PAGE TWO

SEEDS CLAIMS THAT LIVER, HEART AND TRIPE ARE GOOD VALUE; **HAVE IRON IN LARGE AMOUNTS** Now is the time to get

500

your GARDEN and FIELD SEEDS.

PEAS

TELEPHONE 20c. GRODIES 20c. EVERBEARING ...

BEET

EARLY BLOOD BEET 5c pkg., 10c oz., 35c 1/4 lb.

CARROT

1/2 LONG CARROT 5c pkg., 10c oz., 35c 1/4 lb.

BEANS

GOLDEN WAX KIDNEY WAX

LETTUCE

5c package, 20c ounce.

CUCUMBER

PUMPKIN

CONNECTICUT FIELD 5c package, 10c ounce.

SWEET PEAS

BOSTON MIXED 10c oz.

SQUASH

HUBBARD SQUASH, 5c pkg., 20c oz.

VETCHES

13c lb., 2 lbs for 25c.

PARSNIP

HOLLOW CROWN, ... 5c pkg., 10c oz.

CORN

GOLDEN BANTAM BANTAM EVERGREEN 21c. YELLOW CANADA SWEET FODDER . 10c. 12c. LEAMING FODDER

tissue and iron in rather high the case. Heart does not need special pre-

the liver of calf, beef or pig. Calf's all openings or cavities are clear of some good cooks prefer to cook with Ib. liver is the most delicate, is lighter in | blood. color, but is two or three time's as expensive as beef or pig liver. Nevertheless, if carefully prepared, both pig and beef liver may be very acceptable. kidney should be removed. Broil or call for sweet milk and baking powder Veal heart is most generally use i. saute for only five or six minutes. /s in order to use sour milk and soda, so though beef heart is good. Lamb's longer process leaves the kidneys the best thing to do is to keep on file, compare in price with the cheaper kept below the boiling point, or the call for sour milk. cuts of meat.

Veal Kidney Is Excellent.

Lamb's kidney is the most delicate, each kidney being very small-about the size of an egg. Veal kidney is exstronger in favor and are usually soaked overnight in salt water to remove some of the flavor. The kidneys from to obtain the fresh, 25c. all animals are about as inexpensive metropolitan markets.

Sweetbreads are of two kinds-the and the "throat sweet-breads," a gland Sweetbreads are always parboiled be- wise good recipe. found near the throats of young an:- fore being used in any recipe, and It is difficult to tell just the amount mals. The latter is more delicate than the former. Calves' sweetbreads are those usually used and are especially delicate and good in tempting the ap- quart of water add one teaspoon of seems to her to be too much soda in petites of sick persons, for they are vinegar and one-half teaspoon of sait. one recipe in comparison with anoth

are inexpensive to buy, comparing served breaded, sauted or broiled, tie with the cheapest cuts of meat. Tripe is a part of the stomach of pulling it tightly enough to hold tothe ox, and is popular with many gether in good shape. Let cool under who have become accustomed to its a weight, which will cause a better flavor and texture. If it is perfectly more compact shape. prepared it may be quite delicious. Brains possibly are less commonly Long cooking seems to be one of the used than sweetbreads. It may be that

Liver-Many persons consider that brains are first parboiled, then comboiling water should be poured over bined with ingredients in other dishes liver before it is cooked. Though this this softness of texture is overcome

Liver, sweetbreads, brains, heart, can be stripped off after the scalding homemaker often in the hot summer tripe and kidneys deserve a place on process and the cut surfaces are sear- months. She thinks the day is lost, the menu. When properly prepared, all ed so that the juices are retained to but if she only knew how many delicthese have the same values as other greater extent and the slices are less ious things she could make with this meats. They contain muscle-making slippery to handle than is otherwise same sour milk she would wail no

Sinew and Fat Removed.

period of cooking to render them teu- cream:

Parboiling and Preparing.

To parboil and prepare-To each each piece separately in cheesecloth,

main factors in success in cooking the softer texture is disliked. They are very often scrambled with eggs. If

"The milk has soured!" wails the

VIANDS CAN

EASILY BE MADE

DELICIOUS

Even a few tablespoons of sour In purchasing liver, one may get liminary treatment, except to see that cream can be used in many ways, and sour milk, as foods made with it keep moist much longer than those made Kidneys are split for broiling, and with sweet milk. It is difficult for the sinew and fate at the centre of the most cooks to alter receipes which

heart is very small, but delicate. These tough. In stewing, the water should be in case of emergency, recipes which kidneys will be hardened. If the bo'l- Here are some points it is wise to

ing point is reached it will take a long remember in using sour milk or If you use cream in a recipe which

Tripe may be obtained fresh or pick- calls for milk, you must reduce the led and is of-two kinds, plain or hon- amount of shortening called for. Othercellent. Beef and pig kidney are eycomb. The honeycomb tripe is con- wise the food would be too "short" sidered the better kind. Canned tripe and likely to fall in the baking or to is available for those who are unable crumble when taken from the pan. In using soda always s

as the cheapest cuts of meat mall but put into cold water as soon as possible otherwise. It should be me ured most after being purchased. If the water is accurately, and if lumpy should be changed after becoming colored the sifted before measuring it. Even a tiny pancreas, or "stomach sweetbreads," organs will be whiter when cooked. bit too much soda will spoil an other

brains are better also if so treated. of soda to use, as not all sour milk is of the same acidity. Sometimes the inexperienced cook is puzzled by what cold water. Remove tubes and outside lemon juice or chocolate, all of which Brains Inexpensive to Buy. membrane, but do not break the or-Brains of all animals are used and gans themselves. If they are to be cipe.

