

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

CELESTIAL CAFE

75 Regent Street.

STERLING F. LINT, Prop.

Lunches Served at All Hours

MEAL TICKETS FOR SALE

EVERYTHING IN SEASON

NEWSPAPER ADVERTISING IS THE BEST

ALL THE BEST AUTHORITIES AGREE that the most profitable form of advertising is through the daily newspapers. People who have goods to sell must get the fact to the public the quickest and surest way. Local advertisers show their confidence in the Mail and we have every reason to boast that our advertising service is reliable and valuable. A word to the wise.

DENTISTS, ETC.

DR. J. B. CROCKER,
DENTIST

FREDERICTON, N. B.

TELEPHONES

Residence 349-4

Office 419-11

DR. GERRARD,
DENTIST

571 KING STREET, FREDERICTON.

PHONE

Office 574. Residence 796

W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a. m. to 1 p. m.
2 p. m. to 5 p. m.
Phone 358-11DR. G. R. LISTER,
DENTIST

Tel. 232-41, Burchill-Wilkinson Bldg., Queen Street, Below Regent.

J. A. M'ADAM,
UNDERTAKER

REGENT STREET

BEST & MOST MODERN FUNERAL EQUIPMENT IN THE CITY.

Residence Telephone 70-41
Business Telephone 118-41

YORK HOTEL

S. HOWARD YOUNG, Proprietor.
Cor. Westmorland and King Street.
Good accommodation and service.
Coach and Auto Service to all trains and oaks. Stable in connection.

CLOTHES CLEANED

PRESSED and REPAIRED.
For Ladies and Gentlemen.

W. E. SEERY,

George Street.

BARRISTERS, ETC.

E. ALLISON MACKAY
Barrister, Notary, Etc.
InsuranceCHESTNUT BUILDING,
FREDERICTON, N. B.J. BACON DICKSON
LL. B.,
Barrister, Etc.532 Queen Street, Fredericton, N. B.
Phone 561. Bor 963.F. M. O'NEILL, LL. B.,
Barrister, Notary, Etc.
InsuranceN. B. TELEPHONE BUILDING,
GAGETOWN, N. B.

SECOND HAND

WANTED TO BUY—Ladies and Gentlemen's cast-off clothing, furs, boots, bicycles, watches, skates, jewelry, guns.

Also all kinds of Stoves and Furnishings.

Highest prices always paid for second hand goods.

Write or call for all goods.

When you deal with us you are not dealing with a Jew.

Uncle Sam Exchange

Phone 635-21. Grievous Building.

NEWS AGENTS IN CITY.

THE DAILY MAIL IS ON SALE in the City of Fredericton at the places of business of the following:

D. LENIHAN, 522 King St.
D. H. CROWLEY, 612 Queen St.
MISS QUINN, 147 Westmorland St.ALONZO STAPLES, 100 York St.
E. A. EARDLEY, 704 King St.
A. J. HANLON, 83 Regent Street.

FOR SALE—Second-hand Crown Jewel Stove, but little used; hot water tank in connection; will be sold at a bargain. Apply at the Mail Office.

OF INTEREST TO
WOMEN

NOW COMES TROUSERS-SKIRT.

Not Too Close or Wide, and Not Too Long to Hide Socks.

Chicago, Dec. 15.—Among the newest fashions for women is the trousers-skirt, a bifurcated garment that affords all the freedom of trousers, yet is ample enough to produce the visible effect of a skirt.

The new garments, becomingly filled by models, were shown at the winter resort fashion revue.

The trousers or skirts or both are not too long to hide much of the heavy socks which women will wear for golfing, boating or other out of doors exercise. These socks, whose tops turn over just below the knee, are made of silk and wool. They are heavy but cling softly and tenderly so that there is no need to wear even the most cob-webby silk stockings under them. To be entirely fashionable the color of the bands on the socks should match the scarf around the "sports" hat that crowns the adorable creation they adorn.

Hats this winter are of heavy silk with close-fitting brims, but there are elaborate garden hats in pastel shades profusely decorated with flowers which will put to blush even the vivid foliage of the South. There are waists hats, trimmings of all kinds in dandelion yellow, the favorite shade.

"MAKE A NOTE OF IT."

Tie a spoonful of salt in a thin piece of muslin and grease the griddle. This saves fat and smoke.

Sprinkle a little salt into the frying pan before using and the fat will not splash all over the stove.

