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Physicians prescribe Aspirin; it does NOT affect the heart

MOTHERS ADVISE OTHER MOTHERS

To Take Lydia E. Pinkham's Vegetable Compound



last six months that I look like twenty-five although the fact is that I am now forty-seven and have seven children. I have taken the Vegetable Compound regularly for some time now and sleep well, rise early and feel young."—Mrs. McKee, 18 Laurier Ave., Toronto, Ontario.

A healthy mother will have a healthy child. For your baby's sake take Lydia E. Pinkham's Vegetable Compound.

Mother of Six

Vanessa, Ontario.—"I think Lydia E. Pinkham's Vegetable Compound is wonderful. I have had six children of which four are living and the youngest is a bonnie baby boy who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urgently tell my friends to take it as I am sure they will receive the same help I did."—MRS. MILTON McMulter first dose. I have been told this

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Of Interest to

WHAT SHE WEARS

A dignified black broadcloth two- We would not get hot box elbows piece suit, with broadtail trim gets Passing eats around the table." a frivolous look from a big black -Judd Lewis in Houston Post-Disvelvet bow, on the left shoulder. patch.

One of the season's smartest "Lines of columnists in rural shoes is a russet calfskin pump in Texas scenes remind us thus: tricately stitched with a chic little "Octopi' is not the plural bow of the calfskin instead of a Number of the octopus."

The vogue for brown persists and some very attractive dresses made Maybe 'tisn't, but if 'tisn't be seen some plain and some lace Whether 'tis or if it isn't trimmed

A tan and brown printed velvet frock has a double collar that points down in the back and at both sides of a square front neck, made of yellow beige georgette over brown

APPLE BUUTTER

Wash, pare, quarter and core the apples, put into boiler and to each es and add individuality and charm to things and charm to things around the home by the of cider and boil very slowly until the apples are all cooked up. To the apples are all cooked up. To results are possible only. the above quantity add:

- 1 teaspoon ground cinnamon
- 1-4 teaspoon cloves
- 1 teaspoon salt
- 1-2 cup brown sugar

Boil or simmer very slowly, stirring used when the cloth was made. very often until you have the right thickness. It should be quite thick "know-how" is in the dyes. Fashion-able tints appear like magic right over and can be put in earthenware crock and can be put in earthenware crock in cold place for later use. The on Diamond Dyes and save disapamount of sugar is a matter taste.

APPLE BUTTER WITHOUT SUGAR

- 1-2 peck apples
- 3 pints sweet cider 1 level teaspoon salt
- Cinamon nutmeg or spice to taste Wash, pare and core the apples; put into preserving kettle with cider and salt. Boil slowly stirring quite often. The time of boiling depends on the kind of apples used. Any apples can be used but some take longer to soften than others. It must boil stowly until thick and be stirred of en. It must not separate. The salt is added when the apples are put on. The spices are a matter of tasre and are not put in until the end. The apple butter will be dark in color from long cooking. Put into sterilized jars or crock and

Wash apples, cut in half, remove the stem and blossom, but not the core. Put into preserving kettle add cold water enough just to cover; boil slowly until apples are tender and break apart. Put into jelly bag and let hang over night. To each cup of juice add one cup of sugar which has been heated. Boil 10 to 12 minutes. Pour into glasses and let stand in warm place 24 hours. Put on covers and set in

Simple Way to Be Rid of Gas



EOPLE who belch after eating may not realize that the cause is excessive gastric acid. Or may not have been told

may not have been told how easily this may be remedied. Quick and complete relief can be obtained by taking a little "Pape's Diapepsin" after eating or when pain is felt. Remember this for your comfort, and lest that constant gas an the storage does not drift into gas.

"Pape's Diapepsin" instantly neutral-"Pape's Diapepsin" instantly neutralizes the excess stomach acid and soothes, heals and strengthens the inflamed stomach lining, thus promoting normal, painless digestion and helping to prevent fu-

For many years millions have used and recommended "Pape's Diapepsin" for the speedy and sure relief of indigestion and allied stomach troubles. Follow their example! Get a 60-cent package of "Pape's Diapepsin" from any druggist; no matter how severe your stomach 10 matter how severe you roubles you will get relief.

"Lives of octopi remind us If we had eight hands and able

-Ted Robinson in Cleveland Plain

of brown transparent velvet are to Judd, you tell that Cleveland bird Still it's one darn classy word

By Mae Martin

You can look attractive how to give new beauty and variety to your dresswith Diamond Dyes. Each package represents the perfection of 50 years of dye-making. They never streak, spot or run. They are real dyes, like those used when the cloth was



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SWEETENED AND SPICED APPLE BUTTER

- 1 peck apples
- 1 quart cider 2 cups brown sugar
- 1 teaspoonful salt
- 1 teaspoon cinnamon 1-2 teaspoon cloves
- 1-2 teaspoon grated nutmeg Wash pare, quarter and core the apples; put into preserving kettle ALONZO STAPLES, 100 York Street. add the cider and boil slowly until A. J. HANLON, 83 Regent Street.

it will not separate. Other spices RAY BARKER, Corner Carleton and to taste may be added.

W. J. IRVINE, L. D. S., D. D. S.

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