

## SAYS TOO MUCH RAW MATERIAL BEING SHIPPED FROM CANADA

Hamilton, Ont.,

Jan. 23, 1928

To the Editor of the Mail,

Dear Sir—I am glad the Department of the Interior is realizing the terribly rapid depletion of our raw forest products and is becoming alarmed about Canada's future supply for her own industries. I trust this alarm will bring definite restraining action on the general export of our raw natural resources at the approaching Session of Parliament.

The export of 1,500,000 cords of raw pulp wood during the last year brought us \$15,000,000 which probably went to apply on our National Debt reduction of \$66,000,000 in 9 months or \$82,000,000 for the year.

Now if the same pulp wood had been manufactured into finished products it would have brought towards \$150,000,000 which source alone would have more than provided the \$82,000,000 reduction of our National Debt this year as well as distributing an additional \$100,000,000 largely in wages in Canada.

Our forest products last year amounted to \$475,000,000 of which we exported \$283,000,000 which if all were manufactured here would have brought sufficient additional money to pay off our National Debt in a few years.

I note the Algoma Steel Co. proposes to again use Canadian Iron Ore which used to be so popular in Canada but in recent years Canada has not used a ton of Canadian Ore except any small quantity that Besco might have used running in a semi-idle way. Why the disuse of Canadian Iron Ore of which we have more and better quality than any other country in the world? Do freight rates have any bearing or effect on this?

Why haul United States ore 200

## PAINS ALL OVER BODY

Two More Cases of Feminine Illness Relieved by Lydia E. Pinkham's Vegetable Compound

Barrington, N. S.—"I had terrible feelings, headaches, back and side aches and pains all over my body. I would have to go to bed every month and nothing would do me good. My husband and my father did my work for me as I have two children and we have quite a big place. I read in the paper about Lydia E. Pinkham's Vegetable Compound, and then got a little book about it through the mail, and my husband sent to Eaton's and got me a bottle, and then we got more from the store. I am feeling fine now and do all my work and am able to go out around more. I tell my friends it is Lydia E. Pinkham's Vegetable Compound that makes me feel so well."—Mrs. VICTOR RICHARDSON, Barrington, Nova Scotia.

### Dull Pains in Back

St. Thomas, Ont.—"I took four bottles of Lydia E. Pinkham's Vegetable Compound and found great relief from the dull, heavy pains in the small of my back and the weakness from which I suffered for five years after my boy was born. After taking the Vegetable Compound and using Lydia E. Pinkham's Sanative Wash I am feeling better than I have for the past seven years, and advise my friends to take it."—Mrs. F. JOHNSON, 42 Moore Street, St. Thomas, Ont. C



### Assessment Notice

The Board of Assessors of Taxes for the City of Fredericton hereby require all persons liable to be rated for the year 1928 forthwith to furnish to the Assessors true statements of all their Personal Estate and Income, which is assessable under the City of Fredericton Assessment Act, 1926, and true statements of wages or salaries paid to employees, and hereby give notice that blank forms on which such statements may be furnished, may be obtained at the office of the Chairman of the Board of Assessors, and that such statements must be perfected under oath and filed in said office on or before the 15th day of February, 1928.

Dated this 12th day of January, 1928.  
PETER FARRELL,  
Chairman of the Board of Assessors of Taxes.

miles at 50 cents a ton and charge Alberta coal \$11.00 a ton for a 2500 mile haul which should be 50 less per net ton.

Why should Canada buy such quantities of raw materials and finished products from the U. S. when we have a super abundance of both at home?

If the \$7,000,000 worth of raw Asbestos we shipped to the U. S. last year had been manufactured into finished products in Canada before being shipped, we would have received \$77,000,000 for it the difference would have been spent in Canada, largely in wages, etc., and its extra money product alone would have paid off that \$66,000,000 of our National Debt.

If our raw material shipped to the United States last year had been manufactured in Canada, it would have necessitated an additional \$100,000,000 being expended in wages, etc., here and necessitated our having an additional million population.

If our nickel mattee, copper and other minerals had been converted into finished products in Canada last year it would have brought us many millions of dollars, a large per cent of which would have been spent in wages here.

Why not double our population quickly in this way rather than continue to pursue our usual immigration policy with small results.

In fact if our raw materials which are now exported were manufactured in Canada for the next 10 years it would easily pay off our National Debt and double our population.

I hope the Government will forecast their intention of doing something along this line in the speech from the Throne a few days hence but if they don't then I hope the opposition will propose an amendment embodying these principles so they will be discussed and that most members will pronounce either for or against them. If neither party moves in the matter I hope an independent will move and bring it to a discussion and decision as it seems very singular that 75 per cent of the people should be opposed to Canada's export of her raw materials and yet can't get any effective action on the matter.

Canada needs the Great Lakes-St. Lawrence Water Ways Construction at the earliest possible date and she needs perhaps more immediately the Hydro Electric Poyer Development that must accompany this great work which should be done on the Public Ownership and Operation plan, for the good of the whole people especially that portion in Canadian Territory as well as Canada's share of the International Section which shares should be definitely defined before beginning without any Chicago diversion methods being permitted.

