



There's a lingering sweetness to this delightfully chewy centre. And the "G.B." coating, thick and mellow, brings out the haunting almond flavour.

Ask for GANONG'S Almontinos

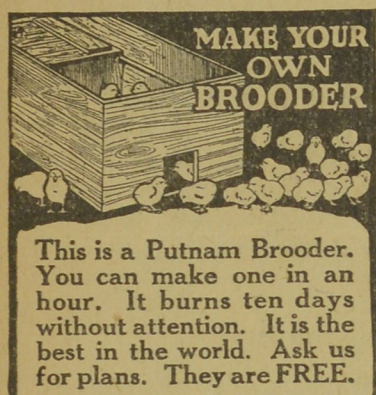
Ganong's
CHOCOLATES

The maker's mark on every piece.



Zam-Buk
FOR ALL SKIN TROUBLES

Always Ready
To Soothe & Heal



MAKE YOUR OWN BROODER

This is a Putnam Brooder. You can make one in an hour. It burns ten days without attention. It is the best in the world. Ask us for plans. They are FREE.

STRICTLY FRESH EGGS
from my own Hennerly
Fred. H. Ferguson
Corner Northumberland and Brunswick Streets.

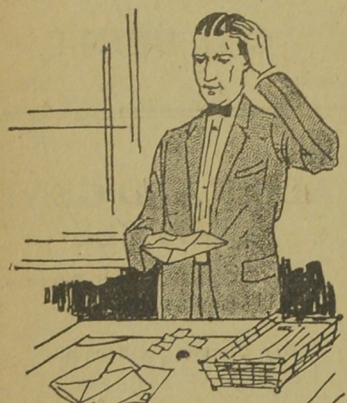
Trap Nests

If you are in the Poultry business go at it systematically. Keep tabs on your hens by trap nesting them. It's the only way to pick out the boarders.

I make a complete set of four nests for only \$4.00. Satisfaction guaranteed. Send me a trial order.

FRED LYONS
260 Aberdeen Street
FREDERICTON, N. B.

BLUNDERS



WHY IS THIS WRONG?
It is unwise to guess the weight of a letter to determine the amount of postage required. Such guessing often results in "Postage Due," which may cause delay in delivery, and, in the case of business letters, often results in a dissatisfied customer.

LISTING FARM HOUSES AND PRIVATE HOMES FOR TOURISTS

As a result of the extensive advertising campaign which has been, and at the present time is being, carried on by the Canadian National Railways throughout the United States and Canada, along with the efforts of the various Tourist Associations and Publicity Bureaux, it is expected that a large number of tourists will visit the Maritime Provinces during the coming season, which will tax the combined hotel and resort facilities to their utmost. But there would appear to be an almost unexploited field of opportunity as regards farm houses and private homes of the Provinces in which vacationists would be welcomed as paying guests, that may, with advantage, be opened up, and which will bring in visitors who, for some reason or another, are not attracted to hotel and resort accommodation. It is essential, of course, that such places be equipped with reasonable sanitary conveniences.

To have available a reserve of tourist accommodation and to provide for this class of visitor, your co-operation is asked and any of those who may be desirous of accommodating paying guests this season are requested to send in to the General Passenger Department of the Canadian National Railways at Moncton, N. B., their names, with Post Office address and information as to rates per day and per week, number of persons that can be accommodated, distance from railway station and mode of conveyance from and to railway station with rates charged therefor, whether room and meals or room only can be furnished, and particulars as to any exceptionally attractive features in the district, such as boating, bathing, fishing, golf or tennis and the like. This information will be listed and kept available for the information of prospective visitors.



Cook's Regulating Compound

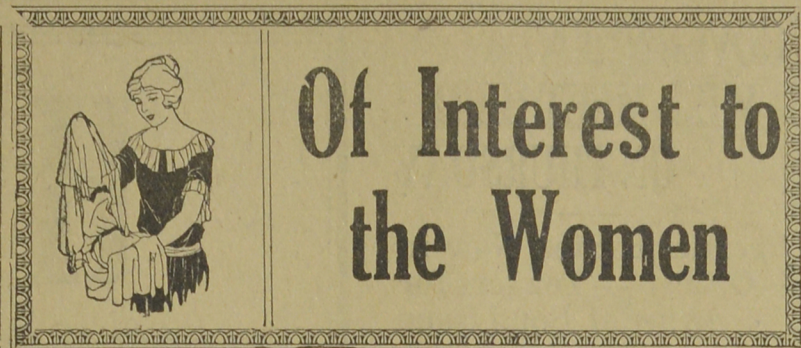
A safe, reliable, regulating medicine for women. Sold in three degrees of strength. No. 1, \$1. No. 2, \$3. No. 3, \$5. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet.

THE COOK MEDICINE CO.
Toronto (formerly Wicks)
The Proprietary and Patent Medicine Act
Registered 1907

THE DAILY MAIL

Is on Sale at the following places of business in the city:

D. H. CROWLEY, 612 Queen Street.
MISS QUINN, 147 Westmorland Street.
ALONZO STAPLES, 100 York Street.
A. J. HANLON, 83 Regent Street.
W. GRIEVES, Cor. Regent and King Streets.
RAY BARKER, Cor. Carleton and King Streets.
WESLEY ERB, 266 York Street.



Of Interest to the Women

SUMMER HATS.

