except in a few occasional spots. The animals are not huddled up inside their burrows or seeking shelter away from the world, but roam around as in summer.

The carnival will be opened by the Superintendent of the National Park, and a special programme has been arranged for each day and will conclude with a farewell ball and distribution of prizes. There are three comfortable hotels which remain open throughout the winter.

The carnival and bonspiel at Banff are becoming amongst the most important and widely known events of the Canadian Winter, and will attract thousands to see "Top of the World" in the winter. Nature in all the beauty of her winter garb is at her best at this time of the year. Instead of being dead Banff will be very much alive.

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