ANY WOMAN'S STRUGGLE FOR OOD HEALTH QUICKLY REWARDED

A Simple Home Treatment Now Advocated That Gives Fine Results.

When a woman's face grows haggard and pale, when she is tired all day and ready to cry when night comes, she ought to know something

sip or two of water, take two chocoseems to be the best thing going for are interesting.

folks that are tired out, run-down and As the yield of wheat alone is esti-

gives good color.

strength, vim, stability.

son who is weak, nervous or sickly, not a person in ill-health who won't receive immediate help from Ferro-

As a tonic and restorative, as a feeds and nourishes, because it con-

# SAWS CAN BE

An ordinary hand saw has been inproducer of music.

The saw is played by placing the plause.

#### HOW THIS SEASON'S WESTERN WHEAT CROP WILL BE HANDLED

Nearly Four Thousand Elevators With a Capacity of 226,257,-000 Bushels, Located at the Head of the Great Lakes-Big Storage Capacity at the Twin Cities.

Ottawa, Oct. 24-With the Western capacity has run ahead of grain pro

eral years ago.

Balmoral, Scotland, Oct. 29-Prin-

"Swimming Match Within.

Admission 3d."

another in charge of Prince George,

Princess Mary stood at the entrance

Putting off only make matters worse grain crop practically all harvested duction. The best advice we can give any sick- and waiting for an outlet and with ly woman is to test out the following some uncertainty as to when and in built not so much for the present as ployed at the Ayer terminal. The 12 what manner exports are to be hand- for the future. At present approxi- men are fellow-employes of the bride-At the close of every meal with a led, the facilities which Canada pos- mately twenty per cent. of the total groom, who attempted to keep his sip or two of water, take two choco-late-coated Ferrozone Tablets. This sesses for taking care of a big crop land acreage of the Prairie Provinces wedding a secret from them.

in need of a strengthening, building mated at about 289,000,000 bushels, to Ferrozone's action aids the three say nothing of oats, which are a heavy principle functions of the body-di- crop, besides barley and flax, it may gestion, assimilation, elimination. readily be seen that Canada's grain-By strengthening digestion it forms handling facilities had need be ample readily be seen that Canada's grainan abundance of rich, red blood-this if congestion is to be avoided. But in of it. By perfecting assimilation, Ferro- addition, this country is being called zone supplies nutrition—this gives on to handle a considerable volume of from the West has passed out through road men drove up in two automo-Elimination is assured because Fer-through labor troubles and congestion crease in freight rates ranging from marriage had been discovered by his rozone quickens the action of the liver on American roads, is being diverted 35 to 40 per cent. it is expected that fellow-workers, Mr. Hurley invited Bonaventure station at 5.00 p. m. This kidneys and bowels—this guarantees to the Port of Montreal. Up to the a portion of the Alberta grain for exthem to the breakfast. e maintenance of vigorous health.

Ferrozone puts you on the right end of August 30,000,000 bushels of port will go out through the Port of Scarcely had the guests been seat-Ferrozone puts you on the right road—the one that leads to health.

Not a man woman or child need ing blood vigor, endurance—not a pering blood vigor 900,000 bushels a day.

Housing Prairie Crop.

As the prairies are the great wheathealth-bringer and body-builder, Fergrowing provinces of the Dominion, PRINCESS MARY by far the greater part oft he eletains the elements that build up and vator capacity is found at the head of strengthen. Try it yourself—sold the Great Lakes and beyond. As be-everywhere in 50 cent boxes, 6 boxes tween sixty and seventy per cent. of for \$2.50, or by mail from The Ca-the Western grain crop usually moves to Fort William and Port Arthur between September 1 and December 15, time "spoofing" threepences out of the elevator capacity at those cities is necessarily large, being equal to twenty-five per cent. of that for the MADE MUSICAL whole Dominion. The latest returns show that in all Canada there are 3,797 elevators, with a capacity of services as booth holdes. Outside a 226,257,000 bushels, of which 3,730 are booth was a notice: troduced as a musical instrument with country elevators, capacity 127,000,much success. A theatrical manager 000 bushels. Fort William and Port who heard the saw "played" for the Arthur combined have a total storage first time expressed his enthusiasm by capacity of 54,225,000 bushels, of of the booth and collected the three-had enough fun, and continued the saying that he believed it will soon be which 51,500,000 is in public terminal pences for admission. The "Swimming chase. By hiding in the baggage room a common instrument—that is, as a elevators, the remainder belonging to Match" was an ordinary wooden vesta at the Fitchburg station Mr. and Mrs. private interests.