Sour cream, whipped or unwhipped may be added to mayonnaise or cook ed salad dressings. This makes an especially delicious dressing for cucumbers. Add a tiny bit of cayenne, too, if there is none in the dressing.

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> WALKER BROS. Queen St. Fredericton

London, May 12-Lewis Carrol's non, center of the street mounted on an ex- regard it is as necessary today as a tremely diminutive motor scooter. The horse was twenty years ago," he said sense lines about the man who Ib. joke gained zest from the fact that in an interview. "But we are finding 18c. thought he saw a banker's clerk de- the rider was having so much trouble now that farm work is only the begin-

OLD LONDON LAUGHS DESPITE TRIALS OF THE GENERAL STRIKE: SOME AMUSING INCIDENTS

is not always done, the outside skin to a large extent.

Sweetbreads and brains should be the flour unless the re

SUNFLOWER

5 cents per oz.

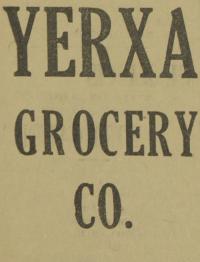
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When a customer takes a whole bag of Timothy 1 cent lb. less.



York St.

scending from a bus, hippopotamus.

crowd was laughing.

One immediate and rather noticeflashed into the mind of an American able effect of the strike was a decided manufacturing over 2,000 attachments newspaper man early this week when diminution of the number of habitual for the Fordson alone. he found himself suddenly jolted into street "casuals"-pavement artists, Alice's Wonderland with the polite match-sellers, street singers, hawkers query from the omnibus conductor, "Is this the Strand?" Is and beggars. It is difficult to believe that they also are on strike, but no-

An investigation into the meaning body seems to know whether they deof this reversal of the normal roles be- cided business would be unproductive possible. In our own works we ask tween passenger and conductor reveal- or whether they have volunteered and men to undertake no heavy labour, ed that the conductor was a stock taken on straight trade union wages and practically all the inter-departbroker's clerk doing strike duty on from the government.

the bus. He functioned well so long a's Great Britain's first general strike all he had to do was to "punch in the has not been without its sporting adpresence of the passengare." The fact ventures on the side. A number of that he had not the vaguest notion tourists had made arrangements to when the passenger had exhausted his travel across the Atlantic by a Cana- Winnipeg, Edmonton and Vancouver fare didn't cramp his style in the dian steamship from Liverpool when slightest, for the proverbial honesty the industrial upheaval disrupted all of London's bus riders was stimulated railroad traffic. At first they feared to the highest point by the fantastic they would be stranded in England. phenomenon of a conductor being per- but later they were informed that a hoists, shovels, scoops, etc. In announce sonally conducted by his bus load. bus would convey them all the way ing this new development, which is One interesting thing in the early from London to Liverpool. With keen likely to play a great part in the in days of the strike has been the excel- anticipation the travelers began, their dustrial development of the Dominion. lence of London's telephone service. journey at 8 o'clock on the morning of Mr. Campbell said that the Ford Com-Under normal conditions the British the third day of the strike. They were public growls, and frequently not with-warned that the journey would last with the plan in the interests of indusbut justification, at telephone delays. ten hours, and perhaps longer. The try. But this week, despite official warn- bus tourists, however, refused to be ings that the telephone service pro- worried. They expected to enjoy the

bably would become congested, it real- trip as a first experience, and the elely seems better than ever before. Whe- ment of danger, because of the rowdy- of pearls, both cultured and natural, ther this is merely because the other ism of hooligans along the way, gave will form part of Japan's exhibit at amenities of life are working so badly, it an added spice.

special effort to meet the emergency, tation not affected by the strike is the proximately \$350,000,000. is not known. But the fact remains the coaching service between London and it may be merely a testimonial to the ed to make the trip by the convey- ed the approval of the Empress.

habitual British calm under stress. In ance which Dickens made immortal the last three days the heartiest laugh But the service started by its promotheard on the streets was one which ers in a spirit of romanticism may population is the most dense? swept from one end of Aldwych to the prove more utilitarian than was first

managing his steed that he did not ning of a tractor's usefulnes's-it can He looked again and found it was a dare look around to see why all the be adapted to serve almost every pur pose for which power is required. In the United States there are 660 firms "In Canada the use of the tractor

in industry has not developed so rapidmental carrying is done by rubber-tired tractors."

At the present time, a number of manufacturers are co-operating to sell equipment in Canada. Six distributing centres in St. John, Montreal, Toronto, have been already arranged and nearly a million dollars' worth of equipment has been brought into the country. The equipment includes Tractor pany of Canada had identified itself

Tokio, May 12-A miniature tower the Philadelphia sesquicentennial exor whether the operators have made a One of the few means of transpor. position. It will have a value of ap-

The exhibit is constructed in the Brighton. After the lapse of more than shape of a pagoda, is slightly over But despite the occasional humorous half a century it recently was restored three feet high and contains 201,230 incidents, everybody seems to be keep- mainly to please American tourists, cultured and 29,270 natural pearls of ing a tight rein on their emotions or who, it was thought, would be delight- varying sizes. The display has receiv-

> Bozo-Where do you think the Mozo-From de neck up,

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