

RED ROSE TEA "is good tea"

Red Rose Orange Pekoe is the finest

tea in the best package—Aluminum

THE GUINEA PIG SAID TO HAVE BEEN NAMED BY MISTAKE; IT IS A NATIVE OF GUIANA

"If a freight air line should connect Chicago with Buenos Aires along the route now being discussed one of the most interesting sections of the journey would lie over British, Dutch and French Guiana," says a bulletin from the Washington, D. C. headquarters of the National Geographic Society. "This leg of the proposed route begins at Caracas in French Guiana a stretch of South American coast sighted by Columbus but still one of the least settled portions of the New World."

"Guiana has been so little in the world's eye that its name was confused with Guinea on the African coast and the small rodent from Guiana was christened the Guinea pig by mistake."

Thinly Settled.

"The three Guianas are the only European colonies on the continent of South America. The word Guiana is derived from the name of an old Indian tribe which once inhabited the entire Orinoco and Amazon Rivers as far back as Rio Negro and the Casiquiare. This huge territory formerly went by the name of Guiana but much of it now included in Venezuela and Brazil."

"Sir Walter Raleigh visited the region in search of El Dorado, fabled land of riches, but, discouraged by Indians, heat and swamps he turned back. The first actual settlements were made by Dutch colonists in the last quarter of the sixteenth century. Paramaribo or, as the Dutch call it Surinam the capital of Dutch Guiana, is interesting as the city which was traded to the English for the settlement of New Amsterdam on Manhattan Island, present day New York. Paramaribo now has a population of about 40,000 people, mostly negroes."

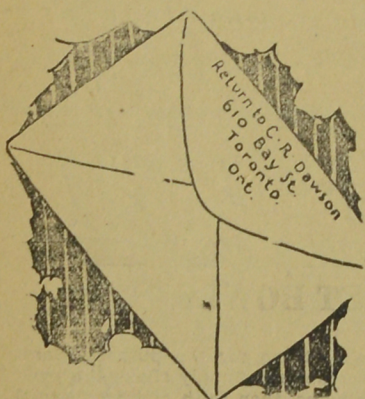
Hindered by Labor Shortage.

"French Guiana perhaps the most beautiful section of the coast from a scenic point of view has long been used as a convict colony and has made few attempts at agricultural or commercial development."

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The misery of a sore corn comes to an end quickly when you apply Putnam's Corn Extractor. You can easily prove it in your own case. Full directions are given in each package for the hot water treatment, and for applying a few drops of Putnam's to the spot that is sore. You won't be disappointed. Putnam's is a tested preparation that painlessly removes warts, corns, callouses and thickened foot lumps. Sold for 25 cents by all good dealers. Refuse a substitute for "Putnam's".

BLUNDERS



WHY IS THIS WRONG?

The return address should be placed in the upper left hand corner of the address side of all mail matter. This facilitates its prompt return to the sender, if it is found to be undeliverable. Postal employees are glad that the habit of writing return addresses on the back of envelopes is becoming less prevalent.

"British and Dutch Guiana have had a struggling existence the settlers being crowded upon a narrow strip of agricultural land between tropical jungles and the Atlantic Ocean. Much of this strip is below sea level and has to be diked and artificially drained. Sugar, molasses rum, molascuit, a sort of cattle food made from the residue of molasses and rice are the chief agricultural products."

"Successful attempts have been made to raise bananas, cacao, and rubber, but plant diseases and lack of labor have been a great detriment to development of the country. Following freeing of negro slaves, the sugar industry, which had been a mainstay of the colonies, languished considerably. A certain amount of East Indian indentured labor was induced to immigrate, but the need for workers who can stand the sun has never been met, and is still one of the vital problems of the Guianas."

Accounts Kept in Dollars.

"Behind the coast is a wide belt of tropical jungle; after which the explorer reaches high treeless plains or savannas. Farther still are great ranges of mountains, furnishing magnificent scenery. Kaieteur Falls in British Guiana are 400 feet wide and 741 feet high more than four times height of Niagara. This region is reached from the coast by following rivers inland, first in larger boats and then in canoes. Gold mines are worked in paying quantities and small diamonds are exported. The Indians who roam the country are primitive in their mode of life but not unfriendly. Beauxite and balata are other Guiana products as well as hardwoods from the jungle belt."

"In Paramaribo there is a street shaded by mahogany trees said to be worth \$40,000. Americans are interested in the fact that in Georgetown capital of British Guiana although English pounds and shillings are in circulation accounts are kept in dollars at the rate of 4s 2d per dollar. This is said to be for convenience in exporting much trade being carried on between the United States and Canada."

John—I have a private secretary now.

Tom—Some class. Did you fire your stenographer?

John—No, gave her a raise.

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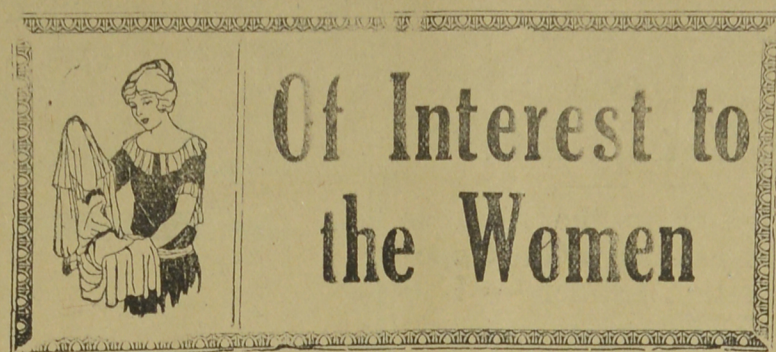
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Of Interest to the Women

MACARONI LOAF WITH TOMATO SAUCE.