The growth of Canada's elevator cawooden handle of the tool between the pacity has been very rapid and quite Princess Pat created so much stir, and ed the first train out of the station knees and drawing an ordinary vio- in keeping with the growth of the Do- the Rev. John Stirton. lin bow across the smooth edge. The minion as a producer of grain, esvibrations of the thin steel blade pro- pecially wheat. In 1901 the wheat duce a loud but mellow whistling production of the whole Dominion was who also demanded threepence for his sound similar to that of an ocarina. 47,867,000 bushels, in 1916 it had entertainment. This consisted of being DIALS WILL The note is changed by bending the reached 376,000,000 bushels, the lat- allowed to sit on a chair belonging saw-the smaller the arc the higher ter, however, being an exceptional to the Queen, which played a tune the note. The saw has been adopted year. During an average year the when sat upon. Prince George himself by several orchestras and many vau- yield will run between 200,000,000 and brought this chair to the bazaar from deville artists are learning to play 250,000,000 bushels. In 1901 the ele-Balmoral Castle. one. When it was introduced in one of vator capacity of the Dominion was the leading downtown restaurants the 18,329,000 bushels, and as the capacity of fun competing as to who would and one graceful it with much and specific pow 226,256,000 bushels, it is evitable the most money, and at the end dent that, if anything the elevator of the day Princess Mary won.

#### **KIDNAPPED** THE BRIDE AS A WEDDING PRANK

Clinton Oct. 26-Mrs. Thomas Francis Hurley, bride of less than an hour was abducted this morning from her parents' home, 15 Winter st. in a wedding prank, and it was only after an automobile chase of several hours that she was finally rescued from her

has been taken up for agricultural Miss Catherine Agnes Kittredge bepurposes, less than ten per cent. be- came Mr. Hurley's bride this morning improved which shows the won- ing at St. ohn's Church. Rev. John J. derful possibilities for grain produc- Bell officiated. Miss Nellie Moran tion in this portion of Canada and the was the bridesmaid. The best man need of planning on a large scale the was Michael Kittredge, brother of the equipment necessary for the handling bridegroom. As the wedding party was on its way to the wedding break-Hitherto practically all the grain fast at the bride's home, the 12 railgrain from the United States, which, the Eastern outlet, but with an in- biles. Realizing that the secret of his

> Dominion Government built a large from the house. The bride and the storage elevator at Vancouver sev- dozen men vanished in the two autos

> Before they left they locked the bridegroom in the cellar. Mr. Hurley climbed out through a bulkhead and climbed into an automobile with Aus-SPOOFS SCOTS tin J. Kittredge, brother of the bride and a Selectman of Clinton. A sectin J. Kittredge, brother of the bride ond automobile, driven by William Connery, also took up the chase. In cess Mary has been having a good an atempt to elude their pursuers the abductors transferred the bride from one automobile to the other. Con At a bazaar recently in aid of the funds of Crathie Church Princess of Clinton, and persuaded them to Mary and Prince George offered their lallow the bride to return with him.

> Connery returned the bride to her husband, and Selectman Kittredge volunteered to drive the couple to the station at Fitchburg. The 12 abductors decided that they had not yet blown hither and thither by Capt. Hurley eluded them, and to make Ramsay, whose romantic marriage to their escape doubly sure they board minus their trunks and other baggage The exit from this booth led into are on their way to Troy, N. Y.

## REPLACE THE 'PHONE GIRLS Brother and sister got a great deal

(New York Sun.)

First steps in transforming New York's vast telephone system from the present familiar system with the use of feminine operators into the strictly mechanical dial system have been taken, J. S. McCulloch, vicepresident of the New York Telephone

The transition has begun in three exchanges—the Pennsylvania, the Academy and the Lispenard.

Under the plan outlined by Mr. Mc Culloh the change will not come at once. Instead from two to twelve will be needed to finally dis place the familiar 'Number, please?" with the numbered dial at the base of the telephone with which the subscriber will connect up his own num-

The success of the dial system in smaller exchanges has caused the New York company, with its 868,000 telephones, to decide to make the change.

"The transformation will not be so sudden that the subscribers will be their way in increasing numbers along operation by next spring. Service will not be curtailed in the slightest degree. At first the new system will be installed by giving the new subscribers the automatic telephones, and harvest field, the mountains, the seathen, from time to time, the older subscribers will find the feminine voice of the operator giving way to the dial system.

should not be construed to mean that rays-he calls that home. the operators will be displaced. There remains the necessity of maintaining a large number of employees to look after the mechanical equipment. I believe that the service will grow to of the prodigal son?

Harry—That it is better to be a prosuch an extent within the next ten years that by the time the service digal son than a fatted calf. is completely transformed we will need a larger staff of employees than we employ at the present tim."

Mr. McColloch quoted statistics which show the New York telephone system to be larger than the system in the whole of England and several times larger than the Paris' service. An average of 4,500,000 calls are made each day, he said.

#### NEW RAILWAY SERVICE TO THE PACIFIC COAST

Canadian National Railways Inaugurate New Fast Daily Service Between Montreal and Vancouver.

From all points in the Maritime Provinces there is the finest of through rail service to the Pacific Coast via anadian National Railways.

