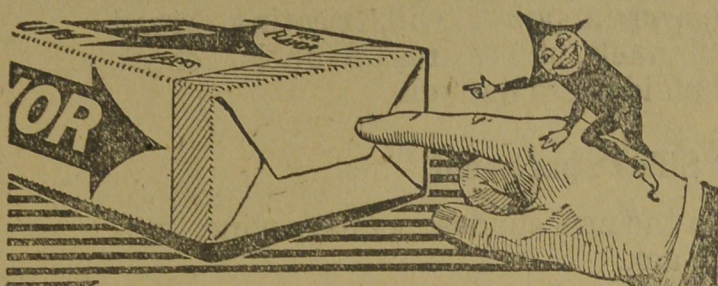


WRIGLEY'S



Sealed for You

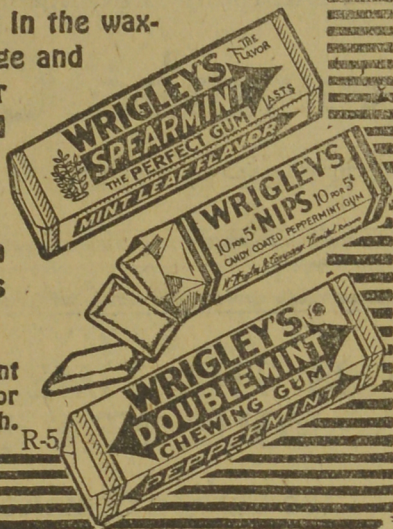
Wrigley's is made of pure chicle and other ingredients of highest quality obtainable.

But it is no use to make WRIGLEY'S 100% in quality and then reach you in poor condition.

So we put it in the wax-wrapped package and SEALED IT TIGHT to keep it good—for you.

Aids digestion—keeps teeth white—helps appetite.

Wrigley's Doublemint is peppermint flavor in double strength.



OF INTEREST TO THE WOMEN

VELVET, METAL LACES
VIE FOR POPULARITY.

Each year there is a fabric that claims general popularity. Last season it was kasha in endless variety. This autumn it is to be velvet. We already have evidence of this in every shop window and while so far only tailored models have appeared, we hear that some wonderful new formal frocks will soon be shown in velvet.

Velvet for evening wear never entirely goes out of fashion but this year there will be a race for popularity in evening dresses between velvet and the metal laces. These materials are even being combined. One very interesting evening dress is made on conventional lines in gold lace. Its only trimming consists of big flat black velvet flowers, applied at the waist and the bottom of the flounces in enormous bold designs.

LONG LINE BLOUSE
PROVES ATTRACTIVE.

A good blouse to wear with a tailored suit, is extremely long. No line in a blouse is more becoming to girlish slimmness than one which reaches half way to the knee and is called finger-tip length. Of course, this blouse cannot be worn under a short jacket, but it beautifully completes the suits which have the seven-eighths length coats.

FROCKS HAVE HIGH NECKS.

Jumper frocks are in the ascendant for fall and most of the jumpers are being made with high collars which button close about the throat either at one or both sides. The buttons usually of metal, themselves form a trimming for the frocks. The pockets in the jumper are placed well to front and low.

BLACK AND PINK.

A frock for early fall wear is made of black satin and has a collar and vestee of flesh-colored chiffon. Several other gowns in the same window carried out the same delightful color scheme.

CAPE OVER SLEEVE.

Extremely new and becoming are coat dresses for early fall made with small capes over each sleeve. The front and back of the dresses keep to a straight line silhouette.

APPLE PORCUPINE.

6 medium apples
1½ cups sugar
2½ cups water
1 tablespoon butter.
½ teaspoon cinnamon
Blanched almonds.
Boil the sugar and water for five minutes. Pare and core the apples and cook in the syrup until tender but not broken. Drain and place in a baking dish. Add butter and cinnamon to syrup and cook until thick. Fill the cores and surrounding spaces with the syrup and stick cut almonds into the apples lengthwise. Place in oven to brown the nut tips. Cool and serve with cream or whipped cream.

SAUTED CABBAGE.

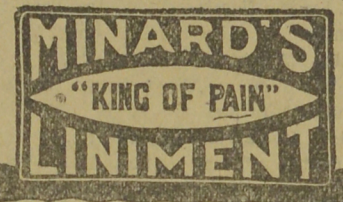
1 cabbage
2 slices bacon
Salt, pepper and vinegar
Shred the cabbage. Fry bacon, cut in small pieces. Put cabbage in skillet with bacon and bacon fat. Sprinkle with salt and pepper, place in crockery plate bottom-side up on the cabbage—one that fits snugly is best. Do not use any water or liquid. Cook for thirty minutes, stirring occasionally. The cabbage should be a reddish color and neither burned nor fried but simply cooked. Mound up either on a platter or else in a vegetable dish, pack firmly and make a cavity in center with bottom of a cup. Sprinkle over about two tablespoons good vinegar and in the center cavity place a good sized lump of butter. Slice two or three hard cooked eggs, while still hot, to garnish the dish.

LAMENT.

Little drops of water
Little grains of sand
Plus bricklayers, make a house
Cost to beat the band.



Rub the scalp with Minard's four times a week. It removes Dandruff, stimulates the scalp and makes the hair soft and glossy.