- 2 cups cooked macaroni
- 2 cups milk
- 1-4 cup breadcrumbs
- 1 cup grated cheese
- 2 tablespoons butter or cooking oil
- 3 tablespoons finely chopped green pepper
- 1 tablespoon grated or scraped onion
- 1 teaspoon salt
- 3 eggs

Chop the macaroni rather fine, add the milk and well beaten yolks of eggs, grated or chopped cheese and salt. The green pepper and onion are cooked in the butter until tender but not brown, then add to the macaroni and mix well. Beat the whites of eggs until light and fold into the mixture very lightly. Brush pudding dish or mold with butter pour in the mixture, sprinkle with breadcrumbs and put in moderate oven; bake 45 minutes or until firm the same as custard pudding. Serve with tomato sauce.

BAKED SALMON LOAF, TOMATO SAUCE.

- 1 can salmon
- 2 cups stale bread
- 1 cup cream sauce
- 1 teaspoon scraped onion
- 1 teaspoon salt
- 1-8 teaspoon paprika
- 2 tablespoons finely chopped green pepper
- 2 tablespoons finely chopped parsley

Remove the skin and bone from salmon and chop fine. Add the bread which has been soaked in cold water for a few minutes and pressed between the hands until quite dry. Also add the cream sauce which has been made as usual, and the rest of the ingredients; mix well. Form into loaf and put into brick shaped pan which has been brushed with drippings. Sprinkle with dry breadcrumbs; bake 30 to 35 minutes. Serve with tomato sauce.

EGG NOVELTY FOR LUNCHEON OR SUPPER.

- 4 hard boiled eggs
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- 1 1-2 cups milk
- 2 tablespoons chopped green pepper
- 1 teaspoon salt
- 1 teaspoon grated onion
- 1-2 teaspoon Worcestershire sauce

Put the butter or margarine, onions and green pepper into fry pan; fry a few moments but do not brown; add the flour; mix well and add the cold milk slowly; boil three minutes stirring constantly. Cut the eggs in half and separate. Rub the yolks through coarse strainer and add to the sauce. Cut a thin slice from the end of the whites so they will set firmly on a round piece of toast then pour the thick sauce in and cover the whites. Dust with paprika and garnish with parsley.

PEACH CANAPES.

Toast rounds of bread. Butter generously and on each place a half of a canned peach, cut side down over this pour lemon sauce:

- 3-4 cup sugar

Catarrhal Colds Quickly Broken Up

When that attack of coughing comes on tonight, treat it this way: Reach under your pillow, and pull out your CATARRHOZONE INHALE. Let the soothing, healing fumes of CATARRHOZONE penetrate through your breathing organs, and see what glorious relief you'll get.

Catarrhozone is very soothing to inflamed tissues in the nose and throat. It eases a sore throat and gives you wonderful relief in a moment or two. CATARRHOZONE quiets throat spasms, clears the nostrils, cuts off the phlegm, stops nasty discharge and quickly clears up Colds, Coughs, Catarrh, Bronchitis, and Sore Throat. Sold by all dealers, 50c and \$1.00 sizes.

- Peach juice
 - 1-2 cup water
 - 2 teaspoons butter
 - 1 tablespoon lemon juice
- Boil water and sugar five minutes remove from fire, add butter and lemon juice.

CHEAM CHEESE DRESSING FOR SALAD.

- 1 package cream cheese
- 1-2 cup salad oil
- 2 tablespoons vinegar
- 1-2 teaspoon vinegar
- 1-2 teaspoon sugar
- 1 teaspoon paprika
- 1-2 teaspoon salt
- 1-2 teaspoon mustard
- 1-2 minced pimento

Soften the cheese with a fork and work in the oil. Mix the seasoning and add to the vinegar and pimento.

"Jones and his wife seem to be getting along so much better. Had you noticed it?"

"Yes. It all happened after he went to his old home back East this summer and saw the girl he had been dreaming and talking about the last twenty years."

Children's Colds

Best treated externally. Check them without "dosing." Rub on at bedtime

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OVER 21 MILLION JARS USED YEARLY

CAUGHT BAD COLD WHILE OUT PLAYING NOT PROPERLY DRESSED

Mrs. L. Mantie, Millet, Alta., writes: "My youngest child had a very bad cold which she got by going out playing in a strong, cold wind not properly dressed."

"She got so hoarse she could hardly speak, and her throat and chest were very sore."

"I used everything available, but she received no relief until, finally, I secured a bottle of

Dr. Wood's Norway Pine Syrup



and the first few doses certainly did her good. It is wonderful how it can help so quickly."

"Dr. Wood's" Norway Pine Syrup is 25c. a bottle, large family size 50c.; put up only by The T. Millman Co., Montreal, Toronto, Can.

Mrs. Bloop—Don't take it so hard. In a month he'll be back again.

Mrs. Zoop—That's just it. I thought the judge would make it six months.

DR. G. R. LISTER Dentist

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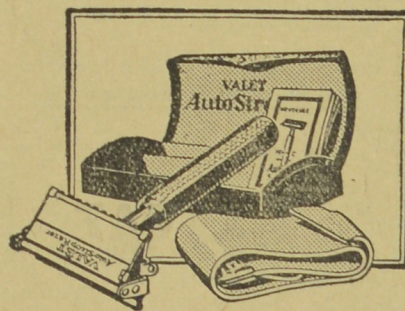
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