Logically enough, brims are spreading out. They had been confined too long! In the most exclusive shops you will be shown milans of great widths usually in black, but also in many wonderful colors. These picturesque top-pieces enjoyed such a singular success at Palm Beach that their Northern acceptance was an almost sure thing.

There has been a great campaign among milliners to introduce "hat consciousness" into the minds of the buying feminine public. This means that women should wear dress-up hats with dress-up clothes and should relegate the sports hat to its proper and exclusive field. They do not necessarily advocate the return of the fussy hat, but they do sponsor a formality that is often achieved only through rather more than ordinary trimming means. The draped crown was a successful step in the direction of formality and now the large brim promises to be as good a second.

Crotched visca and bankok are now received where once felt was the only possibility. There is still and probably always will be plenty of felt. The newest manifestations of this old favorite are in tri-color combinations. Belting ribbon hats follow suit and also use this way to smartness.

With the exception of the Spanish sailor, most all hats are shortened at the back being either cut away or turned up there.

For the older woman, these formal lines, especially the draped crown are a boon and a salvation. No longer need she bewail the fact that all of the hats in the world seem to have been designed for the flappers (for these new types are essentially grown-up).

STAND GIRLS! AND KEEP YOUR FIGURES.

This is a subject to which most of us give very little thought. We spend a good deal of time sitting down—too much, usually—and we do it carelessly.

There is an old idea that it is a good rule, particularly for a woman to sit rather than to stand. Particularly for a woman, this is a poor idea, it seems to me. It tends to make large, spreading hips. The body "sags together" in the middle and the internal organs become cramped especially if the sitting posture is slouching. A nervous person often has the bad habit of sliding forward and resting the weight on the sharp edge of the chair. It is a common fault of the business woman who leans too heavily on her desk. Such a position is hard on the nerves and encourages sciatic pains in the legs. Another person will sit forward on the edge of the spine and rest the upper part of the back against the chair—also a bad habit for it contracts the lungs and makes the shoulders round.

In sitting properly the lower part of the back must be settled well against the chair back for support. The seat of the chair should be fairly wide and the feet should just reach the floor comfortably. Fold the chest up and the chin in and

Inflamed Nostrils Cleared of Catarrhal Discharge

You'll be pleasantly surprised at the quick action Catarrhozone has upon Catarrh in the nose or throat. It is so soothing, so healing, so agreeable to use; so safe and reliable, that thousands use it every day.

No nasty medicine to take—you just breathe the balsamic vapor and the healing essences of Catarrhozone and you feel better at once. Catarrhozone is breathed through the inhaler into every air cell in the lungs, into every air passage in the throat and nostrils.

No matter where the Cold or Catarrh is, Catarrhozone will reach it. You can keep free from coughs, colds, bronchitis and the like by using Catarrhozone. Two months' treatment One Dollar, small size 50c.



CATARRHOZONE
You Breathe It.

take a good deep breath occasionally. Best of all don't sit too long. And make it a habit not to sit but to stand erect for at least fifteen minutes after eating a meal.

Curried Rice and Scrambled Eggs.

1 cup rice
2 cups tomatoes
1 teaspoon salt
1 teaspoon curry powder
1 teaspoon onion juice
2 tablespoons bacon drippings
4 eggs
4 thin slices of bacon
1 tablespoon finely chopped parsley
Put 1 tablespoon bacon drippings in saucepan; when melted add the tomatoes onion juice salt and curry powder which has been mixed with a little cold water. Boil 5 minutes; add the rice which has been washed boiled and blanched as usual; boil 5 minutes.

THE SHRINER.

The Shriner is a genial chap and full of pep and fun; He likes to have a jolly time when daily work is done He likes to don the crimson fez and listen to the band And cheer the luckless candidates who cross the burning sand He likes to sing and march and dance and there are lots of fellers Who think the Shriners nothing else but rough house raising hellers.

But ask the happy boys and girls who used to limp or crawl; The crippled children of the poor who had no chance at all! Ask them who saw their twisted limbs and made them strong and straight; Who gave them a new start in life saved from a cruel fate? Ask them what means the crescent pin, that jeweled "badge of fun." They'll tell you a man's job these Shriner boys have done. —PUDLEY GLASS in Philadelphia Inquirer.

Styles and Smiles.

Middle age Gets you. Lunetta showed me The family album, But I didn't get the laugh I used to out of the Ladies with bustles And leg of mutton sleeves, Or the gentlemen With trick derbies I've an uneasy feeling That sheiks and shebas With lawnmowed hair, Short skirts, and floppy trousers May be just as funny. Where are my slippers?

Considerate.

Mr. Puffit—Did you tell your teacher that I helped you with your French exercises, Tommy? Tommy—Yes, daddy. Mr. Puffit—And what did she say? Tommy—She said she wouldn't keep me after school this time because it didn't seem fair that I should suffer for your ignorance.

Acid Stomach

"Phillips Milk of Magnesia"
Better than Soda

Hereafter, instead of soda take a little "Phillips Milk of Magnesia" in water any time for indigestion or sour, acid, gassy stomach, and relief will come instantly.

For fifty years genuine "Phillips Milk of Magnesia" has been prescribed by physicians because it overcomes three times as much acid in the stomach as a saturated solution of bicarbonate of soda, leaving the stomach sweet and free from all gases. It neutralizes acid fermentations in the bowels and gently urges the souring waste from the system without purging. Besides, it is more pleasant to take than soda. Insist upon "Phillips." Any drugstore.

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