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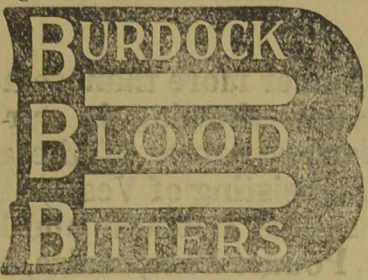
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my eldest son suffered from severe
pains and agony from imperfect diges-
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digestants, but all to no avail. At last
I got him a bottle of



and he had not taken the whole bottle
before he was greatly relieved. The
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CHAUNCEY DEPEW, DEAN OF WITS, MAKES NO NEW YEAR PLEDGES; APPROVES OF DANCES, RADIO, ETC.

(New York Sun)

He will be 93 years old on April 23 next, has been a public figure for seventy years, is probably the oldest living American whose name is a household word and Chauncey Mitchell Depew, former railroad president, Senator, attorney, dean of American wits and after dinner speakers, has no New Year's resolutions to make.

"The world has been pretty good to me for 93 years," he said, "and I haven't got the strength now to try to change things."

The inference was that after a long life rich in alteration on himself either. Some years ago he gave up eating red meat, before that he forswore cigars, always a moderate drinker, he stopped entirely some time ago, he said.

Mr. Depew gave his views on a number of things in a Christmas interview with the Associated Press at his desk in the offices of the New York Central Railroad. He doesn't believe the Volstead act will be changed, although he admits people are not satisfied with it. Asked why he predicted no change, Mr. Depew thought solemnly for a moment with his hand on the back of his head and replied:

"Women."

Some of the things Mr. Depew finds satisfactory as he faces his ninety-second New Year's Day are the stage, modern dancing, radio and motion pictures. He would not have censorship in any of those fields.

He thought Thomas Edison's view on the skyscraper a little pessimistic but he agreed that the traffic in New York is "about as bad as it could be." He would speed up

rather than slow down to remedy the situation he said.

Speaking of the five day week Henry Ford has proposed, Mr. Depew had this to say:

"Time is too valuable to obliterate one sixth of it in order to do good for the other five-sixths; in other words, to get the habit of loafing an extra day."

"I have no desire to go any place by airplane," said the veteran statesman in response to a question on Sir Alan Cobham's prediction that "every Tom, Dick and Harry" would soon own a plane. "I don't believe it is possible to do away with the perils of air accidents. There is some hope in a train, motor or ship wreck. I can't see any hope once you start to drop out of the air."

Does Much Reading.

Mr. Depew says he enjoys radio and would like it more if there were less music and more interesting talks on the air. He said modern humorists, whom he doesn't read, are meeting the demands of their age as Artemus Ward, Mark Twain and their school, whom he rereads, met theirs. He likes novels, but doesn't read Theodore Dreiser and Sherwood Anderson, and thinks Victor Hugo's "Les Misérables" the greatest novel in any language. He says he reads a good deal and varies it with radio programs.

"The other occupation of mine now seems to be receiving countless charming young ladies who say they are just dying to shake my elderly hand. I always imagine they mean it when they say a single shake would be the event of their young lives. But I always find that before the visit's over they want me, please to find a job for some nice young man."

SPECIAL MENUS PREPARED FOR HOLIDAYS ON THE C. N. R. TRAINS

Montreal, December 16—"Christmas shopping early" is one of the slogans of the Canadian housewife, and it is a slogan which must be followed also by the commissariat of the Canadian National Railways, in preparation for the heavy Christmas traffic which means special Christmas fare on all dining cars for those who must travel during the festive season. Christmas shopping by this department commenced months ago, for the reason that whereas the ordinary housewife has to worry about only one or perhaps two plump turkeys, the buyers for the dining cars have that worry multiplied one-thousand fold.

The Christmas shopping list which must be followed is no light one, for the traveller on a Canadian National train expects his meals, during the Christmas season, to have that true holiday touch which is given only by the addition of certain special dishes to the menu. Two of these alone, turkey and plum puddings, require forethought and preparation. At Thanksgiving and again at Christmas, several thousand plump turkeys are required to meet the demands for the special fare of diners; Thanksgiving means the purchasing and cooking of from four to five thousand birds and for Christmas from fifteen hundred to two thousand. This year, Christmas travel promises to be heavier than ever before and it is anticipated that the total number of these festive birds prepared and served will be near the latter figure. As these average about twelve pounds in weight, an idea may be had of the task which faces the dining car chefs, working in their small kitchens on the train, to prepare the holiday meals, with this aggregate of some nine tons of turkeys.

Xmas Pudding.

Another big item in the lists is Christmas pudding, of which some 5,000 will be consumed in dining cars on the Canadian National System during the holiday week. This is made from an old English recipe by expert chefs, and here again consideration of the individual demands that while some of the puddings may be made up in one or two pound sizes for parties, there must also be small individual puddings for solitary diners.

Other items, for the "trimmings" must also be provided. Raisins, nuts, cranberries, apples and oranges are all necessary to complete the holiday meals, and huge quantities of these have been purchased, for delivery as required.

A Good Recipe.

To the housewife, the recipe from which the Christmas puddings are

made may be of interest at this time; Here it is, with quantities sufficient to make six two-pound puddings: 2 lbs. raisins; 4 lbs. currants; 2 lbs. chopped suet; 2 lbs. brown sugar; 1 lb. bread crumbs; ½ lb. flour; 1 large carrot, grated; two tablespoons ground ginger; 3 teaspoons cinnamon; 3-oz. all-spice; 2 nutmegs, grated; ½ lb. citron; ½ lb. candied peel; rum or brandy to be added if desired. Wet mixture with 16 eggs, well beaten, and mix thoroughly. Put into moulds or basins and tie tightly. Boil for ten hours.

