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GB

The maker's mark on every piece

Ganong's CHOCOLATES

C.N.R. EARNINGS INCREASING

Montreal, June 21—The gross earnings of the Canadian National Railways for the week ended June 14, 1926 were \$5,080,339 as compared with \$4,049,129 for the same period of 1925, an increase of \$1,031,210 or twenty-five per cent.

London, June 21—Four royal air force planes arrived at Lee On Sonté near Southampton today, completing a flight from Cairo to Capetown and back through Cairo to England. Commander Pulford commands the squadron.

Stranger—How's the fishing here about?
Native—Well the fish won't disturb ye.



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If you are in the Poultry business go at it systematically.
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It's the only way to pick out the boarders.

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CONVENTION ENDED WITH GOLD TOURNAMENT

Jasper Lake Lodge, Alta., June 21—Playing over the Jasper Park golf course in seventy-six, Mr. W. S. Ralph of Winnipeg carried off the first prize in the tournament with which the investment bankers of Canada ended their convention at Jasper Park Lodge K. Pringle of the Dominion Securities Company of Toronto being runner up in the tournament with seventy-seven while J. Hope also of the Dominion Securities Company was third. Thirty-five members of the Association took part in the tournament and many creditable scores were turned in. Thursday night the golfers floated a pool and bartered tickets on the various players until the pot reached four hundred dollars. Mr. Pringle won first money on Ralph's ticket while Ralph himself carried off second money on Pringle's ticket. The golf tournaments marks the end of the convention although some of the members are remaining at the Lodge for a few days. The Easterners are making a tour of the Pacific Coast before returning home.

A scant cup of butter will often make a lighter cake than a full cup.

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THE DAILY MAIL

Is on Sale at the following places of business in the city:

D. H. CROWLEY, 612 Queen Street.
MISS QUINN, 147 Westmorland Street
ALONZO STAPLES, 100 York Street.
A. J. HANLON, 83 Regent Street.
W. GRIEVES, Cor. Regent and King Streets.
RAY BARKER, Cor. Carleton and King Streets.
WESLEY ERB, 266 York Street.



Of Interest to the Women

SMARTEST STRIPES GO AROUND.

Enviied is she who is sufficiently slender to wear stripes and trimmings which band her body. With the perversity peculiar to so many things stripes are much smarter this way and so much more difficult to wear! The very smartest sweaters for instance, have wide or narrow bands of contrasting color, and the most desirable sports skirts have a false hem, as runs the term of contrasting color which unfortunately accents the width of one's figure.

Sweaters as everyone who lives out of town must know are "in" again, but the fates seem banded against the stout woman since it is only the jumper or slip-on types which find favor. Coat sweaters are far kinder to maturity, yet they are absent from any congregation of smartly turned out women.

The two piece costume whether a dress sweater or jumper combination has achieved such success that it is unnecessary to draw attention to the fact. The old order changeth so that one is more inclined to mention the fact that a frock is in one, rather than two sections.

Broad bands are less kind than narrow ones and in some instances they are softened by an overlay of chiffon the costume slip being striped and the overdress plain, an idea which one often finds helpful in the use of prints. Pin tucks forming wide bands are used for the jumper, the hipband being almost twice as wide as the one above. In most of the smart sports costumes encountered the jumper and not the skirt is striped or it is occasionally fashioned of a smart plaid taffeta. Balbriggan and crepe combinations, so deserving of a good reception, are admitted everywhere.

HOUSEHOLD NOTES.

Boiled or steamed potatoes chopped fine or sliced while they are yet warm, never fry so successfully as when cold.

Cook all custards over hot water; never let the water boil.

Never grease the pan for a sponge cake. Bake the cake in a very slow oven.

Three tablespoons of cracker crumbs make a pleasant addition to an omelet.

SALMON RAVIGOTTE.

1 cup salmon
1 cup highly seasoned mayonnaise
1-2 of a pimento rubbed through strainer or finely cut
1-2 cup finely cut sour pickle
6 chopped olives or 2 tablespoons capers
1 tablespoon finely chopped parsley

1 teaspoon scraped onion
Lettuce, lemon, hard-boiled eggs
Open the can of salmon, carefully remove all skin and bone, put into strainer and pour cold water over it; then place on piece of cheese cloth and pat dry. Put into bowl cover with the dressing and mix lightly. Place a spoonful on lettuce leaves either on individual plates or large salad plate; garnish with a slice of lemon dipped in the finely chopped parsley and a quarter of hard-boiled eggs.