Yours truly  
W. O. SEALEY

Willie—What was Noah's last name?

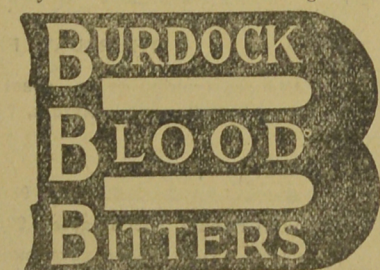
Jimmy—Sark of course. Haven't you ever heard of Noah Sark?

Georgette—Madge isn't much of a gold digger is she?

Edythe—No she's afraid she'd get miner's consumption.

## INDIGESTION Troubled Him For Two Years

Mr. H. C. Harvey, Novar, Ont., writes:—"I have been troubled with indigestion for the last two years. I have taken everything I have seen advertised, but have never had any of them do me so much good as



"I have taken six bottles and haven't had an attack since. It is the finest medicine you can take for the blood." Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.



## Of Interest to the Women

### Date Pattern Cookies

2 eggs  
1 cup brown sugar  
1-2 cup flour  
1-4 teaspoon baking powder  
1-3 teaspoon salt  
1 cup dates cut in small pieces  
Beat eggs slightly and add remaining ingredients in the order given. Fill small buttered tins two thirds full of mixture and bake in a moderate oven (375 degrees Fahrenheit) fifteen minutes.

### RAISIN TEA MUFFINS

2-3 cup bread crumbs  
3-4 cup milk  
1-2 cup molasses  
1 egg  
1 1-3 cups flour  
3 teaspoons baking powder  
1 teaspoon salt  
1-2 teaspoon soda  
1-2 teaspoon cinnamon  
1-2 teaspoon nutmeg  
1-4 teaspoon cloves  
1 1-2 tablespoon fat  
1-2 cup raisins  
Soften the bread crumbs in the milk and add the molasses and the beaten egg. Mix the dry ingredients and add to the first mixture. Meit the fat cool slightly and add. Bake in greased gem pans in a moderate oven (375 degrees Fahrenheit) twenty-five minutes.

### RICH MUFFINS

1-4 cup butter  
1-4 cup sugar  
1 egg  
1 cup milk  
2 cups flour  
3 teaspoons baking powder  
1-2 teaspoon salt  
Cream the butter, add the sugar and egg well beaten sift the baking powder with the flour and add to the first mixture alternating with milk. Bake in greased gem pans twenty-five minutes in a moderately hot oven (375 degrees Fahrenheit) one cup of huckleberries or three quarters of a cup of chopped dates may be added for tea muffins.

### SUGAR ALMOND TARTS.

1 1-2 cups flour  
1-2 teaspoon salt  
1-2 cup fat  
Cold water  
1-2 cup brown sugar  
1-2 cup blanched almonds  
Sift together the flour and salt. Cut in the fat with two case knives. For a large quantity a wooden bowl and chopping knife may be used. When fine add at one side of the bowl one tablespoon of cold water and stir in as much of the flour and fat as the water will take up. Continue this until you have four or five balls of dough and some dry flour left in the bowl. Press together with your fingers. If all the dry flour is not taken up add a little more water. Chill and roll thicker than for pie crust about one eighth inch thick. Cut into rounds or fancy shapes with cutter sprinkle the center with brown sugar arrange the almonds in a design on them and bake in a hot oven (500 degrees Fahrenheit) seven minutes.

### ORANGE SAUCE.

1-2 cup cold water  
1 tablespoon cornstarch  
1-3 teaspoon salt

## Sore Foot Lumps Dissolved Away

Foot soreness, tender callouses, pinching corns, all such trouble quickly end when the Putnam method is employed. You take a special hot foot bath (fully described in each package) put on a few drops of the Extractor, and in a short time the trouble is ended. The name tells the story of Putnam's Painless Corn Extractor, 25c. at all dealers.

1 orange (juice and grated rind)  
1 tablespoon butter  
1-2 cup sugar  
1 egg  
1 tablespoon lemon juice  
In a saucepan put the water corn starch salt and grated orange rind. Mix well. Stir and cook on a surface burner for 5 minutes. Now add the butter, sugar and egg yolk to the hot mixture. Mix the ingredients thoroughly. Place an asbestos mat over the burner; place the saucepan on the mat and stir and cook the sauce until the egg yolk is thickened. Remove from the stove. Beat the egg white stiff and fold it into the hot mixture. Add the orange and lemon juice. Mix well and set aside until the dessert is ready to be served.

### POSSIBLY RUDYARD HAD ONE.

Ev'rywhere I see these blighters  
Who enthuse about their "lighters"  
But I find that my enthusiasm's  
paled;  
For the thought keeps reoccurring  
To them Kipling was referring  
When he wrote that well known  
book "The Light That Failed."

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