Strength Will Return To Weak People Using This Treatment

You are discouraged.
You feel old and worn.
You are sick, but not aware of the fact.
You can drag yourself around—but work is impossible.
With your stomach crying out for assistance and the nerves all on edge why not try Ferrozone?—it will surely do you good.
Ferrozone is a wonderful combination of vegetable extracts, fortified by excellent tonics for the nerves and stomach.
When you feel despondent, Ferrozone cheers you up.
When languor and oppression weigh you down, Ferrozone braces you up
When sleep is impossible Ferrozone calms the nerves and gives you rest.
For bounding health, good looks, good spirits, nothing equals Ferrozone; makes the weak strong and the sick well. Good for men, women and children; try Ferrozone, it can work wonders, as it did for Mrs. Mary Melong, of Harbour Bouche, N. S., who writes:
"Ferrozone built me up.
"Before using it I scarcely knew what good health meant.
"I was just as miserable and weak as any woman could be.
"Tired from morning to night, bothered by trifles, unceasingly nervous.
"The first box of Ferrozone improved my blood, gave me appetite. In a short time I was like a new person Now I rejoice in abundant good health."
Try Ferrozone. It will make an unexpected improvement in your looks, your feeling, your health.
Whether anaemic, nervous or suffering from secret disorders,—if you a few moments—a delightful surprise per box, or six boxes for $2.50, at all dealers or direct from The Catarrhozone Co., Kingston, Ont.

One advantage of drinking wood alcohol is, as the thoughtful coroners all say, that one drink is usually quite enough.

DYING EFFORT OF THE UNION GOVERNMENT

An Ottawa despatch says: "The latest attempt at reconstruction is generally looked on here as a dying effort and it is hard to see how the government can last through another session of parliament. The western low tariff members will be encouraged to renewed activity by the announcement just made regarding customs returns—which for the calnedar year are 169,000,000 over last year, an increase of about $14,500,000. "If this increase continues for the fiscal year, the total will be much increased while even at worst there can be no such loss as Sir Thomas White anticipated when he introduced his budget last June."

OPEN SEASON OF WARFARE

Washington, D. C., Jan. 5—The year 1920 will be an "open season" on Bolshevists, anarchists and kindred radicals who are in this country with the idea of overthrowing the government.

Attorney General Palmer has declared that the policy of the Department of Justice in dealing with the "Red" menace during the coming year will be one of "unflinching, persistent and aggressive warfare." No quarter will be shown and every movement aimed at the government, no matter how it is cloaked, will be dealt with sternly.

When making oliv esandwiches put the olives through the meat grinder.

SEEMS EVERYONE IS ANXIOUS TO TRY IT

Recent discovery of ether compound that dries up corns so they lift out.

Good news spreads rapidly and druggists here are kept busy dispensing freezone, the ether discovery of a Cincinnati man, which is said to loosen any corn so it lifts out with the fingers.

Ask at any pharmacy for a quarter ounce of freezone, which will cost very little, but is said to be sufficient to rid one's feet of every hard or soft corn or callus.

You apply just a few drops on the tender, aching corn and instantly the soreness is relieved, and soon the corn is so shriveled that it lifts out without pain. It is a sticky substance which dries when applied and never inflames or even irritates the adjoining tissue.

This discovery will prevent thousands of deaths annually from lockjaw and infection heretofore resulting from the suicidal habit of cutting corns.

SAM M'KINNEY WON AT TRURO

Truro horsemen held the first of this Winter's ice races on the Salmon River, about two miles from Truro. About four hundred people were in attendance. The free-for-all trot was won by Sam McKinney, recently imported by Captain Gilmore McDougall, from Fort Fairfield, Maine. He was third in the first two heats, after which Peter Carroll took the reins and drove the horse to victory. He also won the free for all pace with Baron H., 2.04½, recently purchased by G. H. Vale

INTERESTING PERSONALITIES IN CANADIAN PARLIAMENT

Nova Scotia Always Sends an Intellectual Delegation to Ottawa—Hon. Mr. Fielding Ablest Maritime Man—New Brunswick Men Show Up Well—Quebec Members are Trained to Speak in Public—Hon. L. A. La Pointe Leader of the Quebec Liberals in the House.

(Tom King in Grain-Growers Guide)

In Parliament as everywhere else, the personality counts. Men differ one from another but in the mass they are apt to be like shot in a bag. Here and there an individual stands out so he is noticed, observed and remembered. It i not always a question of ability—nearly every member has a certain amount of ability or he would not be where he is. It is not always a question of superior virtue because many good men are utterly commonplace. On the other hand one might mention men of little personality who have succeeded at least for a time remarkably well.

A notable instance is Hon. Albert Sevigny who entered parliament at the age of thirty, in 1911 and served only one term. Yet during that one term he was successfully deputy speaker, speaker of the House, and Minister of Inland Revenue.

When Edward Norman Lewis, of Huron County came to parliament he attracted immediate attention by always carrying an umbrella, always wearing a red tie, and always writing with red ink. He had considerable ability introduced any number of bill, and rapidly became well acquainted. One evening when he was coming up the centre walk to the Parliament Building since destroyed by fire, he overtook an elderly gentleman who was about to enter. He, in his friendly way took the gentleman in hand, showed him around the building and through the Parliamentary library. Finally the bell rang for the House to take up. Lewis excused himself and hurried into the Chamber. To his consternation the elderly gentleman not only followed him but entered the chamber of the House without even removing his hat. Lewis—aghast—essayed to push him out, and only then learned that his chance acquaintance was a fellow-member of the House and had been a member for twenty years.

