

Interesting Papers and Discussion Before York And Sunbury Institute

Proposed That Matriculation and High School Graduation be Amalgamated in One Examination—Suggestion Also for Two-year Normal Course or Chair at University.

The Teachers' Institute of York and Sunbury Counties continued its meeting in the High School auditorium Thursday afternoon and had a most interesting session. The Nominating Committee reported and papers and discussion on "New Types in Education" were heard. The registration during the day was upwards of one hundred and eighty, the largest number which ever attended a Teachers' Institute of the two counties.

One important matter referred to the Resolutions Committee was the matter of amalgamating the High School graduating examinations with the Matriculation Examinations in order to eliminate one set of papers. This was on the suggestion of R. D. Hanson, Secretary of the Fredericton School Board. The High School examinations and the Grade VIII graduation examinations to be dealt with in similar manner also were mentioned.

R. S. Woods also made an interesting suggestion that the Normal School course be for two years and that falling that, there be a chair of education established at the University of New Brunswick also that licenses be for a three-year term at the expiration of which the holder qualify further as one of the institutions named or by taking four summer courses.

"True False and Completion Tests" was the subject of A. S. McFarlane. "Three Track Plan" was dealt with by F. E. McDiarmid. "Mathematics in School" was the subject of M. H. Brewer. "Intelligence Tests" of K. Bishop and "Vocational Guidance" of R. S. Woods.

In the following discussion R. D. Hanson, Inspector, M. G. Fox, H. H. Stuart, A. C. Gorham and others took place.

Both the Audit Committee and Nominating Committee presented reports. Those placed in nomination were:—for president, R. K. Nevers, E. C. Close and O. B. Miller; for vice-president, Sadie L. Thompson, Helen Taylor and Mary Grannan; secretary-treasurer, J. E. Page; members of executive, J. West Smith, Mildred Harper, Esther Manzer, H. H. Stuart.

THE REGISTRATION.

Teachers of York and Sunbury Who Are Attending the Institute.

The registration of the record attendance is as follows:—

(Sunbury County)—William Ball, Reginald Barker, Josephine Burr, Era Burr, Helen Chappelle, Grace Clark, Florence Creswell, A. Lealie Dintow, Helen Donald, Muriel Edwards, Ada Fulton, Dorothy Harding, M. P. Harrison, Winnifred Harper, Alice Hartt, Caroline Hartt, Helen Love, Esther Manzer, Bertha Marsh, Elizabeth Mills, Anna Murray, Margaret Miles, James McCollom, Walter McMan, Greta Palmer, Greta Pond, Georgie Pringle, Annie Randall, Zella Randall, Daisy Seymour, Catherine Sleep, H. H. Stuart, Winnifred Nye, Helen B. Wood.

(York County)—Mary Adams, Verna Akersley, Mary Abernethy, Lydia Alexander, Geneva Anderson, Carrie Andrews, Elma Ashfield, Louise Barter, Charles Barter, Annie Barton, Florence Barton, Emma Betts, Laura Black, Nellie Blair, Gladys Brewer,

Her Liver Was Bad And She Felt Tired and Depressed

Mrs. M. Bifort, Grosswerder, Sask., writes: "I was greatly disturbed with pains in my liver, and felt tired and depressed most of the time. One day I read about

Milburn's

LAXA-LIVER PILLS

and the next time I went to town I bought four vials of them.

I have used them regularly, and after two months' use I feel like an entirely different woman.

Now, I always recommend them to any of my friends who are troubled as I was.

There's only one "Laxa-Liver Pill", and that's the one put up, for the past 32 years, by The T. Milburn Co., Limited, Toronto, Ont.

SPECIAL ATTRACTION AT THE CAPITOL THEATRE

"Fighting Courage" is the photo play at the Capitol for the last half of the week starring Ken Maynard. When a picture opens with a rich young man going West to make good, one certainly fears the worst. But in this case the worst does not follow. The young man's adventures are quite amusing. First of all, he meets a bandit who forces him to change clothes and gives him back his white horse, previously stolen from the hero's father. After that, of course, the hero is a handit and the action is fast and furious.

Ken Maynard, evidently a screen newcomer, is a well-built, attractive young man who seems to have possibilities as a Western star. The horse Tarzan, who is featured with him, is a beautiful animal. There is a comedy also on the bill.

