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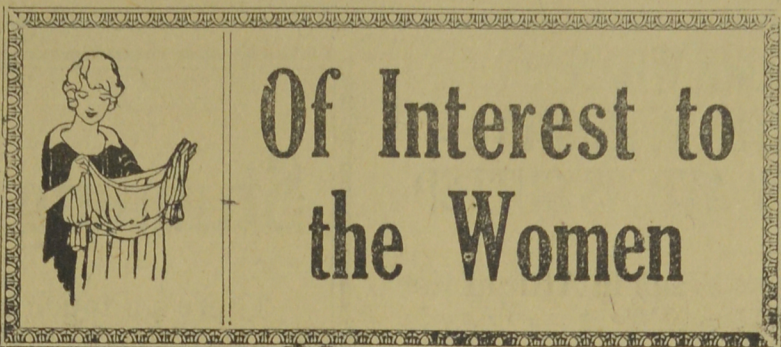
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Of Interest to the Women

PARIS STYLES.

The second week of the Paris spring showings confirmed generally the news of the earliest openings—the cape theme, the longer jumper, the broad silhouette and the short jacketed suit are all emphasized again, while the belted waistline is a new theme which may overshadow all the others by the time the spring openings of the Grande Couture have been concluded.

The full pleated silhouette is a distinguishing feature of the Miller Soeurs opening, which also features the short jacket. The latter is usually an ensemble component, being worn in conjunction with a two-piece dress. Dress ensembles are also completed in a novel manner by the unlined coat, and a new note is the introduction of cape ensembles. The silhouette du soir is full and is developed in the sheerest of materials, chiffon particularly being stressed.

The Georgette collection particularly indorses the jumper—a little longer than last season, and belted—and the cape theme which appears in both coats and dresses. The silhouette is of the kinetic type apparently straight in repose and rippling in motion. It is attained by means of divers pleatings. There is a tendency toward a higher and more marked waistline for robes du soir, while the skirt length remains short at all times. Sheer fabrics, notably chiffon, are favored.

The tailored suit, cut along straight lines and consisting of a hip-length jacket and a short pleated skirt, is an outstanding feature of Cyber's new spring models. The jacket is belted, but the belt does not affect the outline in any way, by reason of its extreme looseness. Capelet suits are also in evidence, and the cape itself is a recurrent theme throughout the entire collection. Street dresses generally incorporate the rippling, pleated silhouette, while the mold and flare is retained in evening models.

The modified princess silhouette makes its appearance in Lehouvier's spring collection, which very impartially includes the neckline flare and the full straight outline as well. This house is equally cosmopolitan in its sleeve treatments; some sleeves are decorative, full, and tiered; others are short and plain, and there are a few frocks with no sleeves at all. Lingerie treatments at the collar and sleeves and occasionally lingerie gilets are significant features.

UNCOOKED CHOCOLATE ICING.

Put into a bowl 1½ cups of confectioner's sugar. Crush out the lumps, then add 2 tablespoons of dry cocoa powder, and wet with 2 tablespoons of cold water. Add butter size of walnut melted, and flavor with ½ teaspoon of either vanilla or ground cinnamon. Spread this cold icing on while the cake is still very hot. This recipe makes just enough to frost the 2 square cakes. When cold cut the cakes

into 1-inch square to serve on tea cart.

SODA BISCUITS.

2 cups flour, ½ teaspoon soda, 1 teaspoon salt, ¾ cup thick sour milk or buttermilk, 4 tablespoons shortening.

Sift together salt, soda and flour. Work in shortening. Add milk gradually, mixing to a stiff dough. It may not be necessary to use all the milk. Place on a floured board. Knead until smooth. Roll to ¼ inch in thickness. Cut with a small round gutter and bake in a hot oven 450 degrees Fahrenheit, 12 to 15 minutes.

FIG FRITTERS.

