

THE CANARY BIRD IS GROWING IN FAVOR AS HOUSEHOLD PET; APPRECIATED BY OLD FOLKS

There is an increasing demand for canary birds. Many are chosen for lonely old persons, others for children whose parents think that canaries are the least objectionable of all pets, since they do not carry infection dirt like dogs and cats, and do not take up too much room in the small apartment or cottage.

For over 400 years canary birds have been kept in cages in various parts of Europe—the first ones brought there from the Canary Islands by sailors who had long admired their lovely song.

But even before they were taught to live in cages these birds had been friendly, rather tame, little creatures and where they still are found wild they choose to make their nests around human habitations, for the sake of the crumbs they can gather and the hair and threads they can get for their nests.

Much as we admire the golden plumage of canaries now, the wild birds, and the ancestors of the present cage bird were not of striking plumage, being usually of a greenish hue with only an occasional streak of yellow.

The present cage bird has been much modified by breeding—he is larger and yellower than his wild ancestors, and has lost the instincts of his freebooting forebears.

He is barely more akin to the wild breed than the modern domesticated dog is the remote wild wolf dog from which he originally sprang.

Canary birds have long been bred in various parts of Europe, but those from the Hartz Mountains in Germany are the best songsters of them all.

Naturally Cleanly

Canaries are naturally creatures of very cleanly habits and care should be taken to keep their cages scrupulously clean. The water cup should be removed every day, and returned with fresh cold water. Care should be taken that no trace of soap is left after the washing.

The seed cup should be kept full of seed and once a week it too should be emptied and washed. The tray on the bottom of the cage should be kept covered with fine gravel which should be removed and replaced every day. Perches should be washed daily. Four or five times a year the entire cage should be thoroughly washed and scalded.

Birds that are gently treated usually become tame enough after a short time to be liberated in a closed room occasionally and the cage may be cleaned on such an occasion.

Use nothing but the best grade of seed and never try feeding birds any other sort of grain.

Keep a cuttle fish within easy reach of the bird—as this is needed to provide necessary lime.

Need Greens

A little green is needed to keep birds in good condition. During summer months chickweed is best for this. The green part of lettuce may be used.

Some breeders say that the coarser white section of lettuce should not be given. Some authorities say that apple should never be given—and all seem to agree that only sweet apple should be offered.

Cages have become extremely ornamental within recent years and have doubtless done much to increase the popularity of birds as pets.

Birds should pass their days in well lighted rooms but should be kept out of the direct sunlight in summer. Even in the winter they should not be allowed to stay in a sunshiny place too long a time.

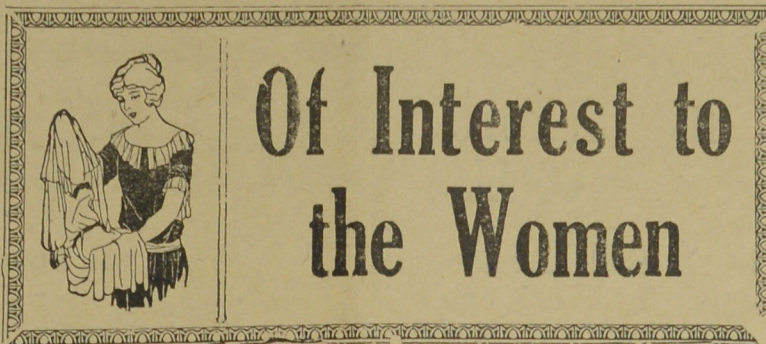
How To Care For Pet

It is best to keep the bird in a room that is not artificially lighted at night or to remove the cage to a darkened room in the evening.

When this is impossible they should always be covered, though the cover should not be so tightly drawn as to exclude the air.

Birds should be kept out of a draft, but require an abundance of fresh air. For this reason it is best not to keep a bird in a kitchen where air is laden with food smells and exhausted air from a gas stove.

Coal gas is particularly injurious and an amount that would hardly be apparent to a human might prove fatal to a bird.



HOUSE NOTES

The best midmorning lunch for the child is fruit with or without bread and butter or graham crackers.

If stockings are purchased half a size longer than is actually needed for the foot less mending is required.

