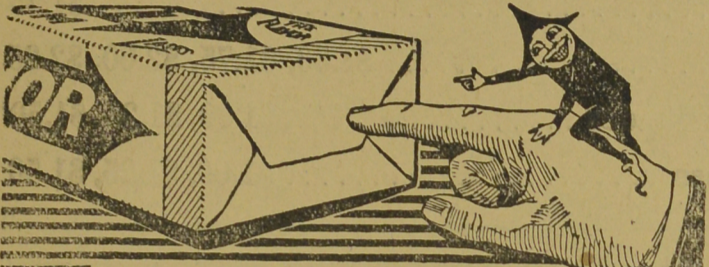


# RED ROSE TEA "is good tea"

Red Rose Orange Pekoe is  
the best tea you can buy  
In clean, bright Aluminum

AFTER EVERY MEAL  
**WRIGLEY'S**



## Sealed for You

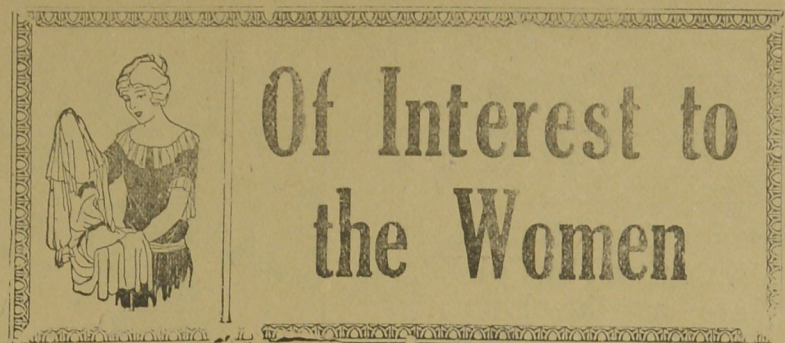
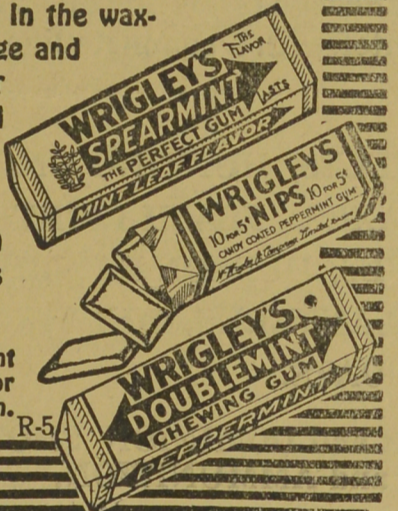
Wrigley's is made of  
pure chicle and other  
ingredients of highest  
quality obtainable.

But it is no use to  
make WRIGLEY'S 100%  
in quality and then reach  
you in poor condition.

So we put it in the wax-  
wrapped package and  
SEALED IT TIGHT  
to keep it good  
—for you.

Aids digestion  
—keeps teeth  
white — helps  
appetite.

Wrigley's Doublemint  
is peppermint flavor  
in double strength.



## Of Interest to the Women

### APRICOT PASTE

Wash and clean dried apricots  
thoroughly. Soak for a few hours  
in a small amount of water. Cook  
them in this same water until they  
are soft enough to mash and have  
little or no juice left on them. Add  
sugar if necessary. This filling  
when cold may also be spread be-  
tween sugar cookies.

### FISH AND CELERY

Mix together chopped pimento,  
chopped celery, minced tuna fish,  
chopped sweet green pepper and  
salt to taste. Moisten with mayon-  
naise. Use as a filling for white or  
whole wheat bread sandwiches, mak-  
ing them thin and dainty.

### HONEY NUT SANDWICHES

Shape and butter the bread and  
then spread lightly with honey tak-  
ing care not to spread it quite to  
the edge. Sprinkle with chopped  
nuts. Cover with the top layer,  
which has been buttered and spread  
with honey and press the slices to-  
gether.

### EGG AND CHEESE MIXTURE

Spread one piece of bread with  
butter, then soft, yellow cheese and  
cover with a piece of lettuce. Spread  
the second slice of bread with but-  
ter, a commercial sandwich spread  
or one you have made yourself  
with a little mayonnaise, chopped  
lettuce and pickle. On top of the  
sandwich spread, slice or dice a  
hard cooked egg. Put the sandwich  
together. It makes a delicious com-  
bination.

### DATE AND CREAM CHEESE SPREAD

For a double deck sandwich which  
is delicious and filling, try this one.  
Chop very fresh dates into a paste.  
Add a little lemon juice to give  
them a little tart taste and then mix  
with an equal portion of cream  
cheese. Butter three slices of bread  
and lay on two generous layers of  
this mixture. Cover with the third  
slice and wrap in waxed paper.

### PEANUT BUTTER AND APRICOT SANDWICH

Mix orange juice with apricot, jam  
until a tart flavor is attained. Spread  
one slice of bread with peanut but-  
ter and the other with the apricot  
jam. Combine trim and shape.

### PEANUT AND CELERY SANDWICH

Put freshly roasted peanuts  
through the food chopper and to  
every cup use half a cup or more  
of finely chopped celery. Mix to a  
paste by adding stiffly whipped  
cream. Salt, and use on thin slices  
of buttered whole wheat bread.

## Treat Colds 2 Ways With One Treatment



RUBBED on  
throat and  
chest, Vicks

does two things at once:

(1) It is vaporized by the  
body heat and inhaled direct  
to the inflamed air passages,  
and

(2) It stimulates the skin  
like an old-fashioned poultice  
and "draws out" the soreness.

acts 2 ways  
at once  
**VICKS**  
VAPORUB  
OVER 12 MILLION JARS USED YEARLY

## FLIES UPSIDE DOWN AND NEARLY DIES

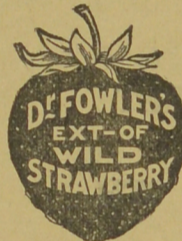
Kassel, Germany, Oct. 8—Pilot Clar-  
don, young Swiss flyer, achieved what  
was described as a world record for  
flying upside down today, but on land-  
ing was taken out of his machine more  
dead than alive. He flew upside down  
for eighteen minutes and fifty-six  
seconds, beating the record set by the  
German flyer Fieseler by nearly four  
minutes.

Clardon is said to have turned his  
machine over at an altitude of about  
150 yards. He then rose to an altitude  
of about 700 yards, when the blood  
pressure in his head became so severe  
and his legs so cramped that only by a  
last desperate effort was he able to  
right the machine and to glide to  
earth.

"It was the worst quarter of an  
mile of my life," he said later.

## SUMMER COMPLAINT CAUSES MANY DEATHS AMONG INFANTS

Thousands of mothers throughout  
Canada have used



during the past 80 years it has been on  
the market, and their child's life no  
doubt saved by its timely use.  
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or dealers; put up only by The T. Mil-  
burn Co., Limited, Toronto, Ont.

### The Higher Learning

"Golf is education"  
Declares a famous champ  
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eLaves our mathematics damp.

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To whizz one off the tee  
But when we come to figure  
Why, two and two make three.

**W. J. IRVINE, L. D. S.,  
D. D. S.**

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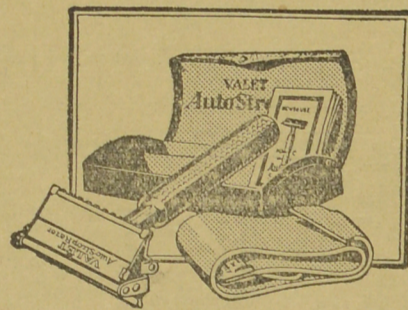
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