Boil dried figs until tender, cut stem off and fill centre of figs with chopped cherries. Dip in the following batter fritter and fry in deep fat:

1 cup flour, 1 egg, ½ cup milk, 2 teaspoons baking powder, pinch of salt, 1 tablespoon sugar.

Sift dry ingredients together, add beaten eggs and milk; beat until smooth.

ADDS TWENTY FOUR YEARS TO THE SPAN OF HUMAN LIFE

(Chicago News.)

Man, born into the world under sentence of death at 56 years, got something of a reprieve today from Dr. A. T. McCormack chief state health commissioner of Kentucky and chief health officer of the Panama Canal zone during the war.

Dr. McCormack holds that man might just as well live to be 80, or even 100 years old, spending the last years of his life in more useful occupations than sitting around waiting for death. And as he waited to speak before the annual congress on medical education at the Congress hotel he explained the basis for his theory.

"If every person suffering from appendicitis were operated upon for appendicitis during the first twenty-four hours of the disease there would be no more deaths from appendicitis than from street car rides," he declared.

"Cancer Need Not Be Deadly"

"If every case of cancer were operated upon at the stage when its presence is first detectable by a skilled surgeon, then there would be no more deaths from cancer."

"Tuberculosis is just as curable as any other disease if it is treated soon enough. And these are only a few of the long list of major degenerative diseases."

"The obvious answer to the whole problem is periodical medical examination, with a view to detecting such diseases at outset. If a man undergoes a periodical examination while he is still healthy, cancer, tuberculosis and such things not only will have no chance to kill, but they

will have little chance to reduce personal efficiency.

"Every one in apparent health should undergo a medical examination once a year, and a dental examination twice a year. There is very little chance that any major degenerative disease will get a foot hold in a year. They give a recognizable warning when they begin to develop, and can be checked easily if the warning is heeded."

Longevity Plus Efficiency

"The major job of the medical man now is to increase efficiency as well as the span of life."

"Since 1900 the average age of man has been raised from 32 years to 54 years, much of which great gain has been due to the cutting of the infant mortality rate. But the medical profession has not had so far much opportunity to increase the efficiency of the human beings whose lives are prolonged."

"Long life is a useless gift if it can't be enjoyed. If the public will co-operate in making possible the detection and elimination of disease there is no reason why a man cannot live to be 80 or 100 years old, and there is no reason why he cannot work and be happy during 100 per cent of his life."

A Pacific Coast hotel, popular with traveling salesmen, sent this wire: "Applebaum & Goldblatt."

"New York City."

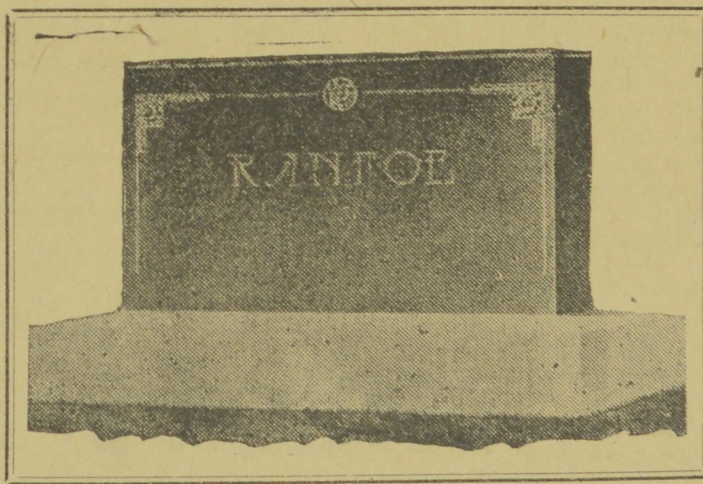
"Your salesman, Sam Goldstein died her today. What shall we do?"

The hotel manager received the following reply:

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4-0x1-0x3-0	\$400.00	\$450.00
3-6x1-2x3-0	\$425.00	\$475.00

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