Here and There

He tried to cross the railroad track,
Before the rushing train;
They put the pieces in a sack,
But couldn't find the brain!

One hundred British farm families are due to reach British Columbia early next spring. These are the fore-runners of 3,000 families that are to come out to settle in Canada on the land. Provincial and British Government assistance is being given them to get started.

A remarkable statue modelled entirely in ice is to be seen at Quebec. It represents one of the latest or 2300-type locomotives of the Canadian Pacific Railway, about one-fourth full size and is perfect in every detail. Ice statuary has been brought to a fine art in the Ancient Capital.

Skaters from New York, Boston, Montreal, Toronto and Ottawa will compete with Quebec champions in a great international amateur figure skating contest, to be held in Quebec city February 23-24, for handsome trophies and medals donated by the Frontenac Winter Sports Clubs. A record attendance of spectators is expected.

Skiing parties over the week-end are being conducted by the Laurentian Winter Club in different points in the Laurentian Mountains, the tours being superintended by a competent skier. To those remaining in Montreal the big six-chute toboggan slide on Mount Royal has an added attraction in toboggan races every Saturday, winners receiving prizes.

That Canada is on the verge of a trade boom which may last until the end of this year was the statement made in Toronto recently by Richard Conway, Vice-President of the Brookmire Forecasting Service of New York. The main factor responsible for the upswing of Canadian business, he said, is the opening of the foreign markets to the grains of the past year.

Federal control of United States railroads, adopted as a war measure during the period December 31, 1917, February 29, 1920, cost the country \$1,674,500,000, of which \$1,123,500,000 was total loss, \$536,000,000 estimated expenses and \$15,000,000 was required to reimburse small deficit roads, according to James C. Davis, Director General of Railroads, who has just submitted his annual report.

Remarkable absence of timidity is being shown by wild animals in the neighborhood of Banff, Alberta, it is reported, as a result of kindly treatment. Heavy snows recently brought elk and deer into the main part of the town, where a parade by these animals is not an uncommon sight. They make the rounds of the houses, looking for tit-bits, which are not denied them. One big elk, with a magnificent set of antlers, is as regular on his schedule of calls as the milkman.

The most recent addition to the Canadian Pacific Railway's British Columbia fleet of 28 passenger ships, freighters, barges, ferries and tugs is the British Admiralty Rescue type tug, "St. Florence," which will leave Glasgow at an early date to make the 8,500 mile journey to Victoria under her own steam via the Panama Canal. She will be one of the largest towing tugs in Pacific coast waters and is capable of towing the biggest liners making use of ports in that ocean.

HOW TO POP CORN

It is done in different ways, but the most approved method is to pop your corns with Putnam's Corn Extractor—corns pop out for fair, and stay out, too, when removed by "Putnam's." Try this painless remedy yourself, 25c at all dealers.

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More-bread and better bread

Purity Flour, full of the strength of Western hard wheat, builds lusty, vigorous boys and girls. Mothers find Purity Flour makes more loaves and better loaves at lower cost.

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The Purity Flour Cook Book will be mailed postage paid to you for thirty cents—it's worth more. Write for one to-day to
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ACHES & PAINS

RUB Zam-Buk in to relieve the sharp twinges of rheumatism sciatica or lumbago. Rub it in to aching backs, stiff joints and sore muscles, and to move cold-oil-the-chest. Zam-Buk does far more real good than poisonous liniments. Its penetrative pain-killing essences get right to the root of trouble, allaying soreness, congestion, swelling and inflammation in a wonderful way.

Use Zam-Buk for all cuts, wounds and bruises. It prevents festering and blood-poison and ensures rapid healthy healing. 50c box all dealers.

Zam-Buk

Also for eczema, pimples, rashes, bad legs, piles, poisoned wounds, etc.,

PALMER'S Moose Head Brand Hunting & Fishing Boots

For generations hunters and fishermen all over the continent have appreciated the utter dependability, honest materials and sterling construction of these time-tested boots.

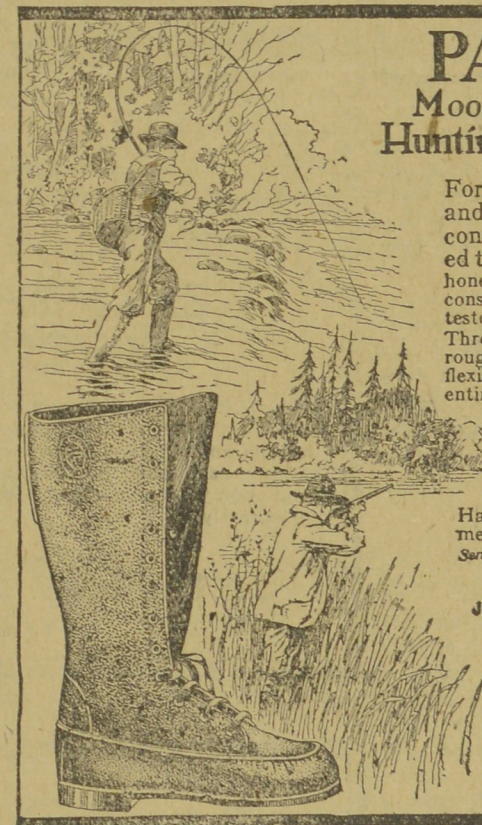
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Hand made to your individual measure.

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