When boiling an egg that is cracked, put a little salt in the water.

Zinc covered serving tables are most useful if wooden casters are attached; they can be moved easily to any part of the kitchen.

Mend cracks in congoletum rugs with adhesive tape on the under side.

A small brush, the five-cent kind attached by a string to the washboard is splendid for soiled spots and edges.

Iron linens with the thread, never diagonally.

A plane stool is very helpful when you have a large ironing, as you can sit down while ironing small pieces.

If the drain pipe of the refrigerator is not removable clean it and scald it with hot soda water.

MACARONI SUGGESTION.

An easy way to introduce a novel flavor into baked macaroni is to sprinkle bits of uncooked bacon here and there through the creamed macaroni as it is arranged in the baking dish. Sprinkle the top with crumbs as usual, and with cheese if liked. Add the finely chopped uncooked bacon and bake as usual. While cooking the bacon will trickle down through the contents of the dish, resulting in a delicious flavor, while the bits of lean bacon will be crisp and appetizing.

Another macaroni stunt not often tried is to bake the creamed macaroni in the shell of a pineapple or Edam cheese. Even after the shell is practically empty there will always be sufficient cheese left around the sides to give flavor and by standing the shell in a baking tin of suitable size the shape will not be lost during cooking.

FAITH

Them that haz gits,
Them that haint haint,
An him that haz gits from
Them that haint.Man wants but litt here
Blow,
An gits a dam site les.After pleasure folleys pain,
Evry cloud is lined with rain
Nothin aint

Rheumatic Pains

Are relieved in a few days by taking 30 drops of Mother Seigel's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these diseases can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no dangerous or other strong drugs to kill or mask the pain of rheumatism or lumbago, it removes the cause. 50c a bottle at druggists.

FORMER ST. F. X. PROF.
AND SELF DETERMINATION

Read Statement Giving His Views in St. Andrews Cathedral, in Victoria, British Columbia—Position of Catholics and the Irish Problem is Defined—Have No Quarrel With the Mother Country.

(From the British Columbia Orphans' Friend for December, 1920.)

As Bishop of the Catholic Church I am authorized to speak for her. As Bishop of this Diocese it is my duty to expound to the people the law of faith and conduct. The Catholic Church recognizes two politics, each in its own sphere supreme and independent, one spiritual, the other temporal. The former is sovereign in the things that are eternal, the latter in the things of time. Both hold their authority from God, for even in the temporal sphere all power is from Him, as the Apostle teaches: "There is no authority but from God, and the powers that be are ordained of Him." Our Lord himself bids us "Render unto Caesar the things that are Caesar's and to God the things that are God's." We owe obedience to temporal rules, as well as to spiritual, not only, as the Apostle teaches, for fear but also for conscience's sake.

All this is but a preamble to what follows. I wish to define our position as Catholics and as citizens of Canada in regard to the question of self-determination for Ireland. Briefly it is this: If you mean by self-determination a full measure of Home Rule within the Empire, that is what we stand for, both as Catholics and as Canadians. But, if you mean by self-determination complete severance from Great Britain and from the Empire, then, however great our sympathy with the people of Ireland, we are not prepared to go as far as that. The Parliament of Canada has put itself on record, by a unanimous vote, in favor of Home Rule for Ireland—real Home Rule, not a half measure, but a full measure of Home Rule, as I take it; such Home Rule in short, as we enjoy ourselves. Thus far we can go in our support of the cause of Ireland at this time but no farther.

I am here but defining for the people of this Diocese—I have no right to go beyond its limits their duty in regard to the movement that has been inaugurated for the independence of Ireland. That duty I conceive to be this: As loyal citizens of Canada and the Empire we are bound to yield unflinching allegiance to our King and Parliament. We Canadians have no quarrel with the Mother Country, nor cause of quarrel. On the contrary we have every reason both on religious and patriotic grounds to remain steadfast in our loyalty. England is a true Mother to us and nowhere is the Catholic Church freer and more untrammelled in carrying out her God given mission than under the British flag.

Let me say in conclusion, that for myself I am quite satisfied with Kipling's statement of our status as Canadians, in his well-known poem "Our Lady of the Snows":

A Nation spoke to a Nation,

A Queen sent word to a Throne,
"Daughter, am I in my Mother's House
But Mistress in my own,
The gates are mine to open
As the gates are mine to close,
And I abide by my Mother's House"
Said Our Lady of the Snows.

