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Of Interest to the Women

WHEN BUILDING PLAN COMPACT AND WELL EQUIPPED KITCHEN.

In line with suggestions from many sources for making better homes are several points on kitchen planning from the Bureau of Home Economics of the United States Department of Agriculture, cooperating with Better Homes in America.

One of the first things the home-maker thinks about in a better home is a well arranged kitchen. That does not mean that she is kitchen minded either. It means rather that she knows where convenience counts most in a house. In most family kitchens at least 1,000 meals are cooked during the course of every year.

The points that make for convenience in the kitchen are as follows according to the Bureau of Home Economics:

First last and all the time in planning and equipping a kitchen think about the work to be done in it.

If building or remodeling a kitchen make it oblong and with no more floor space than actually needed. A kitchen is a workroom. Spaciousness is paid for in miles of useless steps.

Study the relation of the kitchen to the rest of the house. Make a direct connection from kitchen to dining room in the common wall between them. See to it also that there is easy access to front and back doors to the telephone and to the stairs to the cellar and the second floor.

Arrange for adequate ventilation in all weathers and for good lighting at all work centers at night as well as during the day.

Screen windows and doors against household pests. Flies particularly are a menace to health.

Choose finishes for floor, walls and woodwork that are durable, suitable in color and can be kept clean easily.

Select furnishings that fit the wall and floor space and will pay for themselves in usefulness. Weigh the pros and cons of built in or movable pieces, and compare prices carefully.

Make sure that there is an abundant supply of hot and cold running water and a sanitary drainage system.

Decide on the most comfortable height of working surfaces.

Group all equipment large and small, into compact work centers for preparation of raw food, cooking serving, clearing away and dishwashing and any other activities done regularly and often in the kitchen.

Arrange these groups from left to right following the order in which the various jobs are done.

The kitchen is above all else a place to prepare and serve food. Limit the kitchen to this use, if possible and arrange for laundering and such work to be done in another place.

COCOA BREAD PUDDING.

4 cups milk
3/4 cup cocoa
1 1/2 cups brown sugar
1/2 teaspoon cinnamon
1/2 teaspoon salt
2 eggs
1 teaspoon butter or margarine
1 tablespoon granulated sugar
2 1/2 cups diced white bread
Mix the cocoa with the cold milk until smooth add one-half the brown sugar and the well-beaten yolks of eggs. Brush bake-dish with

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butter; put the bread in and then pour over the cocoa and milk, cover with the remainder of brown sugar, and butter and sprinkle with the cinnamon; bake in moderate oven 1 hour. Beat the whites of eggs until dry, add 1 tablespoon granulated sugar; spread over top of pudding, rough with fork and dust with powdered sugar; put in cool oven 5 minutes or until light brown.

Belfast, Ireland, March 17—A new indictment of the modern girl has been drawn as follows:

Her skirts are too short.

Her low-cut neck is a disgrace.

She is never in style.

It is difficult to tell whether she is 20 or 40.

She suffers from swelled head.

John Bryce drew the indictment before a meeting in Willowfield Hall. The meeting voted approval of the modern girl.

Children's Colds

Are best treated externally. Check them overnight without dosing" by rubbing Vicks over throat and chest at bedtime.

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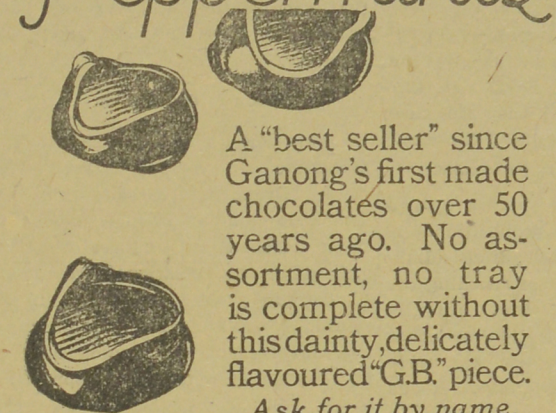


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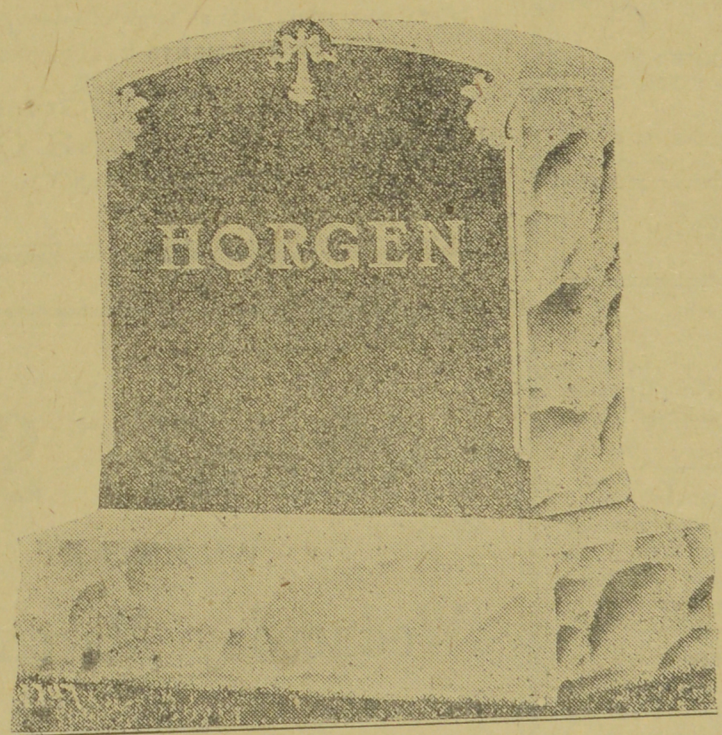
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The above design is polished on both sides. The top is hammered to a fine smooth finish with the edges nicely turned. The sides are rustic; that is rough broken surface with the edges carefully chamfered in hammered finish. The ornamentation on the corners is cut in light relief not just traced. The Initial of the family name can be cut in the apex instead of the little design shown. The prices quoted below are for the Monument Completely erected on a concrete foundation in Fredericton or vicinity. The sizes are for the diepiece or top stone and the bases are in proportion.

2-6x1-0x3-0 \$200.00.
2-4x1-0x2-9 \$175.00.
2-2x1-0x2-6 \$150.00.

This Monument can be made in smaller sizes with 8 inch diepiece at proportionately lower prices; but for the difference in cost, the larger sizes are recommended for a family lot. The best workmanship is put on all the above, and it is not claimed they cannot be made cheaper from inferior stock and with less careful mechanical precision. 50 per cent cash with the order is required and the balance is payable on completion of the order. Place your order now for May 1st delivery.

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