

## With a Small Salary



the need for careful saving  
is all the greater.

Regular deposits of small sums  
in a Savings Account are a sure  
and safe way of accumulating  
a fund for future needs.

THE CANADIAN BANK  
OF COMMERCE

Capital Paid Up \$20,000,000  
Reserve Fund \$20,000,000

FREDERICTON BRANCH  
Devon Branch  
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Other nations pay a premium for our Western hard wheat to mix with their own. Purity Flour is made entirely from the finest of hard wheat and excels for all baking.

**PURITY FLOUR**  
"More Bread and Better Bread"

Of Interest to  
the Women

DOES YOUR POWDER GO ON IN  
SPOTS? HERE'S A WAY TO  
STOP IT!

Some people look as though they just washed their faces and stood under a sort of shower bath of powder—much in one spot little in another. Their complexions are uneven, grainy, unattractive. These conditions grow worse with the summer. And, besides, powder without a foundation seems to bake right in with the fierce heat of the sun, and all sorts of blotches result. After washing I always advise a tonic, an astringent lotion, or, if you like it better, plain distilled water with a few drops of benzoin added so that it turns into a milky liquid. Then a powdery lotion—one of the medicated liquid powders that is a creamy lotion, not a harsh enamel. This makes an excellent base for powder. But if you prefer as a foundation a greaseless cream use one of the lightest and fluffiest consistency—and don't use too much of it—and don't forget to work in well.

Over this goes your rouge—cream or liquid—is preferred—Since it doesn't grind into the pores as compact rouge does. Last of all, the powder, dusted on with a big soft puff that touches the skin lightly.

## HOUSEHOLD NOTES.

Pour grease off the meat juice before making gravy.

A four pound haddock will make four generous servings.

Roasting pans should be either oval or oblong in shape.

Celery cut and added to the cole slaw gives a good flavor.

A soft paint-brush is excellent for dusting small corners.

Straight sided covered pans are best for boiling vegetables.

Refrigerator storage dishes should be of glass or crockery.

Spinach which is cooked too long loses its flavor and food value.

Twelve French crops will average ten and one fourth pounds.

A little left-over rice is nice added to the vegetable cream soup.

Most vegetables should be cooked in just enough water to prevent burning.

BAKED SALMON LOAF WITH  
TOMATO SAUCE.

- 1 can salmon
- 2 cups stale bread
- 1 cup cream sauce
- 1 teaspoon scraped onion
- 1 teaspoon salt
- 1-8 teaspoon paprika
- 2 tablespoons finely chopped green pepper
- 1 tablespoon finely chopped parsley.

Remove the skin and bone from salmon and chop fine. Add the bread, which has been soaked in cold water for a few minutes and pressed between the hands until dry. Also add the cream sauce, which has been made as usual and the rest of the ingredients. Mix well and shape into loaf. Place in tube pan (or shallow pan) and sprinkle top with breadcrumbs; bake 30 minutes. Serve on hot platter or chop plate with the tomato sauce around the edge and fill centre of tube pan.

SOUR MILK FLAPJACKS WITH  
CRUSHED STRAWBERRIES.

- 1 1-2 cups flour
- 1 1-2 cups sour milk
- 1-2 teaspoon baking soda
- 2 eggs
- 1-2 teaspoon salt

Joint Soreness  
Subdued Swellings  
Quickly Reduced

Wonderful Results from Rubbing the  
Sore Parts With  
**NERVILINE**

"My testimony should convince anyone that 'Nerviline' is a splendid preparation to use on swelled joints. Rheumatism left me badly crippled," writes Amos F. Fleury, from Kingston. "I went to McKay's Drug Store and they recommended Nerviline, which restored me completely." For Rheumatic pains, Lumbago, Sciatica you will get lasting satisfaction from a 35c. bottle of Nerviline. Sold everywhere.

Put the sour milk into bowl; add the baking soda and mix well; sift in the flour and salt then add the well beaten eggs. Bake in large cakes on hot griddle and spread with sweetened, crushed strawberries and roll.

## Shall We Go To The Beaches?

The time is at hand to consider The whither and where we shall go The birds are beginning to twitter The flowers are beginning to blow The streams are commencing to flow With laughter and dylrical cheer And soon—very soon we should know— Shall we go to the beaches this year?

The long wintry days have been bitter, And bitter the sting of the snow But now in the sky there's a glitter And now in the sun there's a glow To tarry in town were a woe And we cannot face it, I fear And so though our purses are low Shall we go to the beaches this year?

The mountains mayhap might be fitter Though some call them stupid and slow; At springs where they chatter and chitter I think we'd feel rather de trop; Shall we seek out the countryside? No!

I'm certain that that would be drear Despite the expense of it, O Shall we go to the beaches this year?

## ENVOY.

If only the Fates would bestow A snug little fortune my dear Then Europe—and would it were so Shall we go to the beaches this year. —CLINTON SCOLLARD in New York Sun.

MARYSVILLE WON  
OPENER OF THE  
BASEBALL LEAGUE

(Continued From Page Six.) what he could do and Bob sent all three Devon batsmen back to the bench on strike-outs.