Dressing: Put the mayonnaise into bowl add the pimento sour pickle

olives, parsley, onion, mix well, cut the olives into rings and garnish top of salmon.

A Perfect Medicine For Little Ones

A Condition Always Due to Thin, Watery Blood.

Thin blood and weak nerves generally are found together. Red blooded people seldom complain of nervousness. The reason is that the blood feeds the nerves and keeps them toned up to do the work nature intended. When the blood is thin and weak it falls in this important function and nervous troubles follow. The following case will interest those who need a tonic for the blood and nerves. Mrs. D. Veno, Union Square, N. S., says:—"With a feeling of gratitude I write to tell you what Dr. Williams' Pink Pills did for me. I had become badly run down, and reached the stage when I could not do my housework. I was not only weak, but my nerves seemed completely shattered. The least noise would startle me and I was subject to nervous headaches. Worse still, I could not sleep at night. Perhaps I would get an hour or two sleep, and then lie awake for the rest of the night. I had reached a stage when I actually feared I would lose my mind. Up to the time I decided to take Dr. Williams' Pink Pills, nothing I had taken seemed to do me any good. I got a few boxes of these and soon there was no doubt they were the medicine to help me. As I continued the use of the pills I gradually grew stronger, ate better and could sleep at night, and now I am as well and strong as a woman could wish to be. I hope some other weak, nervous person will be benefited by my experience."

Dr. Williams' Pink Pills are sold by all medicine dealers or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

THE SCARECROW.

A scarecrow stood in a field with his arms outstretched and his clothes all torn; His coattails flapping out behind The worst looking scarecrow of his kind.

And old clay pipe was stuck in his mouth, And his head turned round from north to south;

A wisp of straw stuck out of his hat And he looked for the world like an Irish Pat.

A flock of crows went flying by; When they saw the scarecrow, mounted high, For terror filled their feathered breasts,

Till it spread their tails and raised their crests, And they cried "Caw, Caw we are all undone,

There's a mean old farmer with his gun."

But a wise old crow in a near-by tree When he saw the scarecrow cawed with glee;

There is corn in that field I do declare; If there wasn't that scarecrow wouldn't be there.

So he flew right down on the scarecrow's hand

And from there he surveyed the fresh tilled land And for many a day in the early morn

He ate his fill of the tender corn; While his silly mates said "That scarecrow's bound To scatter his feathers along the ground."

What a lot of humans are silly crows—

Afraid if a bugbear shows his nose; From the thing that's hard they will always flee;

The gold in the rock they never see; They never learn like the wise old crow

That where scarecrows are something good must grow.

—A. W. DEVAR in T. N. T. Bulletin.

Corns Stop Aching After Foot Bath

It's a new idea—and one that always brings sore corns to a quick end. This wonderful hot foot bath treatment is described in the directions for using Putnam's Painless Corn Extractor. Try it tonight—you'll get quick relief for your aching corns when you use Putnam's Extractor. Satisfaction guaranteed. 25c. at all dealers.

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GLARE OF MIDNIGHT SUN FADES ROMANCE OF TROPICS

New York, June 17—Adventure in the frozen north has displaced the romantic lure of the South Seas in popular imagination. Grass skirts and the tropic moon are eclipsed by seal-skin overalls and midnight sun, judging from the flood of letters that pours in daily on Van Campen Heller, sportsman and naturalist, who sails for the Arctic June 20 as ichthyologist with the American Museum of Natural History's expedition.

Mr. Heller, one of the youngest of American naturalists, a fellow of the Royal Geographical Society of London, and also a F. R. A. S., is widely known through his books on big game hunting and fishing. Also, three years ago, he startled the sporting world by taking his 47-foot motor boat, Nepenthe, II, over a 4,000 mile cruise from Atlantic City through the West Indies to Venezuela, the smallest craft ever to accomplish this feat.