Each section of the country has its own characteristics and they are reflected in the individualities of their respective delegations to Parliament Nova Scotia for years has sent a highly intellectual delegation with a taste and talent for politics. We are not surprised to find the leader of the Government, the leader of the Opposition and the Speaker of the House coming from this little province, Quebec, given to classical education and food of oratory sends perhaps the most showy delegation to Ottawa. Her members as a rule are trained to speak in public. Ontario selects representatives of a different type.

Many Able Easterners

The ablest man from the Maritime Provinces, with the possible exception of the Prime Minister, is Hon. W. S. Fielding. Mr. Fielding has a keen and logical mind, an excellent parliamentary style and presents his arguments in a convincing way. He is a nervous, active, little man, always in a hurry, and is always arriving out of breath. He moves quickly talks quickly, and is evidently under a highly nervous strain while addressing the House yet he is by nature conservative almost to the point of timidity.

The other day Hon. Mackenzie King, newly chosen leader of the Liberal party, was presented to the House as the member from Prince County, P. E. I Mr. King has ability and the place he holds in the House and in the country makes him a personality. However I do not propose to discuss either the leader of the Government or the new leader of the opposition.

Hon. F. B. Carvell for years a member of the House from N. B., was a unique and striking personality. Indeed Frank was all personality. He was down-right emphatic and careless about the feelings of those he rode over rough shod in his argument. His appointment to the Railway Commission left New Brunswick with no standing personality, although the province is represented by a first class delegation of members. Gen. H. H. MacLean, Col. Harry McLeod, A. B. Copp, of Westmoreland, and Oresiphore Turgeon of Gloucester are all interesting types and men of ability.

When we come to the Province of Quebec we find almost a new delegation. The "Young Bloods" like Denis, Vien and Fournier are finding their feet, but have not been long enough in public life to make much impression on the country. Lucien Cannon is most able, of this crowd. He has a fine delivery and his English style is modeled on Burke and Macauley indeed perhaps he unconsciously borrows from these great masters of English style as when he told the House that "Bribery has become a profession and treason a career."

Hon. Rodolphe Lemieux and Hon. Dr. Beland are withdrawing more and more from the activities of public life and the two prominent figures in the Quebec delegation today are Ernest Lapointe and Jacques Bureau.

Lapointe Big Quebec Man

Lapointe re-enters the House not only as the successor of Sir Wilfrid Laurier, as member for East Quebec but also as leader of the Liberal Party in Quebec. He is a big man in every way. Almost a giant physically he ranks intellectually among the foremost statesmen of Canada. Yet he is the essence of good nature his broad face lights up constantly with a smile and he is fond of making amusing comments on the proceedings in the House. This raillery is all on the surface; he is really a studious, serious minded man, who never speaks without preparation and carefully weighs his words. He only learned to speak English after coming to parliament, but he mastered the language as he would any other hard problem. He Lapointe may name the Prime Minister after the next Dominion election. Others will tell you that the people of Canada will do the naming and that they have already selected Hon. T. A. Crerar. Be that as it may Mr. Crerar is undoubtedly the outstanding figure from the West. He has come through the acid test of holding a cabinet portfolio and then giving it up. Usually after a minister retires from the Government he attracts no further attention, yet Mr. Crerar probably carries more weight today than he did when he sat on the treasury benches.

When a 17-year-old boy in his first long pants, who has always professed his contempt for girls, begins to spend a goodly portion of his leasure time before a mirror adjusting his tie and picking lint off his coat lapels, the time is ripe for some fluffy-headed maid to change his attitude toward the fair sex

A Quick Relief for Headache

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheumatism, etc. 15 to 30 drops of Mother Seigel's Syrup will correct faulty digestion and afford relief. 8

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$100. CASH PRIZE or $100. TALKING MACHINE

ALSO $10. FOR NEATEST SOLUTION. Somebody who sends for the particulars of this Puzzle Contest telling us WHAT TWO CITIES ARE REPRESENTED by the above Two Sketches, will receive a $100. MAHOGANY FINISH TALKING MACHINE or—$100. IN GOLD MONEY! Try it at once. It may be you. Write the names of the Cities in a letter or postcard, giving your Name and Address plainly. Contest closes April 1st 1920.

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Fine, Dark	25.00 to 20.00	18.00 to 14.00	12.00 to 10.00	9.00 to 7.00	9.00 to 5.00
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Pale	10.00 to 8.50	8.00 to 7.00	6.50 to 6.00	5.00 to 4.50	5.00 to 3.00
WEASEL					
White	4.00 to 3.00	2.50 to 2.00	1.75 to 1.50	1.35 to 1.15	1.25 to .75
Stained	2.75 to 2.25	1.75 to 1.50	1.35 to 1.15	1.00 to .75	1.00 to .50
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	40.00 to 35.00	30.00 to 25.00	22.00 to 16.00	15.00 to 12.00	15.00 to 8.00

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