



## Sealed for You

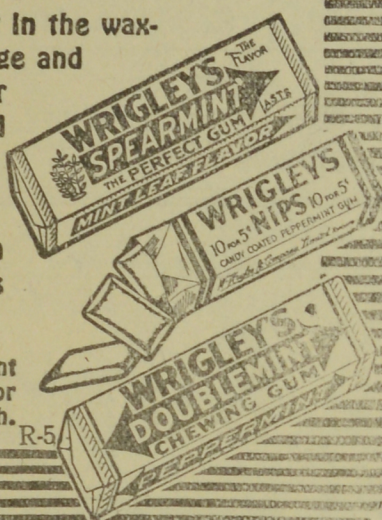
Wrigley's is made of pure chicle and other ingredients of highest quality obtainable.

But it is no use to make WRIGLEY'S 100% in quality and then reach you in poor condition.

So we put it in the wax-wrapped package and SEALED IT TIGHT to keep it good—for you.

Aids digestion—keeps teeth white -- helps appetite.

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## Of Interest to the Women

### FOR THE HOMEMAKER

Sew an eight inch strip of thin white cloth on the upper ends of quilts and comforters for protection. It may be frequently removed and laundered and will save wear on the quilt.

Nail a small curtain rod near the bottom of your closet door and it will make a convenient holder for bed slippers.

When mailing flowers stick the stems in small potatoes and the flowers will retain their freshness for several days. The potatoes furnish nourishment.

Make tarts from left over bits of pie dough. Fit them into small pans and add portions of fruits or jelly, sprinkle with cinnamon and sugar and cover with criss cross strips of dough. These are nice for the children, lunches or picnics.

Paint your pantry shelves a light tint to harmonize with your kitchen color scheme. Give them a coat of enamel and they may be easily washed and cleaned.

### SOUR CREAM POTATO SALAD

- 4 cups cold boiled potatoes
- 3 stalks celery
- Pepper
- 1-4 cup vinegar
- 1 chopped onion
- 2 teaspoons salt
- 1 teaspoon paprika
- 1 cup sour cream
- 2 tablespoons butter

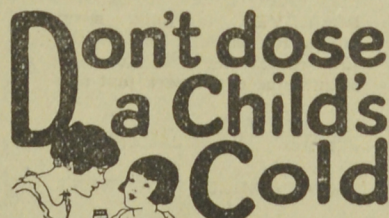
Dice the potatoes and celery mix with the onion, salt, pepper and paprika add the vinegar and allow to stand fifteen minutes. Heat the cream and butter until butter is melted. Pour over the potatoes and chill.

### RICE AND TOMATO CROQUETTES

- 1-2 cup rice
- 1 1-2 cups canned tomatoes
- 1 slice onion
- 1 slice carrot
- 1 sprig parsley
- 2 cloves
- 3 pepper corns
- 1 teaspoon sugar
- 1 egg
- 1-4 cup grated cheese
- 1 tablespoon butter
- 1-2 teaspoon salt

Cook three fourths cup tomatoes the onion, carrot, parsley, cloves and pepper corns for five minutes. Strain. Add the remaining tomatoes and cook the rice in this liquid in a double boiler until tender. Remove from fire and add sugar, beaten egg cheese, butter and salt. Spread on a plate to cool. Shape, egg and crumb and fry in hot deep fat.

Paris has decreed that "skirts shall be 40 centimeters from the ground." Er—what is that—in miles?



**Don't dose a Child's Cold**

CONTINUAL dosing upsets children's delicate stomachs. Vicks is applied externally and therefore cannot disturb the digestion. It acts in two ways:

- (1) The body heat releases the ingredients in the form of vapors which are inhaled.
- (2) At the same time Vicks "draws out" the soreness like a poultice.

acts 2 ways at once  
**VICKS**  
VAPORUB  
17 MILLION JARS USED YEARLY

### PEACH MELBA

A simple way of baking this dish is to place in the bottom of a sherbet glass half a peach. Put a scoopful of vanilla ice cream on this, with another peach half on top. A little whipped cream should be added and then the peach syrup. A few pieces of candied cherries may be used to garnish.

First Gentleman (with heat): Understand sir, that I'm not to be moved by a fool's opinion.

Second Ditto (ditto): The very reason sir, why nobody pays attention to yours.

"But daddy tells fibs mother."  
"Yes I know dear but you're too young to play golf yet."

## "PINKHAM'S COMPOUND IS WONDERFUL"

Read This Letter from a Grateful Woman

Vanessa, Ont.—"I think Lydia E. Pinkham's Vegetable Compound is wonderful. I have had six children of which four are living and my youngest is a bonnie baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did."—MRS. MILTON McMULLEN, Vanessa, Ontario.



### DEVILED SCRAMBLED EGGS

- 4 eggs
  - 2 tablespoons butter
  - 1 cup shredded dried beef
  - 1 teaspoon prepared mustard
  - 1 tablespoon vinegar
  - Cayenne
- Melt the butter. Add beef and seasonings, add eggs slightly beaten and cook slowly two minutes until the eggs are set. Serve at once.

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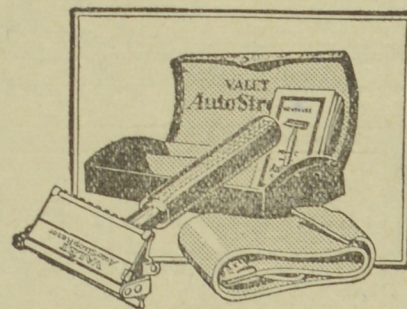
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