1 1-2 cups flour

1-8 teaspoon salt

7-8 cup milk

and very light.

midst of a crowd?

settled the argument.

1-2 cup chocolate powder

Cream shortening. Add sugar gradu ally, and beat well. Beat in eggs

salt. Add alternately with milk to

first mixture, adding flour first and

Bake in oiled muffin tins 25 minu-

tes at 375 deg. F. These are fluffy

NEW YORK MEN

(New York Sun)

a man who had just passed them.

gabardine. The young man insisted

he was a New Yorker, while the

young woman with him was sure he

was from the Western plains. A tell-

ing shot by the young man finally

"Nobody but a New Yorker" he

Ara Marriage is the aching head

How can you tell a New Yorker

TE A "is good tea"

Red Rose Orange Pekoe

is supreme

In clean, bright Aluminum.

THE COMING YEAR PROMISES WELL FOR THE MARITIMES

time Provinces are coming back the first of the year was 207,000, as have established regular sailings east times is apparent, and the coming cluded with the White Star and Cunyear should be one of the biggest and lines by Sir Henry Thornton, pre

prediction are many. Not the least of new service of the Canadian National them is the spirit of optimism of the Steamships, being constructed for

rolling stock by the Canadian Nation- vice will be instrumental in increasal Railways in the Maritime Provinces ing to a large extent the growing have been placed to the value of \$2, trade with the West Indies, in which 500,000. The steel plant at Sydney has the Maritime Provinces would seem received orders for steel rails from an to have a great opportunity to share. American railway which it is expect- Since the revised treaty went into efed will keep the mills going full blast fect the increase in trade between all winter. In addition to the rolling Canada and the British West Indies stock ordered there has been ordered amounted to approximately \$11,000,-300 flat cars and 300 coal cars.

FOR Diarrhœa THERE'S NOTHING TO EQUAL



This valuable preparation has been on the market for the past eighty years, and holds a reputation second to none for the relief of all bowel complaints. Price, 50c. a bottle at all druggists or dealers; put up only by The T. Mil-burn Co., Limited, Toronto, Ont.

Sailings Increased.

The Cunard and the White Star strongly in the industrial sphere is in- Lines have arranged for increased dicated by the car loading figures re- sailings from Halifax to London and leased by the regional headquarters Liverpool during the coming season. of the Atlantic Region of the Canadian In all there will be 37 sailings east National Railways here today. To bound. This is the first time in the date, the total car loadings originating history of the port of Halifax of rein the Atlantic Region, which com- cent years that these two large transprises the Maritime Provinces, from Atlantic transportation companies against 191,000 for the previous year, bound from Halifax to ports in Great or an increase of 15,200 cars. On all Britain. The arrangements for these sides the rejuvenation of the Mari- increased sailings were recently consident of the C. N. R.

The factors that go to make up this In addition to this there will be the that service, the first of which, the Lady Nelson, is now en route to Can-On the industrial side orders for ada. It is expected that this new ser-000. The annual trade now amounts to \$45,000,000.

This latter figure does not include the banana trade, which is now being handled through United States ports, but with the new steamship service to be provided by the Canadian National steamships, will flow to Canada direct. It is estimated that this trade will add \$5,000,000 to the annual trade figures.

Hi Slocum says that he hears there will be a new Pro at the Golf Club That Golf and Gas next season. wouldn't mix.

M. D. Willis of Fredricton Junction is in the city today.

Going to the Woods?

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QUEEN STREET, NEXT GRAND HOTEL

WOMEN'S COLUMN

FLASHES OF FASHION

An adherence to all shades of blue is one of the consistencies of the

A large import collection designed and vanilla. Mix and sift flour, bakfor Palm Beach high lighted and ing powder, chocolate powder and sleeveless sports dress.

Chanels' coat dress in covert and last other cloths has been advocated for large women.

Tweeds in which lavender tones pre dominate are again worn by smart

Chenille is gaining in importance for millinery and also in novel lace effects for evening.

Brims are returning fewer brimless models being worn.

The three piece costume is thor- from a man out of the provinces? oughly entrenched for sports as well What is there about him that stamps as formal wear.

Diagonal themes continue handfagoting being an oft repeated treat-tery Park were heatedly discussing

Heavy ivory toned satin is again one side of his head a suit that he bridal favorite. White velvet also plainly was too tight for him and a is being chosen.

Browns are extremely popular.

ENGLISH TEA CAKES

Sift together two cups flour, three quarters cup sugar, one had teaspoon said "would have the supreme consalt and two reaspoons baking pow. fidence in himself to wear such an er. Into this mixture work one half outfit. A stranger would be embarcup citron chopped fine, one egg rassed to death. That's the way you well beaten, and two tablespoons can always tell a New Yorker-by his complete indifference to what

Make into balls about the size of anybody thinks of him." walnuts, brush he top with beaten egg and dip in sugar. Place in pan about one inch apart, with the egg MS Found in a Bachelor's Wallet side up. Bake in moderate oven 350 deg. F., until slightly brown. Love is like the wine so red Brimful of joy and laughter

RICH TEA CAKE

- 1-2 pound shortening
- 1-2 pound sugar
- 1-2 pound flour
- 2 teaspoons baking powder 1-2 teaspoon salt

Cream shortening and sugar thoroughly, add yolks and beat. Add baking powder to flour, stir flour into the egg mixture. Best egg whites until stiff and fold into mixture. Spread to one inch thickness using cake tin eight by ten inches. Sprinkle one half cup of sugar and cinnamon mixture over top. Add one half cup finely cut almonds to sugar and cinnamon, if desired. Bake 30 minutes in oven 325 deg. Fahr.

TEA CAKES

- 4 eggs, beaten together
- 1 cup sugar
- 1 cup melted butter (scant) 1 tablespoon milk
- 1-2 teaspoon baking powder
- Pinch salt 1-2 teaspoon vanilla
- 1-4 teaspoon nutmeg 1 cup flour

Bake in hot, greased waffle irons sprinkle with powdered sugar, and erve cold. Makes five waffles.

CHOCOLATE TEA CAKES

1-2 cup butter or margarine 1 cup sugar

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Port Colborne, Ont.—"After having an operation, I was very miserable, weak, nervous and



wery near unfit to work. I saw Lydia E. Pinkham's Veg-etable Compound advertised and advertised and tried it and believe it helped me won-derfully. I have no weak spells any more, the pains have left me and myneryes are much

my nerves are much better. I feel safe in saying Lydia E. Pinkham's medicines have helped me wonderfully."—

2 eggs well beaten 1-2 teaspoon vanilla FERGUSON'S 3 teaspoons baking powder

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