

## MILITARY EXPERIENCE HAS SHOWN COFFEE TO BE A MORE STIMULATING DRINK THAN SPIRITUOUS LIQUORS

(Montreal Herald.)  
Someone ought to make a thoroughgoing study of the relations between coffee and alcohol. A good start might be made in the ingenious effort of Brazilian coffee-planters and their capitalist friends to exploit prohibition in the United States, says the Springfield Republican. The adventure no doubt looked promising on general principles. Here was a great and enormously rich country, much addicted to spirits and beer, which was to be cut off completely and for all time from whatever refreshment alcoholic beverages may give. It was not unreasonable to suppose that the demand for substitutes would be immense, and that people who no longer had a chance to waste their money on highballs, cocktails and similar indulgences could well afford to pay a good round price for coffee.

### Injury Done Soldiers.

These calculations were not unreasonable because coffee has long been held up as a relatively harmless substitute for alcohol. Not long before the war which brought prohibition in its train there was a vigorously pushed movement in New York to establish coffee houses that would replace the saloon in the function of "the poor man's club", which was often attributed to it. That the movement had so slow a growth may have been due to the fact that the patrons of saloons, while they may have enjoyed the democratic sociability of the bar, went there primarily to consume alcohol. Yet the antithesis set up between the two beverages was not wholly without foundation, and it was strongly emphasized in Civil War days, as will be recalled by people who have associated much with veterans of that great conflict. The Civil War put into the field a great civilian population which differed strikingly from that of Europe in that part of it was accustomed to fiery alcoholic drinks while another large part had never consumed alcohol in any form. In the army, as in all armies of that day, there was a tradition that for soldiers strong drink was necessary. The moral havoc done by the exposures of inexperienced youths to this tradition was sorrowfully recognized during the war.

### Coffee is a Tonic.

But along with this went counter-movement which got growing support from officers, in favor of the coffee pot in place of the whisky bottle. Under hard conditions it was shown, advocates of the movement declared, that coffee was a better tonic than alcohol giving stimulation which was not followed by reaction. Coffee was universally popular in the army, for it was one of the great American beverages. Tea was much less in favor, and cocoa, of which such enormous quantities were consumed in the World War, had not yet come in. The West was settled on a diet of bacon, flapjacks and coffee, with whiskey as

a mere dissipation to be indulged in only furtively after the towns one by one were "cleaned up" and put on a basis of law and order. Much might be made also of the case of the Turks, whose worst enemies have always admitted that they were gallant fighters, and whose abstinence from alcohol has been made up possibly by excessive consumption of coffee. No doubt there are coffee-drinkers who show no particular prowess, but at least the history of the Ottoman empire goes to show that hard drinking is not essential for hard fighting.

### Made in Various Ways.

As substitutes for alcohol, tea and coffee both have great vogue and physiologically are much alike in their effects but few countries are like the United States addicted to both. A curious case is that of the Russians and Persians who drink tea much as their coreligionists, the Turks, drink coffee, boiling it up with sugar in a potent sirup, taken in small doses but at short intervals. Apparently the technique of preparation came from the Near East, and the ingredients, by a roundabout route from China. Moroccans, as we have seen, make their tea much as the Turks make coffee. The English distort the Chinese beverage even more by adding milk. The Russians come nearer to the Chinese practice, but with less refinement often drink it, weak but in large quantities, out of glass tumblers—what is known internationally as the Russian style, a weak, sweetish lemonade of tea, is not general in Russia. In all countries there is a tendency among connoisseurs to conform as nearly as possible to the Chinese practice.

