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MISS QUINN, 147 Westmorland Street.
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Keep tabs on your hens by trap nesting them.
It's the only way to pick out the boarders.


I make a complete set of four nests for only \$4.00.
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- 7 Victoria Hospital.
- 8 Children's Aid Home.
- 12 Westmorland and Aberdeen Sts.
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Cook's Regulating Compound

A safe, reliable, regulating medicine for women. Sold in three degrees of strength: No. 1, \$1; No. 2, 83¢; No. 3, 55¢. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet.  THE COOK MEDICINE CO. Toronto (formerly Windsor) The Proprietary and Patent Medicine Act, R.C.M.P. (1907)

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The earlier you start on the right road to advancement the farther you will go. Get the best commercial training now while it is easy for you to do so, rather than postpone it until later and be forced to acquire it under difficulties. Write for full information about our courses.

FREDERICTON BUSINESS COLLEGE

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Of Interest to the Women

HELPFUL HINTS IN THE CHOICE FOR SPRING.

Printed chiffons of two designs are combined in afternoon frocks.

Taffeta coats are lined with kasha.

A rainy day dress and jacket are made of waterproof crepe de chine. They are lined with kasha and "zip" open.

Evening gowns of flowered chiffon have some of the flowers embroidered in beads blending with the fabric.

A midnight blue evening gown is embroidered all over with sequins which are very small at the upper part, growing larger as they approach the hem in degrade effect.

Box pleated skirts are fashioned from two materials; for instance, lavender wool in wide pleats reveals apricot cloth when in motion.

The crow's foot design is sponsored by many in both wool and silk.

Finely pleated flounces are arranged on evening gowns in spiral fashion.

Washable velvet is used by Martial et Armand in light colors for skirts and coats. Allover embroidery in soft tones decorates many of the latter.

SPRING CLEANING IS AT HAND —MAKE IT EFFECTIVE.

To clean the picture glass wash with a soft cloth squeezed out of soap suds. Rinse thoroughly with a cloth squeezed quite dry out of clean warm water to which a few drops of ammonia have been added and polish with a dry cloth.

The frames may also be washed if necessary. If they are grooved dip a small soft brush in the suds. Shake well and rub quickly but vigorously over the frame. With a soft cloth squeezed out of the clear water immediately remove all traces of soap. Dry thoroughly.

Vases, lamps, desk equipment, toilet articles and all such accessories, whether of glass, china or metal may be given a soap-bath, washing and brushing, rinsing and drying exactly as for the pictures.

Window shades, the ordinary holland variety as well as the recently featured linen and cretonne kind, may be washed with great satisfaction. Spread the shade over a flat surface, rub it briskly with a sponge dipped frequently in suds. Rub off the suds with a soft cloth, rinse with clear water and dry thoroughly. Do first one side, then the other.

If they are very dirty waxed floors may be washed quickly with a light lukewarm suds. After a thorough rinsing and drying with a soft cloth fresh wax should be rubbed thoroughly into the surface.

STEAMED BREAD PUDDING.

- 1-2 cup honey
- 1 cup breadcrumbs
- 1-2 cup cold water
- 1-2 cup flour
- 1 egg
- 1-2 cup raisins
- 1 level teaspoon baking soda
- 1 level teaspoon cinnamon
- Pinch cloves or 1-4 teaspoon ginger
- Pinch salt

Mix all ingredients together; put

Sure Way to Get Rid of Blackheads

There is one simple, safe, and sure way that never fails to get rid of blackheads: that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store—sprinkle a little on a hot, wet cloth—wash over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little blackheads, no matter where they are, simply dissolve and disappear. Blackheads are a mixture of dust and dirt and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads as they wash right out, leaving the pores free and clean and in their natural condition.

into mold or kettle which has been brushed with a little butter and steam three hours; serve with lemon or hard sauce.

DISAPPOINTMENT.

Spring came—Spring went
Up the hill again
Jealous Winter bit her heel;
Made her cry with pain.

Birds flew—birds sang
Feathered sonnets low!
Winter walked the earth again
Like an Eskimo.

Brown buds, green shoots
Peered into the world;
Winter nipped their noses off
E'er they had unfurled.

Spring came—Spring went
Like Ophelia fair,
Frightened off by Winter's ghost
White of beard and hair.