BIG INCREASE IN THE TRADE OF DOMINION

Ottawa, Dec. 16—An increase of \$228,163,289 in the grand total of Canadian trade during the eight months of the fiscal year ended Nov. 30, as compared with the same period last year, is shown in the trade statement issued this evening. Canada's trade for the eight months' period just ended totalled \$1,472,553,605. A year ago it was \$1,244,390,316.

Of the grand total for the eight months period ended November 30 last, \$608,965,575 was the amount of imports entering Canada, and \$865,142,687 the total value of domestic merchandise exported from the Dominion. Foreign merchandise was exported from Canada to the value of \$8,605,343.

Foodstuffs Exported.

Agricultural and vegetable products, mainly foodstuffs, were exported from Canada to the value of \$ 333,398,606 during the eight months of the fiscal year which ended on November 30, last. This was an increase of approximately sixty millions over the exports of these commodities during the corresponding eight months a year ago. The exports of wood, wood products and paper were valued at \$156,230,375, as compared with \$167,543,209 during the eight months last year. These were the two largest items of export.

"A bird in the hand is worth two in the bush" was the best gambling tip ever given out by anybody.

TREAT YOURSELF LIKE YOUR BANK ACCOUNT ADVISES U. S. PHYSICIAN

New York, Dec. 8—"Treat yourself as you would your bank account," do not follow new fads and take plenty of exercise in the open air, are some of the ways to lessen the 20th century strain upon the middle-aged. Dr. Edwin W. Dwight of Boston, today told the Association of Life Insurance Presidents.

Fifty per cent of the declinations of almost any life insurance company are due to circulatory diseases, the physician said, pointing out that at the age of 30, just when a man is becoming of real value to his family, community and nation, these diseases begin to appear.

After a long survey, Dr. Dwight concluded that the incidents of circulatory disease is in inverse relation to the amount of physical exercise which is taken in open air, and, other things being equal, it is in direct relation to the amount of nervous and mental strain.

His rules of health follow: "Do not follow ideas because they are new. Consider the 'Laws of Moses' which have stood the test of more than 30 centuries.

Don't Follow Fads

"Do not follow fads, or become extremists in your habit of life. If the Lord had intended you to be herbivorous he would not have given you teeth in the upper jaw. If carnivorous you would have had canine teeth and claws with which to tear your meat. You were created to be omnivorous—therefore, eat plainly of a mixed diet. Fuel is necessary for the creation of energy, and oxygen for the combustion of fuel. As much energy is needed for mental effort as for physical. The working horse needs more grain than the one which stands in the stall.

"Treat yourself as you would your bank account. Make more deposits than you draw checks and you will create a reserve which will be available in those physical and mental emergencies which come to us all.

Many of the symptoms which we have and the conditions which are demonstrated on examination are simply notices from the bank that our account is overdrawn.

"Circulatory disease is largely a personal affair and its prevalence is in inverse relation to the amount of physical work done in the fresh air. The more confining your occupation the more important it is for you to keep this in mind.

"This above all: to thine own self be true."

This week's weather has been wonderfully fine for putting off the Christmas shopping.

The Slight Cold Of To-day May Be Serious To-morrow

On the first appearance of a cough or cold, do not neglect it, but get rid of it at once before it has a chance to grow worse and becomes settled on the lungs, for once it does become deep-seated you are going to have a lot of trouble in getting rid of it.

Our advice to you is that on the first sign of a cough or cold you should procure a bottle of



Dr. Wood's Norway Pine Syrup

as by its timely use you may save yourself many years of suffering from some serious bronchial or lung troubles.

"Dr. Wood's" has been on the market for the past 37 years; so you are not experimenting with some new and untried remedy; put up only by The T. Milburn Co., Limited, Toronto, Ont.

WINDOW CLEANERS IN NEW YORK OFTEN CRASH TO THEIR DEATH

New York, Dec. 16—New York has about 2,000,000 windows in office buildings and business houses, hotels and apartment houses not being included. To keep these mercantile windows clean, about two regiments of men are employed six days a week. Women were tried as an experiment in war time, but there are none now among the 5,000 who make their living by washing and polishing glass.

From an insurance standpoint, window cleaners are a poor risk. Each is equipped with a safety belt which is attached to hooks. The belts do not break, but the hooks pull out or the cleaner neglects to attach the snaps. In the newer buildings, the hooks are really a part of the structure, but with the economy of space that prevails here, the ledges are narrower. Within six weeks 13 cleaners fell to their death.

