



Of Interest to the Women

SOME CULINARY IDEAS GLEANED FROM OTHER WOMEN'S EXPERIENCE.

To determine if a custard has finished cooking insert a knife in the center. If the knife comes out clean the custard is done.

Pumpkin pie will not have a "skin" if it is baked for the first fifteen or twenty minutes at 450 degrees Fahrenheit and at 250 degrees Fahrenheit for the rest of the baking period.

In making milk drinks the acid juices should be poured into the milk, rather than milk into acid juices.

Jam Dumplings.

Two cups of milk, one quart of flour, two teaspoonfuls baking powder, two and one half tablespoonfuls lard and butter mixed.

Sift the flour with the baking powder, rub in the lard and butter and add the milk. Mix to a soft dough and roll out a quarter of an inch thick. Cut in oblong pieces put a tablespoonful of good jam or preserve in the middle of each and make into a dumpling. Bake three quarters of an hour, brush over with beaten egg while hot. Set back in the oven for three minutes to glaze.

STEAMED RAISIN ROLL.

Sift together two cups flour, one-half teaspoon salt, two tablespoons sugar and flour teaspoons baking powder. Work in two tablespoons shortening (any kind) and moisten with milk to form a soft dough. Turn on a floured board, pat into oblongs one half inch thick, brush thickly with soft butter, dot with raisins and sift with granulated sugar mixed with cinnamon, using a teaspoon of the latter to a cup of sugar. Roll like jelly roll, place in a buttered steamer or in a buttered colander over a kettle of boiling water and steam thirty-five minutes. Serve with any fruit sauce.

CRANBERRY WHIP.

2 cups raw cranberry sauce
2 cups boiling water
2 whites of eggs
2 level tablespoons granulated gelatin.

Soak the gelatin in 4 tablespoons cold water 10 minutes; then dissolve in the boiling water and add to the raw cranberry sauce. Beat the whites of eggs until light, put into bowl in pan of ice cold water and gradually add the gelatin and cranberry, beating constantly until it begins to thicken. Then pour into mold or bowl which has been rinsed with cold water and set aside until ready to serve. Wipe mold with cloth wrung out of hot water, remove the whip to dish and surround with the vanilla sauce, made as follows:

2 yolks of eggs
1 1-2 cups milk
3 tablespoons sugar
1-2 teaspoon vanilla
1 level tablespoon cornstarch
add milk, add to the sugar, vanilla and well beaten eggs; then add to the boiling milk and boil 3 minutes. Remove from fire and set aside until cold.

BLIND.

Don't see that my feet are heavily shod,
And follow the city maze—
Nor guess I am more than a patient clod
Dragging through weary days
But I have danced over moon webbed sod
To the ripple of faery lays.

My words are grave, and you listen well,
Not dreaming I find it drear

STOMACH MISERY ACIDITY, GAS, GAS INDIGESTION

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HON. CHOW HAS BEEN CAPTURED

Special cable to the Daily Mail by the British United Press.

London, Dec. 3.—A despatch to the Daily News from Shanghai today reported that the city of Hoo Chow, where American and Japanese destroyers have been dispatched to protect the foreign population, had been captured by the Nationalist army from Canton.

Here's a mighty little question But it causes lots of worry: Why are shoestrings never broken Save when one is in a hurry?

ONLY 14,000 IN U.S. TO DIE OF OLD AGE

Moline, Ill., Dec. 3.—Only about 14,000 of the 116,000,000 present population of the United States will live to die of the only unpreventable disease, namely old age, declared Herman, W. Nelson, heating and ventilating expert, in an address here.

Thinking lengthens life, says a medical authority. Somehow the statement seems to harmonize with the advice to think twice before speaking.

Acid Stomach

"Phillips Milk of Magnesia" Better than Soda

Hereafter, instead of soda take a little "Phillips Milk of Magnesia" in water any time for indigestion or sour, acid, gassy stomach, and relief will come instantly.

For fifty years genuine "Phillips Milk of Magnesia" has been prescribed by physicians because it overcomes three times as much acid in the stomach as a saturated solution of bicarbonate of soda, leaving the stomach sweet and free from all gases. It neutralizes acid fermentations in the bowels and gently urges the souring waste from the system without purging. Besides, it is more pleasant to take than soda. Insist upon "Phillips." Any drugstore.

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To the Customers of The Maritime Electric Company, Ltd.

We have told you during the last two weeks of the power house improvements made since the J. G. White Management Corporation has supervised the operation of this company.

The next step was to find out whether our customers were supplied with electricity of the proper voltage. We, therefore, installed several months ago a recording voltmeter in different locations in the city. This showed that the voltage was too high in some places and too low in others.

Uniform Voltage is Essential

Low voltage means dim lights. Too high voltage also is unsatisfactory. Electric appliances such as vacuum cleaners, toasters, and flat irons will operate economically and satisfactorily only if the voltage is uniform at the required level.

The new voltage regulator will make it possible to maintain a proper voltage at the power plant. Our rearranged distribution system will make it possible to maintain the proper voltage at your residence.

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If you are not receiving good service now we earnestly desire that you let us know.

F. W. COLEMAN, Manager.

The Maritime Electric Company, Ltd.

FREDERICTON, N. B.