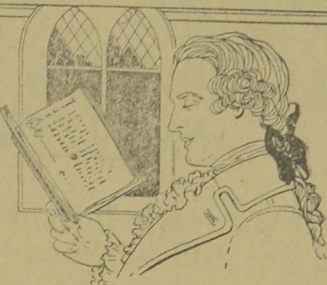
Spring came—Spring went,
She'll return again,
In a palanquin of leaves
Dripping buds, and rain.

—PEGGY REID in Detroit News.

LOOK OUT BELOW.

Of all the sad surprises
There's nothing to compare
With treading in the darkness
On a step that isn't there.

265th Anniversary of the "Cup that Cheers"



It is 265 years since Samuel Pepys of London, England, said in his diary that he had just had his first "dish of tea."

While undoubtedly it came to Canada early in the 18th Century, one of the first printed references to it was in the Saint John "Gazette," founded by the Loyalists.

In Pepys' time people paid as high as \$50 for a pound of tea. In 1783 the price was around \$5. Nowadays you can buy far better made, nicer flavored tea at a fraction of the cost to our ances-

tors, milk and sugar included.

Just remember to ask for RED ROSE TEA, and if you would like what judges declare is the very best, ask, by its full name, for RED ROSE ORANGE PEKOE TEA. It is always sold in sealed packages which preserve its freshness and fragrance.

The name "RED ROSE" has been a guarantee of quality for over 30 years.

And our personal guarantee is that if ever a package of RED ROSE TEA fails to please you the price you paid will be refunded. Will you try it? It is sure to prove its quality to you.

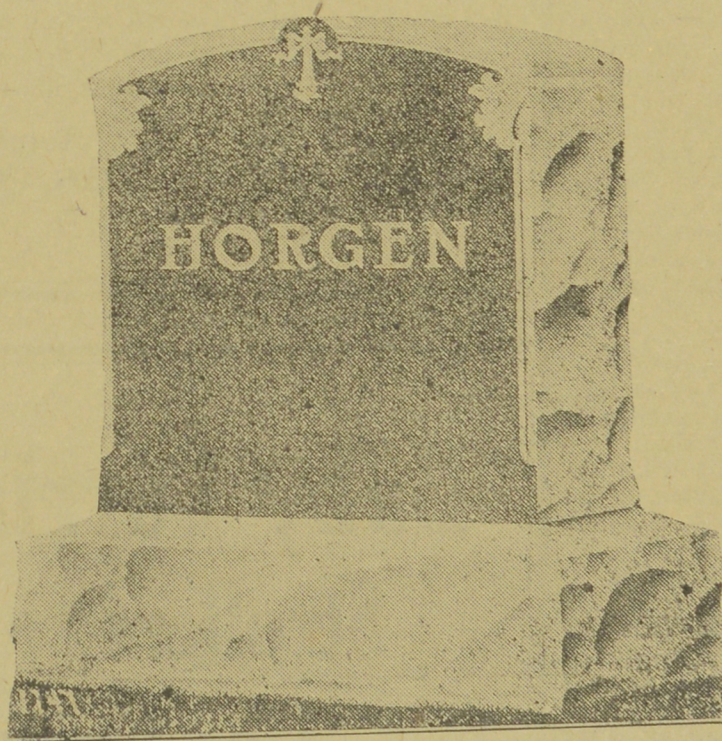
T. H. Estabrooks Co., Ltd.

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Advertise in the Mail

Sometimes Grey Granite is Preferred for a Memorial

IF SO, our Native Granite has no superior when particularly Selected Stock is used. But selection is of the Greatest Importance, for considerable of our native grey is defective in color for Monuments. In buying a Monument of New Brunswick Grey Granite see it first or buy from a firm using only selected stock.



The above design is polished on both sides. The top is hammered to a fine smooth finish with the edges nicely turned. The sides are rustic; that is rough broken surface with the edges carefully chamfered in hammered finish. The ornamentation on the corners is cut in light relief not just traced. The Initial of the family name can be cut in the apex instead of the little design shown. The prices quoted below are for the Monument Completely erected on a concrete foundation in Fredericton or vicinity. The sizes are for the diepiece or top stone and the bases are in proportion.

2-6x1-0x3-0 \$200.00.
2-4x1-0x2-9 \$175.00.
2-2x1-0x2-6 \$150.00.

This Monument can be made in smaller sizes with 8 inch diepiece at proportionately lower prices; but for the difference in cost, the larger sizes are recommended for a family lot. The best workmanship is put on all the above, and it is not claimed they cannot be made cheaper from inferior stock and with less careful mechanical precision. 50 per cent cash with the order is required and the balance is payable on completion of the order. Place your order now for May 1st delivery.

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