### Less Delicate Than Tea.

In the case of coffee there seems to be much less uniformity of practice or of ideals even among the most thoroughgoing devotees. Coffee is a less delicate and subtle drink than tea and offers more alternatives both in regard to the raw material and the mode of preparation. In celebrity Mocha still stands easily first, but certain regions of other parts of the world produce special flavors highly esteemed by connoisseurs who will take no substitutes. In America, Guatemala, Venezuela and Porto Rico all produce a limited amount of very high grade coffee of great potency and each with its distinctive flavor. Ways of preparing coffee differ almost as much as the berry. Much depends on the roasting, which in coffee-growing countries is almost always more thorough than in the north, making the berries almost black. In the southern countries, including Java, the use of "drip coffee" is general but not universal. It is curious that the coffee extract thus produced has not been put on the market.

After the great orator has used 14,628 words to describe his adversary, he says he is unspeakable.

## GREAT DEMAND FOR DOLLS IN NEW YORK THIS XMAS; 100,000 DAILY

(New York Sun.)

New York has developed a boom of its own, rivaling the scramble of mid-Westerners for Florida town lots, a boom born of the return of the affections to the oldest form of plaything—the doll. Every day of the present Christmas shopping season approximately 100,000 men, women and children—a greater throng than in any previous year—have descended upon New York's department and gift stores and departed with a doll.

Her sophisticated older sisters may be engrossed in the controversy raging over the relative superiority of the cabaret and the private social function, but little Miss New York's complexes react as of old to the pleasure of the doll house and "The Real Baby Doll."

One representative store reported today to the Associated Press, that it had sold 10,000 dolls in a single day, an increase of 33 per cent. over last year's record day. Other stores yielded figures nearly as large, and predicted the sales will reach unparalleled figures before the end of the present Christmas boom in dolls.

### A Sophisticated Standard.

There has been considerable change however. The little girl of today has a sophisticated standard of her own and is apt to turn a scornful shoulder to the dolls that thrilled her mother. Her parents may deny her the powder and lipstick that big sister sports, but they cannot interest her in the simple rag doll or the "pretty" curled and belaced doll that another generation adored.

"Me" is the model upon which she chooses her doll, and "What mamma buys for me" is the pattern for her purchases in doll clothes and furnishings, according to the heads of toy departments, who watch the choice of the thousands of little buyers, who under the present day habit select their own gifts without relying on the tastes of Santa Claus.

Now and then, a hurried father or a mother, dreaming of the delights of her own childhood, buys a "Floradora" doll, or a gaudily dressed "Katrinka" or "Gretchen" from Germany, or a "Rosa" from Italy, or a "Marie" from France. But when the littlest Miss New York enters the toy department she heads at once for the American "Dorothy" or a "new born baby" doll, this year's "smart thing" in the youngest set.

### The "New Born Baby" Doll.

The "new born baby" doll is a little cosmopolite—its head modeled by an American sculptress and manufactured of bisque in France, its hands made in Japan and its body and asemblage American products.

It is dressed in hand made garments of finest linen or lawn, correct in every detail with the costume of a future mistress. Its bathtub, cloth hamper, toilet articles and jewelry are all exact imitations of the real and when it takes the air it travels

in an English perambulator of this year's deep bottomed model.

The more fortunate little girls buy rubbers and rubber raincoats for their china progeny and insist on cooking for them on miniature electric ranges in dolls' houses equipped with radios, kitchen cabinets and porcelain bathrooms.

With all of these modern conveniences the little girl can find pleasure and excitement enough in playing house and entertaining her doll's friends at tea to entice her back again from the mechanical toys of other years.

Modernizing the play room and reproducing in exact miniature the clothes and furnishings of real life have resulted in parents paying as much for doll outfits as they formerly paid for their children's things, according to department store officials.

"But, with times good," they add, "no one seems to want to practise economy in children's toys this Christmas time."

## MENNONITES ARE HOMESICK FOR CANADA

Dallas, Tex., Dec. 16—Their dreams of a "promised land" in the Valley of the Rio Grande have faded and the Mennonites who sought to colonize in Mexico are yearning for their native home in Canada, disillusioned and destitute. Theirs is a story of a land of milk and honey that failed to materialize.

The weary people two years ago followed a great hope into the southern republic where they expected to prosper on the fruits of the land. And now they are homeward bound longing to renew the more conservative life in the land where once they lived.