All that travel comfort can suggest, convey or devise, is here for the traveller. The most modern or steel equipment—first class coaches, standous compartment cars are on all the through trains between Montreal and Vancouver. The excellence of the connecting train from Eastern points, the 'Ocean Limited," is known to all travellers. The new service from coast to coast is the best that any railway offers anywhere

The Ocean Limited leaving Halifax at 8.10 a.m. daily, arrives in Montreal at 9.20 a.m. the day following. Connection is made with the splendid train operating under Canadian National and train, with its equipment of compartment cars, standard sleepers, standard diner, tourist and colonist cars, arrives at Ottawa at 8.00 p.m. and leaving at 20 p.m., is at North Bay early following morning. Port Arthur and Fort William are reached the morning of the day following, and Winnipeg that evening. Leaving Winnipeg at 9.40 p.m. the journey to the coast is continued via Saskatoon, Edmonton, Jasper, Mount Robson and New Westminster and the train arrives at Van-couver at 9.00 a.m. the third day, leaving Winnipeg.

Leaving Halifax on Monday morning for instance, the traveller arrives in Vancouver on Sunday morning just six days and a night of travelling un-

der the finest of travelling conditions.

Particulars of this new through ser vice can be now supplied by all Can-adian National Railway ticket agents. Rates can be quoted and reservations made. It is a new era in Transconti-nental travel that is but the beginning der the Canadian National system

#### **ASTHMA CURED** TO STAY CURED

Thousands Testify to the Lasting Benefit Secured from

#### CATARRHOZONE

One of the finest discoveries in medicine was given to the public when "Catarrhozone" was placed on the market about fifteen years ago. Since then thousands have been cured of as-thma and catarrh .An interesting case is reported from Calgary in a letter from Creighton E. Thompson, who says:

"Nothing too strong can be said for Catarrhozone. I suffered four years from asthma in a way that would beggar description. I went through every thing that man could suffer. I was told of Catarrhozone by a clerk in Findlay's drug store and purchased package. It was worth hundreds to me in a week, and I place a priceless valtrouble, etc., can all be cured right at home by inhaling "Catarrhozone."

In using Catarrhozone you don't take medicine into the stomach-you just breathe a healing piney vapor direct to the lungs and air passages.

The purest balsams and the greatest antiseptics are thus sent to every spot where catarrhal trouble existsare killed, foul secretions are destroyed, nature is given a chance and cure comes quickly.

### HOBOS BACK TO **BRIGHT LIGHTS**

(New York Sun)

As regularly as birds fly south in the fall hoboes begin returning .to New York city their Mecca when autumnal days come around.

You can see them now shuffling confused by the mechanical system," side streets, looking with longing eyes that the first three exchanges using windows contemplating the oncoming the system exclusively will be in days of cold weather with a tolerant

The hobo will go anywhere in the so he keeps moving. It may be the likes the bright lights as well as any "However, this announcement one else, and where they shed their

THE BETTER PART.

Sunday School Teacher-Now Har-

# CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears Signature of hat Stillthers

#### SECOND HAND

WANTED-Ladies and gentlemen's cast off clothing, boots, fur coats, gowns, furnishings stoves and all kinds of second hand goods. Goods called for.

Apply or write, Uncle Sam's Exchange, 106 Regent street, Grieves Building.

TO LET-Two furnished rooms and hall, furnace heated and oil stove for cooking, electric light and bath, telephone, rent five dollars per week. Apply 618 Brunswick Street

THE VENTRILO-PHONE-Wonderful sleepers, tourist cars and luxuri-compartment cars are on all the and Animal Immitator. Fun for everybody. Catalogue and sample 8c. Stone, Fredericton, N. B. Box 474.

> WANTED - Traveller for wholesale grocery business; must have experiin the business. Apply first to The Mail.

Fredericton's Oldest and most mod

ern high class cafe.

FRESH BUCTOUCHE OYSTERS

served in any style.

See our Saturday Night window dis-

Patronize our Lunch Counter.

Dinner served from 12 to 2 o'clock

See our window display.

YORK STREET

# CANADIAN PACIFIC

# Change Time AUGUST 29.

TRAIN No. 112 leaving Fredericton at 5.35 p. m. TRAIN No. 111, arriving Fredericton at 5.30 p.m.

#### CANCELLED.

TRAIN No. 110 will leave Fred-ericton at 4.55 p.m. instead of 3.45 p.m. as at present.

For other details of train charges toply to Local Agent.

N. R. DesBRISAY, Dist. Pass. Agt.

#### **TAXIDERMIST**

WHEN YOU WANT THE BEST IN TAXIDERMY, SEND YOUR GAME AND OTHER TRO-PHIES TO

#### GEO. A. DAVIS

TAXIDERMIST
281 Queen St., FREDERICTON, N. B.
Am. Branch, VANCEBURO, Me.

#### CAPITAL BRAND

Have you tried our BUTTER explained Mr. McCulloch. "We believe at the array of tempting pastry in the on the market. You are invityet? It is positively the best ed to call and see our plant at 448 King street. Visitors always welcome.

> Capital Brand ICE GREAM 60 cents a quart.

FARMERS' CO-OPERATIVE DAIRY CO., LTD. King Street.

**APPLICATIONS** 

for office help trained at **FREDERICTON** BUSINESS COLLEGE

are continually coming in from all parts of New Brunswick and the State of Maine.

We want more young men and women to qualify for these po-sitions. Write for full particu-

W. J. OSBORNE, Principal, Fredericton, N. B.