Earl McPherson's playing at second base was a feature of the game. Earl still has many old tricks of getting runners and keeping them off the bag.

The Fredericton team plays in Marysville tonight and it should be a good game.

The box score and summary follows:

DEVON										
	AB	R	H	P	O	A	E			
Rutter, ss.	4	0	1	2	3	0				
Brown, cf. & 2b.	3	0	0	2	1	1				
E. Miles, 1b.	3	0	1	4	0	0				
Keene, 2b. & p.	3	0	0	2	0	0				
Smith, c.	3	0	0	7	2	1				
Chalmers, M.	1	0	0	2	1	0				
H. Miles, 3b.	3	0	0	2	0	1				
Machum, rf.	0	0	0	1	2					
Boulter, rf.	3	1	2	0	0	0				
Burse, p. & cf.	3	1	1	0	1	0				
	26	2	5	21	9	5				
MARYSVILLE										
	AB	R	H	P	O	A	E			
L. White, 1b.	3	0	1	2	0	0				
A. McPherson, M.	4	2	0	1	1	1				
Bailey, c.	4	1	3	11	3	0				
E. McPherson, 2b.										
& ss.	4	0	1	5	1	1				
H. White, 3b.	3	1	1	1	0	0				
Cochrane, rf. & 2b.	4	1	2	0	0	0				
Hodgson, cf.	4	1	1	0	0	0				
Page, ss.	2	0	0	0	0	0				
Steward, rf.	2	0	0	0	0	0				
McInnis, p.	3	1	1	1	1	1				
Estey, p.	0	0	0	0	0	0				
	33	7	10	21	6	3				

Score by innings:—  
Devon ..... 000 020 0—2  
Marysville ..... 001 006 0—7  
Summary—Two-base hits, McInnis, Bailey, E. McPherson, Boulter. Stolen bases, Brown, Boulter, Page, A. McPherson. Struck out by Burse 6, by Keene 2, by McInnis 7, by Estey 3. Base on balls by Burse 2, by McInnis 2. Hits off Burse 10 in 6 innings, 30 at bat, off Keene none in 1 inning, 3 at bat, off McInnis 5 in 6 innings, 23 at bat, off Estey none in 1 inning, 3 at bat. Umpires McLean and Currie. Time 1 hour, 30 minutes.

Conceit often gets a small man into a large hole.

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at it systematically.  
Keep tabs on your hens by trap nest-  
ing them.

It's the only way to pick out the  
boarders.

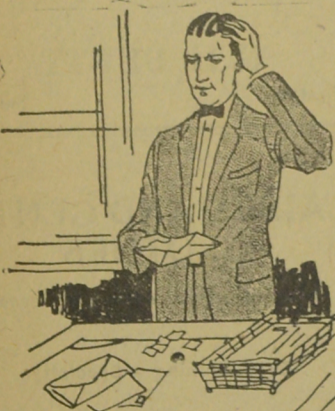
I make a complete set of  
four nests for only \$4.00.  
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Send me a trial order.

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260 Aberdeen Street

FREDERICTON, N. B.

## BLUNDERS



## WHY IS THIS WRONG?

It is unwise to guess the weight  
of a letter to determine the amount  
of postage required. Such guessing  
often results in "Postage Due,"  
which may cause delay in delivery,  
and, in the case of business letters,  
often results in a dissatisfied cus-  
tomer.

LISTING FARM HOUSES  
AND PRIVATE HOMES  
FOR TOURISTS

As a result of the extensive adver-  
tising campaign which has been, and  
at the present time is being, carried  
on by the Canadian National Railways  
throughout the United States and Can-  
ada, along with the efforts of the  
various Tourist Associations and Pub-  
licity Bureaux, it is expected that a  
large number of tourists will visit the  
Maritime Provinces during the com-  
ing season, which will tax the com-  
bined hotel and resort facilities to  
their utmost. But there would appear  
to be an almost unexploited field of  
opportunity as regards farm houses  
and private homes of the Provinces  
in which vacationists would be wel-  
comed as paying guests, that may,  
with advantage, be opened up, and  
which will bring in visitors who, for  
some reason or another, are not at-  
tracted to hotel and resort accommo-  
dation. It is essential, of course, that  
such places be equipped with reason-  
able sanitary conveniences.

To have available a reserve of tour-  
ist accommodation and to provide for  
this class of visitor, your co-operation  
is asked and any of those who may  
be desirous of accommodating paying  
guests this season are requested to  
send in to the General Passenger De-  
partment of the Canadian National  
Railways at Moncton, N. B., their  
names, with Post Office address and  
information as to rates per day and  
per week, number of persons that  
can be accommodated, distance from  
railway station and mode of convey-  
ance from and to railway station with  
rates charged therefor, whether room  
and meals or room only can be fur-  
nished, and particulars as to any ex-  
ceptionally attractive features in the  
district, such as boating, bathing, fish-  
ing, golf or tennis and the like. This  
information will be listed and kept  
available for the information of pros-  
pective visitors.

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medicine for women. Sold in  
three degrees of strength No. 1, \$1;  
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