AN ITEMIZED ACCOUNT.

Who steals a woman's pocketbook steals trash,
'Tis something, nothing, everything but cash—

A powder compact, postage stamp.
A mirror, lipstick, rouge to vamp;
An eyebrow pencil, comb and keys,
A handkerchief or two one sees;
A dress goods sample, rubber band,
Time tables she can't understand;
Some club cards, check book, fountain pen,

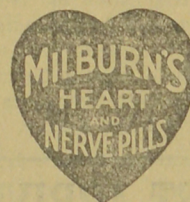
Library card, a hair net, then,
A pair of gloves, a notebook small;
An invitation to a ball;
A change purse filled when leaving home, mayhap,

But, coming home 'tis sure to be quite flat.
—MABEL RUTH JACKSON in Chicago News.

Became So Weak Could Hardly Stand

Mrs. Wm. Palmer, Tomahawk, Alta., writes:—"Last spring I had a long spell of sickness and became so weak I could hardly stand. I could not sleep at night as the least little noise would wake me up. I tried blood tonics and other nerve pills, but they did me no good, and I was getting worse.

I wrote my mother about my condition, and she sent me three boxes of



After the first box I was feeling much better, so I kept on until I had used the three boxes, and now I feel as well as ever I did when I was a young girl."

Price 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Here and There

Calgary.—The Vulcan well in the Turner Valley field has taken its place as one of the deepest oil wells in the world, having passed the 5,000-foot depth. Both oil and gas have been encountered but the drillers are prepared to go 6,000 feet.

A record mangel, weighing 38 pounds, has been grown by Dr. Colvert, of the "White House," Sooke River, B.C., following other near-records produced on his farm. He has just sold a ton of them, consisting of 100 mangels, averaging 20 pounds apiece.

Toronto.—The first shipment of foxes from this point to the United Kingdom, valued at \$10,000, has left recently via the Canadian Pacific Express. There were 15 foxes in all including the International D.66 champion and grand champion of the 1925 Royal Agricultural Winter Fair, valued at \$4,500.

Serious consideration to the conservation of big and small game in the United States is being given by members of game and fish protective organizations in various states who are holding the thirteenth National Game Conference at the Hotel Pennsylvania, in New York city, December 6th and 7th.

Quebec.—Estimates of the cutting of timber for the season 1926-27 which runs from the latter part of August to the end of April, as compiled by experts here, are that the cut will be from 15 to 20 per cent. over last year's. In other words this season's cut will run to about 2,000,000,000 feet of timber.

Discharging over 1,500 third class passengers at Quebec, recently, the S.S. "Montcalm" and "Empress of Scotland" brought the immigration season on the St. Lawrence for the Canadian Pacific Steamships to a close. In the 74 Summer sailings, vessels of the fleet brought 40,000 immigrants to Canada, compared with 28,841 from 80 sailings in 1925 and 39,479 from 93 sailings in 1924. The average carrying per vessel in 1926 was 549, in 1925, 360, and in 1924, 424.

The big game season now nearing its close in the Lake Windermere region has been an unusually successful one. Parties from the middle western States have been numerous this year and their "luck has been in." The nearness of those splendid breeding grounds, the Rocky Mountain Parks and the Provincial Game Preserves, has been a factor. Beaver trapping is once again an active industry, with recent restrictions removed. Many licenses have been taken out, each licensee being allotted a certain defined area.

Emmanuel B. de la Giroday, a native of Mauritius, who has been resident in Canada since 1908, has the official sanction of the Mauritius Government to make the necessary arrangements with the Government of British Columbia for the establishment of a farm colony in the Pacific coast province, according to report. "There are a few thousand people of English and French descent in Mauritius who would be in a position to emigrate to Canada if a suitable agricultural colony were found," he says. He is busy on a scheme for such a colony in the Fraser Valley where fruit and mixed farming would be engaged in.

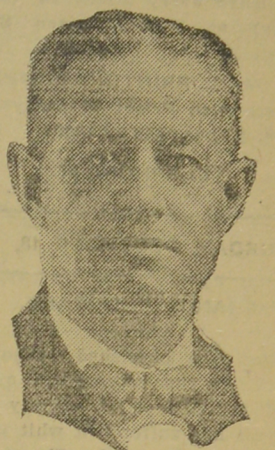
As a result of discussions at the Imperial Conference in London the cheap passage scheme under which British immigrants have been proceeding to Canada during the year is expected to be renewed. The most important result of the conference, however, will probably be the extension of the scheme of training prospective British immigrants for Dominion farms and, instead of the 100 men secured by Canada in this manner this year, it is expected that with the broadening of the scheme from 1,200 to 1,500 men will be obtained next year. A new ten weeks' course in simple farm training will be introduced and will run concurrently with the four months' course already in operation.

Cocoonut Marshmallow Fudge.

Take two cups of sugar and half a cupful of milk, boil up once, then add one tablespoonful of butter and cook to the soft ball stage (240 degrees). Add one cup of grated cocoonut, flavor with half a teaspoonful of vanilla extract and pour over fresh marshmallows that have been placed in a shallow pan. When cold cut into squares, between the marshmallows.

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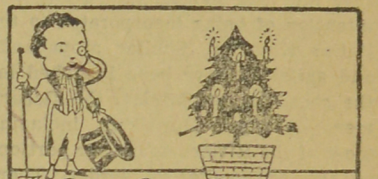


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