Since the announcement that he is to have charge of collecting whale, shark and other specimens of Arctic fish life with the American Museum's Greenland expedition, every mail has brought appeals from readers, who, in imagination, have caught 2,000 pound ocean sunfish with him and now think they would like to be Moby Dicks in reality and share his adventures in harpooning Arctic narwhal.

Even Girl Scouts.

Most of the letters are from young men in their early twenties and from Boy Scouts in their teens. Girl Scouts too, are not backward in pointing out how useful they would be because "I lived in a tent all last summer and can cook outdoors."

Then there is a high percentage of letters from soldiers who urge their more ferocious talents. "I have been in almost every revolution in the last four years," writes one young man, "in Greece, with the English in Egypt and India, in Armenia and in Russia."

A cowboy from Texas states that he has traveled all over the world in search of adventure and fortune.

"I can handle a pair of six guns to perfection," he states.

One mother who wrote a seven page letter in behalf of her son who "is very clever, a good reader—devours all books" said she would feel safe about him if he were with Mr. Heller and concludes her list of the boy's qualifications for Arctic adventure by saying "he eats hardly anything."

"I guarantee that boy a very hearty appetite if I could take him along," was Mr. Heller's comment on this appealing letter. "He'd soon be eating canned pemmican with a gusto that would surprise his mother."

The personnel of the expedition, however, is limited necessarily to scientists. Its object is not exploration but to collect material for the American museum's newly-completed hall of ocean life.

Organized By Publisher.

It was organized by George Palmer Putnam, publisher, and financed by him and Harrison Williams who backed both the William Beebe expeditions. It will proceed from New York to Etah, northernmost civilized settlement and navigate the icy waters around Greenland.

"Capt. Robert Bartlett—the greatest ice man in the world, even greater than Red Grange," Mr. Heller enthusiastically points out, "will be in command of the vessel. He was Peary's skipper on his successful North Pole expedition and it is his own schooner the Morrissey, which will be used. The boat accommodates about 20 persons, including the sailors. So I'll have to write all these boys that there's no room this trip," said Heller with another glance at the piles of letters that overflowed his desk in one corner of his workroom in his home at Spring Lake Beach, N. J.

He answers all letters personally.

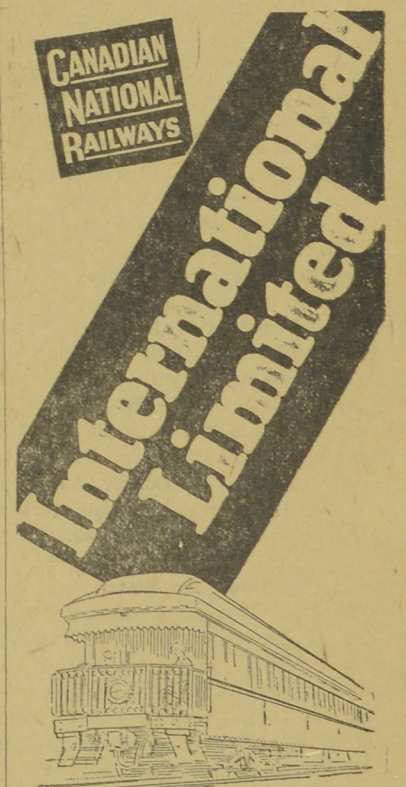
for, despite his scientific achievements he heartily is in sympathy with the boyish viewpoint. He spent much of last year in South America with Robert Cushman Murphy, ornithologist doing field work for the museum.

Trophies of roe and gun adorn the walls of his studio; giant saws from 20-foot saw fish; the head of an alligator that had the temerity to bite him; and an enlarged snapshot of the largest ocean sunfish ever caught. He landed it off Avalon, Calif., and it weighed more than a ton—how much more will never be known because it broke the scales.

Ethel—Jack simply raved over my eyes my figure and my complexion. Maud—And is he still in the asylum?

Sure Way to Get Rid of Blackheads

There is one simple, safe, and sure way that never fails to get rid of blackheads: that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store—sprinkle a little on a hot, wet cloth—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little blackheads, no matter where they are, simply dissolve and disappear. Blackheads are a mixture of dust and dirt and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition.



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