All of the men engaged in window cleaning in New York are foreigners, few of them able to speak English.

Their pay runs from \$40 to \$70 a week. Where they learn the trade is not known, but it is believed that aliens who have learned the business teach it to their friends as soon as they land, as, despite the dangers, there is no difficulty in obtaining men for the jobs.

Few Return

As much of the work done by the window cleaners is high above ground obviously few of those who fall return to work. One who fell nine stories did, however, within 72 hours after the accident. He struck on the top of an automobile and when found was sitting in the rear seat. The top and the cushion had saved him from all but a few bruises. Nor did the experience break his nerve, as now he works 20 or more stories above the street with the same nonchalance as he did before his fall. Only he makes sure that the safety appliances are above suspicion before he steps out on the ledge.

About That Printing Job?

WHEN you want something done in the Printing line don't forget that THE MAIL IS READY TO SERVE YOU. We carry a large stock and OUR PRICES WILL BE FOUND REASONABLE, consistent with First Class Work.

We are in a position to promptly fill orders for COUNTER CHECK BOOKS in one or two colors. Don't wait for some travelling salesman to come along, GIVE US YOUR ORDER NOW.

We have, by far, the LARGEST and BEST EQUIPPED JOB PRINTING PLANT IN THE CITY, and can turn out all kinds of work promptly and efficiently. When in need of anything in our line call No. 67 on the telephone—WE WILL DO THE REST.

Call at 329 Queen Street or Phone 67

The Mail Printing Company

327-29 Queen Street.

MAKING PREPARATIONS FOR OPENING OF PARLIAMENT; THE SEATING ARRANGEMENTS

Ottawa, Dec. 16—The 15th parliament which will convene next month will witness a change in the location of the seats in the House of the Prime Minister and Right Hon. Arthur Meighen, Conservative leader. The seat for the Prime Minister will be located two seats nearer the centre of the chamber, with Mr. Meighen occupying a corresponding seat on the opposition side.

This arrangement was agreed to at a conference this afternoon between W. A. Boys, Chief Conservative Whip, P. F. Casgrain, Acting Chief Liberal Whip, and Lt. Col. H. W. Bowie, Sergeant-at-Arms. The change in the seating accommodations for the government and opposition leaders will permit all the members in the chamber to hear them in future to better advantage.

Progressive Seats.

The Progressives, in all probability, will sit on the government side of the House, further removed from the Speaker's chair.

To date, no intimation in respect to the location desired by the "Ginger Group" has been received, but there appears some likelihood that they may sit near their former seats on the Opposition side.

The return to parliament of a number of former Conservative cabinet ministers is being recognized by the Conservative party by placing them in the front benches on that side of the chamber. Conservative parliamentarians who will occupy front seats on the Opposition side with their leader will include Hon. R. J. Manion, Hon.

Dr. Toimie, Hon. R. B. Bennett, Sir Henry Drayton, Hon. Robert Rogers, Sir George Perley, Hon. H. H. Stevens, Hon. Edmund Bristol, Hon. Hugh Guthrie, Gen. Newburn, and Hon. Dr. J. W. Edwards.

Chief Conservative Whip W. A. Boys, Sam Charters, assistant chief whip, J. D. Chaplin, M. P., B. Brickman, M. P., and a number of others will occupy seats directly behind and in close proximity to their leader.

The ministerial benches will, of course be occupied by the ministers of the various government departments.

Alberton Tells Stand.

Saskatoon, Dec. 16—"Alberta Progressive (Farmer) members of parliament look upon themselves as an economic unit and their support in the House will be given on a legislative basis. They will give no blanket support to any group or group," said C. H. Pearson, M. P. elect for Battle River, Alta., in an interview here today.

To Sell Support.

"The Progressive party will sell its support in the best interests of the West. What legislation it can secure in the interests of the West is the fundamental question that will decide its actions. Both of the old parties look alike to the Progressives, and the two matters of paramount interest at the present time are the Hudson Bay Railway and a rural credit system," declared Milton M. Campbell, M. P. elect for MacKenzie, Sask., who was also here today.

Dr. W. S. Carter, Chief Supt. of Education, has gone to Saint John.