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Here and There

Basking in brilliant autumn sunshine, the coast of British Columbia offers a striking contrast to the severe winter weather already making itself felt in other parts of Canada. On the Coast, golf courses are crowded, the ocean is dotted with figures of bathers taking their daily dip, and pleasure craft still ply the waters.

One hundred thousand dollars' worth of Black Fox puppies were shipped to Antwerp on the Canadian Pacific liner "Melita" recently. In specially built cages they will be conveyed by the Dominion Express across Europe to the farm in Switzerland where they will form the nucleus of a fox-breeding establishment.

Another instance of foolhardiness. A recent report from Hull is to the effect that an automobile, travelling at high speed, crashed through both gates at the Chelsea Road level crossing just as they were being lowered to stop traffic so that a light engine should pass. The automobile smashed its way over the tracks barely two feet ahead of the locomotive.

Arthur Edward Shave, in the employ of the Canadian Pacific Railway since August 18, 1908, when he was appointed clerk in the office of the Treasurer, has been appointed assistant treasurer of the company. Mr. Shave became assistant chief clerk in the office of the Treasurer in 1915 and was promoted Chief Clerk in 1919.

The apple is a typical Canadian fruit and among the finest grown in the Dominion. It is incomparable as a Christmas gift for friends and relatives in Great Britain. In order to facilitate shipments, the Dominion Express Company are offering special rates. Standard boxes containing about 150 and standard barrels holding about 375 will be sent from Quebec or Montreal up to the close of navigation to any station on a railroad in Great Britain or Ireland at a cost of \$3 and \$6, respectively.

To perpetuate the memory of the late P. Alexander Peterson where engineers in this part of the country gather, a portrait of the famous engineer, done in oils by the late Robert Harris, Canadian artist, is to be hung in the Engineering Institute on Mansfield street. The late Mr. Peterson, former engineer of the Canadian Pacific Railway, took a leading part in the railway construction in Eastern Canada during the latter part of the last century.

According to a report just issued from Canadian Pacific Railway headquarters, an average of one instance of gross carelessness on the part of automobilists every seventeen days is the record during the last three years and two months in connection with level crossings in New Brunswick, Quebec, Ontario and the Algonoma districts. These instances number 69 from September 1, 1922, to October 31 last, or a period of 1,157 days. They resulted in injuries to 53 persons, of whom two died.

Creation of a new industry in Western Canada covering a product which is now imported into this country to the value of about five million dollars annually is foreshadowed by the samples of hemp now on display at the Windsor Station, Montreal, according to G. G. Ommann, Development Engineer, Canadian Pacific Railway. Mr. Ommann stated that considerable work had already been done in the West of Canada towards the creation of such an industry. Efforts to promote companies have been made in recent months and there is no doubt that fine stands of hemp can easily be grown in certain districts.

Irish captain to his men on the eve of battle:

"Will ye fight or will ye run?"

"We will."

"Will what?"

"Will not."

"Ah, me brave boys, I knew ye would."

GARGLE ASPIRIN FOR TONSILITIS OR SORE THROAT

A harmless and effective gargle is to dissolve two "Bayer Tablets of Aspirin" in four tablespoonfuls of water, and gargle throat thoroughly. Repeat in two hours if necessary.

Be sure you use only the genuine Bayer Aspirin, marked with the Bayer Cross, which can be had in tin boxes of twelve tablets for few cents.

OF INTEREST TO THE WOMEN

FASHION HINTS.

Velvet easily leads every other fabric for afternoon and evening wear.

This is right and just since velvet is more flattering and adaptable than any other material and in a season such as this when richness and a feeling of restrained elegance must be expressed there is no other fabric that co-operates so wholeheartedly with the mode.

In evening gowns the delicate tones of pink, blue, yellow, have a depth and light in velvet that is impossible in chiffon of satin, while in the brilliant reds, greens and gold tints, it achieves an elegance beyond compare.

Lavish Treatment.

Velvet is not handled so simply this year as it has been before. For evening it is beaded, jeweled embroidered and combined with brocade, fur and metal cloth.

For day it is printed, striped or even brocaded and combined with color and brocade as well as with the most ordinary lace or crepe.

For afternoon, nothing is more distinctive than the printed velvet that features shades of beige and blue in a large and extremely interesting pattern.

For evening, while colored velvets are the rule there is nothing more distinctive and distinguished looking than black particularly when it is touched up with brilliants.

Cream Soups.

Boil one quart of milk, seasoning with one teaspoon of salt and one saltspoon of white pepper. Thicken with two tablespoons of flour and one of butter rubbed to a cream and a cup of boiling water; add thickening to boiling milk and boil two minutes. This is the foundation for many fish and vegetable cream soups.

A pint of canned peas, mashed or spinach or asparagus can be used. Salmon (about one pound) is good. For cream of celery boil one pint of cut celery until tender, add to boiling milk and rub through sieve before adding thickening. For potato soup use six large or ten medium potatoes boiled and mashed fine; then stirred into the milk and strained a large tablespoon of chopped parsley lightly stirred in. For corn soup use milk without straining, adding a can of corn run through vegetable chopper and an even tablespoon of sugar and boil ten minutes.

Casserole of Celery.

Cut 2 bunches of celery into 2 inch length, wash thoroughly then let it blanch in equal quantities of boiling water and milk for 15 minutes. Then remove the celery and let it cool. Add 1 tablespoonful of butter blended with 1 tablespoonful of flour and some pepper and salt, to 1 cupful of the milk and water stock. Arrange the celery in a buttered baking dish and when this sauce is smooth remove it from the fire and beat 2 eggs into it. Pour the sauce over it spread the top thickly with bread crumbs and put the dish in the oven. Cook it covered for 20 minutes then uncover it and let it brown nicely before serving.

PERFECT WHITE ICING.

One cup sugar, 1 egg white, 3 tablespoons cold water. Put the sugar and cold water into a bowl and let it stand while the cake is being baked. Drop in the egg white set the bowl over boiling water and begin beating the mixture with an egg beater. Continue the beating for 7 minutes, remove the bowl from the heat and beat the mixture until it will hold its shape. This frosting is dry on the outside creamy inside and never breaks and cracks off when the cake is cut as boiled icing is likely to do.

Croup at Night

Can be checked in 15 minutes by rubbing throat and chest with Vicks. Used at bedtime this treatment usually averts a night attack.

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