Their failure is best told in the halting Spanish of a boy.

"We like Mexico," he said, "but nothing will grow—and my father says we must eat."

How they were beset with crop failures and famine was explained by half a hundred downhearted members of the religious sect who changed trains here yesterday on their journey to Manitoba, Canada. They predicted that more of the people will follow from the valley to which they said they were lured by rosy promises of abundance in a colonization enterprise. Several groups of Mennonites have passed through here recently on their way to Canada.

I'VE GOT THE WANT TO DO MY  
CHRISTMAS SHOPPING EARLY  
BUT HAVEN'T GOT  
THE MONEY BLUES.

By ARTHUR L. LIPMAN.

"Do your Christmas shopping early!"  
Shriek the signs on every spot.  
Wherefore, I grow sore and surly  
"Do it early?"—Pray with what?  
I've the won't somebody stake me  
why does Lady Luck still  
shake me  
And will Santa Claus forsake me  
dismal Christmas Shopping  
Blues.  
And you bet it's tantalizing when  
I read the advertising  
And the bargain eulogizing in the  
Christmas shopping news,  
I've the every year repeated poor  
old pocketbook depleted  
By Dame Fortune coldly cheated  
Early Christmas Shopping  
Blues!

Oh, my check-book is a wreck-book  
There's a mortgage on our shack  
And the Yule-tide is a cruel tide  
When you lack sufficient jack.  
I've the what's the use of trying  
to do early Christmas buying  
When your pocketbook is crying  
on an empty stomach blues?  
For I need the dough for dinin'  
and my wallet keeps on  
whining  
That it needs a Silver Lining and  
the baby needs new shoes,  
I've the dig me up a cure, man  
gee it's rotten to endure,  
man  
When you've got those mournful  
poor man Early Christmas  
Shopping Blues!  
SOME Blues!

Chemistry Teacher—Name three  
articles containing starch.  
Student—Two cuffs and a collar

## Our New Line of Light and Heavy O'Coatings Have Arrived

Irish Frieze, Chincillas, French and English Montinage, Beavers and Carr's Melton.  
PRICES RANGE FROM \$35.00 TO \$90.00. (Silk linings extra).  
Our EVENING DRESS MATERIAL is better than usual. We make a specialty of these garments.

**WALKER BROS.**

Queen St. Fredericton

## FLOUR For Christmas Cooking

PURITY BREAD FLOUR, FIVE ROSES BREAD  
FLOUR, SNOWFLAKE PASTRY FLOUR

These are old reliable brands and can be depended upon for satisfactory results

For Sale by

**G. W. HODGE**



10

MONTREAL  
TORONTO  
DETROIT  
CHICAGO

### INTERNATIONAL LIMITED

Leaves Bonaventure Station, Montreal, 10.00 a. m. Daily

Ar. Toronto	5.40 P. M.
Ar. Detroit	11.30 P. M.
Ar. Chicago	8.00 A. M.

### OCEAN LIMITED

Makes connection Daily from all Maritime Province Points

For Fares, Reservations, Etc., Apply To

F. B. Edgcombe  
City Ticket Agent

or

R. A. MacMillan  
Ticket Agent, C. N. R. Station

## PALMER'S Moose Head Brand Hunting & Fishing Boots

For generations hunters and fishermen all over the continent have appreciated the utter dependability, honest materials and sterling construction of these time-tested boots.

Through bush, streams and the roughest going, these sturdy yet flexible boots will ensure your entire foot comfort. And their wear is proverbial.

Knee High, waterproof with noisless Flexible Sewed-on Sole of heaviest oil-tanned leather.

Hand made to your individual measure.

Send for Catalogue, showing our complete line.

A Boot For Every Purpose

**JOHN PALMER CO., LIMITED**  
FREDERICTON, N. B.

# Winchester

## CIGARETTES



"Finest Blended Cigarette on the Market"

20  
for 25¢

Advertise in the Mail