



TO

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Of Interest to the Women

TO BOB, OR NOT TO BOB, QUESTION.

The question about bobbed hair or no bobbed hair still pursues us. I have many letters asking the eternal question: "Shall I cut my hair?" Usually this sentence is qualified by "My husband does not like the idea" or "My children disapprove." But I always feel it my duty to answer that for the future bobbed hair is the only thing. You may go on with straggling locks for a few more years if you love them so, then get all the fun out of them while you have them—I mean these longer flowing heads of hair.

The bobs are getting shorter all the time and consequently more becoming, for the extra fancinesses are eliminated as the curls are cast aside, and the feminine poise of head, the delicate lines and modeling stand out in bold relief as they have not been allowed to do for so long a time.

The proof is that once a girl bobs her head seldom does she wish to return to the long and flowing style. She manages, as though by magic, to overcome the prejudices of family and admirers, or to live them down, and she emerges a free and happy soul, with no curling irons to mar the even tenor of her way and no hairpins to keep track of.

MY NEIGHBOR SAYS.

Drive a large darning needle in the kitchen wall quite high up, to hold wrapping paper and empty bags.

To destroy the odor or smoke, put a basin of water in a room, leave overnight and keep the window slightly open. The air will be quite sweet by morning.

Grease stains on leather may be removed by applying benzine or pure turpentine. Wash the spots afterward with the well beaten white of an egg or a good leather reviver.

Chased silver may be polished by brushing it thoroughly with whiting, then washing with a little turpentine and soap. After using a plate powder polish with a good chamois leather it will look equal to new.

Heavy dumplings are difficult to digest and should never be given to invalids or children. If they are pricked open when first taken from the kettle they will retain their lightness. It is also a good idea to keep the lid down tight on the pot while the dumplings are cooking.

The fat of meat is highly digestible and constitutes an important source of energy-producing nutriment in the diet. Fats and carbohydrates in the food are the main sources of fat, heat and activity in the body. Fat stored in the body is the body's principal energy reserve.

To wash and dry tall lamp chimneys easily, get a long round bristle brush, put a cloth over the end, gather the corners in the hand with the wire handle and draw back and forth briskly a few times and the chimney is polished. If the brush is wet and you want to polish the chimney, strip the brush through the fingers with a cloth, getting out as much water as possible; put dry towel over and then you are ready to polish.

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A. J. HANLON, 83 Regent Street.
W. GRIEVES, Cor. Regent and King Streets.
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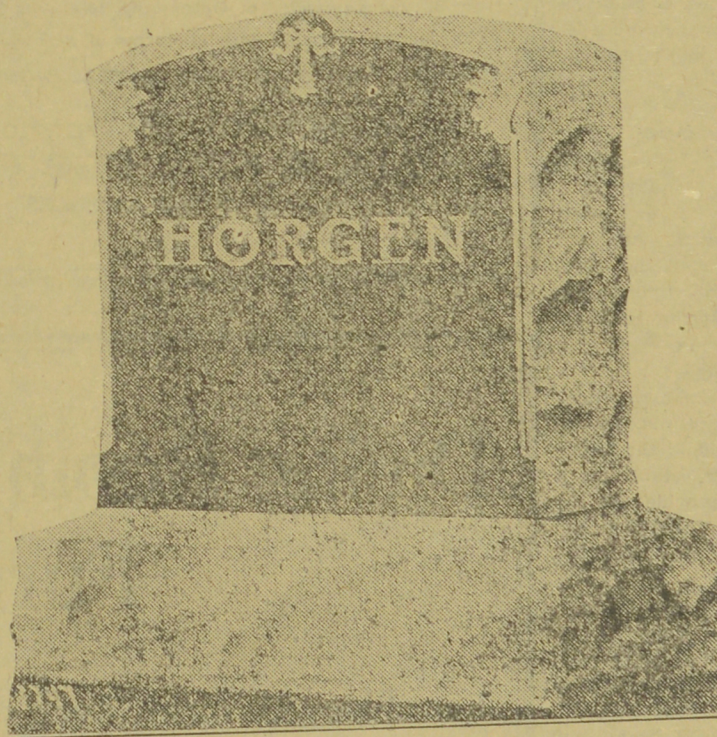
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The above design is polished on both sides. The top is hammered to a fine smooth finish with the edges nicely turned. The sides are rustic; that is rough broken surface with the edges carefully chamfered in hammered finish. The ornamentation on the corners is cut in light relief not just traced. The Initial of the family name can be cut in the apex instead of the little design shown. The prices quoted below are for the Monument Completely erected on a concrete foundation in Fredericton or vicinity. The sizes are for the diepiece or top stone and the bases are in proportion.

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