We are a Nation, indeed; we have bought the title and paid for it with the blood of our best sons. But every motive of loyalty and interest bids us but strengthen the ties that bind us to the Motherland.

I am not unaware that there are today many patriotic Canadians who no longer accept our status as above outlined. Their ideal is a commonwealth of nations within the Empire, wherein Canada shall stand as a sister nation on a footing of absolute equality with the Motherland. The time may have come when we are to assume that position; for, as the poet has it:

"The old order changeth, yielding
place to new."

But as for me, I have lived the greater part of life under the old order, and the new has no special attractions for me.

NEARLY CRAZY
WITH ECZEMA

No rest day or night for those who are afflicted with that terrible skin disease, eczema, or, as it is often called, salt rheum.

With its unbearable burning, itching and torturing, relief is gladly welcomed.

There is no remedy like Burdock Blood Bitters for giving relief to such sufferers; no remedy that has done, or can do more for those who are almost driven to distraction with the terrible torture.

Apply it externally and it takes out the stinging, itching and burning and promotes a healthy healing.

Take it internally and it gets at the source of the disease in the blood—for eczema is a blood disease—and drives it out of the system.

Miss L. M. Bouillier, 89 Victoria Road, Halifax, N. S., writes: "I have suffered for years from eczema. I could not rest day or night. I suffered great agony and was nearly crazy with the itching and burning. I used all kinds of salves, but nothing seemed to help me. I saw Burdock Blood Bitters advertised, and was advised to try a bottle. I found great relief, and I really cannot recommend it highly enough for what it has done for me."

Burdock Blood Bitters has been on the market for over forty years, and during that time has been manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

It's easy to get a reputation in a neighborhood, as a model husband. Just turn on all the lights in the kitchen, roll up the window shades and then get to work wiping the dishes. Repeat every evening.

POSTUM
CEREALused in place of
coffee has many advantages, soon recognized.
Postum is better for
health, costs less than
coffee, yet has a flavor
very similar to coffee.Postum Cereal should
be boiled a full fifteen
minutes. Another form
Instant Postum is made
instantly in the cup, no
boiling required.

Grocers sell both kinds

"There's a Reason"

PRICE AND QUALITY

Everybody wants lower prices. Nobody wants them more than WASHINGTON—but not at the expense of quality.

WASHINGTON'S prices are low, considering the quality, and will automatically go lower as costs decrease.

But whatever the price may be, the quality will always justify it.

For the WASHINGTON policy is to provide the best of food, service and sanitation at a reasonable price.

WASHINGTON'S

YORK STREET

CAPITAL BRAND

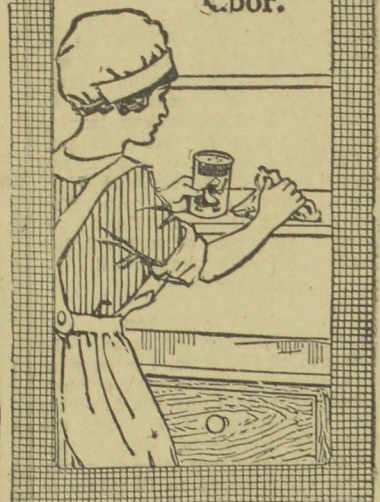
Have you tried our BUTTER yet? It is positively the best on the market. You are invited to call and see our plant at 448 King street. Visitors always welcome.

Capital Brand ICE CREAM
60 cents a quart.

FARMERS' CO-OPERATIVE

DAIRY CO., LTD.

King Street.

Old
DutchYou Will
Be Proud
of your pantry
if you use
Old Dutch.
It keeps things
clean and bright
with very little
labor.BOY SHOT
ANOTHER

Alma, N. B., Dec. 15.—A serious shooting accident happened at the home of John Sinclair shortly before noon yesterday. A .22 calibre rifle in the hands of John Sinclair, 12 years old, was accidentally discharged, the bullet entering the body of Willie Sinclair, aged three. The bullet entered the abdomen in front, coming out above the right hip. Surgical aid was summoned and the little chap rushed to the hospital at Moncton. His condition is serious.

At the auction rooms you will find all makes of typewriters—too far gone to repair—but you rarely see a Remington there. A. Milne Fraser, 157 Hollis St., Halifax, N. S.