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CANADIAN PACIFIC—COMPART- MENT SLEEPERS.

Several months ago, the Canadian Pacific Railway commenced the operation of Compartment Sleeping Cars on train leaving Saint John for Montreal at four o'clock in the afternoon, as well as train leaving Montreal at seven in the evening. The results have been highly satisfactory, and patrons are greatly pleased with the new idea. Of course such Sleepers have always formed part of the standard equipment on the more important lines of the Canadian Pacific and travellers from and to the Maritime Provinces are glad to know of the addition of this class of Sleeper to the regular equipment of these particular trains. When it comes to comfort and luxury at not too great an expense, the three compartments in the car meet all the requirements of the most exacting. Considerably less in price than the standard drawing room, designed and equipped in practically the same fashion, they afford the strictest privacy, and contain one upper and lower berth as well as other accommodations and facilities afforded in ordinary sleeping car drawing rooms. Outside the space taken with compartment structure, the remaining section of the car is given to observation purposes. There is no doubt at all but when the service becomes more generally known there will be growing demand for compartments, which will insure Canadian Pacific patrons the very best of service in travel requirements. At this particular season of the year, this class of equipment will be greatly appreciated by those journeying to their home for the holiday season.

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Of Interest to the Women

MILLINERY STYLES.

The movement toward fuller skirts has influenced milliners in creating hats with fuller crowns. While hats must still be carefully fitted and their crowns, excepting in unusual cases, conform to the head's contour, they are lapped over, dented, grooved or in some way made to give a fuller impression. This fullness has as everyone who has followed the mode must know, gone to the extreme of becoming a tam. There are many velvet and felt tams being worn in Paris and while this type of hat is not universally flattering, fortunately it may be varied so that practically every type can wear it. There is a tam which is draped forward and many felt hats by the way have developed crowns which are similarly formed, and there are tams which have a rakish air, this type being absurd, however excepting for the young girl.

There are still shapes in Paris which are really cloche, excepting that the brims instead of tapering to nothing as many a cloche did, widen at the back so that they may be sharply turned up. The brim tendency is up, not down, and in larger hats, a few of which are shown for the south of France, back brims invariably turn up.

French women have a penchant for hats, which are trimmed to one side, and still affect aigrette and paradise for this purpose. This type of hat is always for dress wear, however, and while this plumage is prohibited excellent substitutes. More and more hats are being draped so that less the new crocheted or knitted straws are used, it does not from present indications look like a season in which straws are important though for sportswear dyed Bangkoks and Manilas are being shown.

The sheer and tiny nose veil is perhaps the most interesting new idea that Paris discloses.

POT ROAST.

A four pound piece from the round or rump or chuck, or even the second cut of the neck, can be prepared in this way: Season with salt and pepper, dredge with flour and brown the entire surface in fat. Fat salt pork tried out is especially good for this. Put the meat on a trivet in a kettle, about half cover the meat with boiling water, cover closely and cook just below the boiling point for about four hours. The flavor of both meat and gravy is much improved if about a third of a cupful each of carrot, celery, turnip and onion are cooked with it. If the flavor of spices is liked add a wee piece of bay leaf and a clove or two. Add these sparingly as this flavor may easily be made too pronounced.



This Lassie Has Her Colds "Rubbed Away"

The mother of this attractive little girl, Mrs. E. E. Emmans, of 215 Seventh Ave., N. E., Portage La Prairie, Man., is one of the many Canadian mothers who are enthusiastic about the vaporizing salve, Vicks Vaporub, for treating children's colds. Mrs. Emmans writes: "My little girl had croup at night pretty badly and Vicks did her a lot of good. I have also used it with very satisfactory results for head and chest colds."

Vicks is just "rubbed on" for sore throat, tonsillitis, bronchitis, croup or deep chest colds. When so applied, Vicks has a double direct action: internally medicated vapors are inhaled while, at the same time, externally, it is absorbed through and stimulates the skin.

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WHY HAIR GROWS ON THE LEGS AND CHEST OF BALD HEADED MEN

Boston, Jan. 30.—A biological investigation into reasons for hair growing on the chest and legs of bald-headed men and not on their heads, was suggested by Charles Nessler, president of the American Master Hairdressers Association, in an address before the New England Association of Hairdressers and Permanent Wavers in convention here today at Horticultural Hall.

The results of such study, Mr. Nessler said, may shed light on the cause of baldness, and may perhaps suggest a remedy. Mr. Nessler, who is the originator of the permanent wave, has given \$5,000 as a nucleus for a fund to endow a college for the scientific study of hair. He advances the theory that hair is a prime instinct manifestation.

Mr. Nessler said the time has come when serious thought must be given to research work along scientific and biological lines in the study of hair. The treatment of hair has developed into one of the leading industries of the country. It owes to the public, which has been so generous in its support of the industry the creating of a body of information which will make hair treatment as nearly as possible an exact science. He suggested the establishment of a hair research institute in New York city, with distinguished scientists and biologists at its head.

Heretofore in scientific investigation of hair, Mr. Nessler pointed out, the biological aspect has been overlooked. Hair, biologically studied, would prove that its growth or absence depends on the two inherent instincts of human beings—sex and self-preservation and that baldness, for example, was not due to loss of hair but to an act of nature which produced hair on other parts of the body.

"The scientific laboratory has proven a thorough failure," Mr. Nessler said, "in matters of hair because the biological aspect of this adjunct has not been studied. It may be proved that our whole hair production is but a semi-waste elimination. We may also

be able to prove that the amount of hair a person discharges from year to year depends upon the two inherent instincts—sex and self-preservation. The stronger one or the other of these two instincts are, the greater is the respective hair discharge.

"This, then, puts our hair theory on an entirely new basis. It shows that the material of which hair is made is carried to its base by the same movement of the tissue stimulated by the blood circulation. It can be proved that our baldheaded young men have not lost their hair at all, but that pervercity merely filled the hair follicles on other parts of the body. The hair substance is perverted from the scalp to the chest. Some of our strongest men have very little hair on their legs and arms, but throw off on their scalps from five to six ounces every year, while others barely throw off one ounce per year on the accustomed place—the scalp—and from three to four ounces on the chest, arms, or legs."

ABSENTEES WERE ABLE TO POLL VOTES

Edmonton, Jan. 26.—Giving evidence at the preliminary hearing of charges under the Dominion Election Act against J. B. Billos of Venice, Alta., a deputy returning officer for the Athabasca riding in the recent Federal election, Felice D'Angelo, Italian consul at Edmonton, declared that 16 people alleged to have voted several times had been in Italy for two or three years; two are dead; three are in the United States, and others are such a distance away that it would have been impossible for them to have been at Venice on election day.

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