If your last summer's dress looks faded, try a little tinting material in the starch when you launder it.

To prolong its usefulness and increase its efficiency keep your sewing machine clean with gasoline and a stiff brush.

Old safety razor blades with a single cutting edge are useful in ripping seams and in cleaning paint from windows.

Rhubarb is one of the best palate tempters for spring appetites and contains valuable calcium and iron. Use it while it is plentiful and inexpensive.

FAIRY FOOD

- 1 pint of strawberries
- 1-2 pint of heavy cream
- 2 tablespoons lemon juice
- 1-4 cups sugar
- 1 cup flour
- 3 egg yolks
- 3 egg whites
- 1-4 teaspoon salt
- Powdered sugar
- 2 teaspoons baking powder

Mash and strain enough berries (about half a pint) to make 1-4 cup of juice. Put this juice with the lemon juice in an aluminum cup and set in a pan of boiling water to heat. In the meantime beat the egg yolks and sugar slowly. Add the hot juice and mix well. Add flour mixed and sifted with salt and baking powder. Last fold in the stiffly beaten whites of eggs and bake in a tube pan (oven 325 degrees). Allow the cake to cool.

Dice the remaining berries. Add a pinch of salt and a few drops of lemon juice, sweeten to taste with powdered sugar. When ready to serve, whip the cream, add the berries and fill the center cavity and spread over the top of the cake.

STRAWBERRY KISS PUFFS

- Whites of six eggs
- 1 cup sugar
- 1 teaspoon of vinegar
- 1 teaspoon of vanilla

Beat the eggs very light, fold sugar in gradually and add the vanilla and vinegar. Grease gem pans with lard or oil, as the salt in the butter makes the puffs stick. Put about two and a half teaspoons of batter into each pan. Bake fifty minutes in a very slow oven.

When cool make a small hole in the top for each puff being careful not to break the delicate meringue. A sharp pointed paring knife cuts a neat triangular opening half an inch each way, which is large enough. Crush one quart of strawberries mixed with one cup of sugar. Fill each cup with berries and put a tablespoon of whipped cream on each puff. Top with a whole strawberry or half an English walnut.

SONG FOR JOY

Funny little, pretty little, solemn little mite,
Sweet enough to gobble up in one big bite,
Life holds nothing finer, nothing dearer it is true,
Than a sweet little, dear little, baby like you!

In wintertime when the furnace is checked there is sometimes a certain amount of coal gas in living rooms not noticeable to those sleeping in bedrooms with windows opened. This may be harmful to the canary.

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"Last winter a friend advised me to get a bottle of your

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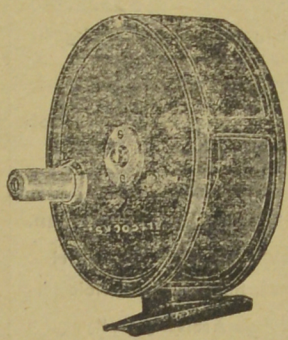
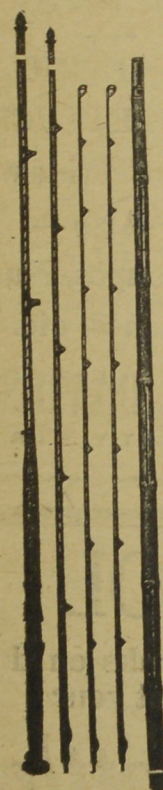


so I got a small bottle to try and was delighted to find that before she had taken half of it her cough was completely relieved.

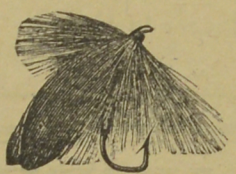
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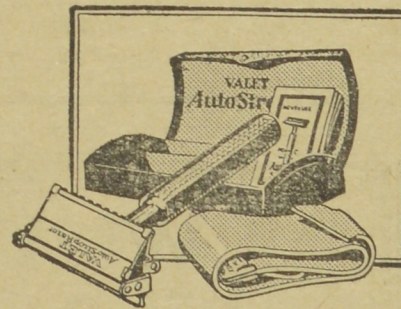
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