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Lunches Served at All Hours MEAL TICKETS FOR SALE **EVERYTHING IN SEASON**

ALL THE BEST AUTHORITIES AGREE that the most profitable form advertising is through the daily newspapers. People who have goods to sell must get the fact to the public the quickest and surest way. Local advertisers show their confidence in the Mail and we have every reason to boast that our advertising service is reliable and valuable. A word to the wise.

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FALL TERM

FREDERICTON

WEDNESDAY, SEPTEMBER 1

Write for full particulars at once, and ask to have a place reserved for you. Address

W. J. OSBORNE, Principal, Fredericton, N. B.

NEWS AGENTS IN CITY. THE DAILY MAIL IS ON SALE In the City of Fredericton at the places of business of the follow-

D. LENIHAN, 522 King St. D. H. CROWLEY, 612 Queen St. ALONZO STAPLES, 100 York St. MISS QUINN, 147 Westmorland

E. A. EARDLEY. 704 King St. A. J. HANLON, 83 Regent Street.

CASTORIA

For Infants and Children In Use Fer Over 30 Years

OF INTEREST TO

ECONOMY HINTS FROM JAPAN'S

Although Occidental and Oriental taste of food varies, still, many dishes favored by the cooks of Japan may be adapted to our palates, and we can gain many good economy hints by thinking over the Japanese culinary nethods.

To begin with, the Japanese make vide use of fish, and that is some hing that we might do to advantage Both our seacoasts. our Great Lakes and many of the inland rivers supply abundant and delicious fish at reasonable prices-at no price at all if you are possessed of fishing rod and pati ence. Moreover, many kinds of fish that have hereeofire not been considered worth eating have recently been experimented with, and it has been found that they are both wholesome and appetizing if properly cooked.

The Japanese cook, with little meat at his command save fowl and ham, has learned to give a meat flavor to many dishes of vegetable composition. This he does by using a very little neat in their preparation. Those of is who shudder at the thought of s regetarian diet would find it highly palatable if it was prepared with just nough meat to give flavor.

Of course, we have all heard much of he Japanese use of rice. In our case, omlny and samp, two corn products ith macaroni and spaghetti when ey are cheap, could be used, lavishly nany interesting ways with the addi

ese brother and that is in possess g a limitless supply of butter and nilk. The Japanese cook uses oil for shortening in cooking—soy bean for one thing-but he makes very little use of milk, because Japan is not dairy country. Milk is prescribed as medicine in the land of chrysanthe mums, but it is seldom called for it apanese recipes.

Pink Lingerie Persists

Pink and blue in some sort of combi ation are increasingly used for lin-Efforts are made from time to ime to introduce some other color: for Ingerie. Indeed, we have other colors, but none others persist. Blu embroidery on pink is the usual meth od of putting the two tones together There is seldom pink embroidery or

Girl's Organdie Frock

A young girl's organdie frock of white is made with three flounces each of which is bound with a brass band f bright colored calico. The sleeve edges and the bodice, too, are bound with the same material. The little ine of bright colored figured calico is in smart contrast to the sheer ex panse of the white organdie

Cotton Frocks in Coat Style

Some of the new cotton frocks are made in coat style, with little waist coats attached to the coat portion with special reference to the suit with which they go, but otherwise they are simply a development of the idea this year of wearing waistcoats instead of

WILL OPPOSE

Truro. N. S., Aug. 11-The United Farmer party of Colchester held a convention here this evening and nominated Captain Hugh A. Dickson of Onslow, to oppose Hon, F. B. McCurdy, minister of public works, in the byelection on September 20. Captain Dickson in accepting the nomination predicted that he would carry the county and that two years from now the Farmer party and the Labor party would be in control of the government at Ottawa.

Among the speakers who urged cott Blanchard of Truro, who said the fight was not so much against Mc-dropped off, according to reports to Curdy as an opportunity to deal a the Commerce Department. blow at what he termed the Union | Candy merchants all over the Unitgovernment.

showing a rich lady-round, hopping to lie is consuming much candy, but not touch her heart and so receive a big so much as formerly. Candy merch check for his people.

poorest slums," he said, as the car of sugar at inflated prices. Now many turned into the side street. "These are petitioning the Department of people have little to brighten their Justice for licenses to sell sugar

"I must do something for them." sighed the lady, adding to the chauf feur, "James, drive the car slowly and said Assistant Attorney-General Figg turn on the big lamps."

PALMER'S

MID-SUMMER FOOTWEAR



Here is a Boot for Mid-Summer Wear that will give you real Foct Comfort.

Is not oil-tanned, but made from dry Chrome leather. Colors Smoked Pearl and Dark Brown.

An ideal boot to wear about town, or on a camping trip, the farmer, or the man working out-of-doors, will find this boot just the thing he has been looking for. You see it not only looks well but is light and serviceable.

> Your Dea er carries them in stock. Ask to see them. Or, you can write us direct for Catalogue and prices.



JOHN PAMER CO., Ltd.

FREDERICTON, N. B.

Washington, Aug. 6-A general reduction in retail prices of foods and clothing is forecast for this autumn by Government price experts here. Eco nomic conditions now seem to indi cate that war inflation is subsiding.

Wholesale prices dropped an aver age of slightly more than 1 per cent in the last 30 days, Labor Department reports showed today. Meats, fish and vegetables now are stored in quantities far greater than one year ago.

Bumper crops of wheat and other cereals are in prospect; in fact, are partly harvested in the Southwest, and farm labor is plentiful except in a

Luxury tax receipts are falling off showing the stampede has stopped at stores selling luxuries, including au tomobiles, diamonds and extravagant tlothing. Reduction in Juxury buying is a certain indication, Government of ficials say, that the national wave of extravagance has passed. Extravagant buying has been blamed for high prices by many officials, who say it profiteering. An end of luxury buying means "exit the profiteers," officials

Diamond importations have dropped off more than 25 per cent. Reduction of purchases by Americans is blamed in part for the strike of 1,000 cutters recently in Antwerp. The men struck because their hours were reduced opposition to Mr. McCurdy was Presthey said. The employers said this

ed States are complaining of a drop ping off of business. The sale is clas The clergyman of a poor parish was sed as "good" indicating that the pubants prepared for a big summer and "We are now passing through the winter business. They bought heavily which they declare they have in un necessary quantities

> "We are glad to issue these license "Sales of surplus sugar by candy deal-

rs should tend to reduce prices. Big reductions have been forced in wholesale prices of materials like cot ton, crude rubber, leather and steel. Although these do not affect directly the average consumer, they neverthe-

The world's heart didn't break, after all; but one judges by its conduct that its liver is in an awful fix. Silk shirts don't tell the amount of

reached pre-war levels.

long it will last. Paris fashion designers don't be-

New York, Aug. 12—Alexander Berk less have an effect on general comman and Emma Goldman, deported

modity prices officials said. Prices of from the United States as undesirables crude rubber and leather recently now are serving the Russian Soviet Government in official capacities, according to a letter from Miss Goldman sent to friends in New York from

The couple are touring Russia as members of a commission appointed a man's pile, but they tell you how by the Soviet government to gather material for a museum of the revolution, which will contain data bearing

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when you use

Instant Postum

Aside from the pleasing coffee-like flavor of this wholesome, healthful table drink, its quick preparation makes it worthy of your notice.

Instant Postum can be made a cupful at a time if desired. Ins strength can be varied from strong to mild according to the amount dissolved in each cup.

Economy should rule today and very likely will rule more strongly in the days to come.

Try Instant Postum "There's a Reason"

Canadian Postum Cereal Co., Ltd. Windsor, Ontario